Adult onset ornithine transcarbamylase deficiency: an unusual cause of semantic disorders

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O
rnithine transcarbamylase deficiency (OTCD) is the most common urea cycle disorder.1 This condition is mostly identified in neonates or children, and rarely in adults. There are few data on the neurological and cognitive outcomes of patients with adult onset OTCD. We describe the case of a 21 year old woman with a particular neuropsychological clinical picture after a severe form of OTCD related hyperammonaemia.

CASE REPORT
A 21 year old woman was hospitalised in July 1999 for a rapidly progressive coma. Her only relevant past medical history was an episode of sleepiness associated with mental confusion, hypotonia, dysarthria, ataxia, and vomiting at the age of 12. The clinical signs rapidly resolved and food poisoning was suspected.

A few days before admission, the patient became unusually tired, disoriented, and had inappropriate speech. She was diagnosed with acute delirium and was hospitalised in a psychiatric institution. Her neurological status deteriorated rapidly, with the appearance of a hypotonic coma and bilaterally dilated pupils. A computerised tomography scan showed major brain swelling. Hyperammonaemia (510 μmol/ litre; normal range, 14–38) and respiratory alkalosis led us to suspect a urea cycle disorder and OTCD was first confirmed by plasma amino acid profile and urinary orotic acid excretion (350 μmol/ mmol creatinine; normal value, < 5), and later by DNA analysis.2 While the coma was subsiding under specific treatment, she presented a clinical picture of massive anterograde and retrograde amnesia, a language disturbance and word loss, reading and writing difficulties, and aphasic behaviour.

Overall memory capacity was globally impaired and mainly concerned retrograde memory. She no longer remembered that she had passed her baccalaureate, had begun studies in social work, and as would be expected, had no recollection of her present study curriculum. Her gap in retrograde memory was normal, suggesting no constructive apraxia. She had great difficulty in mentally comparing two similar objects to isolate the specific characteristic differentiating them (for example, the stripes of a tiger/the spots of a leopard) or to designate the characteristic properties of objects named by the examiner (for example, the colours and their orientation in the French flag, the shape of Mickey Mouse’s ears).

Her writing presented purely graphic difficulties and numerous dysorthographic errors, which were unrelated to her premorbid level (high school baccalaureate). These errors suggested that even the orthographic representation of words stored in her memory were no longer easily available.

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Didactic knowledge was impaired.3 Her description of the Eiffel Tower was limited to the following definition: “It’s in Paris, it’s big on top and small on bottom”. She was unable to offer information about famous names—for example, the Mona Lisa or Agatha Christie (the last mentioned was her favourite author before her illness). She could not say when did the Second World War began and did not understand the importance of the concept of the alphabet. Transitory verbal and visual memory4 were pathological, but working memory

Table 1 summarises the patient’s neuropsychological performances. We noted reduced spontaneous language, a deficit in naming,5 and poor verbal fluency.6 She showed perplexity with respect to the meaning of common words. We qualified this picture as “a massive lexical deficiency”; her performance also suggested the presence of a defect in semantic memory. There was no visual agnosia.3 6 Category matching and functional matching were deficient.7 When she had to attribute the specific category common to four objects, only two of 15 categories were correctly identified. She had great difficulty in an “object decision” test.7 In auditory tests, which solicit semantic memory and mental imagery, she produced only incomplete definitions, essentially of the functional type (for example, a wallet: “to put money in”), or indeed of the categorial type (for example, an elephant: “it’s an animal”). She was unable to find a specific visual characteristic, such as colour (grey for elephant), or other specificity (the trunk of the elephant), and sometimes suggested aberrant definitions. Drawings of these same items made from memory were reduced to representations that were non-specific or erroneous. However, the copied picture5 was normal, suggesting no constructive apraxia. She had great difficulty in mentally comparing two similar objects to isolate the specific characteristic differentiating them (for example, the stripes of a tiger/the spots of a leopard) or to designate the characteristic properties of objects named by the examiner (for example, the colours and their orientation in the French flag, the shape of Mickey Mouse’s ears).

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Abbreviation: OCTD, ornithine transcarbamylase deficiency
was correct. Nevertheless, she remained well oriented in time.

Despite six months of intensive speech therapy she has remained very handicapped in her daily life and has been incapable of resuming her studies. Nevertheless, she has reconstructed a few autobiographical memories thanks to family photo albums and memory relearning with the help of her immediate family.

DISCUSSION

OTCD is a transmitted X linked deficiency in which late onset forms have been described in both men and women. During the first years of life, the clinical presentation can be variable, ranging from a simple distaste for protein to psychiatric disorders or coma with raised serum ammonia. The neurological manifestations in infants and children are mainly mental retardation, hypotonia, convulsions, mental confusion, and headache, but such neurological symptoms may occur in heterozygous adult females, as in the case of our patient. The neuropsychological consequences of OTCD have received little attention, and most often remain limited to a low intellectual quotient (IQ) in children or adolescents. According to Maestri et al., the intellectual outcome is poor in 20–40% of patients. Msall and colleagues confirmed these data. In a survey of the long term cognitive and neuropsychological outcomes in children treated for OTCD, Nicolaides et al described either global cognitive impairment or learning difficulties, including deficits in executive functions.

After recovery from the coma and with a decrease in serum ammonia, our patient developed severe anterograde and retrograde memory loss and distinctive language disorders characterised by a loss of the meaning of words, related to a semantic impairment. Semantic memory regroups each individual’s general knowledge, independent of the spatial and temporal context in which they were acquired, in addition to their personal history. Thus, it defines the knowledge and culture of an individual, and constitutes the didactic memory. An impairment in semantic memory can be explained by a deficiency in semantic representations or damage to the semantic stock itself, but is not easy to test.

This semantic deficit is not easy to explain. We reported anterior temporal atrophy, high signal intensity at the level of the uncus and along the insular cortex, and a severe frontal, temporal, and parietal hypoperfusion on SPECT. Our findings on imagery are consistent with Kurihara et al., who described cortical abnormalities, particularly in the cingulated gyrus.
and insular cortex. Anatomically, the temporal lobe, particularly the inferior lateral portion of the left temporal cortex, plays an important role in semantic memory.17 Imagery studies generally show bilateral temporal atrophy, which sometimes predominates on the left side and often involves the inferior lateral portion.19 Semantic disorders can be the result of Alzheimer's disease,19 semantic dementia,20 or herpes encephalitis.18 To our knowledge, no descriptions of a semantic disorder associated with a metabolic disorder have been reported. Our case study illustrates that OTCD can first become apparent in adulthood. The neuropsychological disorders can be quite unusual and difficult to diagnose when appropriate tests for evaluation are not available. A semantic disorder can be confused with a simple language disorder, and should be considered in a subject who “looses” general knowledge or who manifests a reduction in fluency. The pathophysiological mechanism of cerebral nervous system injury in OTCD is unclear. A role for the intracerebral accumulation of glutamine has been suggested,1 with consequences including changes in intracellular osmolarity, damage to astrocytes, brain oedema, and cerebral hypoperfusion.

Our observation suggests that a precise neuropsychological investigation should be carried out in any adult with OTCD, whether the deficiency was first discovered in childhood or in adulthood, as in our patient, so that their treatment can be best tailored to their rehabilitation. At the moment, it is difficult to determine whether urea cycle disorders produce a distinct neuropsychological profile. To determine whether OTCD induces semantic-type disorders, suggesting temporal lobe dysfunction (left inferior lateral portion), or a more heterogeneous picture, suggesting multiple dysfunction, it would be instructive to evaluate the neuropsychological profile of other adult cases.

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