Relapse of benign partial epilepsy of children in adulthood: report of a case

Sir: Benign partial epilepsy of children with rolandic EEG foci, also called rolandic epilepsy, has a good long-term prognosis.1 Epileptic seizures disappear spontaneously and never occur after 16 years of age.2 We report a case of relapse in adulthood.

A thirty-year-old, right-handed man has no family history of epilepsy. At the age of 10 yr he had his first seizure, characterised by jerks involving the left arm and the left face. Later fits were rare and mainly occurred during sleep until the age of 13 yr, when secondary generalisation occurred on two occasions. EEG performed when aged 11 yr showed rolandic discharges. Right carotid angiography was normal. He was seizure-free from 13 to 21 yr of age and without anticonvulsant therapy from 15 yr of age. At the age of 21, he began to have seizures with similar characteristics, often followed by secondary generalisation until aged 28 yr; thereafter he had only simple motor seizures affecting the left upper limb with a frequency of one to four per month. Right carotid angiography performed at 21 years of age, and an enhanced CT scan performed at 30 yr of age, were normal as was the neurological examination. An EEG performed at 30 yr of age showed a right rolandic focus (fig). The features of epilepsy of our patient in childhood are those observed in typical rolandic epilepsy: seizures began at school age, were mainly focal motor in type and rare in occurrence, were sleep related and disappeared at puberty. EEG showed rolandic discharges. Neurological and neuroradiological findings were normal. After a seizure-free period of 8 yr, he relapsed, with epilepsy similar to that of his childhood.

Recurrence in adulthood of isolated generalised convulsive seizures in patients who have suffered from rolandic epilepsy in childhood has been reported3 as a later manifestation of convulsive predisposition. This does not seem to be the case in our patient who had an electroclinical picture similar to that observed in his childhood when the association of partial motor seizures and rolandic discharges is characteristically found.4 Recurrence of epileptic seizures after a long seizure-free period is thus possible in focal “functional” epilepsies. The good prognosis of rolandic epilepsy is not invalidated by our case report. When seizures relapse without apparent aetiological factors in a patient with previous benign partial epilepsy, further neuroradiological examination is not necessary in the absence of neurological deficit and with normal CT scan findings.

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