Cerebral autosomal dominant arteriopathy with subcortical infarcts and leukoencephalopathy (CADASIL) is a type of hereditary stroke and dementia. More than 90% of patients with CADASIL have mutations in the Notch3 gene. All mutations either create or destroy a cysteine residue in the epidermal growth factor-like repeats. In addition, five polymorphisms, which lead to amino acid substitutions, have been identified within the Notch3 coding sequence. However, whether these polymorphisms affect Notch signalling or are involved in cerebrovascular diseases is unknown. In the present study, we investigated a possible association between a T6746C polymorphism in the Notch3 coding region and the occurrence of symptomatic ischaemic cerebrovascular disease (CVD) was investigated. Two hundred and thirty five patients with CVD, as confirmed by brain CT or MRI, and 315 age and sex matched control subjects were analyzed for genotype frequencies of the T6746C polymorphism in Notch3. The genotype distributions in patients with CVD were C/C, 14.0%; C/T, 45.5%; and T/T, 40.4%; controls, C/C, 14.3%; C/T, 47.9%; T/T, 37.8%. The Japanese population has a higher C allele frequency of the T6746C polymorphism than European populations. There was no significant difference between the T6746C polymorphism in patients with CVD and controls ($\chi^2=0.414$, p=0.813). This was confirmed by the results of multiple logistic regression analysis including established risk factors ($\chi^2=4.65$, p=0.311). In conclusion, the results indicate that T6746C polymorphism in the intracellular domain of the Notch3 gene is not associated with an increased risk for CVD.

**METHODS**

**Subjects**

We analyzed 235 unrelated Japanese patients with CVD and 315 age and sex matched control subjects. All patients had visited the outpatient clinic of Keio University Hospital in Tokyo for regular follow up examinations. We selected patients aged 70 years or less at the onset of CVD. On the basis of the classification of cerebrovascular diseases, III report from the committee established by the National Institute of Neurological Disorders and Stroke, patients diagnosed with atherothrombotic infarction, lacunar infarction, or transient ischaemic attack (TIA) were enrolled in this study. Those with cardioembolic cerebral infarction and cerebral haemorrhage were excluded. Controls were patients who had had regular check-ups. Those with a clinical history of cerebrovascular disease, myocardial infarction, or peripheral vascular disease were excluded. Written informed consent was obtained from all subjects after a full explanation of the study and a guarantee of total privacy. Brain CT and/or MRI was performed on all patients with CVD. Hypertension, hypercholesterolaemia, and smokers were defined as described previously.

**Abbreviations:** CADASIL, Cerebral autosomal dominant arteriopathy with subcortical infarcts and leukoencephalopathy; CVD, cerebrovascular disease; EGF, epidermal growth factor; TIA, transient ischaemic attack; PCR, polymerase chain reaction.

**Table 1**

<table>
<thead>
<tr>
<th></th>
<th>Controls (n=315)</th>
<th>CVD patients (n=235)</th>
<th>p Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male (%)</td>
<td>76.2</td>
<td>77.9</td>
<td>NS</td>
</tr>
<tr>
<td>Age (y, mean [SD])</td>
<td>58.6 (4.3)</td>
<td>58.3 ± 7.8</td>
<td>NS</td>
</tr>
<tr>
<td>Family history (%)</td>
<td>23.2</td>
<td>29.3</td>
<td>0.200</td>
</tr>
<tr>
<td>Hypertension (%)</td>
<td>24.7</td>
<td>56.2</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Hypercholesterolaemia (%)</td>
<td>32.4</td>
<td>38.6</td>
<td>0.130</td>
</tr>
<tr>
<td>Diabetes mellitus (%)</td>
<td>6.3</td>
<td>25.8</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Smoking (%)</td>
<td>37.5</td>
<td>53.3</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

*$\chi^2$ tests were used to compare the values of patients with CVD and controls for all parameters except age, which was compared using Student’s t test.
Polymorphism analysis
To analyze the T6746C polymorphism of Notch3, the polymerase chain reaction (PCR) was carried out as described previously. Amplification of a 203 bp fragment of the Notch3 gene was performed with the 5' primer 5'-CTTACCTGG CAGTCCCCAGG-3' and 3' primer 5'-AGTGCGAGTGCT GGGTCTAG-3'. The PCR consisted of 1 cycle of 15 minutes at 80°C and 4.5 minutes at 94°C, 43 cycles of 1 minute at 94°C, 1 minute at 65°C, and 45 seconds at 72°C, followed by 7 minutes at 72°C in a Gene Amp PCR system 2400 (Perkin Elmer, Foster City, CA, USA). The PCR product (6 μl) was cleaved with 0.5 U of Mwo I restriction enzyme (New England Biolabs, Beverly, MA, USA). Digestion of the PCR products yielded bands of 203 bp in TT homozygotes, 158 bp in CC homozygotes, and both bands in heterozygotes.

Statistical analysis
The differences in genotype frequencies and other risk factors were analyzed by the χ² test. Mean age in the two groups and the allele frequency were compared by Student's t test. Multiple logistic regression methods were used to control for possible confounding factors. All statistical analyses were performed using Statview software (ver 5.0 for windows, SAS Institute, CA, USA).

RESULTS
Table 1 summarises the clinical features of the patients with CVD and the control subjects studied. There were no significant differences in age or sex between the two groups. The risk factors hypertension, diabetes mellitus, and smoking were significantly more common in the patients with CVD. Although the frequency of a family history of stroke was higher in patients with CVD, the difference between the patients with CVD and controls was not statistically significant.

The genotype distributions and allelic frequencies of the T6746C polymorphism in Notch3 in the control and CVD groups are shown in table 2. Among the patients with CVD, 14.0% were C/C, 45.5% were C/T, and 40.4% were T/T. This genotype distribution was not significantly different from the distribution in the control group (C/C, 14.3%; C/T, 47.9%; T/T, 37.8%) (χ² = 0.414, p = 0.813). C allele frequencies were also similar in patients with CVD and controls (36.8% and 38.3%, respectively). This was confirmed by the results of multiple logistic regression analysis with the established risk factors, family history, hypertension, hypercholesterolaemia, diabetes mellitus, and smoking (χ² = 4.65, p = 0.311). In further calculations, low risk subgroups (excluding those with family history, hypertension, hypercholesterolaemia, diabetes mellitus, or smoking) were analyzed. The Notch3 genotype was not related to CVD in any of the subgroups (data not shown). In analyzing subjects with a positive family history, there was no difference in genotype between the CVD and control groups.

As shown in table 2, analysis by CVD subtype (atherothrombotic infarction, lacunar infarction, TIA) also failed to yield any difference in genotype distribution compared with the control group.

DISCUSSION
The present study is the first to examine the relation between CVD and the Notch3 polymorphism. The Japanese population has a higher C allele frequency in T6746C polymorphism than European populations. The abnormal Notch3 allele may encode for a protein product with an abnormal conformation due to disruption of the disulphide bonding of cysteine residues. Five genetic polymorphisms, which lead to amino acid substitutions, have been reported in the coding sequence of Notch 3. Among them, the most common polymorphism, T6746C, results in an amino acid dimorphism (Val/Ala) at residue 2223, which is located in the intracellular domain. Because the intracellular domain of Notch3 is thought to be involved in signal transduction, this polymorphism has been suggested to be directly associated with Notch3 function. However, our data yielded no evidence of an association between T6746C polymorphism and CVD. In our preliminary study, we analyzed other polymorphisms in the Notch3 coding region, although they seem to be rare in the Japanese population. Therefore, it is unlikely that they are associated with common diseases, such as CVD.

Finally, several points should be kept in mind when interpreting the results of the present study. Our study refers to the association between this polymorphism and CVD only in the Japanese population, where the prevalence of stroke is especially higher than that in most western European countries. The relevance of this polymorphism should be investigated in other populations as well as in prospective studies. Moreover, many patients with CVD in this study also had leukoencephalopathy, which is a key feature of CADASIL on neuroimaging. Therefore, it is necessary to examine the relation between white matter lesions and Notch3 polymorphism. Although the present study failed to find a relation between Notch3 polymorphism and CVD, further studies are necessary to evaluate whether Notch3 may play a part in CVD.

ACKNOWLEDGEMENTS
This study was supported by the Kanae Foundation for Life and Socio-Medical Science. No competing interests declared.
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Received 11 June 2001
In revised form 1 November 2001
Accepted 8 November 2001

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Notch3 gene polymorphism and ischaemic cerebrovascular disease

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J Neurol Neurosurg Psychiatry 2002 72: 382-384
doi: 10.1136/jnnp.72.3.382

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