Matters arising

Spatial disorientation in right hemisphere infarction

Sir: Personal involvement in the care of a close relative can make reading a related paper especially interesting for a physician. It was in this sense that I read JD Meerwaldt's article about the prognosis of spatial disorientation due to right hemisphere infarction with particular interest.1 In his study only one of 16 patients did not recover completely within six months after an ischaemic stroke. I have had the unfortunate opportunity to follow my father's illness with the same syndrome and my comments seem relevant.

He is presently 82 years old, and was in excellent health until three years ago. He had a few brief episodes of dizziness prior to May 1981, when he fell off his bicycle as a result of one such episode. On initial neurological examination he had mild left sided hemiparesis, left homonymous hemianopia in addition to the usual right parietal signs: constructional and dressing apraxia, prosopagnosia and profound spatial disorientation. This was so severe that he could not find his way in and around the house that he had lived in for over 15 years. CT scan and angiograms were not performed, but he had no midline shift on his echoencephalogram and the EEG showed right temporo-parietal slowing only. He was discharged from hospital with the diagnosis of an ischaemic stroke due to probable middle cerebral artery occlusion.

I first had the opportunity to examine him about two months after the initial event. By then the hemiparesis had almost completely disappeared, and there was only visual extinction, but no hemianopsia, on the left side. He still had difficulties with dressing himself and was unable to "build" a house from matches. He was unable to name directions, could not describe how to get to the houses of his children, how to find the local railway station, market place etc. He recovered from some of his symptoms by July 1983, when last examined. He still complained of stiffness in his left arm, made frequent mistakes with naming directions and was unable to get home from a distance of a few hundred yards. The disorientation was especially noticeable in darkness, and a light had to be left on in his bedroom to help his orientation in the evening and at night.

It would not be prudent to compare the results of a test done on 16 patients with the clinical findings on one patient. The discrepancy between the quick recovery in Meerwaldt's 15 cases and my father's slow and incomplete recovery, however, is quite noticeable. Age difference might have been one of the reasons (my father was 80, the oldest in Meerwaldt's study 70). Meerwaldt commented on the difference between his and Benton's2 findings, and explained it on the basis of different aetologies and presence or absence of cerebral oedema. My father in all probability, although there was no CT scan or angiographic proof, had an ischaemic infarct, and should be comparable to Meerwaldt's cases. I am inclined to believe that the discrepancy is basically artificial and related to the unnatural examination technique used by Meerwaldt. Neither the rod, nor the line orientation test can be used as substitutes for testing in real life situations and for inquiring from relatives about the patients' behaviour. This, of course, is difficult to quantify and difficult to use in scientific research. This method alone, however, is unlikely to provide us with the information about prognosis in this syndrome that practising neurologists are looking for. It would be advisable to complement it with corresponding clinical information in similar future studies.

References


Meerwaldt replies:

In a previous article about spatial disorientation1 26 patients with an infarct in the posterior region of the right hemisphere were tested two weeks and one year after the stroke. Five patients showed only a partial recovery of spatial functions and had still symptoms which could be attributed to disturbances of spatial perception. These five patients had the largest lesions on CT scanning. The findings in these patients are in accordance with those described by Dr Suranyi concerning his father. As no CT scan was made, exact information about the aetiology, location and the volume of the lesion is lacking, but possibly he had a large lesion as our patients had. I agree with Dr Suranyi that neither the rod orientation test nor the line orientation test can be used as substitutes for testing in real-life situations, but I would state that none of the patients who showed a complete recovery of spatial disorientation as tested with the rod orientation test had any complaints after one year which could be attributed to disturbances of spatial perception.

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Notice

European Society for Neurochemistry, 5th General Meeting will be held in Budapest, 21-26 August 1984.

For all information contact: Prof. E.S. Vizi, c/o Congress Secretariat, Fifth Meeting of ESN, Motesz, POB 32, Budapest, H-1361, Hungary.
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J Neurol Neurosurg Psychiatry 1984 47: 220
doi: 10.1136/jnnp.47.2.220

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