Pseudotumour after arteriovenous malformation embolisation

The association between venous outflow obstruction and the development of pseudotumour syndrome is well known, although the mechanism by which the rise in CSF pressure is brought about is less certain. Although there is much evidence that the manifestations are a result of a disturbance of CSF dynamics, previous reports have focused solely on a disturbance to absorption. We present a case in which it is proposed that alterations in CSF formation, and to a lesser extent absorption, are responsible for the development of the syndrome.

At 2 years of age, as part of investigating a failure of normal growth, a female child underwent cerebral CT. This showed an unexpected arteriovenous malformation involving the vein of Galen. Although there was no evidence of cardiac failure or hydrocephalus associated with this, assessment by angiography was advised. This, initially declined by the parents, was not undertaken until the age of 5 years when vertigo and intermittent numbness of the left arm and leg had been present for about 12 months.

Angiography showed a deep right temporal lobe arteriovenous malformation consisting of three separate fistulae supplied by the right posterior cerebral and posterior communicant arteries. These drained into a large venous varix which subsequently drained into the Galenic venous system. A cerebral blood flow study showed a steal syndrome affecting the right frontoparietal area, and a decision was made to attempt embolisation. Complete occlusion of the fistulae was achieved by transarterial platinum coil embolisation.

The patient complained of right sided headache for 24 hours after the procedure, resolving with minor analgesia. Brain CT the next day was reported as normal. A full ophthalmological review was undertaken before discharge showing normal fundi and fields.

Ten days after the embolisation the patient presented with a generalised, pounding headache, with no focal neurological signs. Brain CT showed a nodule measuring 1.6 x 1.0 mm above the vein of Galen and to the right of this (figure). This was thought to represent the thrombosed varix and possibly thrombosis of the vein of Galen and straight sinus. There was no evidence of hydrocephalus.

At lumbar puncture several days later opening pressure was 27 cm H2O, with 20 ml CSF of normal composition withdrawn, reducing the pressure to 9 cm H2O. Acetazolamide was commenced and after 3 weeks the headaches were settling, although occasionally present. Examination was normal; in particular there was now no evidence of papilloedema.

Cerebral angiography at 3 months confirmed obliteration of the fistulae and vein of Galen and poor filling of the straight sinus with no evidence of obstruction to major venous outflow pathways. At this time CSF protein, via a lumbar puncture, was 0.008 g/l, a result that could not be accounted for. A case of pseudotumour developing in the setting of minimal venous thrombosis, particularly in part of the venous system not thought to play a major part in the absorption of CSF, must force us to reconsider our opinions as to the relation between venous obstruction and CSF dynamics.

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False negative polymerase chain reaction on cerebrospinal fluid samples in tuberculous meningitis established by culture

The polymerase chain reaction (PCR) has been reported to be of diagnostic value when performed on CSF samples in tuberculous meningitis.1,2 Rapid amplification of Mycobacterium tuberculosis specific DNA enables results to be available within 48 hours and can influence treatment decisions.

Recently two patients presented to our hospital with symptoms and signs suggestive of tuberculous meningitis. Examination of CSF disclosed a lymphocytic exudate. Repeated samples were sent to a British referral laboratory where CSF PCR for M tuberculosis was reported negative. Despite this, antituberculous treatment was continued for 12 months and both patients responded clinically. Several weeks after the negative PCR result, M tuberculosis was cultured on Lowenstein-Jensen slopes from CSF taken from both patients. False negative CSF PCR in tuberculous meningitis established by culture has rarely been reported. The two patients are described to emphasise the dangers of overreliance on PCR in cases of suspected tuberculous meningitis. Premature cessation of treatment would have had tragic consequences for the two patients concerned.

The first patient was a 28 year old Asian man, last in India 8 years previously. He was sent from a clinic to hospital for incision and drainage of two deep seated Staphylococci

Brain CT at level of vein of Galen demonstrating thrombus.

It is well known that obstruction to a major portion of the cranial venous outflow can produce intracranial hypertension, presumably by impairing CSF absorption across the arachnoid villi.1 In the present case it would seem that sluggish flow in the venous varix after embolisation has resulted in thrombosis, which has propagated to the vein of Galen. As all investigations seem to have the thrombus confined to this region, a region of relative paucity of arachnoid granulations,2 and the major outflow tracts seem normal, it is difficult to accept that impairment of absorption is the mechanism responsible in the current case. An alternative mechanism must be considered.

It is held that one of the determinants of the rate of CSF production is the pressure gradient across the choroid plexus capillaries.1 Reduction in this pressure has been shown to decrease the rate of CSF formation, and it is possible that increases in the transcapillary pressure will, as in other parts of the body, result in increased transudation from the capillaries, leading to increased CSF formation. The malformation in the present case, haemodynamically important enough to result in symptoms of steal, and present since birth, may have resulted in a subnormal transcapillary gradient, and hence a possibly decreased CSF production. If this were the case, with decreased production serving to retard the normal development of absorptive capacity, then the increase in the pressure in the choroid plexus capillaries brought about by both the closure of the fistulae and the subsequent venous thrombosis may have resulted in a rate of CSF production greater than could be handled by the absorptive system. Resolution of the thrombus, recruitment of venous collaterals, and possibly an increase in absorptive capacity would have resulted in the resolution of the syndrome.

Dandy and Blackfan,1 in one of the first experiments of its type, attempted to produce hydrocephalus in dogs by ligating the vein of Galen. Their aim was to increase production, rather than impair absorption, of CSF. Their failure, a result conclusively demonstrated by Bedford, was taken to show that venous obstruction would not result in hydrocephalus. It is, however, worth noting that Bedford was able to demonstrate both the fact that dogs have extensive collaterals in the Galenic venous system, not present in humans, and that whereas Galenic venous obstruction produced little change, obstruction of the jugular veins resulted in increased CSF formation. Since these experiments little, if any, work has been done in the area of the relation between CSF formation and venous occlusion.

Although the above report is somewhat speculative, it could serve to explain the facts which at this stage of our understanding of CSF dynamics cannot be quantitatively accounted for. A case of pseudotumour developing in the setting of minimal venous thrombosis, particularly in part of the venous system not thought to play a major part in the absorption of CSF, must force us to reconsider our opinions as to the relation between venous obstruction and CSF dynamics.
aureus abscesses. While an inpatient he complained of headaches and nausea and developed a low grade pyrexia and meningitis. Brain CT was normal. Lumbar puncture disclosed a high opening pressure (19 cm CSF), 133 white blood cells/µl, predominately lymphocytes, 2 g pyrazinamide, and 10 mg pyridoxine daily), and a low CSF/blood glucose ratio (1.7/6.1). A sample of 0.5 ml CSF was sent to a British referral laboratory and PCR for M tuberculosis was negative. Twenty four hours later, because of increasing confusion and agitation, treatment with intravenous acyclovir, antituberculous chemotherapy (600 mg rifampicin, 300 mgisoniazid, 2 g pyrazinamide, and 10 mg pyridoxine daily), and dexamethasone was commenced. Clinically he showed signs of improvement and was discharged home 2 weeks later on the above treatment. A repeat lumbar puncture 4 weeks later showed similar results. A PCR CSF for M tuberculosis was again negative although a fully sensitive M tuberculosis grew 12 weeks later from the first sample on Lowenstein-Jensen slopes.

The second patient was a 21 year old Kenyan woman living in the United Kingdom for 3 years. She presented with a 3 month history of photophobia and occipital headaches. She had no other systemic symptoms. She had had peritonsillar tuberculosis diagnosed at the age of 6 years during laparotomy for an appendicitis and had received antituberculous medication for 1 month only. On examination she had mild neck stiffness and a partial left third cranial nerve palsy. Brain CT was normal. Lumbar puncture results showed a high opening pressure (5cm CSF), 90 white blood cells/µl, predominantly lymphocytes, a raised protein concentration (1.62 g/l), and a low CSF/blood glucose ratio. At the same referral laboratory PCR CSF for M tuberculosis was negative but culture after 8 weeks grew a fully sensitive organism. De-identified PCR CSF was sent to our referral laboratory and PCR for M tuberculosis was negative although a partial third nerve palsy had resolved although a partial third nerve palsy had remained.

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False negative polymerase chain reaction on cerebrospinal fluid samples in tuberculous meningitis

There have been few studies in the literature concerned solely with the use of the polymerase chain reaction (PCR) to identify Mycobacterium tuberculosis DNA directly from CSF. These studies suggest that in some cases, PCR may be more sensitive than culture; however, in the largest study, performed by Nguyen et al.8 specimens from seven patients who were culture positive for M tuberculosis were not positive by PCR. The study did report on 22 culture negative, PCR positive patients, suggesting that PCR can be more sensitive than culture. Studies comparing PCR with culture of M tuberculosis using other clinical specimens, particularly respiratory specimens, have reported that PCR may be less sensitive than culture for the detection of M tuberculosis9 and that the low sensitivity correlated with low colony counts on culture. Dalovisio et al10 also reported that multiple specimens may be required to improve the sensitivity of the test in some patients. In the two cases described above, colonies were seen after incubation for 12 and 8 weeks on Lj slopes, suggesting a low inoculum.

The PCR has been reported to detect the equivalent of 1–10 mycobacteria in in vitro testing. However, lower sensitivity is found with clinical specimens. False negatives occurred in two patients with tuberculous meningitis that responded to empirical antituberculous therapy. False negatives are thought to be less sensitive than culture for the detection of M tuberculosis9 and that the low sensitivity correlated with low colony counts on culture. Dalovisio et al10 also reported that multiple specimens may be required to improve the sensitivity of the test in some patients. In the two cases described above, colonies were seen after incubation for 12 and 8 weeks on Lj slopes, suggesting a low inoculum.

A novel mutation of the myelin P gene segregating Charcot-Marie-Tooth disease type 1B manifests as trigeminal nerve thickening

Charcot-Marie-Tooth disease (CMT) is the most common type of hereditary peripheral neuropathy. It is classified into two types based on pathological and electrophysiological findings: type 1 and type 2. CMT type 1 comprises over 70 subtypes. CMT1A (17q11.2) and CMT1B (17q11.2) two of the most prevalent forms, are associated with mutations of the myelin protein zero (P) gene. Mutations in the P gene have recently...
been recognised in Dejerine-Sottas disease, peripheral neuropathy with an early onset in childhood, and a more severe phenotype than CMT1. CMT1 and Dejerine-Sottas disease are characterised by thickening of peripheral nerves, and thickening of the cauda equina, nerve roots, and ganglia have often been found.4 Although cranial nerves are generally spared in CMT, thickening of the acoustic or optic nerve has been reported in some cases. We report here on a Japanese patient who exhibited severe polyneuropathy, bilateral trigeminal thickening on MRI, and an abnormality of the auditory brain stem response. Gene analysis disclosed a novel missense mutation (His81Arg) of P0. The cranial nerve involvements in this patient may be associated with the novel missense mutation of P0 (His81Arg).

A 15 year old Japanese girl presented with CMT disease. She showed delayed motor development. Although she became ambulant at 1 year and 8 months of age, she was never able to run. She was referred to our hospital due to progression of her gait abnormality. Her mentality and higher brain function were normal. Neurological examination disclosed weakness in both proximal and distal muscles of the legs, decreased grasping power, sensory disturbance of distal limbs, decreased facial sensation, mastication power, and hearing acuity were normal. She also had atrophy of the lower limbs, drop foot, a steppage gait, claw hands and dystrophy of the distal portions of the auditory pathway. Prolongation of the auditory brain stem response suggested peripheral conduction delay of the auditory nerve.

Trigeminal neuralgia with CMT has been reported.4 In these rare cases, trigeminal neuralgia was inherited, suggesting a partial symptom of CMT. Although some patients were surgically treated, it was not clear whether a thickened trigeminal nerve was present. Moreover, on electrophysiological studies of the facial and trigeminal nerves in CMT, Kimura4 reported that the sensory component of the trigeminal nerve was relatively spared, despite extremely delayed conduction of the motor component. However, the MRI study of our patient suggested that the fifth cranial nerves were subjected to the same pathological process that affects other peripheral nerves. Our patient showed no DNA duplication on chromosome 17p11.2 and we found a novel mutation (A to C) representing an Arg8 to His substitution in the P0 gene. Histidine 81 is conserved among many other species, including cows, rats, chickens, and sharks. This mutant allele was absent in the DNA from 100 controls. Therefore we identified this mutation as pathogenic. Arg8His was located in exon 3, which codes for the extracellular domain of P0. The extracellular domain plays a part in myelin compaction by homophilic interaction and many mutations in this area have been reported. Although the phenotypic variability is related to the position and nature of the P0 mutation, patients with cranial nerve involvement are rare in CMT with a P0 mutation. Therefore, the unique thickening of trigeminal nerves and the clinical severity in this patient may be related to this novel missense mutation. A careful comparison of the clinical, electrophysiological, and histopathological data between patients with CMT should be conducted.

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Intracranial extracerebral follicular lymphoma mimicking a sphenoid wing meningioma

Primary lymphoma in the brain is uncommon, accounting for only 2% of primary intracranial neoplasms. Although its incidence seems to be dramatically increasing", leptomeningeval lymphomas are even rarer but have been described 12; however, no leptomeningeval lymphoma of the follicular type has previously been reported. We present a case of a primary meningeal follicular lymphoma which mimicked a sphenoid wing meningioma, both radiologically and intraoperatively.

A 57 year old Ghanaian woman was referred with a 3 year history of worsening bitemporal headache, followed by a 6 month history of daily right frontal headache lasting for 2–3 hours associated with mild photophobia. There were no reports of seizures, nausea, or other visual disturbances. Her medical history was 3 years of treated hypertension, sickle cell carrier trait, and a cataract extraction. The patient was obese but physically well. There were no other abnormal findings on her general physical examination. Neurological examination showed no papilloedema and there were no cranial nerve or long tract signs.

Brain CT showed an enhancing mass consistent with a right sided sphenoid wing
malignant meningioma (figure A). Right pterional craniotomy was performed and a tumour located under and adherent to the overlying dura was identified. It was entirely extracerebral, measuring 6×6×6 cm, with the greyish colour and hard consistency typical of a meningioma. The tumour and the adherent, thickened dura was macroscopically completely removed.

Histologically the lesion consisted of lymphoid tissue with an ill defined follicular architecture (figure B). The follicles varied in size and shape and infiltrated the overlying dura. Follicular centres were composed of a mixture of centrocytes and centroblasts with frequent mitotic figures and apoptotic bodies (figure C). Immunohistochemical staining confirmed that these cells had a B lymphocytic phenotype (CD20 positive) with kappa light chain restriction. Staining for Bcl-2 protein, which is an inhibitor of apoptosis and is expressed in 90% of follicular lymphomas, was found to be positive. The histological appearances and immunohistochemical profile confirmed a follicular lymphoma.

The patient made an uneventful recovery and was referred for staging investigations and consideration of postoperative therapy. An LDH estimation was within normal limits and HIV serology was negative. Whole body CT including repeat CT of the brain did not show any evidence of lymphadenopathy or lymphomatous deposit. Bone marrow examination was declined. Postoperative adjuvant whole brain or localised radiotherapy was discussed with the patient, however, she declined any further intervention. She has been closely reviewed in the follow up clinic and after 6 months there has been no clinical or radiological evidence of recurrence.

Primary intracerebral lymphomas represent about 2% of intracranial neoplasms and 2% of all lymphomas. They occur most commonly in the 6th decade of life with a female to male ratio of 1:1. The association between primary intracranial lymphoma and immunodeficiency has long been established, and it is not surprising, therefore, that the incidence has increased 10-fold over the past 3 decades with the onset of transplant surgery and, particularly, the AIDS epidemic.\(^5\) In postmortem studies, these neoplasms are found, on average, in 5.5% of AIDS cases, and malignant cerebral lymphoma is the most common diagnosis of a focal intracranial lesion in patients with AIDS.\(^6\) Malignant primary lymphoma can occur throughout the CNS and they often have a periventricular distribution. Multifocality seems to be more common in patients with AIDS. The CT scan usually shows hypodense masses with perifocal oedema and 92% enhance after administration of contrast medium.\(^7\)

Leptomeningeal lymphoma is usually encountered as a late complication of systemic non-Hodgkin's lymphoma, although primary leptomeningeal lymphoma is occasionally seen. The prognosis for these tumours is poor.\(^8\) Diffuse primary B lymphomas have been mistaken for more common lesions: solitary primary B cell lymphoma of the cerebellopontine angle mimicking acoustic neuroma or meningioma has been reported;\(^9\) Lantos et al described a case of leptomeningeal lymphoma with a calcified, temporoparietal, lymphoplasmacytic lymphoma which resembled a meningioma; however, this tumour was entirely extradural. There is only one previous report of a follicular rather than diffuse leptomeningeal lymphoma: Rubinstein described a case of follicular lymphoma metastasis found in the dura of a 61 year old man at necropsy.\(^10\)

We found no report of a primary follicular extracerebral lymphoma. Similar radiological and intraoperative appearances of the tumour in our case to sphenoid wing meningioma suggest that this entity should be considered as a rare differential diagnosis.

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Determinants of the copper concentration in cerebrospinal fluid

The measurement of CSF copper concentration can serve as an indicator of brain copper concentration.\(^1\) However, the complex mechanisms by which copper crosses into the CSF, and the factors determining the CSF copper concentration in humans are largely obscure. Copper can pass into and out of the CSF by various mechanisms. For example, active transport through the blood-brain barrier or the blood-CSF barrier, or passive diffusion of the free or the bound fraction (bound to albumin or coeuleroplasmin) through the blood-CSF barrier. We studied the factors influencing CSF copper concentration using a stepwise multiple linear regression model. The independent variables were age, plasma coeuleroplasmin, CSF/serum copper ratio, total serum copper concentration, and calculated serum free copper concentration (based on serum coeuleroplasmin and total serum copper concentration). The CSF copper concentration was calculated as a dependent variable of the continuous type. We investigated lumbar CSF samples from 113 patients. These patients had dementia, extrapyramidal, or tremor symptoms; lumbar puncture was performed to exclude Wilson’s disease, and none of the patients had the disease. Copper was measured by flameless atomic absorption (Perkin Elmer, HGA 500, Ueberlingen, Germany). Cerebrospinal fluid was determined nephelometrically (Beckman Arrayman Instruments, Brea, CA, USA). The age of the patients was 50.0 (SD15.5) years; 50 were women and 65 were men. Mean serum coeuleroplasmin concentrations were 394.3 (SD154.2) mg/L. Mean serum copper concentrations were 1194 (SD 335) µg/L. Mean calculated free copper concentrations in serum were 78.5 (SD 1285) µg/L. Mean CSF copper concentrations were 14.16 (SD 6.60) µg/L. The mean albumin ratio (AR) was 6.63×10⁻⁵. The mean ratio of calculated free copper concentration to total serum copper was 6.6%, the ratio of CSF copper to serum copper was 1.2%, and the ratio of free serum copper to SF copper was 18%. In the
stepwise linear regression model (F to enter 4.0, F to remove: 3.996), significant positive predictive value of the total CSF copper concentration were found to be AR (p=0.0001) and serum copperoeluloplasmin (p=0.0057). The other independent variables mentioned above showed no statistically significant relation with CSF copper concentration. The figure shows the simple linear regression between CSF/serum albumin ratio and CSF copper concentration (on logarithmic axes; R²=0.46, p=0.0001). The formula for the CSF copper concentration, derived from the multiple linear regression model, is: copper CSF (µg/l)=3.52 µg/l×0.635×CSF/serum albumin ratio (×10⁻²)+0.012×serum copperoeluloplasmin (mg/l). According to this analysis, CSF/serum albumin ratio and serum copperoeluloplasmin together determine 25.3% of the variation in CSF copper concentration (adjusted R²=0.253), implying that other (unknown) factors determine the remaining 74.7% of the variation. We have been able to demonstrate here that the CSF copper concentration is determined in a highly significant manner by disturbances in the blood-CSF barrier and by the serum copperoeluloplasmin concentration. It can be assumed from this that in the case of normal blood-CSF barrier function and a normal serum copperoeluloplasmin concentration, 25.3% of the measured CSF copper concentration originates from the brain, the fraction entering the CSF by passive diffusion bound to copperoeluloplasmin, and only around 0.09% by passive diffusion bound to albumin. In the case of a markedly raised CSF/serum albumin ratio of 20×10⁻², this would mean that 60.6% of the measured CSF copper originated from the blood (bound to copperoeluloplasmin). A variable fraction of the CSF copper concentration, depending on the degree of damage to the blood-CSF barrier, therefore cross from the blood into the CSF and can be measured there. Our formula would therefore predict, in patients with Wilson’s disease with an intact blood-CSF barrier (assuming a CSF/serum albumin ratio of 6.5×10⁻²), that the CSF copper concentration is actually reduced by 27.4%, when the serum copperoeluloplasmin concentration falls from its normal value of 394 µg/l to 68 µg/l. In consequence, CSF copper in patients with Wilson’s disease is essentially freely subtract that implies the body fraction that will be released in the CSF. From this, the fraction returning to the CSF by passive diffusion (bound to copperoeluloplasmin) tends towards zero. It can be concluded from this that, when the aim of therapy is considered in terms of the total CSF copper concentration, a region around 30% lower than the upper limit of the normal range should be aimed for. This is supported by the clinical finding that patients report feeling better when the CSF copper concentration is below this value. This analysis also shows that the raised copper concentration in the CSF can only originate from the brain. In particular, it is not associated with free serum copper, but evidently only via storage in the brain. The investigation here also shows that, after determining the CSF copper concentration, the copperoeluloplasmin-bound fraction originating from the plasma should be subtracted according to the formula we have given, or better, all measured copper concentrations in the CSF should be adjusted using the CSF/serum albumin ratio and serum copperoeluloplasmin concentration. A statistical relation with a low correlation (p<0.05) between CSF protein content and CSF copper was already shown in 1981 in various neurological diseases; our study shows a much higher significance and, in addition, the effect of serum copperoeluloplasmin (therefore of bound serum copper). Furthermore, we have been able to determine quantitatively the fraction of CSF copper which enters the CSF across the blood-CSF barrier.

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Solitary intracranial myofibroma in a child

A rare case of solitary interhemispheric myofibroma with excellent outcome in a 20 month old boy is described. The clinicopathological features of this unusual condition are reviewed with emphasis on the CNS manifestations.

A case of congenital fibrosarcoma was first diagnosed by William and Schrum and was subsequently renamed congenital generalised fibromatosis by Stout in 1954 and is represented by a distinct form of juvenile fibromatosis characterised by tumour-like nodules involving the skin, soft tissues, bones, and viscera. Based on the ultrastructural and immunohistochemical features of the cell of origin and the occurrence of this condition in infants, as well as congenitally, it was renamed infantile myofibromatosis by Chung and Enzinger in 1981. This disorder is considered to represent a hamartomatous myofibroblastic proliferation, although laboratory evidence suggests that it may arise secondary to oestrogen stimulation in utero. Infantile myofibromatosis represents the most common fibrous tumour of infancy and may present with solitary or multicentric lesions. When visceral involvement is marked, a multileiomyomatous form is termed “generalised”. Cases with familial incidence, spontaneous regression, and fatal outcome have all been described. Poor outcome has generally been associated with extensive visceral involvement and relates either to mass effect with compression of vital organs and structures, or to pulmonary involvement, when submucosal or submucosal cellular proliferation results in vascular or bronchial obliteration.

Central nervous system involvement is exceptionally rare and has been reported as a finding in the multicentric type of myofibromatosis.4 We describe a solitary interhemispheric myofibroma which presented as an intracranial mass in a 20 month old child. To our knowledge, only one other case of solitary intracranial myofibroma has been reported.5

A 20 month old Irish boy, the only son of healthy, unrelated parents, was admitted for investigation of a large head. He had one previous hospital admission at the age of 6 weeks for a respiratory tract infection. The patient’s head circumference was noted at that time as being at the 97th centile. At 6 months there was no hypotonia, neurological examination was normal, and the head circumference was 1 cm below the 97th centile. Brain CT showed a well-circumscribed, contrast enhancing mass in the midline and left frontal lobe, with surrounding oedema. There was evidence of left sided hydrocephalus due to displacement of the right forebrain of Munro by tumour. The radiological differential diagnosis included a primary meningeal tumour, glioma, and leukaemic deposit. The patient underwent a left frontal craniotomy and a firm, rounded mass was removed from between the hemispheres. The mass subsequently resolved completely. Repeat CT 6 months later and at 4 years after the operation showed no evidence of recurrence or mass effect. His head circumference persisted on the 97th centile 4 years after operation. His development and clinical examination otherwise remain normal 6 years after surgery. A younger sibling is normal.

The rounded 3.0 cm mass had a whorled, fibrous, white-yellow cut surface appearance. Microscopically, it consisted of hypercellular fasciculated and storiform areas, alternating with hypocellular, hyalised regions. Central areas of haemorrhage and cells with an eosinophilic, anisocromatic nucleus were seen. No mitotic figures were present and there was no evidence of haemorrhage, necrosis, or calcification. The tumour cells appeared to blend with the vessel walls. Immunohistochemical studies showed strong reactivity for vimentin and smooth muscle actin. Scattered cells showed immunoreactivity for desmin. No reactivity was noted for cytokeratin, epithelial membrane antigen, or factor VIII, gial fibrillary acidic protein, or
myoglobin. Ultrastructural examination showed elongated cells with surrounding collagen fibrils, some showing intracytoplasmic myofilaments.

Solitary lesions of infantile myofibromatosis are more common than multiple lesions, with twice as many males as females being affected, and generally involve the skin and soft tissues, especially of the head and neck. Solitary lesions are less commonly found in viscera or bones.1-3 Involvement of the CNS is exceedingly rare and only one other case of a solitary mass is reported4 along with few cases of CNS involvement in the generalised form of infantile myofibromatosis.4,5,6 The prognostic is best for cases with solitary masses and less favourable for multicentric cases, particularly where visceral lesions are present, in which morbidity and mortality derive predominantly from pulmonary involvement or mass effect.

The differential diagnosis for this lesion included meningioma, schwannoma, and haemangiopericytoma. Regionally, the histology was reminiscent of the rare microcystic variant of meningioma. Meningiomas are extremely rare in this age group, this lesion was not meningeval based and such lesions are usually reactive for epithelial membrane antigen unlike this tumour. This lesion, unlike schwannoma, also showed no immunoreactivity for S-100 protein. Haemangiopericytoma is a diagnosis of exclusion and shows no reactivity for actin, unlike this tumour.

Periaortic intracranial involvement by myofibromatosis includes patients with widespread systemic involvement and multiple leptomeningeal nodules in one patient and extradural masses in another,7 both of which were fatal at the age of 10 days, a non-fatal extradural mass in one patient, and a patient with systemic involvement, in which there was recurrence of orbital and temporal lesions 2 years after operation. A single previous case of solitary intracranial myofibroma has been reported8 in which the patient died within 24 hours of surgery, secondary to cardiopulmonary arrest.

We present a patient with a solitary intracranial myofibroma with an excellent postoperative outcome. Although rare, infantile myofibroma should be included in the differential diagnosis of intracranial neoplasms in children.

Axonal polyneuropathy and encephalopathy in a patient with verotoxin producing Escherichia coli (VTEC) infection

Escherichia coli serotype O157:H7 causes serious food poisoning worldwide, especially in children and elderly people.1 It is also called verotoxin producing E. coli (VTEC), which produces a cytotoxic Shiga-like toxin. Gastrointestinal, haemorrhagic, and urological effects are well known in VTEC infection,2 and neurological problems are likely to be more frequent than is generally recognised.3 Here we describe axonal polyneuropathy and encephalopathy in a young female patient associated with haemolytic-uraemic syndrome caused by VTEC infection.

A 26-year-old woman began to have abdominal pain and haemorrhagic diarrhoea. She was admitted to an emergency hospital and diagnosed as having haemorrhagic colitis due to probable food poisoning. Then her urinalysis showed microhematuria and increased serum creatinine increased, and she was transferred to our hospital. On the 9th day she had a high fever of 39.7°C with increased C reactive protein (7.6 mg/l) and a leukocytosis of 17 800/mm³. She was in a state of anuria and her blood analysis showed severe kidney dysfunction (increased serum creatinine of 6.76 mg/l). She had severe anaemia (haemoglobin 6.0 g/dl), fragmentation, and tear drop deformation of red blood cells in the blood smear and increased lactate dehydrogenase concentration of 4095 IU (normal range 230–460 IU), suggestive of haemolytic anaemia. Her platelet count was decreased to 50 000/mm³. The culture of her stool showed the growth of E. coli O157:H7 and analysis of the bacterial toxins showed the presence of verotoxin, which confirmed the diagnosis of VTEC infection.1-3 Given plasma exchange, continuous haemodialysis, and antibiotics (4 g/day fosfomycin, 600 mg/day levofloxacin, and 2 g/day cefoperazone/sulbactam). Her general status was unchanged for 1 week after admission and she was in a delirious state with visual hallucinations and tonic convulsion, indicative of encephalopathy. Brain CT disclosed mild brain swelling and there were diffuse slow waves in the EEG. She was given 250 mg/day diphenylhydantoin. During the next two weeks her kidney function, haemolytic anaemia, and encephalopathy gradually improved.

After recovery of consciousness she began to complain of numbness of the limbs, manifesting for the legs. She described this feeling like frost bite when she was lying on the bed, and this gradually exacerbated to be a burning pain. On examination she was alert and cooperative. Her cranial nerves were normal. Muscle strength was normal and coordination was intact. Deep tendon reflexes were decreased in the four limbs. Sensation for vibration was impaired in the lower legs, but preserved for pin prick, light touch, and joint sensation. Routine laboratory data including haematological studies, serum chemistry, urinalysis, and CSF analysis were normal. Serum concentrations of vitamin B1, B6, and B12 were normal. Nerve conduction studies were carried out on her right limbs, and showed normal findings in the distal latencies, motor conduction velocities, and F wave latencies of the median, ulnar, and tibial nerves, and no evidence of conduction block. However, there were demyelination and muscle action potentials (1.18 mV) and mild slowing of motor conduction velocity (41.0 m/s) in the peroneal nerve. There were also markedly decreased amplitudes of the senory nerve action potentials (5.5 μV) and sural (0.98 μV) nerves. These findings and the clinical features confirmed the diagnosis of sensory dominant, axonal polyneuropathy. She was given 300 mg/day sulindac (an anti-inflammatory agent) and 1500 μg/day mecholobamin (vitamin B12) without effect. Two weeks after administration of 300 mg/day oral meexitelin, her numbness and pain gradually disappeared. The patient was discharged as having VTEC infection, because of a typical history of an acute haemorrhagic colitis, the cultured growth of enterohaemorrhagic E. coli O157:H7, and the detection of verotoxin in her stool. She had haemolytic-uraemic syndrome (haemolytic anaemia, thrombocytopenia, and uraemia, following diarrhoea), which is the main complication of VTEC infection. Experimentally, vero cells, an immortalised primate kidney cell line, can be killed by increased doses of verotoxin through the process of apoptosis.7 Verotoxin shows similar cytotoxicity on human glomerular microvascular endothelial cells via inflammatory mediators such as tumour necrosis factor-α, which induced an increase in the numbers of verotoxin receptors, leading to a microvascular thrombosis.8 Our patient was treated with antibiotics, plasma exchange, and continuous haemodialysis, with benefit.

During the course of the disease, our patient was in a delirious state with visual hallucinations and tonic convolution. She showed mild brain swelling on CT and diffuse slow waves in the frontal area on EEG, evidence of encephalopathy. Previous reports have shown that the incidence of encephalopathy in haemolytic-uraemic syndrome (mostly due to VTEC infection) may be 30–60%, including seizures in 17–44%, altered consciousness in 7–40%, and paralysis in 1–16%. Many of the patients, including ours, seemed to have metabolic encephalopathy, but some developed encephalopathy without metabolic abnormalities.7 There is experimental evidence that verotoxin has direct virulence to both endothelial cells and neurons in the nervous system, and its initiation lesion is in the hypothalamic areas, then
spreading into the hippocampus and the brainstem. The convulsions in our patient were successfully treated with 250 mg/day diphenhydantoin, and her encephalopathy gradually improved during plasma exchange and haemodialysis.

After recovering consciousness, she began to complain of numbness of her limbs, and a burning pain which exacerbated in the night. Nerve conduction studies and the clinical features confirmed the diagnosis of sensory-dominant, axonal polyneuropathy. At this stage metabolic abnormalities were not detected and serum concentrations of vitamins B1, B6, and B12 were normal. Her numbness and tingling sensation ameliorated after 2 weeks administration of 300 mg/day oral mexiletin, an agent with a membrane stabilising effect. Up to now, to our knowledge, peripheral neuropathy has not been reported in VTEC infection other than in one patient, by Hamano et al, who showed bilateral phrenic nerve palsy for 2 weeks after recovering consciousness. The above experimental evidence suggests that microcirculatory disturbance or direct toxicity to the neuronal cells by verotoxin could cause axonal neuropathy in VTEC infection.

Crying spells as symptoms of a transient ischaemic attack

In the absence of depression, crying spells associated with neurological disease usually result from pseudobulbar palsy or, more rarely, from crying seizures. To our knowledge, there are no prior reports of crying spells heralding or signifying a transient ischaemic attack. In the absence of depression, crying spells may result from pseudobulbar palsy or, more rarely, from crying seizures. Orthostatic hypotension has also been evaluated for 2–10 minutes after standing. Continuous drop type of orthostatic hypotension

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Crying or dacyrastic seizures also occur but are rare. These seizures are part of the range of complex partial seizures and usually emanate from the right temporal lobe. Crying seizures may result from prior cerebrovascular infarctions. Orthostatic hypotension has usually been evaluated for 2–10 minutes after standing. Continuous drop type of orthostatic hypotension

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Within 30 minutes of his initial crying spell, his headache had resolved but he became aware of numbness over his left face and numbness and pain in his left neck and arm. The numbness was not progressive, and the patient did not complain of paraesthesias in his trunk or pseudobulbar affect. He noted photophobia, nausea or vomiting, blurred vision, visual obscurations, difficulty swallowing, dysarthria, or focal weakness. Over the next 2 to 3 hours, he had five more crying spells, each lasting 5 to 10 minutes, occurring out of context, without precipitating factors or sadness, with an acute onset and offset, and without alteration of consciousness. The patient’s left face and arm numbness persisted during and between the crying spells and abruptly resolved shortly after his last crying spell. This patient had hypertension, diabetes mellitus, coronary artery disease, an old myocardial infarction, raised cholesterol concentrations, and a history of heavy smoking.

On examination between recurrent crying spells, his blood pressure was 143/92 with a regular pulse of 62, and there were no carotid bruits. His mental status was normal. Cranial nerve examination was entirely normal. There was no flattening of the left nasolabial fold and decreased pinprick sensation over his left face with an occasional mild facial twitching. Cranial nerves IX-XII were intact, and gag reflex and palate elevation were intact. He did not have dysarthria or a brisk jaw jerk. The rest of the neurological examination showed mild weakness in his left upper arm, and decreased pinprick and temperature sensation over the left half of his body. His deep tendon reflexes were +2 and symmetric with downgoing toes.

The patient lacked prior depression, new depressive symptoms, or prior crying spells as an adult except for a single episode during dental anaesthesia. At the time of his admission, he had not had any recent adverse events in his life, and was totally surprised by his reaction.

The patient’s crying spells, paraesthesias, and neurological findings entirely resolved within about 3 hours. Routine laboratory tests, ECG, and CT were normal. Two days after admission, MRI disclosed a mild degree of white matter atrophy over the right frontotemporal cortex and an ECG showed a frontal intermittent rhythmic delta activity but no epileptiform changes. Carotid Doppler studies showed atherosclerotic changes without haemodynamically relevant obstruction. He was discharged on antplatelet therapy with aspirin.

These results suggest that crying spells can be a manifestation of a transient ischaemic attack. He presented with paroxysmal crying spells followed by a left sided hypoaesthesia and a mild left sided weakness, all of which resolved. His crying was non-emotional, inappropriate to the context, and did not correspond to his underlying mood. Moreover, the patient had multiple vascular risk factors supportive of a cerebrovascular aetiology for his episode.

The most common cause of pathological crying is pseudobulbar palsy, a complication of strokes and other diffuse or bihemispheric brain damage. Pseudobulbar palsy results from bilateral interruption of upper motor neuron innervation of bulbar motor nuclei and brainstem centres. In addition to crying, pseudobulbar palsy may include dysarthria, dysphagia, bifacial weakness, increased facial and mandibular reflexes, and weak tongue movements. There were no signs or symptoms of pseudobulbar palsy in this patient.
Continous drop type of orthostatic hypotension during 25 minute tilt up in a patient with MSA. SBP=systolic blood pressure; HR=heart rate; CO=cardiac output; SVR=systemic vascular resistance; NA=plasma noradrenaline concentration.

maximum 74 mm Hg), taking more than 10 minutes to reach the minimum (continuous drop type) (figure). The other five patients could not remain standing for more than 5 minutes because of symptoms of orthostatic hypotension. No patient showed the sudden drop type (figure). The other five patients are caused by interruption of the baroreflex arc, as is known in MSA.

As the sudden decrease in blood pressure, cardiac output proportionally decreased but systemic vascular resistance did not change (figure).

Our results suggest that in many patients with MSA the blood pressure drops continuously on standing. The continuous blood pressure drop is caused by continuous reduction of cardiac output. A part of the mechanism for continuous reduction of cardiac output should be lack of reflex tachycardia and no significant release of noradrenaline which are caused by interruption of the baroreflex arc, as is known in MSA. However, further explanation, such as continuous vasodilatation of the volume vessels, is necessary for the difference in mechanisms between the early drop type and the continuous drop type. As we did not record heart rate and blood pressure continuously and did not evaluate ventricular function by echocardiography, the final conclusion and its interpretation require further study.

We think that more than a 20 minute tilt up study is needed to evaluate orthostatic hypotension and that reduced endurance of exercise and the syncope that occurs some time after standing should be considered symptoms of a continuous drop in blood pressure.

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CORRESPONDENCE

Respiratory aspects of neurological disease

An account of respiratory aspects of neurological disease, such as the highly informative one presented,1 would be incomplete without mention of breathlessness resulting from neurogenic pulmonary oedema, characterised by an “increase in extravascular lung water in patients who have sustained a change in neurological condition”.2 Neurological disorders associated with this syndrome include subarachnoid haemorrhage, middle cerebral artery stroke, and cerebellar haemorrhage.3 Brain stem stroke, acute hydrocephalus due to colloid cyst of the third ventricle, closed head injury, and status epilepticus, were also documented as risk factors in a literature review by Smith and Matthey,4 who proposed, on the basis of their own study, that increased pulmonary vascular hydrostatic pressure might be a more significant aetiopathogenic mechanism than increased pulmonary capillary permeability.5 A more direct link between neurogenic myocardial damage and pulmonary oedema can be postulated when subarachnoid haemorrhage is complicated by reversible severe left ventricular dysfunction, as documented in two cases reported by Wells et al.6

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Idiopathic cerebellar ataxia associated with celiac disease: lack of distinctive neurological features

Although applauding the contribution of Pellecchia et al, we believe that more widespread recognition of the association between gluten sensitivity and ataxia disagree that ataxia associated with gluten sensitivity lacks “distinctive neurological features”. Both their data and ours indicate that this group of patients can be distinguished by the late (non-childhood) onset of gait ataxia with relatively mild upper limb signs, analogous to Harding's group. Again, coexistent neuropathy is common in these patients; found in two out of three of the patients of Pellecchia et al and 21 of our 28. We agree that gastrointestinal symptoms are rare: rather than entitling their paper “lack of distinctive neurological features”, perhaps “lack of distinctive gastroenterological features” might have been more appropriate!

We were surprised at the high specificity and sensitivity of increased antigliadin antibodies in their hands. Although we found both IgA and IgG antigliadin antibodies to be invaluable screening tools in patients with ataxia, only 11 of our 28 patients with increased antigliadin antibodies had histology of overt coeliac disease on duodenal biopsy, the remainder having normal or non-specific inflammatory changes but with an HLA genotype in keeping with gluten sensitivity. It is interesting to note that despite the often quoted high sensitivity for coeliac disease of increased antigliadin antibody titres, such was found in only one of three patients of Pellecchia et al with coeliac disease. This concurs with our impression of very modest sensitivity of antigliadin antibodies in gluten ataxia.

Gluten sensitivity is common in patients with ataxia, and can be identified by increased antigliadin antibody titres in the presence of appropriate histocompatibility antigens. Although the clinical features of gluten ataxia are not entirely specific, they are increased antigliadin antibody titres in the presence of appropriate histocompatibility antigens. Although the clinical features of gluten ataxia are not entirely specific, they are distinctive.

We thank Hadjivassiliou et al for their interesting comments on our paper. They suggest that patients with gluten ataxia can be distinguished by the late onset of gait ataxia and the relatively mild upper limb signs. Our results support the finding of a late onset in these patients, but this feature cannot be considered a distinctive one. In fact, in our population 11 out of 24 patients with idiopathic cerebellar ataxia had a late onset, but only three of them were affected by celiac disease.

Furthermore, we do not think that celiac patients may be distinguished by mild upper limb signs and coexistent neuropathy; in our study 20 out of 24 patients with idiopathic cerebellar ataxia, including the three patients with celiac disease, had ataxic gait as the presenting and prominent clinical feature. Similarly, nerve conduction studies, performed in 17 out of 24 patients, showed a peripheral neuropathy in nine, including two out of the three patients with celiac disease.

We understand that some discrepancies arise comparing our study with that of Hadjivassiliou et al. Firstly, only six out of their 28 patients had evidence of cerebellar atrophy on MRI, whereas all of our patients had cerebellar atrophy. Secondly, many of their patients had a peripheral neuropathy in the absence of cerebellar atrophy. This finding could explain the mild upper limb signs. Although two of our three celiac patients had a clinically silent peripheral neuropathy, we think that their ataxia was explained by cerebellar atrophy. Thirdly, we found a high prevalence (12.5%) of celiac disease on duodenal biopsy among patients with idiopathic cerebellar ataxia, whereas none of the six patients with cerebellar atrophy described by Hadjivassiliou et al showed histological features of celiac disease.

It would be interesting to know the prevalence of gluten ataxia among all ataxic patients screened for antigliadin by Hadjivassiliou et al. Our series is too small to estimate the sensitivity of both antigliadin and antiendomysium antibodies in gluten ataxia; unfortunately Hadjivassiliou et al did not report any data on antiendomysium antibody screening in their patients. On the other hand, we were surprised at the high prevalence of antigliadin antibody positivity (12%) in the normal population studied by Hadjivassiliou et al in a previous report. This is relatively mild contrast with the 2% of antigliadin antibody positivity found in a large population by Catassi et al.

Further studies are required to better characterise the syndrome of cerebellar ataxia associated with celiac disease or gluten sensitivity.

Polkey replies: We thank Dr. Jobole for his interest in our article; we did not cover neurogenic pulmonary oedema. We agree, however, that it can be a difficult clinical problem and therefore appreciate his contribution.

M I POLKEY

Proacainamide for faecal incontinence in myotonic dystrophy

We read with interest the article by Abercrombie et al which describes the pathophysiology and surgical management of faecal incontinence in two siblings with severe myotonic dystrophy.

In the authors’ experience, long term results of both medical and surgical management of the faecal incontinence of pelvic floor dysfunction, as proved by the fact that postanal sphincter repair restored faecal continence only for a brief time.

The authors’ pessimistic conclusions suggest that “faecal incontinence in myotonic dystrophy is difficult to relieve by any currently available treatment other than colostomy”. It should be noted, however, that the medical treatment used is not specified in the text.

Our experience with medical treatment using proacainamide in a patient with severe myotonic dystrophy and faecal incontinence is less disappointing. The patient—a 19 year old man—had had his diagnosis 4 years earlier on clinical grounds and electrophysiological and genetic tests. Early symptoms of sphincteric impairment developed soon after, including mild stress urinary incontinence and minor episodes of poor control of loose stool.

A complete diagnostic investigation, including physical examination, defecography, and electrophysiological tests of pelvic floor muscle, was performed. At physical examination, digital ano-rectal evaluation showed low squeeze pressures. A reduced rectal diameter (4.5 cm), anal gaping, and barium loss at rest were found on defecography. Motor evoked potentials elicited by cortical and lumbar magnetic stimulation and recorded from the external anal sphincter showed a normal latency and decreased amplitude. Somatosensory evoked potentials after anal stimulation and sacral reflex latency were normal. EMG recording of the external anal sphincter showed, as in the first patient of Abercrombie et al, a decreased number of motor units and multiple myotonic discharges. Few motor unit potentials presented polyphasic waveforms and decreased duration and amplitude.

A regular treatment with proacainamide (300 mg twice a day) led to a dramatic improvement of both systemic myotonia and faecal incontinence. A 13 month follow up assessment has shown a stable clinical improvement. Repeated electrophysiological investigation showed disappearance of myotonic discharges at the external anal sphincter, whereas defecography disclosed an improved rectal compliance (5.2 cm in diameter) at capacity and no more than a barium leak on straining.

The pathophysiology of motor disorders of the gastrointestinal tract in myotonic dystrophy is still debated and controversial. Histological study of the external anal sphincter and
the EMG pattern in patients with myotonic dystrophy show a multitude of defects including expression of myotonias, myopathies, muscular atrophy, and neural abnormalities. 1, 2

The possible management of myotonia and some of its clinical manifestations, such as dystonia, is by using myotonic drugs (disopyramide and procainamide), justifies the use of the same pharmacological approach in anal sphincter dysfunction manifested in a few cases of myotonic dystrophy.

We conclude that treatment of faecal incontinence with procainamide should always be attempted before any surgical option in patients with myotonic dystrophy.

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Flail arm syndrome or Vulpian-Bernhart’s form of amyotrophic lateral sclerosis

We read with interest the article by Hu et al concerning flail arm syndrome, a distinctive variant of amyotrophic lateral sclerosis. The authors presented a subgroup of patients affected by amyotrophic lateral sclerosis that predominantly showed signs of lower motor neuron involvement, with atrophy of the following muscles: opponens pollicis, flexor brevis, aductor pollicis brevis, adductor pollicis, interossei, and lumbricales, which leads to the formation of the characteristic Archen-Duchenne hand.

As a consequence of the atrophy of these muscles, the upper limbs adopt a characteristic position, with the shoulders slumped, and the arms, forearms, and hands in pronation. As the illness progresses, the hand muscles are affected, with atrophy of the following muscles: opponens pollicis, flexor brevis, abductor pollicis brevis, adductor pollicis, interossei, and lumbricales, which leads to the formation of the characteristic Archen-Duchenne hand.

Obviously, signs of corticospinal involvement with hypreflexia in the lower limbs and Babinski’s sign both appear. In the initial stages of the illness, there is no effect on the diaphragm. The presence of signs of involvement of the upper motor neuron, its different clinical evolution, and the data supplied by genetic molecular investigation allow us to distinguish the syndrome previously known as Vulpian-Bernhardt’s syndrome, now rebaptised as flail arm syndrome from other motor neuron syndromes such as the spinal muscular atrophies, Kennedy’s disease, multifocal motor neuropathy, and monomelic amyotrophy.

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Pain after whiplash

This latest study from Lithuania is an answer to many questions—namely, that the previous difficulties that these researchers had with identifying the late whiplash syndrome in Lithuania is that they were not looking “in the right place”. As it turns out, the problem is that Lithuanians simply are not behaving the way many in western countries would. Understanding the epidemiological issues which can be considered, as below, but the lesson of discarding “unsightly” data because it is too disturbing to one’s personal view and vested interest in the whiplash debate has already been taught elsewhere. Suffice it to say that the truth has been laid bare and we (those of us struggling with epidemic proportions of the late whiplash syndrome in our own countries) now need to enlighten ourselves and put this data to practical use in helping whiplash patients rather than resisting the inevitable.

After completion of the first historical cohort study, this more recent study selects an entirely separate, distinct sample of these “misbehaving” Lithuanians, but in a more intriguing fashion. This is the first true inception cohort study wherein people who have not been preselected by their attendance at emergency departments, or contaminated by therapists or lawyers, can be studied to appreciate the natural evolution of the injury which underlies whiplash associated disorders grades 1 and 2. This is the study’s greatest strength. The study has, however, its limitations.

The first consideration is that there were 98 accident victims who reported acute symptoms, and thus were at risk for the late whiplash syndrome. How does this compare with other studies documenting the natural evolution of the late whiplash syndrome? The Swiss study may be useful for comparison because it too has only 117 subjects, yet is much quoted. Setting aside for the moment that the Swiss study is hampered by the selection atrocity of advertising for subjects, and has a host of other reportedly fatal faults, and giving some benefit of the doubt, the study is said to be an accurate representation of the state of affairs in Switzerland at that time. Yet, in Switzerland, not even 60% manage to recover fully by 3 months and many of these were reporting total disability during that time, whereas the Lithuanians fully recover in 4 weeks or less, with little or no therapy, or no whiplash at all. Studies in other western countries disclose an even greater contrast, with 50%–70% of patients reporting pain even after 3–6 months, despite the fact that all these studies are examining the same patients. Ein Bairag named this phenomenon “whiplash associated disorders.” Thus, while the sample size is small in this Lithuanian study, it is comparable with others reporting the prognosis of whiplash, and yet gives a different picture of outcome.
A second consideration is that perhaps these Lithuanians are in very minor collisions. True, some of their vehicles were completely wrecked, but perhaps the vehicles were not very good quality and so were easily damaged. Perhaps that is why this cohort had such a good outcome and only minor injuries. This is an unhelpful consideration however, as studies in Canada have shown that those with absolutely no vehicle damage, in very low velocity collisions, are just as likely to report chronic pain as those in more severe collisions. Lithuanians seem to behave appropriately then for minor collisions (if that is what they indeed had), but Canadians seem unable to behave appropriately. Again, another culture effect in the rate of recovery from whiplash injury is demonstrated.

Thirdly, there are sex differences and even differences in seat belt usage between this population and some others, but even then, it does not match what sex, age, and use of seat belts there is in other western countries, none of these preclude chronic pain. In Lithuania, those who were female, and who did not wear seat belts, still insisted on behaving as the rest of the cohort.

Finally, perhaps the Lithuanians simply refuse to report their chronic pain, and chronic pain cannot be studied in other cultures in this way. The Lithuanians have no reluctance to report acute pain, but perhaps for some reason wish to “suffer in silence” in spite of chronic pain and disability. This would be a potential flaw if it was not simultaneously shown in this study that the general Lithuanian population reports the same prevalence, frequency, and character of neck pain and headache as does the general population in western countries.1,11 If there were specific design barriers to identifying symptoms, the control population would have grossly underreported their symptoms. Indeed, chronic pain can and is reported by studies in many different cultures and languages, including Japan, France, Italy, and others. If researchers in these non-English speaking populations can use simple questionnaires to document the late whiplash syndrome so effectively there, then the same should be possible in Lithuania.

And so, despite the potential limitations of this study as outlined, there is no way to get around the stark realisation that the natural history of whiplash injury in Lithuania is a benign syndrome with 4 weeks or less of pain. Equally compelling is the fact that Lithuania is not the only place where researchers are having difficulty identifying epidemics of chronic pain. Recovery from acute whiplash injury without neurological injury or fracture routinely occurs within 4–6 weeks in Germany14 and Greece.5 The time has arrived for a reconciliation of these epidemiological observations with our own experience of late whiplash syndrome in western countries. The truth has been laid around the stark realisation that the natural history of late whiplash syndrome in western countries is benign with 4 weeks or less of pain. Equally compelling is the fact that Lithuania is not the only place where researchers are having difficulty identifying epidemics of chronic pain. Recovery from acute whiplash injury without neurological injury or fracture routinely occurs within 4–6 weeks in Germany14 and Greece.5 The time has arrived for a reconciliation of these epidemiological observations with our own experience of late whiplash syndrome in western countries. The truth has been laid bare and it is our responsibility to utilise this time to help prevent the chronic pain and the suffering we otherwise encounter.11

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BOOK REVIEWS


This book purports itself to be a comprehensive reference. Certainly the title would suggest so. However, it is clear that this is not a comprehensive text, but a book that is an update on particular timely topics in the field of pain medicine. There are sections on pain mechanisms, on a chapter in the pharmacology of acute and chronic pain, and other chapters on postoperative pain, obstetric pain, and acute paediatric pain. There are three further chapters specifically on the management of chronic low back pain, cancer pain, and an overview of interventional pain techniques.

Many of the authors are internationally known and this is perhaps the book’s strongest point—one does get a state of the art review and to this end I warmly welcome this book as an addition to the bookshelf to update a busy anaesthetist or pain specialist, though the chapter on chronic low back pain and cancer pain will also be of interest to those in other fields. The chapter on the anatomy and physiology of pain is excellent in that it has clear explanations and a number of very helpful diagrams. Unfortunately it fails to mention increasing understanding of the role of GABA in mediating analgesia within the spinal cord and furthermore does not mention some of the other neuroplastic changes which are well known to occur in chronic pain states such as central sprouting and phentypic switching.

The chapter on pharmacology of acute and chronic pain is well written, but unfortunately a lot of time is spent on non-steroidal drugs. There is a review of the adjuvant drugs such as antidepressants and anticonvulsants that are used in chronic pain, however one is left at the end with a sense of knowing about the drugs but not quite to use them. There is no mention of the increasing use of gabapentin nor of other drugs that are sometimes used in chronic pain states such as clonidine and other sympathetic agents or calcium channel blockers.

The chapter on acute postoperative pain management is well written and informative as are the chapters on obstetric and paediatric pain. The chapter on chronic low back pain by Rauk is one of the best I have seen for some time. It is a comprehensive review of both acute and chronic low back pain. It is excellent as it also mentions treatments that are often performed outside the medical specialist arena. I was pleased to see in it the mention of some of the newly evolving techniques such as facet denervation, spinal cord stimulation, and disc denervation. It was a pity that the randomised control trials which have shown facet denervation to be an outstandingly useful technique for chronic low back pain were not mentioned. It was also a pity that the reference to the disc denervation procedure was to another text book rather than any original papers.

The chapter on cancer pain management has been written by internationally known authors and is an excellent summary of the subject. In the section on interventional pain techniques the emphasis was on spinal cord stimulation, radiofrequency, and cryoneurolysis. Again this chapter has been written by an internationally well known author who concentrated on general overview of the techniques rather than a how to do it approach, which I think one often turns to a bigger text for. In summary I think that this volume would make an excellent addition to the bookshelf of those involved in the treatment and management of pain.

RAJESH MUNGLANI


This is a really excellent book which is both comprehensive and amazingly up to date, with the inclusion of many references from as late as 1997.

As a clinical neurologist and neuropathologist with a longstanding interest in the dementias, I found it extremely valuable. The editor has done a very good job in posing a coherence, format, and style, which is often lacking from multicontributor textbooks.

The title of the book is perhaps a little misleading in that the book includes, as well as traditional neuropathology, a very comprehensive overview of the molecular biology and genetics of the dementias. As would be expected, a considerable proportion of the book is dedicated to Alzheimer’s disease with chapters on both the clinical features, genetics, and the neuropathology. The frontotemporal dementias are also well covered and the book includes a chapter on recent developments related to chromosome 17 linked dementias. There are also sections on progressive supranuclear palsy, Huntington’s disease, corticobasal degeneration, dementia with Lewy bodies, and prion diseases and vascular dementia.

The editor has managed to persuade many of the world’s experts to contribute. For instance, the chapter on prion diseases is by D’Almond and the recent Nobel laureate Prusiner, and the frontotemporal dementias are reviewed by Brun and Gustafson. Genetics of Alzheimer’s disease are dealt with by St George-Hyslop and the neuropathology of Alzheimer’s disease by Price and coworkers.
The standard of illustrations is excellent and the style generally very readable. I shall certainly find it extremely useful as a work of reference and for teaching purposes. The editor is to be complimented on producing such a delightful work.

JOHN HODGES


I very much enjoyed reviewing this textbook of instrumented spinal surgery written by Giuseppe Tabasso under the auspices of Jürgen Harms. Dr Harms is well known to all spinal surgeons and has made a very important contribution to the development of spinal surgery over the past 20 years, based on strong personal convictions. Many surgeons who manage spinal disorders would not choose to implement all of Professor Harms' solutions but all who have a serious interest in the surgical treatment of the spine admire and are grateful for his contribution. Within this book spinal surgeons will find a rational and practical approach which will allow them to treat a wide range of spinal disorders according to well thought out principles.

The opening chapter describes spinal biomechanics under normal and pathological circumstances mainly by using easily understood drawings and diagrams. Some of these drawings reminded me of images that I have recently seen on an interactive CD ROM that I bought for my 4 year old son. This is not a criticism and I fully support any attempt to simplify the science of biomechanics which is often cloaked in seemingly contradictory jargon. Most spinal surgeons will be able to assimilate the two basic principles which underpin much of instrumented spinal surgery—namely, that the anterior column resists load compression forces and that the posterior column acts as a tension band which when disrupted should be reconstructed in compression. The remaining chapters cover fracture management, late kyphosis, metastatic tumours, spondylolisthesis, degenerative spinal disease, and infection. Each chapter sets out the principles of management which are illustrated schematically. There then follow case studies illustrated by radiological images including CT and MRI. These have reproduced well and surgeons will admire the technical precision and excellent anatomical reductions illustrated by these clinical cases. It is, however, a source of constant annoyance to spinal surgeons that perfect postoperative films do not always correlate with good clinical results and this discrepancy remains a source of fascination and mystery.

It is in the degenerative spine that this discrepancy between radiological and clinical findings is most apparent and it is partly for this reason that the management of these conditions is often controversial. It is difficult to disagree with much of the logic presented by the authors in planning their interventions but there is a danger that inexperienced surgeons may be misled into adopting complex solutions when often more simple operations will suffice. The authors' description of their approach to failed back surgery syndrome illustrates this problem and the inadequacies of attempting to treat a complex clinical problem by focusing on one aspect of it.

This book will be a useful addition to the shelves of spinal surgery textbooks and many orthopaedic and neurosurgical departmental libraries will wish to buy a copy.

RODNEY LAING

Surgical Disorders of the Peripheral Nerves. Edited by R BIRCH, G BONNEY, and C D WYNNE PARRY. (Pp 539, £95.00). Published by Harcourt Brace and Co Ltd. London 1998. ISBN 0 443 04443 0.

I wondered, when I received this book, how I could possibly say anything adverse about a book written by three such world renowned experts. I have heard them all lecture often and have seen them all at work. They have a vast knowledge and experience of treating disorders of peripheral nerves. In clinic and the operating theatre, they have shown myself and many trainees a clarity in their planning of management of complex problems that humbles one's own thoughts. That clarity has continued in this text book of over 500 pages. The field of peripheral nerve surgery is covered comprehensively, commencing with descriptions of anatomy, physiology, and pathological reaction to injury. This is followed in subsequent chapters with descriptions of approaches to virtually all the main peripheral nerves, and the operative management of brachial plexus injury and outcomes is covered in three detailed chapters. These are followed by chapters on nerve entrapment, neuropathy, iatropathic injury, and neoplasm within the peripheral nerve. The final section covers electrodiagnosis, pain, nerve recovery, reconstruction techniques, and rehabilitation.

The text is well written, easy to read, and supplemented by some excellent line drawings similar to those used in Lundborg's text. There are detailed plates showing histology and various imaging techniques. Each chapter is comprehensive, containing important historical aspects as well as up to date techniques, and there is an extensive reference section. I would recommend that trainees of all specialties dealing with peripheral nerve injuries should read much of this text and it would be extremely useful as a regular reference. It would also make an important and necessary addition to most medical libraries. All clinicians would be well advised to read the chapters on iatropathic injuries, not only for the extensive causes of such injuries encompassing all medical and surgical departments, but also for the precision of the changes occurring in medical negligence claims. This text represents good value for money.

IAN WHITWORTH
Pain after whiplash

R FERRARI

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