text is of course authoritative, so that we have no hesitation in stating
that this work constitutes an ideal introduction to the study of psycho-
analysis. In the latter part of the contents, more especially in dealing
with the problems of nareissism, Freud has expressed some of his more
recent ideas, so that those who are to some extent conversant with psycho-
analysis will learn much, not only from the wonderful lucidity of the general
exposition, but also from the fresh subject matter. The book, therefore,
cannot be too highly recommended.

C. STANFORD READ.

Penal Discipline. By Mary Gordon, L.R.C.P., L.R.C.S. Edin., Late
George Routledge & Sons Ltd. 7s. 6d. net.
The authoress deals humanistically with criminal offenders, and from her
official experience gives her views on the present prison system. She sees
in this system a social curiosity and much retaliation on the part of society
which has no deterrent effect, but only conduces to further anti-social
conduct through penal discipline. A plea is made for the application of
the findings of science in which the criminal shall be dealt with more as an
individual and from a more rational standpoint. It is evident that the
writer's enthusiasm has been stimulated by modern psychological study,
and, in her dissection of the types of offenders she speaks of, the various
factors making for maladaptation are pointed out. In the chapter on
"Psychical Considerations" she superficially deals with the emotional
effects of penal discipline, how phantasy life is enhanced, and the abnormal
mental results of a hysterical or psychotic nature which may thereby ensue.
In conclusion the bases of reform are sketched out. The book is written
rationally, without any sentimental exaggerations, and can be commended
as a simple exposition of an important social problem concerning which
stimulation to action is certainly needed.

C. STANFORD READ.

Psycho-analysis: its Theories and Practical Application. By A. A.
BRILL, Ph.B., M.D., Lecturer on Psycho-analysis and Abnormal
2ls. net.
The third edition of this well-known work, which originally appeared in
1912, has been thoroughly revised. Certain chapters have been amplified
by the addition of further illustrative material, and a new chapter has
been added entitled "Studies in Paraphrenia". The cases described therein
are mild psychotic disturbances which, although by no means typical
examples of Kraepelin's dementia precox or paraphrenia, are clearly allied
thereto. The diagnosis of these conditions from the psychoneuroses is
discussed, and its importance emphasized in view of the fact that 'mentally
c sclerotic' patients of this type cannot be benefited by psycho-analytic
treatment.