SHORT REPORT

Reversible corpus callosum lesion in legionnaires’ disease

J C Morgan, R Cavaliere, V C Juel

Legionnaires’ disease is often associated with neurological findings. Despite such findings, computed tomography and neuropathological investigations are typically normal. This report describes a reversible lesion of the corpus callosum identified on magnetic resonance imaging (MRI) in a patient with legionnaires’ disease. MRI may show previously undocumented neuropathology in acute legionnaires’ disease. Legionella pneumophila infection should be included in the differential diagnosis of conditions associated with reversible lesions of the corpus callosum.

Forty to fifty per cent of patients with legionnaires’ disease develop neurological signs and symptoms.1–3 Despite frequent neurological findings in patients with this condition, neuroimaging1–3 and neuropathological studies are typically normal. We report a patient who developed neurological signs and symptoms in the setting of acute legionnaires’ disease. Brain magnetic resonance imaging (MRI) showed a transient lesion in the splenium of the corpus callosum (SCC) that resolved in parallel with clinical improvement.

CASE REPORT

A middle aged man suffered three days of fever, malaise, and generalised weakness. He was subsequently admitted to the hospital after he was found unable to stand without assistance. His past medical history was unremarkable and he was not on any drug treatment. He drank two to three cans of beer a week and used no illicit drugs. On initial examination he was febrile, with moderate respiratory distress and left lower lobe rales. He was awake, oriented, and dysarthric and he had word finding difficulties. Extraocular movements were normal. He had bilateral tremor of the hands. He did not perform sequential tasks and had limb apraxias. Although naming and repetition were normal, his speech remained dysarthric. Glabellar, snout, and palmo-mental reflexes were present. Finger–nose testing was accurate bilaterally, but his gait was ataxic. Electroencephalography showed generalised rhythmic slowing without epileptiform discharges, consistent with mild encephalopathy. A sputum sample was positive by direct fluorescent antibody (DFA) for Legionella pneumophila, and Legionella pneumophila serogroup 1 antigens were present in the urine. In the light of these findings, specific testing to exclude coinfection with Mycoplasma was not undertaken. The antibiotic regimen was changed to intravenous ciprofloxacin with subsequent gradual improvement in mentation. A repeat brain MRI with contrast done 13 days after the initial study showed complete resolution of the SCC lesion (fig 1, panels E–H).

He was discharged one month later with normal blood glucose, liver function, and renal function. Despite mild residual dysarthria, he could follow complex commands with less left–right confusion. Although his gait ataxia persisted, he was able to move around independently with a walking frame.

DISCUSSION

Legionnaires’ disease is commonly associated with confusion, dysarthria, and cerebellar signs of gait and limb ataxia.4–5 Our patient had cerebellar dysfunction and frontal release signs, indicating neurological dysfunction beyond areas of the brain which typically contribute fibres to the SCC: the temporo-parieto-occipital junction, the superior parietal lobule, and the occipital cortex.7 Despite frequent cerebellar signs in legionnaires’ patients, CT and brain scintigraphy have not revealed cerebellar lesions in acute disease.

Occasionally, neuroimaging studies have shown abnormalities associated with various clinical syndromes in patients with neurological deficits and Legionella infections (table 1).1,2,7–11 Identified lesions vary from abscess7 to
Figure 1  Brain magnetic resonance imaging (MRI) showing a callosal lesion on admission (A–D) and repeat brain MRI 13 days later (E–H). (A) Mid-sagittal T1 weighted image showing a hypointense lesion in the splenium of the corpus callosum. (B) Axial diffusion weighted imaging showing symmetrical hyperintensity in the same region. (C) Axial T2 weighted hyperintensity in the same region. (D) Postcontrast axial T1 weighted image showing hypointensity of the lesion without enhancement. (E–H) Corresponding images of the same patient 13 days later, with resolution of the callosal lesion.

<table>
<thead>
<tr>
<th>Reference</th>
<th>Age/sex</th>
<th>Clinical symptoms, signs, outcome</th>
<th>Imaging results</th>
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<tr>
<td>Weir (1982)</td>
<td>53/F</td>
<td>Headache, confusion, nuchal rigidity, dysarthria, extensor left toe, ataxia of lower extremities; 3 years later she had ataxia in her lower extremities more than in her upper extremities</td>
<td>Head CT, normal in acute setting; head CT 3 years later, cerebellar atrophy</td>
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<td>Andersen (1987)</td>
<td>33/M</td>
<td>Headache, seizure, confusion, expressive aphasia, right sided hyperreflexia, dysmetria in right upper extremity; Legionella jordanis serum antibodies present at high titres; “normal” 7 months later except for “slightly impaired memory”</td>
<td>Head CT, left temporoparietal abscess, autologous leucocyte scan with enhancement in same region</td>
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<td>Potasman (1990)</td>
<td>26/F</td>
<td>Fevers, headache, generalised seizure followed by confusion, left hemiparesis, additional generalised seizures; Legionella bozemanii antibodies in CSF; discharged 1 month later with normal neurological examination</td>
<td>Head CT, effacement of sulci</td>
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<td>Johnson (1984)</td>
<td>Various</td>
<td>Patient with cerebral oedema on head CT had confusion leading to coma with otherwise normal neurological examination; patient survived. Patient with multifocal lesions on brain scan presented in coma and then developed left facial weakness, left hemiparesis, hyperreflexia, and an extensor left toe by day 12 of hospital stay; patient died and had necrotising haemorrhagic leucoencephalitis with bacilli seen on Dieterle stain at necropsy</td>
<td>Head CT, normal in 4 patients; brain scintigraphy, normal in 1 patient; head CT, cerebral oedema in one patient; brain scintigraphy, multifocal lesions in one patient</td>
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<td>Karim (2002)</td>
<td>21/M</td>
<td>Unresponsive to verbal commands, with nuchal rigidity on admission, seizures followed, negative herpes simplex virus PCR; Legionella pneumophila by DFA after bronchoalveolar lavage; “the patient’s neurologic condition gradually improved”</td>
<td>Head CT, normal initially, slight leptomeningeal enhancement on repeated study; brain MRI, bilateral mesiotemporal FLAIR hyperintensities</td>
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<td>Sommer (2000)</td>
<td>58/M</td>
<td>Three weeks after a probable Legionella pneumophila illness (non-productive cough, fever, diarrhoea, abdominal pain, headache) the patient developed headache, nausea, dizziness, left-beating nystagmus and bilateral horizontal diplopia, lost consciousness; complete recovery 4 weeks later with steroid treatment</td>
<td>Brain MRI, confluent hyperintensity of the bilateral periventricular and subcortical white matter and left cerebellar peduncle (ADEM)</td>
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<tr>
<td>Spieker (1998)</td>
<td>35/F</td>
<td>Six weeks after Legionella cincinnatiensis CNS infection (confirmed by PCR detection) the patient developed headache, agitation, hallucinations, paranoia, generalised seizures, mutism, somnolence, right facial dyskinesias, rigidity and dystonia; amnesia for 2 months, other abnormalities on the neurological examination normalised</td>
<td>Brain MRI, bilateral symmetrical hyperintensity of the basal ganglia and left subcortical white matter (ADEM); improved on repeat imaging</td>
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<td>Platzeck (1990)</td>
<td>44/M</td>
<td>Legionella bozemanii pneumonia followed by tetraroparesis and severe midbrain syndrome; almost complete neurological recovery after several weeks</td>
<td>Head CT, normal; brain MRI, symmetrical, bilateral foci of demyelination in the brain stem</td>
</tr>
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<td>Easterbrook (1992)</td>
<td>19/M</td>
<td>Patient presented in coma with fever, CSF leucocytosis, Legionella pneumophila and Mycoplasma pneumoniae coinfection documented serologically; developed quadriplegia, anarthria, and dysphagia with little improvement</td>
<td>Head CT, normal on admission; brain MRI, 6 weeks later, multifocal cerebral white matter disease</td>
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ADEM, acute disseminated encephalomyelitis; CSF, cerebrospinal fluid; CT, computed tomography; FLAIR, fluid attenuated inversion recovery; MRI, magnetic resonance imaging; PCR, polymerase chain reaction.
The pathogenic mechanism of Legionella induced neurologic dysfunction is unknown. In very rare instances, the Gram negative bacterium has been demonstrated directly in postmortem brain tissue; however, this is usually not the case. An endotoxin effect accounting for the neurologic dysfunction has been hypothesized, similar to the mechanism proposed for haemolytic-uraemic syndrome. As most patients with Legionella infections and CNS dysfunction have normal CSF leucocyte counts, with few exceptions, an endotoxin effect of Legionella spp would be a plausible mechanism for CNS disease. This endotoxin hypothesis is supported by evidence that Legionella pneumophila produces a cytotoxin that kills Chinese hamster ovary cells. Legionella spp can also generate pores in eukaryotic cell membranes, leading to cell death by osmotic lysis. Such features of Legionella pneumophila may have been responsible for our patient's reversible SCC lesion, though the local vulnerability of the SCC remains unexplained.

Application of newer imaging methods such as MRI may show that brain lesions in legionnaires' disease are more common than previously appreciated. Functional imaging with SPECT and PET may also provide evidence of CNS dysfunction in legionnaires' patients who show neurological signs without structural lesions on MRI. Resolution of oedematous brain lesions may account for the paucity of findings with less sensitive neuroimaging studies (CT and brain scintigraphy), the rarity of neuropathological findings, and the customarily complete neurological recovery in legionnaires' patients. Legionnaires' disease—like haemolytic-uraemic syndrome, rotavirus encephalopathy, and acute cerebellitis—should be included in the differential diagnosis of infectious conditions associated with reversible lesions of the corpus callosum.

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