RESEARCH PAPER

Truncating mutations in SPAST patients are associated with a high rate of psychiatric comorbidities in hereditary spastic paraplegia

Viorica Chelban,1,2,3 Arianna Tucci,1,2,4,5 David S Lynch,1,2 James M Polke,1,2,6 Liana Santos,6 Hallgeir Jonvik,1,2 Stanislav Groppa,3 Nicholas W Wood,1,2 Henry Houlden1,2,6

ABSTRACT

Background The hereditary spastic paraplegias (HSPs) are a rare and heterogeneous group of neurodegenerative disorders that are clinically characterised by progressive lower limb spasticity. They are classified as either ‘pure’ or ‘complex’ where spastic paraplegia is complicated with additional neurological features. Mutations in the spastin gene (SPAST) are the most common cause of HSP and typically present with a pure form.

Methods We assessed in detail the phenotypic and genetic spectrum of SPAST-related HSP focused on 118 patients carrying SPAST mutations.

Results This study, one of the largest cohorts of genetically confirmed spastic patients to date, contributes with the discovery of a significant number of novel SPAST mutations. Our data reveal a high rate of complex cases (25%), with psychiatric disorders among the most common comorbidity (10% of all SPAST patients). Further, we identify a genotype–phenotype correlation between patients carrying loss-of-function mutations in SPAST and the presence of psychiatric disorders.

INTRODUCTION

The hereditary spastic paraplegias (HSPs) are a rare and heterogeneous group of neurodegenerative disorders characterised by slowly progressive lower limb spasticity1 with a prevalence that varies from 1.2 to 9.6 per 100 000.2 HSPs are classified as ‘pure’ when spastic paraplegia is the only clinical feature or ‘complex’ when is associated with other symptoms.3

Mutations in >70 distinct loci (SPG 1–72) and >50 genes have been identified in patients with HSPs.4 5 Mutations in the spastin gene (SPAST) are the most common cause of HSP, accounting for 45% of all autosomal-dominant forms.6 7 SPAST is an ATPase, belonging to the AAA family, involved in microtubule dynamics.8 9 All types of mutations have been described in SPAST with missense mutations clustered mainly in the AAA domain, while nonsense, splice-site mutations and insertions/deletions can be found in different locations throughout the gene.10

Clinically, SPAST is most often associated with a pure form of HSP. Complex phenotypes have been rarely described in SPAST and include seizures, intellectual disability and cerebellar ataxia.11–13 Neuro-psychiatric comorbidities have only been reported in one study, where a higher-than-expected rate of psychosis was found in individuals with HSPs including SPAST;14 however, the association with spastin was uncertain. Depression is reported to be frequent (41%) but unrelated to disease severity.15 No clear correlation between type or location of the mutation and SPAST phenotype has been reported.

The clinical and genetic description, together with a detailed genotype–phenotype correlation in HSPs, is often limited due to small sample sizes of patients reported. We present here the results from one of the largest clinical and genetic cohorts of patients carrying SPAST mutations.

MATERIALS AND METHODS

Sample group
A total of 118 patients from 104 families from the UK population referred as SPAST positive to the National Hospital for Neurology and Neurosurgery in London, a national referral centre for HSP.

Genotype
Blood samples for DNA testing were collected with informed consent. Screening for point mutation in SPAST gene was undertaken by gene fluorescent DNA sequencing. Screening for whole-exon deletion and duplication was undertaken by Multiplex Ligation-dependent Probe Amplification analysis. For each reported mutation, we confirmed pathogenicity and novelty. For missense variants, prediction was based on residue conservation across different species and by looking at previously described mutations in the same residue. Frameshift and nonsense mutations as well as large deletions are predicted to result in the production of unstable messenger RNAs (mRNAs), truncated or absent proteins and were considered likely pathogenic. For splice-site mutation, in silico analysis software was used (Alamut) to determine whether the variant affects normal pre-mRNA splicing via disruption/creation of splice-site consensus sequences (http://www.interactive-biosoftware.com). The numbering of mutations in the text is consistent with GenBank (accession number NM_014946.3 for complementary DNA, NG_008730.1 for gene).

CrossMark

Neurogenetics

Phenotype
Detailed phenotypic data were retrospectively collected through a series of standardised forms including patient history, neurological examination and instrumental evaluations for each patient carrying SPAST pathogenic variants.

Comprehensive phenotypic data were available for 84 cases. Onset before and including 20 years old was defined as early onset as a generally recognised standard. Pure phenotype was defined as HSP characterised by corticospinal tract syndrome (CTS), with sphincter involvement and vibration loss accepted as additional features. Complex phenotype was defined as cases with CTS, plus at least one other symptom that cannot otherwise be explained by associated conditions.

Disability score was defined as: 0, asymptomatic; 1, able to walk but difficult to run; 2, uses one stick and/or orthosis; 3, uses two sticks/walker; 4, unable to walk, uses wheelchair. The rate of disease progression was calculated by dividing the current disability score by the disease duration and presented in percentage per year.

Disease severity was assessed using the Spastic Paraplegia Rating Scale (SPRS). We had information available to complete the SPRS for 33 cases. Spasticity was assessed using the modified Ashworth Scale (AS) (0–4). Quantification of spasticity was possible in 59 cases. Muscle power was measured according to the Medical Research Council muscle scale (0–5).

Psychiatric comorbidities were formally diagnosed and followed up by the mental health team for all but one symptomatic case reported here. Non-symptomatic patients have not been routinely screened by a psychiatrist specialist.

Statistical analysis
The distribution of severity score and disease progression rate by genotype was determined using a t-test. Univariate analysis of variance was performed for the correlation between age at onset (AAO) and genotype. A t-test was carried out to analyse mean AAO and gender and correlation between AAO and mode of inheritance (maternal/paternal). Kruskal-Wallis analysis of variance was used for analysing non-parametric values such as correlation between mutation type, functional domain, AAO, gender and disease progression, disability score, AS and SPRS. p≤0.05 was the significance level used for statistical analysis. We used the SPSS (version 23.0) software for statistical analysis.

RESULTS

Genetic spectrum
We identified 118 cases from 104 families carrying SPAST variants. A total of 72 unique pathogenic variants were identified, of which 40.3% were novel (table 1) and 59.7% previously described (see online supplementary table e1). Ten cases carried variants of which the causal proof to HSP could not be established, including the previously described SPAST phenotype modifier p.Ser44Leu; these were removed from further analysis (see online supplementary table e2). The polymorphism p.Ser44Leu was found in five cases, three of which had a second SPAST pathogenic variant (alleles frequency 5/216, 0.2%) in keeping with the Minor allele frequency of 0.9% reported in European/Americans in Exome Variant Server. The vast majority of mutations were unique to one kindred (82%) and only 13 were recurrent. The most frequent mutation is the p.Arg460Cys identified in five unrelated families (5.3%). All types of mutations were identified. Missense mutations represented 39%. Loss-of-function mutations represented 61% including frameshift 22%, splicing 17%, nonsense 7%, inframe deletions 3%, duplications 1% and large whole-exon deletions 11%. While loss-of-function mutations are scattered throughout SPAST, all missense mutations are located in the AAA domain, with only one exception (the p.Ile328Lys) (figure 1).

All cases included in this study had a single heterozygous mutation except case 62, which carries two heterozygous missense mutations (p.Arg372Thr, p.Asn579His), and case 3, which was found to carry two in-cis mutations (p.Arg364Met, p.Pro365Ser). In case 62, we did not have DNA from any other family members and we were unable to establish if the two mutations were inherited in-cis or in-trans, but p.Asn579His has previously been reported as pathogenic both in association with a second mutation18 and in isolation.19 One case (37) presenting with two concurrent autosomal-dominant mutations (SPAST and OPMD) was described in details here20 and was removed from further phenotype analysis.

Clinical features
The mean AAO was 29.2±16.2 years with a range from birth to 63 years (figure 2A), with high variability between and within the families. Within families, a significantly earlier onset was observed in the offspring of affected parents (p=0.02) (figure 2B); however, we attribute this to recall and ascertainment bias. Early onset, defined as onset before 20 years of age, was identified in 32.1%. There was no statically significant correlation between AAO and mutation type (figure 2C). However, it was noted that missense mutations were responsible for 33% of early-onset HSP and 46% of cases when AAO was ≤10 years (figure 2D). Onset before 10 years was identified in 14 patients (16%).

The summary demographic data are presented in figure 3A. The most common symptom at onset was related to lower limbs spasticity in the vast majority of cases. It included walking difficulty (38%), leg stiffness (23%), limping and tripping (18%), tip-toe walking (8%) and back pain (6%) (figure 3B). One case initially reported neurogenic bladder (case 30) and another presented with delayed walking and learning difficulties (case 52 carried a whole-gene deletion).

Examination of the lower limbs was suggestive of a pyramidal syndrome with spasticity being more marked than weakness. Spasticity measured with AS revealed an average spasticity score of 1.8, while muscle power measured with Medical Research Council muscle scale revealed an average of 4/5 in a pyramidal pattern. Lower limbs sensory loss was present in 30% of patients and consisted mainly of decreased vibration sense.

Disease severity was measured with the SPRS, which revealed a mean score of 24.8 (of max 52), consistent with moderate severity. While there was no significant difference between SPRS and mutation type, a trend was observed between SPRS and age at onset (AAO): a higher SPRS score was observed in the late-onset group (mean SPRS score 26.2) compared with the early-onset group (mean SPRS score 21.5).

The mean disability score was 2.1. There is no significant difference between disability score and type of mutation. The mean rate of disease progression was 0.12%/year (SD ±0.12%) ranging from 0.01%/year to 0.57%/year, confirming a slow, but progressive course of the disease. By correlating disease progression with AAO, it was observed that later AAO (>40 years) is associated with a higher progression rate of the disease (p=0.01) (figure 3C).
Pure versus complex phenotype

Pure phenotype was present in 74% of cases consisting of slowly progressive lower limb spasticity and weakness. Of note, neurogenic bladder was reported in 58% of patients while neurogenic bowel symptoms were present in 26% of all patients.

Complex phenotype was identified in 26% of patients and presented as CTS plus cerebellar syndrome, peripheral neuropathy, learning disability, memory problems and psychiatric symptoms (table 2). Interestingly, 10.7% of patients (nine cases from seven different families) presented with an associated psychiatric illnesses. Three cases had autism spectrum disorders; three cases had a diagnosis of severe depression and single cases each had borderline personality disorder, hypomania and schizoaffective disorder, respectively. Of note, eight out of nine patients affected by psychiatric comorbidities carry loss-of-function mutations most of which located in the AAA domain. Strikingly, one mutation leading to premature stop codon (c.1635_1636insAA, p.Gly546Lysfs*5) was identified in four cases from three families. This is one of the few recurrent mutations in our cohort (frequency of 4.7%) and is fully penetrant for psychiatric comorbidities.

Assessment of cognitive function revealed two cases of mild learning disability (cases 82 and 20) and three cases of memory impairment (case 75 is 46 years of age, case 41 is 62 years of age and case 21 is 77 years of age). One case underwent formal neuropsychology assessment, which revealed cognitive impairment affecting frontal and temporal functions. All three mutations associated with memory impairment in our cohort are missense variants located in the highly conserved AAA domain.

Nerve conduction studies were conducted in 34 patients (see online supplementary table e3) and identified axonal peripheral polyneuropathy in 23.5% with chronic denervation on Electromyography in 16% of cases. One case (80) showed slow motor conduction velocities approaching the demyelinating range. However, a selective bias cannot be excluded. Brain MRI was available in 45 cases and was normal in 85%. In the remaining 16%, 9% had mild-to-moderate thinning of the corpus callosum; one case had mild cerebellar atrophy (case 113), one had cysts in the posterior fossa (case 69) and one asymmetrical volume loss in the right hemisphere and midbrain (case 41) (see online supplementary figure e1). MRI of the spinal cord was performed in 10 patients with 8 of them reported as normal cord or degenerative changes only. Only two cases were reported with thinning of the spinal cord. There was no correlation between MRI changes and complex phenotypes.

Other neurological comorbidities in association with HSP identified in our cohort were single cases of confirmed secondary progressive Multiple Sclerosis, congenital torticollis, neurofibromatosis, schwannoma and cluster headache.

DISCUSSION

In the present cohort, we identified 72 unique pathogenic SPAST mutations in 108 cases from 94 British families, confirming previous results that recurrent mutations in SPAST are not common. All types of variants were identified, almost half of the patients presenting missense mutations. Our cohort confirms that the majority of missense mutations are found in the AAA domain confirming the importance of AAA cassette for SPAST function. This was linked with a possible dominant negative effect of these missense mutations on the gene function. In our study, when p.Ser44Leu phenotypic modifier was associated with a second proven causative mutation (case 44), it produced an early AAO (11 years) with a complex phenotype with a disability score of 4/4.
With >30% of patients presenting an early onset, including 16% before the age of 10, this study and recent research 23 contradict the previous suggestion that spastin causes almost exclusively a late-onset HSP. Half of these cases were caused by highly disruptive, structural variation mutations. As SPAST-related HSP is considered an adult onset disease, these cases present a big challenge to differentiate with SPG3A (a predominantly pure HSR where 80% of cases present before the first decade of life) and only the genetic testing can provide the definitive diagnosis.  

Most importantly, we report over a quarter of our SPAST cases presenting a complex HSP phenotype, with >10% presenting with an associated psychiatric diagnosis. Psychiatric manifestations in HSP were previously described as very rare and only in single reports 11 of unipolar depression, migraine or euphoria. 24 25 Depression was the most common mood disorder associated with HSP in a previous study described as mild to moderate and only single cases of severe depression have been reported. 13 We present three cases (3.5%) of severe depression requiring treatment under the mental health team both our study and the Irish one show an increased rate of psychiatric illnesses in spastin patients and further prospective studies using detailed psychiatric assessments are necessary to establish a correlation. More surprisingly, we found
that 3.5% of cases in our cohort had an autistic spectrum disorder; all diagnosed by psychiatrists according to internationally approved diagnostic criteria. To our knowledge, there are no reports of an association between autism and spastin or HSP. It is estimated that about 1% of the UK population suffers from an autism spectrum disorder well below the rate associated with spastin in our series. Interestingly, we found one causal mutation associated with psychiatric illness and SPAST-related HSP that had an unusual high frequency of 3.5% in our cohort. The novel c.1635_1636insAA frameshift

Figure 2  Mutation spectrum in SPAST-related hereditary spastic paraplegia (HSP). (A) Age at onset (AAO) within families. (B) Correlation between the AAO within families with a regression line. The first part of the graph shows the AAO between siblings, the middle part of the graph shows AAO when the disease is inherited from the father and the last part of the graph shows the AAO when the disease is inherited from the mother. (C) AAO by mutation type. (D) Frequency of different mutation types in early-onset spastin HSP cases.

Figure 3  Clinical spectrum of SPAST-related hereditary spastic paraplegia. (A) Demographics of the SPAST cohort. (B) Symptoms of onset in SPAST patients. (C) Correlation between rate of disease progression and age at onset (AAO). AAO >41 was associated with a higher rate of progression (p=0.01).
was identified in four cases from three families. Of note, the vast majority of the mutations associated with psychiatric manifestations are loss-of-function mutations affecting the AAA functional domain.

So far, there is no strong evidence from Genome Wide Association Study or Copy Number Variants studies for autism loci found near or comprising SPAST.39 40 A recent study showed that inherited Single Nucleotide Variants that produce truncated proteins are more frequent in autistic probands and are in genes that inherited Single Nucleotide Variants in the exon 5 of SPAST.29 30  A recent study showed that mutations associated with psychiatric +, present; –, absent; cDNA, complementary DNA; CTS, corticospinal tract syndrome; M, motor; PN, peripheral neuropathy; S, sensory.

Table 2 Description of all complex SPAST cases

<table>
<thead>
<tr>
<th>Case number</th>
<th>cDNA change</th>
<th>Mutation type</th>
<th>CTS</th>
<th>PN</th>
<th>Psychiatric comorbidity</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>52</td>
<td>Deletion of exons 1–17</td>
<td>Whole coding SPAST sequence deletion</td>
<td>+</td>
<td>–</td>
<td>Autism spectrum disorder</td>
<td>–</td>
</tr>
<tr>
<td>75</td>
<td>c.1408G&gt;T</td>
<td>Missense</td>
<td>+</td>
<td>SM PN</td>
<td>Autism spectrum disorder</td>
<td>Memory impairment, dysphagia, seizures</td>
</tr>
<tr>
<td>43</td>
<td>c.1635_1636insAA</td>
<td>Frameshift</td>
<td>+</td>
<td>–</td>
<td>Asperger</td>
<td>–</td>
</tr>
<tr>
<td>59</td>
<td>c.1805_1808dup AAGC</td>
<td>Frameshift</td>
<td>+</td>
<td>M PN</td>
<td>Severe depression under mental health team</td>
<td>Paraspinal schwannoma</td>
</tr>
<tr>
<td>94</td>
<td>c.1684C&gt;T</td>
<td>Nonsense</td>
<td>+</td>
<td>–</td>
<td>Severe depression</td>
<td>Congenital torticollis, pes cavus</td>
</tr>
<tr>
<td>87</td>
<td>c.1635_1636insAA</td>
<td>Frameshift</td>
<td>+</td>
<td>–</td>
<td>Severe depression, gender identity disorder</td>
<td>–</td>
</tr>
<tr>
<td>54</td>
<td>c.1635_1636insAA</td>
<td>Frameshift</td>
<td>+</td>
<td>–</td>
<td>Schizoaffective disorder</td>
<td>–</td>
</tr>
<tr>
<td>7</td>
<td>c.1635_1636insAA</td>
<td>Frameshift</td>
<td>+</td>
<td>–</td>
<td>Abnormal behaviour, not formally diagnosed by mental health team yet</td>
<td>–</td>
</tr>
<tr>
<td>53</td>
<td>c.1174–1G&gt;A</td>
<td>Splicing</td>
<td>+</td>
<td>–</td>
<td>Hypomania</td>
<td>–</td>
</tr>
<tr>
<td>82</td>
<td>Duplication of exon 1</td>
<td>Duplication</td>
<td>+</td>
<td>SM PN</td>
<td>–</td>
<td>Mild learning disability</td>
</tr>
<tr>
<td>41</td>
<td>c.1082C&gt;T</td>
<td>Missense</td>
<td>+</td>
<td>–</td>
<td>–</td>
<td>Memory impairment, dysarthria, neurofibromatosus type 1</td>
</tr>
<tr>
<td>20</td>
<td>c.1728+2T&gt;C</td>
<td>Splicing</td>
<td>+</td>
<td>–</td>
<td>–</td>
<td>Learning disability, seizures, periodic movements of sleep</td>
</tr>
<tr>
<td>21</td>
<td>c.1728+2T&gt;C</td>
<td>Splicing</td>
<td>+</td>
<td>–</td>
<td>–</td>
<td>Memory impairment</td>
</tr>
<tr>
<td>26</td>
<td>c.1728+2T&gt;C</td>
<td>Splicing</td>
<td>+</td>
<td>SM PN</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>58</td>
<td>c.1004+2T&gt;A</td>
<td>Splicing</td>
<td>+</td>
<td>Axonal neuropathy on nerve biopsy</td>
<td>–</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>c.1728+1G&gt;T</td>
<td>Splicing</td>
<td>+</td>
<td>M PN</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>66</td>
<td>c.1676insG</td>
<td>Frameshift</td>
<td>+</td>
<td>SM PN</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>80</td>
<td>c.1684C&gt;T</td>
<td>Nonsense</td>
<td>+</td>
<td>M PN</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>83</td>
<td>Duplication of exon 1</td>
<td>Duplication</td>
<td>+</td>
<td>S PN</td>
<td>–</td>
<td>Seizures</td>
</tr>
<tr>
<td>117</td>
<td>Deletion of exons 10–12</td>
<td>Large deletion</td>
<td>+</td>
<td>–</td>
<td>–</td>
<td>Seizures</td>
</tr>
<tr>
<td>60</td>
<td>c.1378C&gt;T</td>
<td>Missense</td>
<td>+</td>
<td>–</td>
<td>Ataxia, broken pursuit</td>
<td>–</td>
</tr>
</tbody>
</table>

+, present; –, absent; cDNA, complementary DNA; CTS, corticospinal tract syndrome; M, motor; PN, peripheral neuropathy; S, sensory.

The mechanism behind the psychiatric manifestations in HSP remains unclear but it has been associated with thalamic hypoperfusion, stem cell abnormalities, or matter abnormalities.35 36 Cysts in the posterior fossa have been previously reported in SPAST cases.37 Nevertheless, these data should be cautiously interpreted as some of these changes could reflect developmental rather than neurodegenerative changes and studies with long-term follow-up will be useful in distinguishing between the two, such as serial MRIs in assessing thinning of the corpus callosum. Also, we had formal neuropsychiatry assessment for the symptomatic cases only, limiting our ability to comment on the extent of psychiatric comorbidities and spastin. However, our study warrants further investigations and future studies would have to systematically screen spastin patients with a uniform evaluation in order to validate the findings.

In our cohort, we report 4.7% of patients with genetically diagnosed spastin mutation and learning disabilities and 3.5% of seizures. Interestingly, all three cases with seizures reported in our study were associated with cognitive deficit. Very few reports describe this association and SPAST.35

We also identified memory impairment in 3.5% of cases. We are limited in our ability to further describe them due to the lack of any histopathological diagnosis in these cases. The association between HSP and dementia could be explained by coincidence given the small numbers and no extensive neuropathology studies in all reported series. A small number of neuropsychology reports have associated spastin with subcortical dementia, correlating with age, but not with the degree of spasticity. Genotypes of the reported families with cognitive decline and spastin included missense mutations (Ala139Gly)37 as well as large deletion of exon 17.38 One SPAST-affected family has been previously reported in the literature as having a very unusual tau pathology on postmortem brain biopsy.37 As spastin does not limit lifespan, caution is required when interpreting postmortem results as some changes can be age related or due to concurrent diseases.

Correlation between mutation type and phenotype has not been reported so far. We show that although not statistically significant, there is a trend of earlier AAO associated with large
deletions, splicing and missense mutations. We confirm that a later AAO is associated with a higher rate of disease progression as previously reported and a higher degree of spasticity. There was no other genotype-phenotype correlation.

Our study confirms previous reports that polyneuropathy associated with SPAST is predominantly axonal motor neuropathy with only mild slowing of conduction velocities.

This study, one of the largest cohorts of genetically confirmed spastin patients to date, contributes with the discovery of a significant number of novel SPAST mutations and demonstrates the high genotype-phenotype variability in the disease. Most importantly, it highlights the high prevalence of psychiatric comorbidities in patients with HSP caused by a SPAST mutation. Of note, the previously under-recognised association with autism and psychiatric illness needs to be confirmed in other cohorts and genes to determine if this is a specific effect of SPAST mutations.

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Contributors VC: research project—conception, organisation and execution; statistical analysis—design and execution; manuscript preparation—writing of the first draft and review and critique. AT: research project—conception; statistical analysis—design and review and critique; manuscript preparation—writing of the first draft and review and critique. DSL: research project—execution; manuscript preparation—writing of the first draft and review and critique. JP and LS: research project—execution; manuscript preparation—review and critique. HH: research project—organisation and execution; manuscript preparation—review and critique. SG and NW: research project—conception; manuscript preparation—review and critique. HH: research project—conception and organisation; manuscript preparation—review and critique.

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Provenance and peer review Not commissioned; externally peer reviewed.

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