Longitudinal change in $^{99m}$TcHMPAO cerebral perfusion SPECT in Parkinson’s disease over one year

M J Firbank, S Molloy, I G McKeith, D J Burn, J T O’Brien


**Background:** Brain perfusion deficits have been reported previously in subjects with Parkinson’s disease in comparison with healthy controls.

**Objective:** To carry out a longitudinal study of perfusion in patients with Parkinson’s disease and controls to find areas showing a reduction in perfusion over one year.

**Methods:** Two HMPAO cerebral perfusion scans were acquired one year apart in 30 subjects with Parkinson’s disease (mean (SD) age, 76 (5) years) and 34 healthy comparison subjects (76 (7) years). Scans were normalised to the mean intensity in the cerebellum.

**Results:** Using SPM99 within groups to investigate regions that showed a decrease in perfusion between scans, it was found that in Parkinson’s disease subjects but not controls there was a significant cluster in the frontal lobe (Brodmann area 10) where perfusion decreased over the year.

**Conclusions:** The progressive frontal perfusion deficits in Parkinson’s disease are consistent with results from previous structural and neuropsychological studies suggesting frontal lobe involvement and executive dysfunction even in early Parkinson’s disease.

**METHODS**

**Subjects**
We recruited 38 subjects with Parkinson’s disease from a community dwelling population of patients referred to geographically based neurology services. Diagnosis was made by consensus between experienced clinicians who were blind to the single photon computed emission tomography (SPECT) results, using the UK Parkinson’s Disease Society brain bank criteria for Parkinson’s disease.6 Thirty nine normal subjects were recruited from among friends and spouses of patients. Subjects with evidence of stroke, significant cognitive decline, or dementia (either from the history or from the presence of focal neurology or cognitive impairment on examination) were excluded from the study. All subjects underwent SPECT cerebral perfusion scans at recruitment, and again after one year. Eight of the parkinsonian subjects and five of the normal subjects refused a repeat SPECT scan, and all the data presented here are from the 30 parkinsonian and 34 normal subjects who were rescanned.

At baseline 21 of the 30 parkinsonian subjects were taking levodopa (mean (SD) dose, 462 (338) mg). This increased to 27/30 after one year (mean dose 449 (288) mg). No other antiparkinsonian drugs were being used. Treatment was not stopped for scanning. Two control and five parkinsonian subjects were taking antidepressant drugs.

The study was approved by the local research ethics committee and UK Department of Health’s Administration of Radioactive Substances Advisory Committee (ARSAC). All participants gave their informed written consent.

Subjects underwent detailed physical, neurological, and neuropsychiatric examinations, which included history, mental state, and physical examination. Standardised schedules administered included the mini-mental state examination (MMSE),14 the Cambridge cognitive examination (CAMCOG),19 the geriatric depression (15 item) scale (GDS),30 and the unified Parkinson’s disease rating scale motor subsection (UPDRS III).21 Data from the subjects studied here have been included in other reports.12

**SPECT data acquisition**
Data acquisition was as previously described.8 Briefly, subjects were imaged approximately 10 minutes after a bolus intravenous injection of 500 MBq of $^{99m}$Tc-HMPAO (Ceretec, GE-Healthcare, UK). Images were reconstructed with a pixel size of $3.54 \times 3.54 \times 3.54$ mm.

**Abbreviations:** CAMCOG, Cambridge cognitive examination; GDS, geriatric depression (15 item) scale; HMPAO, hexamethylpropyleneamine oxime; MMSE, mini-mental state examination; SPECT, single photon computed emission tomography; SPM, statistical parametric mapping; UPDRS, unified Parkinson’s disease rating scale
Data processing

Image data were transferred to a personal computer and converted to Analyze format using MRicro (www.psychology.nottingham.ac.uk/staff/cr1/mricro.html). Data were analysed using SPM99 (http://www.fil.ion.ucl.ac.uk/spm/spm99.html).

A template image was generated by spatially normalising all the HMPAO scans to the generic SPECT template in SPM99. The average of the spatially normalised scans was calculated, and this was used as a template for further spatial normalisation. A region of interest (ROI) encompassing the whole cerebellum was defined from the template image.

For each subject, the repeat HMPAO scan was co-registered with the baseline scan for the same subject using rigid body registration. The baseline scan was then spatially normalised to our template using the standard 12 parameter affine transform, with 7×8×7 basis functions to account for global non-linear shape differences. The same normalisation parameters were applied to the repeat scan. Images were resliced with a voxel size of 4×4×4 mm. The scans were smoothed with a 10 mm Gaussian. The scan intensity was then normalised by dividing each image by the mean intensity in the cerebellar region of interest (ROI). To determine the change in perfusion, a difference image was calculated by subtracting the spatially and intensity normalised smoothed repeat SPECT scan from the same subject’s baseline scan. This produced for each subject an image in SPM standard space, with the image intensity representing changes over a year in perfusion. We also used an ROI template23 to calculate, on the intensity and spatially normalised images, the mean perfusion in the temporal, frontal, parietal, and occipital lobes.

Statistical analysis

A mask was generated by thresholding the HMPAO template image with a threshold of 0.5 of the cerebellar intensity. This was used to limit the statistical tests largely to grey matter. The images were statistically analysed using the SPM99 general linear model. One sample t tests were calculated on the images of perfusion change in the Parkinson’s disease and control groups separately to identify regions that showed a significant decrease in perfusion (relative to the

<table>
<thead>
<tr>
<th>Table 1</th>
<th>Demographic factors for the study subjects</th>
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<tbody>
<tr>
<td></td>
<td>Control</td>
</tr>
<tr>
<td>n</td>
<td>34</td>
</tr>
<tr>
<td>Age (years)</td>
<td>75.7 (6.9)</td>
</tr>
<tr>
<td>Sex, F:M</td>
<td>14:20</td>
</tr>
<tr>
<td>CAMCOG baseline</td>
<td>94.2 (3.8)</td>
</tr>
<tr>
<td>CAMCOG increase</td>
<td>0.2 (4.7)</td>
</tr>
<tr>
<td>CAMCOG executive function baseline</td>
<td>19.9 (4.3)</td>
</tr>
<tr>
<td>CAMCOG executive function increase</td>
<td>0.31 (4.0)</td>
</tr>
<tr>
<td>MMSE baseline</td>
<td>28.2 (1.4)</td>
</tr>
<tr>
<td>MMSE increase</td>
<td>-0.48 (2.2)</td>
</tr>
<tr>
<td>UPDRS baseline</td>
<td>1.1 (1.9)</td>
</tr>
<tr>
<td>UPDRS increase</td>
<td>1.1 (2.0)</td>
</tr>
<tr>
<td>GDS</td>
<td>1.3 (1.1)</td>
</tr>
<tr>
<td>Increase in GDS</td>
<td>0.3 (2.4)</td>
</tr>
<tr>
<td>Disease duration (months)</td>
<td>-</td>
</tr>
<tr>
<td>Days between HMPAO scans</td>
<td>376 (27)</td>
</tr>
</tbody>
</table>

Values are mean (SD) or n; χ2 used for sex, all others unpaired t tests; 62 degrees of freedom (df).
CAMCOG, Cambridge cognitive examination; GDS, geriatric depression scale; HMPAO, hexamethylpropyleneamine oxime; MMSE, mini-mental state examination; UPDRS, unified Parkinson’s disease rating scale.

Figure 1  The SPM99 map of cerebral perfusion decrease over one year in the Parkinson’s disease group (thresholded at p<0.001 uncorrected).  

Figure 2  The SPM99 map of lower cerebral perfusion at one year in the Parkinson’s disease group compared with controls (thresholded at p<0.001 uncorrected).
RESULTS
Patient demographic data are presented in table 1. All Parkinson’s disease subjects were non-demented and had CAMCOG scores in the normal range, though mean scores were lower than controls at baseline. CAMCOG score did not change significantly over the year in either group. The executive function subscore of the CAMCOG test was also lower in Parkinson’s disease subjects, but again there was no decrease over the year.

For the eight Parkinson subjects who were not rescanned, the baseline mean (SD) CAMCOG score was 84.8 (9.5), compared with 90.0 (6.1) for the rescanned group (unpaired t test, t = −1.9, p = 0.063). In the healthy comparison group, those who were not rescanned had a mean baseline CAMCOG score of 91.8 (4.4) v 94.2 (3.7) for the rescanned group (unpaired t test, t = −1.3, p = 0.2).

Figure 1 shows areas of decreasing perfusion over the year in the Parkinson’s disease group. The clusters of perfusion decrease in this group are shown in table 2. There were no significant clusters in the control group. We also repeated the analysis including only those whose dosage of levodopa did not change over the year (n = 15), and found essentially the same results, with perfusion loss in frontal and parietal regions. Figure 2 shows areas where the perfusion in the parkinsonian group at one year was greater than in the control group.

For the ROI data, the mean (SD) percentage changes (and p values from one sample t test) for each group were as follows:

Control: frontal, 1.2 (8.4)% (p = 0.4); parietal, 0.7 (8.3)% (p = 0.6); temporal, 1.1 (6.8)% (p = 0.3); occipital, 0.1 (5.5)% (p = 0.9).

Parkinson’s disease: frontal, −1.9 (3.9)% (p = 0.01); parietal, −1.5 (4.5)% (p = 0.08); temporal, −0.4 (4.8)% (p = 0.7); occipital, −0.2 (2.5)% (p = 0.6).

There were no significant correlations in either the control or the Parkinson’s disease group between change in perfusion and changes in either total CAMCOG score or the executive function subscore, or change in GDS or UPDRS. There were no significant correlations in the Parkinson’s disease group between change in perfusion and baseline age, levodopa dosage, UPDRS, GDS, or CAMCOG score.

DISCUSSION
We found evidence of a significant decrease in cerebral perfusion in non-demented subjects with Parkinson’s disease over one year. This loss was most pronounced in the frontal region, though there were trends to reduced perfusion in the parieto-occipital regions. These findings are in keeping with previous perfusion studies comparing early with late stage disease, 7 18 demonstrating that a progressive decrease in cerebral perfusion is a feature of non-demented older subjects with Parkinson’s disease.

Hypoperfusion in the prefrontal area may reflect disruption or deafferentation of frontostriatal circuitry. 25 We have also shown loss of grey matter in the right dorsolateral cortex in this parkinsonian group, 22 and it is possible that the frontal hypoperfusion may reflect ongoing atrophy, which could be secondary to dysfunction of dopaminergic frontostriatal circuitry. Hypoperfusion might also precede or precipitate atrophy.

We hypothesised that parietal perfusion would decrease in the Parkinson’s disease group, and that this would correlate with cognitive decline. Although we did not see a significant decline in perfusion in the parietal lobe, neither did the CAMCOG score decrease, which is still consistent with our

<table>
<thead>
<tr>
<th>Table 2 The most significant clusters from the statistical parametric mapping analysis</th>
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<tbody>
<tr>
<td>p Value (cluster), corrected*</td>
</tr>
<tr>
<td>-----------------------------------------------</td>
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<tr>
<td>Significant perfusion decrease over one year in the Parkinson’s disease group</td>
</tr>
<tr>
<td>0.006</td>
</tr>
<tr>
<td>0.098</td>
</tr>
<tr>
<td>0.161</td>
</tr>
<tr>
<td>0.001</td>
</tr>
<tr>
<td>0.001</td>
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<tr>
<td>0.032</td>
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</tbody>
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*Corrected for multiple comparisons.
†Uncorrected for multiple comparisons.
For each cluster, local maxima (at least 8 mm apart), as indicated by SPM99 output, are listed.
hypothesis. This contrasts somewhat with the findings of Tachibana et al., who did find such a correlation, though their subjects were 10 years younger and had a longer duration of disease than ours. It may be that in the present study the time period between the scans was too short for reliable detection of the relatively slow rate of cognitive change in Parkinson’s disease. The CAMCOG test was designed primarily for use in diagnosing dementia and not as a measure of longitudinal change in cognition. Hence it may not have been sensitive enough to detect any cognitive changes present in these groups whose cognition was relatively intact. However, we cannot exclude a drop out effect—that the eight parkinsonian subjects who refused the repeat SPECT scan had a greater degree of cognitive decline than the re-scanned patients.

In conclusion, we have shown decreases in frontal perfusion in Parkinson’s disease over one year. We did not see any cognitive change, but this may have reflected the relatively short time between examinations, or the relative insensitivity of the CAMCOG test. Further longitudinal studies are needed to investigate whether hypoperfusion, either at baseline or over follow up, predicts the development of dementia in Parkinson’s disease. Studies are also needed to investigate the relation between hypoperfusion and dopaminergic receptor systems. Thanks are due to the patient volunteers for their time, and to Elise Rowan for help with the database. This work was supported by a programme grant from the UK Medical Research Council.

Authors’ affiliations
M J Firbank, I G McKeith, J T O’Brien, The Institute for Ageing and Health, University of Newcastle upon Tyne, Newcastle upon Tyne, UK
D J Burn, S Molloy, Department of Neurology, Regional Neurosciences Centre, Newcastle General Hospital, Newcastle upon Tyne

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Correspondence to: Dr Michael Firbank, Institute for Ageing and Health, Wolfson Research Centre, Newcastle General Hospital, Newcastle upon Tyne, NE4 6BE, UK; m.j.firbank@ncl.ac.uk

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