Book reviews

from the volume—namely, the extensive coverage of foreign literature; to take a trivial example, all of the references to the 'Stiff-man' syndrome come from outside Poland. It is encouraging that a similar approach to neurology is evident in countries with diverse medical traditions.


This remarkable collection of over 100 papers by 167 expert contributors provides a wonderful and unique tribute to a great neurologist and scientist, thus providing a jubilee volume in honour of Professor Mario Gozzano. The title of the volume is most misleading, for these chapters are concerned with every field of scientific study related to the nervous system. The writers have been drawn from many countries and have been free to write on a subject of their choice: the result is refreshing, for there is often provided a recent glimpse into the thoughts of those who are re-assessing their previous researches. No one can fail to be fascinated by some of these chapters and a summary in English where required is helpful.

W. RITCHIE RUSSELL


Earlier volumes in this series will be familiar to most readers of this Journal. The book is divided into four sections—Basic Sciences, Neurology, Neurosurgery, and Psychiatry—and covers a wide range of topics. The references must run into thousands and there are 904 appended to the two chapters on neurophysiology alone. The book is, therefore, a 'gold-mine' of information on recently published work. In almost all the chapters the contributors have confined themselves to supplying summaries of published work and have refrained from comment or critical evaluation. The editor's intention must be to provide a comprehensive work of reference rather than a work to be read through. For British readers, it should be observed that the section devoted to psychiatry appears to be a well-balanced presentation. Nowadays, when the world literature is unmanageable, the value of such reviews is enhanced. Not surprisingly, it is very expensive.

C. J. EARL


This book contains a series of fascinating papers on many aspects of growth in the nervous system which were given at a Symposium held in June 1967. The subjects covered include the formation of functional connections between pieces of mammalian central nervous system cultured side by side, regeneration and reconnection of the optic nerve in amphibia, studies of the beginnings of co-ordinated limb movements, and the influence of endocrine organs on neural development. Some substances such as 'nerve growth factor' and, strangely enough, heavy water (D$_2$O), stimulate nerve cell growth and differentiation. Other substances prevent proper differentiation. Neuromuscular blocking agents, for instance, lead to functional denervation and to disappearance of skeletal muscle in the chick embryo. Pertinent topics such as the relation of axon to glial sheath, and transport of substances along nerve fibres are also covered. Workers in many fields will find food for thought in this book. Most of the papers are clearly written, the illustrations are well produced, and, as usual with Ciba Foundation Symposia, the discussions which follow the papers are illuminating and well edited.

S. J. STRICH

**HIGH BLOOD PRESSURE** By G. Pickering. 2nd. ed. (Pp. viii + 171; illustrated. 120s.) Churchill: London. 1968.

In this volume the author is at pains to stress his view that high blood pressure, unlike many disorders, is not a disease in itself which some people have and others do not, but is simply a quantity. Many neurologists will find this easy to accept, though it is a subject which has aroused much controversy. The author believes that three main vascular diseases occur in patients with high blood pressure: fibrinoid necrosis of small arteries and arterioles, as a consequence of high blood pressure and the *sine qua non* of malignant hypertension; miliary aneurysms of cerebral arteries, which are the commonest cause of cerebral haemorrhage and are associated with high blood pressure and age; and antheroma or nodular arteriosclerosis, which is an occlusive disease of large arteries and therefore a common cause of cerebral thrombosis and embolism, and in which age, sex, serum cholesterol, cigarette smoking, diet, and exercise are as important as arterial pressure. Other items of special interest to the neurologist occur especially in the earlier chapters where factors controlling the blood pressure are discussed, including the reflexes concerned in the control of both the heart and the peripheral circulation, and the effect on these reflexes of sleeping and waking and of various stimuli. The standard of production is good and the illustrations many and lucid.

J. M. K. SPALDING


An impressive amount of work has gone into the making of this monograph. The author has been involved in the subject for nearly half a century. During that time, the language of neuropathology has changed, so that it is often difficult, in reading a report from the 1920s, to understand just what the author was describing. Dr. Kirschbaum is able to overcome this difficulty. His book reviews 150 cases (eight hitherto unpublished) of a particular type of subacute polioencephalopathy, originally called 'spastic pseudosclerosis', now generally referred to as 'Jakob-Creutzfeldt disease', of unknown aetiology and of disputed unity. He starts with detailed descriptions of Jakob's original five cases, and of Creutzfeldt's case, which Jakob—mistakenly, according
HIGH BLOOD PRESSURE

J. M. K. Spalding

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This book discusses an attempt to devise a mental health programme for the community by training physicians and ministers in the use of standardized questionnaires. The difficulties in assessing its success are frankly examined, but few specific improvements for the future are suggested in this study. This book may interest those intending to embark themselves on a community mental health programme, but few more general conclusions emerge.

AN EXPERIMENTAL APPROACH TO PSYCHIATRIC DIAGNOSIS

Psychiatrists have never been happy about diagnosis. They have not been able to agree on the principles of classification or on the clinical application of those principles; individuals have not been consistent in diagnosing a given patient's condition on different occasions; and the diagnoses made of the same patient by different psychiatrists may vary considerably. The disadvantage of this state of affairs is obvious, especially when choice of treatment or comparisons of prevalence and incidence are in question. For epidemiological research such comparisons are of cardinal importance. To remedy this situation in part, an international enterprise was launched by the World Health Organization. In the initial study experienced psychiatrists from nine countries were shown six case histories and nine video-taped psychiatric interviews; they were asked to diagnose the conditions demonstrated and to fill out a relevant questionnaire.

The analysis of the findings in this promising exercise, which was carried out in London, is described in this informative report. Divergencies in diagnosis could be traced to three main sources: variation in observations of clinical features, in the inferences drawn from them, and in the nosological frame of reference. There are also valuable indications of how bias can influence diagnosis, and what statistical and classificatory lessons can be learnt from the exercise.

This was not an isolated study, but the first in a planned series of investigations, to last 10 years. The aims are to standardize diagnosis of the common psychiatric disorders by means of annual meetings in different centres, at which the methods described in this monograph will be used; and to make comparative studies, which would begin with the identification and continuous study of schizophrenia in eight countries with widely different socio-cultural attributes. This part of the plan is also well under way.

AUBREY LEWIS

BOOKS RECEIVED
(Books noticed here may also be reviewed in a later issue)


ACADEMY OF APHASIA

The Academy will hold an annual scientific meeting in Boston, 29, 30 September 1969. Details may be obtained from Dr. Otfried Spreen, Secretary, Academy of Aphasia, Department of Psychology, University of Victoria, Victoria, British Columbia, Canada. Information about a pre-conference workshop on 27, 28 September may be obtained from Dr. Frank Benson, Aphasia Unit, VA Hospital, 150 S. Huntington Avenue, Boston, Massachusetts 02130.

CORRECTION

The volume number of Progress in Neurology and Psychiatry, reviewed on p. 167 (April 1969) should be 21 at 180s., not 27 at 108s. as stated.