NEUROLOGICAL PICTURE

Vanishing Balò-like lesions in multiple sclerosis

Balò's concentric sclerosis is a rare demyelinating disorder characterised pathologically by concentric rings of alternating demyelinated and relatively myelin preserved white matter.¹ Several recent reports have shown that MRI has the potential to depict in vivo the typical appearance of Balò's concentric sclerosis lesions, thus making it possible to recognise this condition antemortem.^{2–4}

The figure presents the MRI obtained from a 31 year old patient with a 4 year history of clinically definite relapsing-remitting multiple sclerosis.⁵ An MR examination performed at clinical onset of the disease showed a lesion pattern consistent with a diagnosis of multiple sclerosis.⁶ When the patient came to our attention, MRI was again performed, at which time eight hyperintense lesions were visible on the dual echo scans. Two of these lesions (one of which is shown in the figure) had a pattern typically seen in Balò's concentric sclerosis.^{2–4} On the T2 weighted images (A), these lesions showed a hypointense centre, a hyperintense inner ring, a hypointense intermediate ring, and a hyperintense outer ring. The centre of the lesions and the intermediate

ring enhanced with gadolinium-DTPA (B). Diffusion weighted imaging was also performed, and the mean diffusivity values for the different lesion layers were: centre= 1.234×10^{-3} mm²/s; inner ring= 1.295×10^{-3} mm²/s; intermediate ring= 1.099×10^{-3} mm²/s; outer ring= 1.146×10^{-3} mm²/s. On MRI obtained 4 months later, the same eight lesions were seen on the dual echo scans, but the two lesions with a Balò's concentric sclerosis-like pattern had shrunk significantly, showed a "classic" multiple sclerosis-like appearance (D and F), and did not enhance (E).

This report shows that Balò-like lesions and multiple sclerosis-like lesions may both be present simultaneously in the same patient, and that Balò-like lesions may change over time to the classic appearance of multiple sclerosis lesions. That the two lesions we describe had a Balò-like pattern is not only confirmed by visual inspection of the conventional MR images, but also by the changes of their mean diffusivity across the different layers. Our findings suggest that multiple sclerosis and Balò's concentric sclerosis are different manifestations of the same disease

Axial T2 weighted (A and D), postcontrast T1 weighted (B and E) and diffusion weighted (C and F) images from a patient with multiple sclerosis. The images of the upper row show a lesion with a Balò-like pattern, and were obtained 4 months before those in the lower row where the same lesion had a more classic multiple sclerosis-like appearance.

range rather than two separate pathological entities; this would point to a need for serial MRI before making an antemortem diagnosis of Balò's concentric sclerosis.

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