Pure amnesia after unilateral left polar thalamic infarct: topographic and sequential neuropsychological and metabolic (PET) correlations

Stephanie Clarke, Gil Assal, Julien Bogousslavsky, Franco Regli, David W Townsend, Klaus L Leenders, Serge Blecic

Abstract
A 54-year-old patient who had an isolated small polar thalamic infarct and acute global amnesia with slight frontal type dysfunction but without other neurological dysfunction was studied. Memory improved partially within 8 months. At all stages the impairment was more severe for verbal than non-verbal memory. Autobiographic recollections and newly acquired information tended to be disorganised with respect to temporal order. Procedural memory was unaffected. Both emotional involvement and pleasure in reading were lost. On MRI, the infarct was limited to the left anterior thalamic nuclei and the adjacent mamillothalamic tract. The regional cerebral metabolic rate of glucose (measured with PET) was decreased on the left in the thalamus, amygdala, and posterior cingulate cortex 2 weeks after the infarct, and in the thalamus and posterior cingulate cortex 9 months later. These findings stress the specific role of the left anterior thalamic region in memory and confirm that longstanding amnesia from a thalamic lesion can occur without significant structural damage to the dorsomedial nucleus. Furthermore, they suggest that the anterior thalamic nuclei and possibly their connections with the posterior cingulate cortex play a role in emotional involvement linked to ipsilateral hemispheric functions.

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Lesions of the anterior and medial parts of the thalamus are often accompanied by memory dysfunction.1-3 Bilateral lesions4-11 may produce major memory deficits that have sometimes been reported to last for several years.12 Unilateral lesions may also be associated with memory dysfunction which is usually less severe and persistent and may be linked to a selective field of memory.1-3,13-23 In particular, verbal memory seems to be largely spared after right thalamic lesions.15-17 Conversely, preservation16,19 or relative sparing20 of visuospatial memory after left thalamic lesions has been reported. The lateralisation of memory dysfunction is, however, not always present, and both right23 or left25,26 unilateral thalamic lesions have been reported with global amnesia.

Non-transient amnesia associated with unilateral infarct limited to the thalamus is uncommon. It usually involves the paramedian10,15,22,24 or polar15,20,21 territory. We report clinical, topographical, and sequential neuropsychological and metabolic correlations in a patient with isolated infarct in the polar territory of the left thalamus.

Case report
The patient was a 54-year-old, right-handed woman of Spanish origin, married for 30 years, with no children, and living for the past 27 years in the French speaking part of Switzerland. She spoke French well and worked in semi-skilled employment.

From 7–23 July 1991, the patient and her husband visited their relatives in Spain. On their return flight, the plane passed through serious turbulence. At the time, the patient was greatly affected by this event. After her holiday, the patient returned to work and carried out her household tasks as usual. Waking on the morning of the fifteenth day after her return from Spain, the patient complained of seeing red. The following day, she became "strange", kept asking the date, was found walking in her flat apparently without purpose, and seemed to forget what she wanted to do. While cooking, she put a handful of salt into an omelette, apparently without knowing what she was doing. She was weeping and felt that she was not behaving as usual. Nevertheless, when her husband arrived at home she easily recognised him. She was admitted the same day to the neurology department. She was not drowsy. A detailed neurological examination was normal, including eye movements and motor and sensory functions.

A brain CT scan, performed 1 day after admission, showed a left anterior thalamic hypodensity; no other lesion was visible. MRI performed 5 days later showed a gadolinium enhancing lesion, 1-1 cm in diameter, in the anterior part of the left thalamus; this lesion was compatible with recent infarction (fig 1). When related to the map of thalamic nuclei,25 the lesion involved some of the anterior nuclei and the incoming part of the mamillothalamic tract, but spared most of the dorsomedian nucleus (fig 2). The localisation and extent of the lesions coincided with the territory of the polar (or tuberothalamic) artery.26 No other lesions could be seen.
Metabolic studies

The regional cerebral glucose uptake was studied 15 days and 9 months after the onset of the illness using $^{18}$F-fluorodeoxyglucose (FDG), and positron emission tomography (PET). The PET scanner, a prototype constructed by a research collaboration between Siemens/CTI (Knoxville, Tennessee) and Geneva University Hospital, used state of the art bismuth germanate block detectors and 31 transaxial sections of the brain were imaged simultaneously during a scan with a spatial resolution of 6–7 mm. The thickness of each section was 3–4 mm, covering a total of 10–8 cm of brain. The data were acquired and reconstructed using a SUN SparcStation computer with a fast SuperCard array processor attached. Subsequent image display and analysis of regions of interest was performed using ANALYZE software version 5.1 (Mayo Clinic, Rochester, MI, USA). In each session, approximately 7 mCi of FDG were injected intravenously and arterialised venous blood (with the hand heated to 41°C) was sampled at regular intervals throughout the study. The first study consisted of a single 40 minute acquisition commencing 45 minutes after injection. For the second study, dynamic scans of increasing duration (starting immediately at injection with five scans of 75 second duration each) were performed during the 80 minutes post-injection (a total of 13 time frames were acquired). Attenuation correction factors were calculated using an ellipse approximation for the head. Glucose consumption rates were estimated from the PET scans performed 45 minutes after injection, using a simple expression. At the time of the late scan, the $^{18}$F signal was assumed to come entirely from metabolised FDG which is irreversibly trapped. The regional cerebral glucose metabolic rate (rCMRGlu) is then:

$$rCMRGlu = Cg \times Cissue(T)/[dt \times Cp(t) \times LC]$$

where Cg is the (cold) plasma glucose concentration; Cissue(T), the tissue concentration of FDG measured by the PET scan at time T; dtCp(t), the radioactivity in the plasma integrated from the time of injection to time T; and LC, the lumped constant accounting for differences in membrane transport and phosphorylation between FDG and glucose (here = 0.42). T is the mid scan time.
Fifteen days after the onset of the illness, a significant\(^*\) decrease in glucose metabolism was observed in several brain regions (fig 3). The average metabolic rate of the left thalamus was reduced by 10–20% compared with the right, and 30–32% in its anterior and anteromedial parts. Since the metabolic rate of the right thalamus (36.2 \(\mu\)mol/100 ml/min) appeared normal when compared with a global rate for grey matter (37.1 \(\mu\)mol/100 ml/min), the side difference was more compatible with left hypo- rather than right hyper-metabolism. No relative hypometabolism was observed in structures near to the left thalamus (caudate or putamen). Several regions known to be connected to the anterior or medial parts of the thalamus and/or involved in memory were analysed for left/right metabolic differences. No major differences in glucose metabolism were observed in different parts of the frontal cortex or in the hippocampus. The metabolic rate in the lower part of the amygdala region was, however, 15% less on the left side compared with the right. The posterior half of the cingulate cortex (corresponding to Brodmann’s areas 23 and lower 31) had a significantly lower metabolic rate, by 19%, on the left than on the right side; no such difference was observed in the anterior half of the cingulate cortex. The metabolic asymmetry in the posterior half of the cingulate cortex was not accompanied by a similar asymmetry in the surrounding medial part of the occipitoparietal cortex nor in area 17. Outside the cerebral hemispheres no marked side differences could be observed, except that the metabolism in the cerebellar hemisphere was lower on the right than on the left side.

The second metabolic study 9 months later showed a global rate for grey matter (32.3 \(\mu\)mol/100 ml/min) which was 13% lower than for the first scan, based on the same simplified estimation method.\(^29\) Similar decreases in glucose metabolism between two successive PET scans have been reported in normal volunteers.\(^30\) At the same level of significance (\(p < 0.005\)), the mean metabolic rate of the anterior and anteromedial regions of the thalamus was still lower (by 14–23%) on the left side, but less so than in the first study (30–32%). While the global rate decreased by 13% between the two scans, the left anterior superior region of the thalamus increased by 17–3%, and the same region in the right thalamus increased by only 3–4%. The same extrathalamic regions were measured and compared for left/right differences as in the first study. However, for this scan, no major differences were found between comparable regions on the right and left side, with the exception of the posterior cingulate cortex which remained significantly hypometabolic on the left side (16–9% less on the left than on the right side; fig 3).

**Neuropsychological assessment**

**ACUTE PHASE**

On her arrival in hospital, the patient could not tell the day, the month, or the year, but knew (correctly) that it was summer. She was roughly oriented in space. Sustained attention was affected; the patient was unable to recite the months in reverse, or to perform simple calculations. The most severe deficit concerned memory. The patient was unable to remember her profession, her date of birth, or

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\(\*\)Thirty one regions of interest were selected on horizontal or sagittal sections by comparison with the stereotactic brain atlas.\(^46\) The regional cerebral metabolic rates of glucose were estimated according to the Sokoloff model;\(^45\) variability within the regions of interest has been evaluated. The left/right ratios of metabolic rates in symmetrically located regions of interest were calculated; they had a mean value of 0.90 with a 99% confidence interval of (0.89, 0.91) for the first scan, and (0.89, 0.95) for the second scan. Thus, a left sided decrease of 17% or more on the first scan and of 11% or more on the second scan were statistically significant with \(p < 0.005\).
to evoke other old memories. She was unable to remember her holiday in Spain from which she had returned two weeks earlier. From a list of 10 words that were read to her three times she correctly repeated two, three and three, respectively.

A careful neuropsychological examination, both in French and in Spanish, was performed from the 7th to the 19th day of hospitalisation. The patient collaborated well and was attentive. During the first few days, she was slow, easily tired, and disoriented in time, but she always knew that she was in a hospital and found her way around easily. Her behaviour and contact with the examiners was always adequate. Spoken and written language, praxis, visuocognitive functions, and spatial orientation were largely preserved (table 1), with the exception of difficulties in naming objects and people. Verbal fluency was severely deficient, and non-verbal fluency was at the lower limit of our norm. Prognostic signs of alternating sequences and reciprocal coordination of hand movements were impaired. The patient also tended to perseverate in certain tasks. Intelligence tests revealed a low average intellectual ability.

**Memory testing** (table 2) revealed sparing of short term memory and preserved learning of new skills, but major deficits in episodic memory and in acquisition of new material. The latter deficit was always more severe for verbal than non-verbal material. Thus, memorising of 15 items, visual recognition of recurring items, and forced choice recognition were more severely affected for verbal than non-verbal material. The copy of a complex geometrical figure was good, as was the immediate and delayed recall. Furthermore, the memory of the temporal order was impaired.

Episodic and biographic memory was tested by extensively interviewing the patient and (separately) her husband on events that occurred during their married life. The two

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<th>Table 1 Performance in neuropsychological tests at given times after the onset of the symptoms.</th>
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<td>7 to 19 days</td>
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<td>Boston naming&lt;sup&gt;a&lt;/sup&gt;</td>
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<td>Tactile recognition</td>
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<td>Non-verbal fluency&lt;sup&gt;f&lt;/sup&gt;</td>
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<td>Stroop&lt;sup&gt;g&lt;/sup&gt;</td>
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<td>Wisconsin card sorting&lt;sup&gt;h&lt;/sup&gt;</td>
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<td>Progressive Matrices&lt;sup&gt;i&lt;/sup&gt;</td>
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Original versions of the tests or adaptations for French speaking population were used; references as listed in the paper. For Wisconsin Card Sorting and the Progressive Matrices shortened versions have been used.

<sup>a</sup>Indicates scores within the normal range (determined on 420 normal subject of different age and socioprofessional group).
Figure 4. Autobiographical memory in the acute phase of the illness, tested as described in the text. The black surface represents the proportion of correct and easily recurring memories; hatched surface vague memories; dotted surface memories that were impossible to evoke. During the acute phase, 7 to 27 days before the onset of the illness corresponded to the patient’s holidays; 120 days to a change in employment; about 240 days to the preceding Christmas and New Year; and about 360 days to the summer holidays of the year before. Note that autobiographical memory was more impaired for recent than for distant events.

relatively in detail (age, hairstyle, some clothing, profession, origin, reaction to the turbulence) the person who was sitting next to her on the dramatic flight from Spain and who was not known to her previously, she was not sure on which flight the turbulences occurred. The patient had changed work four months before the onset of the present illness. During the acute phase she was able to describe her former employment, remembered having changed jobs, but could not remember when and was very vague about her present job. She was unable to recall the name of her new employer, although she said (correctly) that she had lived for many years opposite the factory, and remembered only vaguely that she had something to do with the laboratory.

Compared with her husband, the patient remembered rather well what she had done the preceding Christmas (that is, seven months before the onset of her illness), but was vague about events at New Year. She accurately recounted her holidays from the preceding summer. She gave an accurate account of some family ramifications and of her friends in Lausanne. She was, however, vague on the relatively recent illness of her mother. Several major political events could be evoked and more or less correctly placed in time. Autobiographical and public events that occurred more than one year before the onset of the disease were often remembered with imprecision. The role of the thalamic infarction in these imprecisions was, however, difficult to evaluate, since the husband, who served as a control, was not precise on that period. Famous faces from different periods (1940s to ’90s) were readily recognised.

Throughout this period, the patient could not recall, or has been uncertain about, many items from tests or events from her own life. Nevertheless, she never confabulated, and while she described some of her recollections as “vague”, she could never be induced into elaborating a story out of her vague recollections.

FOUR MONTHS AFTER THE ONSET OF THE ILLNESS

After her return home, the patient adapted relatively well. She was well oriented in her flat, and did not experience difficulty in finding objects. She was able to do washing, ironing, and even complicated cooking tasks on her own. She believed she had changed her personality, becoming less kind than before the onset of her disease, and no longer trusted her emotional judgment of other people. She reported a curious change in her preferences. A very keen reader before her disease, she has now lost all pleasure in reading, and indeed read only very rarely, a change which was evident to the patient’s family. Conversely, the patient now enjoyed watching television much more than before her illness. She also reported difficulties in commencing different tasks and often felt a lack of motivation.

A detailed examination revealed good language functions (production, comprehension, repetition, denomination), good visual gnasias, and good visuoconstructive abilities (table 1). Verbal and non-verbal fluency remained poor. Reciprocal coordination of hand movements and movement sequences by the right hand were clumsy. The Stroop denomination was deficient because of slowness and naming errors. Tests of sustained concentration was satisfactory, and reaction times to auditory and visual stimuli were within the normal range.

Memory was investigated with tests similar to those used in the acute phase (table 2). Some tests contained new, previously unused items, whereas others were presented for the second time containing the same items. The short term memory spans were within the normal range. The acquisition of new material was impaired, but more so for verbal than non-verbal material. The copying, immediate, and delayed recall of a complex geometrical figure (different specimen from previous one) were again good. The memory of the temporal order was now within the normal range.

The patient was very vulnerable to distraction; a memory test containing an interference task (consonant trigrams) failed completely and provoked a panic reaction in the patient. Learning of new motor skills was preserved; the patient learnt readily to draw with the only visual control through a mirror.

Newly acquired autobiographic memory improved, but was far from excellent. During this testing period, the patient received a visit from her sister and they were both interviewed separately on their activities during this visit. The patient’s recollections were correct in about 50% of the events recalled by her sister, 20% remained vague, and 30% were either wrong or impossible to evoke.

EIGHT MONTHS AFTER THE ONSET OF THE ILLNESS

The patient was now able to lead an independent life, to fulfil her household obligations, and to have a satisfactory social life.
Nevertheless, she experienced difficulties periodically. She felt sometimes unable to start certain activities. She was rather labile emotionally: on some occasions she was too emotive and on other, similar occasions, she felt an emotional "freeze". She returned to work for 3 half-days a week; although her performance was on the whole good, she had a few instances of complete "black-out". Typically, she would stand in front of a complex apparatus that she had used many times and could not remember what to do; there was no feeling of unfamiliarity. The loss of pleasure in reading persisted. The patient realised that she had become indifferent to choosing and buying clothes and shoes, which she enjoyed before her illness. She still could not remember the onset of her illness or much of the preceding holiday. However, she was able to differentiate between what she could remember herself and what she had been told later.

A detailed examination revealed good language functions, good visual gestures, and good visuoconstructive abilities; functions known to be impaired in frontal lesions were within normal range (table 1). A test of sustained concentration was within the normal range. Performance on intelligence tests improved slightly and indicated average to low average intellectual ability.

Memory was investigated with tests similar to those used in the two previous evaluations (table 2). The performances were very much as they were 4 months previously. In particular, the verbal versus non-verbal dichotomy persisted. Furthermore, the patient was still vulnerable to distraction; an interference task (consonant trigrams) made memorising of simple items impossible.

Discussion

This patient had a sudden isolated memory disorder associated with a left polar thalamic infarct that was limited to the anterior group of thalamic nuclei, the incoming mammillothalamic tract, and the anterior part of the internal medullary lamina (fig. 2). The dorsomedial nucleus was mostly spared, but was probably partially deafferented. The pathway from the amygdala to the dorsomedial nucleus is believed to be close to the mammillothalamic tract22 and was in this case likely to be damaged. The cortical afferents to the dorsomedial nucleus, however, should have been largely spared since they have been shown to arrive through the lateral, not the anterior, part of the thalamus.34

Metabolic consequences

Large unilateral thalamiccapsular lesions and unilateral lesions limited to the thalamus are often associated with a decrease in metabolic activity of the ipsilateral cortex.31 36 Interestingly, a similar topographic relationship is not apparent after bilateral lesions; bilateral paramedian thalamic infarcts were reported to cause a (bilateral) diffuse cortical hypometabolism.38

The small left anterothalamic infarction in our patient had fewer metabolic consequences. In the acute stage, 15 days after the infarction, the average metabolism was lower on the right side in the anterior part of the thalamus, the posterior half of the cingulate cortex, and the lower part of the amygdala. There were no major side differences in any part of the frontal cortex, the hippocampal formation, or the striatum. In the posterior part of the hemisphere, the decrease of metabolism was indeed limited to the cingulate cortex (probably Brodmann's area 23 and the lower part of 31); no decrease was observed in the medial parieto-occipital cortex. After 9 months of evolution, the hypometabolism persisted in the anterior part of the thalamus and in the posterior half of the cingulate cortex on the left side; side differences were no longer observed in the amygdala.

The hypometabolism in the ipsilateral posterior cingulate cortex can be well related to the lesion of anterior thalamic nuclei. Tracing studies in humans and in non-human primates have shown that these nuclei have their main cortical connections with the cingulate cortex (for review see Van Buren and Borke34). There is also evidence for a topographic relationship in non-human primates: in the anterior thalamic gyrus caused retrograde degeneration in the anteroinferomedial part of the anterior nuclei, whereas lesions of the posterior cingulate cortex caused degeneration in the dorsolateral part.35

Thalamic amnesia

The patient presented impairment in long term anterograde and retrograde memory, while short term memory (as assessed by span) and procedural memory were preserved. Bilateral18 19 20 21 or unilateral right17 18 21 or left20 21 22 anteromedial thalamic lesions have been reported to cause major deficits in long term anterograde memory, often accompanied by deficits in retrograde memory. Short term memory remained frequently within the normal,2 18 21 22 or lower normal21 range, although it was deficient following large lesions.34 When tested, procedural memory has been shown to be intact after unilateral19 and bilateral infarcts.7 Autobiographical memory has been reported to be either preserved19 or impaired for recent events.20 24

After an initial period of global amnesia, our patient performed consistently better on non-verbal than verbal material (table 2). This observation favours a moderate lateralisation in thalamic memory functions. It is in agreement with similar sparing of visuospatial memory that has been reported after left anterior20 or paramedian18 19 thalamic infarctions. Conversely, reports of largely spared verbal memory after right anterior17 or para-
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median\textsuperscript{16} thalamic lesions further support such lateralisation. However, there are also reports of durable global amnesia—that is, a similar impairment in verbal and non-verbal memory, after left anterior\textsuperscript{2,15,17} or paramedian\textsuperscript{22} as well as right anterior\textsuperscript{21} thalamic infarcts. Two groups\textsuperscript{15,17} observed that left lesions disrupt both verbal and non-verbal memory, whereas right lesions almost selectively disrupt non-verbal memory. Thus, evidence for the lateralisation of thalamic memory functions is contradictory. Factors such as size of the lesion or handedness of the patient may play a role and need to be compared in a more reliable way between the studies.

After the patient partially recovered anterograde memory (see testing at 4 and 8 months after the onset of the illness) she remained extremely susceptible to interference during memorising tasks. This type of deficit has been reported after right anterior thalamic,\textsuperscript{13} left paramedian,\textsuperscript{14,19} and bilateral paramedian\textsuperscript{12} infarcts.

Temporal discrimination in anterograde and retrograde memory was impaired in our patient. Poor temporal discrimination in anterograde and retrograde memory is often present (and is a major symptom) in Korsakoff patients\textsuperscript{39,40} and after frontal lesions.\textsuperscript{41,42} Past events are poorly dated following transient global amnesia.\textsuperscript{43} A left retrosplenial lesion has been reported to be associated with defective temporal discrimination for anterograde, but not for retrograde memory.\textsuperscript{44} Impaired chronological memory has not yet been associated with exclusively thalamic lesions. It is interesting that in our case poor temporal discrimination in memory has been associated with left anterior thalamic lesion and decreased metabolism in the ipsilateral posterior cingulate cortex. As described above, both structures are very likely to be interconnected and, as indicated by the case studied by Bowers et al.,\textsuperscript{44} this circuit may play an important role in the temporal ordering of memories.

The performance profile of our patient resembles that described by Warrington and Weiskrantz.\textsuperscript{45} Namely, bad performance on multiple choice recognition, yes/no recognition and story recall, defective memory of past events, and great vulnerability to interference contrasted by preserved skill learning and adequate access to semantic and phonological knowledge. They have considered this type of amnesia to be due to a disconnection between a hippocampotemporal system dealing with semantic memory, and a frontal system dealing with cognitive mediation (or associative retrieval). Both cerebral regions are known to be connected, either via the uncinate fasciculus or via the limbic circuit (temporal cortex–entorhinal cortex–para-hippocampal region–hippocampus and subcircuit–fornix–mamillary bodies–anterior and medial thalamus–frontal cortex). The limbic circuit has been demonstrated in non-human primates (for example, review by Amaral)\textsuperscript{46} and parts of it in humans (for review see Van Buren and Borke\textsuperscript{47}). Very small thalamic lesions, on the right\textsuperscript{21} or on the left (the present paper), that were likely to disrupt selectively the hippocampo-mamillo-thalamo-frontal circuit, produced severe memory disorders. Our case supports further the important role of the disconnection between the temporal and frontal systems, since these systems seemed to function relatively normally by themselves, as suggested by the PET and neuropsychological studies.

CHANGES IN EMOTIONAL INVOLVEMENT

During the acute and chronic phase, our patient presented signs of frontal dysfunction, but less severe than those observed after paramedian thalamic infarcts.\textsuperscript{47} Several tests known to be impaired after frontal lesion were performed poorly during the first weeks of evolution but improved thereafter. No frontal-type behaviour was observed in everyday life or could be evoked during examinations beyond the first 10 days of evolution.

Significant changes occurred in the patient's preferences and, to some extent, also in her personality, both of which were noticed by the patient and by her family. The most important change was that she became emotionally labile, varying between an exaggerated sadness and tearfulness and emotional indifference. She was also prone to misunderstand the emotional content of her interactions with others. A lesser, but well confirmed, change was her loss of pleasure in reading that lasted throughout the follow up of 9 months. The patient read fluently and, 4 months after the onset of the illness, was able to recall a read story. Tests of sustained attention were then within normal limits. Thus, the loss of pleasure in reading was not due to difficulties in reading, attention, or remembering, but most likely to lack of emotional involvement in reading. This was confirmed by the patient's statements ("This does not mean anything to me emotionally"). The lack of emotional involvement was not generalised and did not include watching television, which was still experienced as pleasant. This means that not only memory but also emotional functions are likely to be lateralised.

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