Measuring carotid stenosis

Comparing a new test with a standard involves measuring disagreement. In the case of measuring carotid artery stenosis, some of the disagreement between different tests is because of inherent differences in how the stenosis is demonstrated (test characteristics). This is what we are most interested in when assessing a new technology. However, some of the disagreement simply reflects variability in how we physically make the measurement with the standard technique. Choosing the point of maximum stenosis, choosing the point in the common carotid artery for use as a denominator, measuring from an eyepiece, or measuring from calipers all introduce variation when measuring carotid stenosis. The resulting observer variability in reporting contributes to disagreement between methods but to some extent is independent of the method used to generate the angiogram in the first place.

In the medical literature, disagreement between methods is often attributed entirely to test characteristics, with little appreciation of the role of observer variability in reporting. When one method is compared with another and disagreements emerge, it is not readily apparent how much of the disagreement is caused by the method used and how much by the process of measurement, unless observer variability is also presented. As was also presented in the recent paper from Patel et al, interobserver variability data are presented but their significance in relation to overall agreement does not appear to have been appreciated.

Using the data from Patel et al (tables 2 and 4) for symptomatic carotid arteries, it is noted that when 34 carotid digital subtraction angiograms (DSA) are measured by one radiologist, there was disagreement in seven cases when the same films were reported by a second radiologist. Therefore if only DSA was used, seven patients would have had “inappropriate” surgery according to which radiologist read the angiogram. This is not surprising, and such disagreement is a consistent finding in observer variability studies.1 Observer variability in reporting DSA therefore accounted for approximately 20% of disagreement in this particular series of angiograms. This sets a limit on the maximum agreement that any alternative method can demonstrate when compared with DSA. It is clearly not reasonable to expect better agreement from another method than can be obtained by re-reporting the DSA itself. In Patel’s table 2, when the same arteries are assessed by computed tomographic angiography (CTA) there was disagreement with DSA in seven cases, while with magnetic resonance angiography (MRA) and ultrasound there was disagreement in six and seven cases, respectively. The three alternatives thus disagree with DSA to the same extent as can be attributed to observer disagreement in reporting DSA. Put simply, the same number of missed or unnecessary operations would have occurred (roughly 20% in this series) whatever method was used, including DSA alone. Observer variability is not confined to DSA, and the scatter plots from Patel et al (fig 2) would suggest—in keeping with other studies—that observer variability is greater for MRA and CTA than for DSA.2 It is surprising that this did not translate into more clinically important disagreements when MRA and CTA were compared with DSA. This is probably accounted for by the fact that in this study, for MRA and CTA, consensus views were taken for any disagreements greater than 10% between observers.

This highlights the important point that combining multiple observations made on the same data will reduce observer variability, and ultimately improve agreement with other methods. Partly for this reason, but also because to some extent the strengths and weaknesses of CTA, MRA, and duplex ultrasound are complementary, we would suggest that a combination of tests (we use the combination of ultrasound and MRA) should be used in preference to DSA.

What is clear from this study is that most of the disagreements between different methods of measuring carotid stenosis can be attributed to observer variability in reporting rather than to the test characteristics of the individual methods themselves. The 10% of patients injured as a result of DSA in this study, and those who continue to be put at risk from catheter angiography in these circumstances, would be quite entitled to ask why they are exposed to a procedure which appears to offer no great advantage over safer alternatives. We suggest that more studies are not required, simply a more thorough understanding of presently available information.

G Young
Middlesbrough General Hospital, Ayresome Green Lane, Middlesbrough TS5 5AZ, UK

P Humphrey
The Walton Centre, NHS Trust, Liverpool, UK

Correspondence to: Dr G Young; gavin.young@stees.nhs.uk

Author’s reply

Doctors Young and Humphrey highlight that differences between tests arise from several factors, some of which are inherent in the test and some of which arise from aspects attributable to observer variation. Some of the aspects to do with observer variation apply to interpretation of all tests and some are specific to certain tests. In our study we were endeavouring to quantify the effect on patient management if non-invasive tests were used instead of intra-arterial angiography to assess carotid stenosis. Our study has several limitations, including a relatively small sample size and the fact that we were not able to get all scans read by all observers but rather had to get pairs of observers to concentrate on reading only CTA, or MRA, or DSA. A better design would have been to keep the same workers together in pairs but randomly assign the CTA, MRA, or DSA films to each pair. As it is, it is possible that some of the apparent difference between imaging modalities is specific to the pair of observers, not to the modality. However, imaging studies are difficult to fund and expensive to do, and the result and design of our study was a compromise involving all these factors.

We identified that the observer reliability of CT angiography or MR angiography was worse than that for digital subtraction angiography, as highlighted by Drs Young and Humphrey. Also in general there was more disagreement between the observers for the reading of asymptomatic stenoses than for symptomatic stenoses (emphasising the importance of considering patient characteristics, not just the imaging technique). In the determination of the effect of this disagreement might have on patient management, we used nomograms derived from the European carotid surgery trial which were based on intra-arterial angiographic measurement of stenosis. We therefore had to use the comparison of non-invasive test reading with DSA rather than being able to use the individual observers readings of non-invasive tests. Thus as Drs Young and Humphrey point out, the actual effect of using non-invasive tests maybe worse than we have estimated.

Finally, Drs Young and Humphrey suggest that more studies are not required but we are not entirely sure that that is completely true. Non-invasive imaging tests are continually undergoing modifications, may improve their image quality, may be improvements in accuracy or practicality, but this cannot be assumed to be the case. Much of this tinkering with technology is driven by the manufacturer’s desire to encourage purchase of new machines. Improvements have also occurred in intra-arterial angiography with smaller and more manoeuvrable catheters and greater awareness of the risks, which may have helped to reduce the risk of angiography. Our “snap shot” of CTA, MRA, and ultrasound is already out of date because contrast MRA is now increasingly used. While we would hope that non-invasive tests (probably in combination rather than alone) would eventually replace intra-arterial angiography in the majority of patients being considered for carotid intervention, we feel it likely that there will always be a need for some intra-arterial angiography in specific cases, or depending on local resources. In any case DSA did not fall as popular as MRA among the patients in our study. There is certainly room for much more in depth examination of existing data but we shouldn’t close the door on the need for further studies.
Cerebral metastasis after primary renal cell carcinoma

The article by Roser et al.1, in which it was shown that the treatment of intracranial metastases originating from renal cell carcinoma can on occasion be successful, was most interesting.

We have followed the clinical course of a patient with a renal cell carcinoma with a low mitotic index since 1989. In this patient the course was distinctly more malignant but the disease has also been successfully treated to date. In the last 13 years, this patient has had four metastases surgically removed and a further nine treated with stereotactically guided percutaneous single dose convergent beam irradiation therapy (stereotactic modified linear accelerator, 6–15 MV photons, 18–20 Gy prescribed to the 80% isodose). Apart from slight mnemonic deficits, the patient is in good health.

The following factors which affect the prognosis1,2 were all met by our patient:

- The interval between the diagnosis of renal cell carcinoma and the first detected brain metastasis exceeds 17 months (our patient, 18 months; the patient described by Roser et al.,3 36 months);
- Age below 60 years at the time of initial diagnosis;
- Primary tumour of the left kidney, initial nephrectomy;
- Diameter of primary metastasis < 2 cm;
- Not more than one brain metastasis at the time of initial treatment;
- Solely intracranial metastases;
- Karnofsky > 70%;
- No systemic symptoms such as fever or weight loss at the time of diagnosis;
- Blood sedimentation rate under 50 mm/h at diagnosis of renal cell carcinoma.

Patients in whom prognostic factors predict a good outcome should be treated with intent to cure.

S Heckl
Department of Neuroradiology, University of Heidelberg Medical School, KopfKlinik, Im Neuenheimer Feld 400, 69120 Heidelberg, Germany

K Braun, J Debus
Department of Radiation Oncology, German Cancer Research Centre, Heidelberg

K Kunze
Department of Neurosurgery, University of Heidelberg

Correspondence to: Dr med Stefan Heckl; s.heckl@dkfz-heidelberg.de

References

BOOK REVIEWS

Seizures, medical causes and management


This book is unusual among books about sei- zures because it focuses on acute symptomatic (“situation-related”) seizures, rather than “epilepsy” (although there is inevitably some overlap between the two). It provides defini- tions and describes the epidemiology and pathophysiology of acute symptomatic sei- zures in the initial section, which is followed by chapters detailing the specific circumstances in which such seizures are likely to occur, often (although not invariably) includ- ing points of management specific to the situa- tion. Subjects covered include seizures occur- ring in the context of multisystem disease, infection, hypoxic-ischaemic cardiopulmon- ary conditions, endocrine disorders, cancer, and other conditions. Situation-related sei- zures occurring as a result of drugs or alcohol misuse are also addressed, as are those occur- ring in the intensive care situation, and the difficult, but important, differentiation of sei- zures from syncope. The book ends with a very practical chapter entitled “Anticonvulsants in acute medical illness”, in which the consid- erations affecting the choice of antiepileptic drug in the acute situation are reviewed.

Although situation-related seizures are usually discussed in books about epilepsy, they do appear to constitute a distinct group in a number of respects including prognosis. To a certain extent the topics discussed in the book form a rather disparate group linked only by their tendency to cause such seizures as a reflection of central nervous system disturbance. Nevertheless, they are all condi- tions likely to be encountered at various times by general physicians, neurologists, and those working in the accident and emergency department, and this book, which is both readable and comprehensively referenced, will be of interest to all these groups.

Yvonne Hart

Subcortical stroke, 2nd edition


This book is a must read for clinicians and researchers with an interest in stroke. The four editors are all specialist stroke clinicians who have been thinking about and leading research in subcortical stroke for many years, and they have put together a well constructed and comprehensive multiauthor work. This second edition is longer and more extensive than the first, reflecting the considerable and rapid advances in our understanding of subcortical strokes in recent years, and in particular the increasingly sophisticated neuro- imaging techniques. Given the large number of contributors, consistency of style and approach is limited, but this is more than made up for by the breadth of expertise and opinion.

There are some particular strengths. These include the editors’ short chapter providing a summary classification of subcortical strokes, which is best appreciated if read both before and after tackling most of the other chapters. The excellent chapter on pathology of lacunar infarction is a welcome addition to this edition, while the chapters discussing risk factors and prognosis provide very useful commentaries and summary tables of all the relevant studies. The discussion around the usefulness (or not) of clinical diagnosis of lacunar syndromes, carefully updated with the information from recent clinicoangiologi- cal studies, is both thoughtful and logical, with plenty of clinical and epidemiological common sense.

In common with all recently published medical textbooks, this one is already a little out of date. This is most noticeable for the chapter on therapy, where recent advances (for example, new evidence on blood pressure lowering from the PROGRESS trial and on cholesterol reduction with a statin from the Heart Protection Study) are likely to have most impact on clinical practice. If the editors have the energy to produce a third edition, there is (as always) some room for improve- ment. The series of chapters on infarcts in specific subcortical territories would be en- hanced by some figures illustrating the vascul- ar anatomy that is discussed in the text. In addition, the quality of the discussion of study methodology varies considerably between chapters, and some would benefit from a more systematic and accurate approach to statisti- cal and epidemiological concepts.

Cathie Sudlow

Medical risks in epilepsy


This is a very useful, reasonably comprehen- sive yet succinct multiauthor small book on medical risks associated with epilepsy. Areas covered include methodological aspects; accidents and risks in everyday life; traffic accidents; driving regulations; mortality, in- cluding SUDEP; psychiatric comorbidity and suicide; fatal adverse drug reactions reporting data (which are rather difficult to interpret); seizure-warning systems and risk prevention; and as well as insurance related to epilepsy. A chapter highlights many areas where further research is required. The book generally provides an overview of the more recent research and publications in this area and includes some regulatory issues. Inevitably it has a Nordic emphasis; it includes very useful advice on precautionary measures to minimise risk of injury for people with uncontrolled epilepsy, including the use of a sauna. Some chapters, by necessity, serve purely as an available incomplete data. Others are written by key researchers directly involved in the area addressed and provide a very balanced review of current knowledge. On psychiatric comorbidity, while agreeing that “the positive
effects of drug therapy on cognitive and affective functioning because of the reduction in seizure activity are usually far greater than the negative effects”, more information would have been welcome in an otherwise very well balanced chapter. The book would well serve those for whom it is intended, namely, neurologists, neurologists, paediatric neurologists, psychiatrists, and other professionals who deal with patients with epilepsy. The editors rightly stress the “official line” that the majority of patients with epilepsy can achieve good control, with low associated risks.

Lina Nashef

Greenfield’s neuropathology, 7th edition


What can one say. The latest (7th) edition of Greenfield’s Ne neuropathology has hit the bookshops, and indeed what a resounding thud it makes! The present edition is bigger than ever, again running into two volumes, but now totalling a staggering 2330 pages and costing £395. Published by Arnold, London, 2002.

142 PostScript

CORRECTIONS

The following errors occurred in the short report by Merlini L, Carbone I, Capannii C, et al. Familial isolated hyperCKaemia associated with a new mutation in the caveolin-3 (CAV-3) gene. J Neurol Neurosurg Psychiatry 2002;73:65–7. On page 66, left column, line 9, proline should replace leucine, line 12, protein should replace enzyme; and in table 1, line 8 Del-TFT (63–65) should replace ?TFT (63–65).

We regret that an editing error occurred in the correspondence from Jaster JH, Doihan FC, and O’Brien TE. Demyelination in the brain as a paraneoplastic disorder: candidates include some cases of seminoma and central nervous system lymphoma. J Neurol Neurosurg Psychiatry 2002;73:332. The description of a patient was altered, in the first line of the fourth paragraph the text should read “. . . patient who had a non-neurological malignancy, seminoma, and subsequently developed a paraneoplastic syndrome . . . .”.
Corrections

J Neurol Neurosurg Psychiatry 2003 74: 142
doi: 10.1136/jnnp.74.1.142-b

Updated information and services can be found at:
http://jnnp.bmj.com/content/74/1/142.3

These include:

Email alerting service
Receive free email alerts when new articles cite this article. Sign up in the box at the top right corner of the online article.

Notes

To request permissions go to:
http://group.bmj.com/group/rights-licensing/permissions

To order reprints go to:
http://journals.bmj.com/cgi/reprintform

To subscribe to BMJ go to:
http://group.bmj.com/subscribe/