Electrical and mechanical responses in the platysma and in the adductor pollicis muscle: in patients with myasthenia gravis

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Summary Electrical and mechanical muscular responses to single and repetitive stimuli were recorded in 24 patients with myasthenia gravis. Findings in the platysma were compared with those in m. adductor pollicis (ADP). In the platysma, but not in the ADP, electrical and mechanical responses to single stimuli were often lower than normal, and could be normalised after tetanus and by edrophonium. The decrement of electrical and mechanical responses to repetitive stimuli was two to three times greater in the platysma than in the ADP; post-tetanic facilitation of the action potential was four times greater. The staircase phenomenon was abnormal in the platysma in patients with moderate and severe myasthenia, and also in the ADP in some patients without decrement in the action potential. Edrophonium was more effective in alleviating decrement in the platysma than in the ADP. In the platysma, block of neuromuscular transmission could account for most abnormalities. The finding in some patients of an abnormal staircase after correction for block of fibres indicates a lesion in excitation–contraction coupling. In six patients only the platysma showed abnormalities, in 10 patients abnormalities were more pronounced in the platysma than in the ADP, and in three patients more pronounced in the ADP than in the platysma; in five patients the platysma and the ADP were equally affected.

The purpose of this study of patients with myasthenia gravis was to compare the diagnostic yield obtained from recording of the electrical and mechanical responses in a proximal (platysma) and in a distal (m. adductor pollicis) muscle.

Method

The recording of electrical and mechanical responses in the platysma has been described (Krarup, 1977). Electrical and mechanical responses were also recorded in m. adductor pollicis (ADP), using the method of Slomič et al. (1968). Findings were compared with those in normal subjects (platysma: Krarup, 1977; ADP: Slomič et al., 1968). The 95% confidence limits in controls are given in Table 1. The significance of differences between subjects and patients and between patients in the platysma and the ADP were evaluated by the t-test.

The temperature on the skin over the platysma (36°C) was slightly higher than on the skin over the ADP (33°C), but could not be the reason for the two to three times greater decrement in the platysma than in the ADP (Borenstein and Desmedt, 1974, 1975).

The programme of stimulation has been described (Krarup, 1977). In addition, the effect of edrophonium chloride (Tensilon) was examined on trains of stimuli at 3s⁻¹. Edrophonium, 10 mg, was given intravenously, at first 2 mg and 45 seconds later 8 mg. Trains of stimuli were delivered at half minute intervals for up to two minutes, at one minute intervals for up to 10 minutes, and often for up to 25 minutes after the injection.

Patients with Myasthenia Gravis

Twenty-four patients with clinical evidence of myasthenia gravis were examined. Thirteen were females and 11 were males; 11 were 22–38 years old and 13 were 43–73 years old. Fifteen had moderate or severe (type IIa–IV, Osserman and Jenkins, 1971),
eight had mild (mild type IIa or I) clinical involvement, and one was in complete remission. The disease had lasted less than half a year in six, less than two years in eight, and more than two years in 10 patients. Five patients were examined after thymectomy (two with moderate and three with mild myasthenia gravis).

Anticholinesterase medication was discontinued in 14 patients more than 12 hours and in four patients more than four hours before the study. Six patients were not in treatment.

ASSOCIATED DISEASES
Seven patients had other diseases as well. One had polyarthritis, one cancer of the rectum, one systemic lupus erythematosus, and one patient had epilepsy (Osserman and Genkins, 1971; Simpson, 1974). Three patients had evidence of myopathy on EMG of a proximal muscle. One of these had a normal muscle biopsy (m. triceps brachii), one had type A fibre atrophy and lymphorrhages (m. biceps brachii), and one had fibre necrosis and groups of atrophic fibres suggesting neurogenic changes (m. biceps brachii).

Results

MODERATE AND SEVERE MYASTHENIA GRAVIS
Responses to a single stimuli
In seven of 15 patients the amplitude of the action potential, and also the twitch tension in six, was lower than normal in the platysma, whereas both were normal in the ADP (Fig. 1, Table 2). This is at variance with Johns et al. (1956), Lambert et al. (1961), Slomić et al. (1968), and Desmedt (1973) who found a decreased action potential amplitude and twitch tension in an intrinsic muscle of the hand in severely affected patients. In the platysma the contraction time was prolonged in six of 15 patients and the half-relaxation time in 10 patients, whereas in the ADP the time course of the twitch was normal (Table 2) except in one patient, who had a 40% prolonged contraction time.

Responses to trains of stimuli (2–10s⁻¹ for 1.5 s)
In the platysma the decrements in the action potential and in the twitch tension were twice those in the ADP (p < 0.01), and different from normal in both (p < 0.001, Figs. 2 and 3). The decrement was invariably present in the platysma but was absent in two patients in the ADP.

MILD MYASTHENIA GRAVIS
Responses to single stimuli
In three of nine patients in the platysma the amplitude of the action potential, and in two the twitch tension were lower than normal; both the action potential amplitude and the twitch tension were normal in the ADP (Fig. 1, Table 2). The contraction time was normal in both muscles.
Electrical and mechanical responses in the platysma and in the adductor pollicis muscle

Post-tetanic changes

MODERATE AND SEVERE MYASTHENIA GRAVIS

An increase in the amplitude of the action potential after tetanus (post-tetanic facilitation of neuromuscular transmission, PTF), occurred more often (Table 3) and was four times greater in the platysma than in the ADP (+35±11% as compared with +8±3%, mean±m.e., p<0.05, Figs. 3 and 4). Pre-tetanic levels were attained within 10 seconds after tetanus in both muscles, thus earlier than the 20–30 seconds duration of PTF found by Desmedt (1966). Post-tetanic facilitation was followed by a slight transient decrease (−5%, p<0.05) within the first minute after tetanus (Fig. 4).

The twitch tension increased in the platysma less than normal (+52±11%, mean±m.e., p<0.05, Fig. 4), whereas it was normal in the ADP. The increase was due both to PTF of neuromuscular transmission and to PTP of twitch tension. In the platysma the increased twitch tension decreased steeply within the first 10 seconds and then more slowly. In the ADP the post-tetanic twitch decreased more rapidly than normal, but did not show the large difference in the initial and later slope seen in the platysma (Fig. 4).

Post-tetanic exhaustion, present in the platysma and in the ADP in two-thirds of the patients (Table 3), appeared as a 10% increase in the decrement of 3s⁻¹ trains with a maximum two to four minutes after tetanus; it had disappeared after six minutes.

MILD MYASTHENIA GRAVIS

In the platysma PTF was absent and in one-third of the patients even the action potential was diminished, whereas PTF was present in one-third of the ADP (Table 3). The slight transient decrease in the action potential amplitude (−4%, p<0.05, Fig. 4) within the first minute was present only in the platysma. PTP was normal in both muscles, though it decreased more rapidly than normal in the ADP (Fig. 4). The pretetanic decrement in 3s⁻¹ trains was borderline in four patients in the platysma and in one in the ADP, but was abnormal after tetanus (post-tetanic exhaustion, Table 3).

Staircase phenomenon

MODERATE AND SEVERE MYASTHENIA GRAVIS

A decrement in the amplitude of the action potential was present in all 14 patients in the platysma and in 11 of 15 patients in the ADP (Fig. 5); the decrement was three times greater at 2s⁻¹ for 90 seconds in the platysma than in the ADP (−54±6% compared with −18±5%, mean±m.e., p<0.001, Figs. 3 and 6). The decrement in the action potential was 1.5 times greater at a stimulus frequency of 2s⁻¹ than at

 Responses to trains of stimuli

In the platysma five of nine patients had a decrement in the electrical and mechanical response to trains of stimuli at 3s⁻¹, whereas only one patient had a decrement in the ADP (Fig. 2).

 Responses to tetanic stimuli

With one exception (in the platysma) the tetanic tension was normal in both muscles. There was no decrement at 50s⁻¹ and the twitch:tetanus ratio was normal (Fig. 2, Table 2).

Fig. 1 Amplitude of the action potential, the twitch tension, and tetanic tension in the platysma (○, ■) and in the ADP (○, □) in patients with moderate or severe (solid symbols) and with mild myasthenia gravis (open symbols), in per cent of the average in normal subjects (equal 100%). The horizontal lines at 30–60%, indicate the lower 95% confidence limits.
Table 2  Responses to single and tetanic stimuli

<table>
<thead>
<tr>
<th></th>
<th>Platysma</th>
<th>M. adductor pollicis</th>
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<tbody>
<tr>
<td></td>
<td>Moder. and sev. myasth. grav.</td>
<td>Mild myasth. grav.</td>
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<tr>
<td></td>
<td>n  mean  SD%</td>
<td>n  mean  SD%</td>
</tr>
<tr>
<td>Amplitude of negative phase (mV)</td>
<td>13  3.7±  67</td>
<td>15  8.5±  45</td>
</tr>
<tr>
<td>Amplitude of peak-to-peak (mV)</td>
<td>15  4.1±  76</td>
<td>15  8.5±  45</td>
</tr>
<tr>
<td>Latency of muscle act. pot. (ms)</td>
<td>15  3.1±  23</td>
<td>15  2.6±  11</td>
</tr>
<tr>
<td>Twitch tension (P in g)</td>
<td>15  90±  50</td>
<td>15  480±  39</td>
</tr>
<tr>
<td>Contraction time (CT in ms)</td>
<td>15  59±  11</td>
<td>15  70±  15</td>
</tr>
<tr>
<td>Relaxation time (ms)</td>
<td>15  53±  13</td>
<td>15  87±  16</td>
</tr>
<tr>
<td>Latency of the twitch (ms)</td>
<td>14  8.0±  12</td>
<td>14  7.4±  9</td>
</tr>
<tr>
<td>Rate of relat. force develop. (P/P₀/CT)</td>
<td>14  4.5±  38</td>
<td>14  2.0±  7</td>
</tr>
<tr>
<td>Twitch: tetanus ratio (P/P₀)</td>
<td>14  0.26±  23</td>
<td>14  0.13±  62</td>
</tr>
<tr>
<td>Tetanic tension (Pₜ in g)</td>
<td>14  40±  52</td>
<td>14  42±  30</td>
</tr>
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</table>

n: number of patients.
SD %: the SD from subject to subject in per cent of the mean.
*Half relaxation time measured in the platysma, three-fourth relaxation time in the ADP.
Statistical differences († p < 0.05, † p < 0.01, † † p < 0.001) between patients with myasthenia gravis and control subjects in the platysma (Krarup, 1977) and in the ADP (Slomíc et al., 1968).

1s⁻¹ (p < 0.05, Fig. 6). In both muscles the decrement was most marked within the first five seconds of the train. The steep decrement was followed by a further slow decrement which persisted throughout the 90 seconds' duration of the train (Bergmans et al., 1972).

The staircase of the twitch tension was either normal or abnormally low (p < 0.001, Figs. 5 and 6) in 13 of 14 patients in the platysma and in 12 of 15 patients in the ADP.

Poststaircase responses in platysma

Half a minute after the train the amplitude of the action potential in the platysma was 10% lower than before the staircase (p < 0.001, Fig. 7). Normal amplitudes were reached to 10 minutes after the train. Paradoxically, the potentiation of twitch tension after the staircase was 10% larger after the 1s⁻¹ than after the 2s⁻¹ staircase, though it was two to five times smaller than normal after both (p < 0.01 and < 0.001, Fig. 7).

Mild myasthenia gravis

A decrement in the action potential was present in three of nine patients in the platysma and in the ADP, and when present it was only slight, except in one patient (Fig. 5).

In the platysma the staircase was normal (p < 0.1), except in one patient; in the ADP it was lower than normal (p < 0.05) in two patients (Figs. 5 and 6).

Poststaircase responses in the platysma

The action potential, twitch potentiation, and the time for twitch tension to return to resting levels were normal in the platysma (Fig. 7).
Edrophonium chloride

In the platysma the decrement after edrophonium in the action potential and in twitch tension was diminished (Fig. 3) in all patients with moderate and severe and in all but one of the patients with mild involvement. In the ADP, edrophonium caused a decrease in decrement in two-thirds of the patients with moderate and severe, and in half of the patients with mild involvement. The effect of edrophonium was maximal half a minute after the injection; it was still present after 10 minutes, but had disappeared after 15–20 minutes.

Discussion

This study was designed to compare abnormalities of electrical and mechanical responses in myasthenia gravis in a proximal (platysma) and in a distal (ADP) muscle. The clinical finding (Simpson, 1960; Osserman and Genkins, 1971) was confirmed that proximal muscles are often affected earlier and more severely than distal muscles.

In the platysma the action potential amplitude and twitch tension were often lower than normal. This could be due to block or to loss of muscle fibres. Histological evidence of 'neurogenic atrophy' in myasthenic muscle has been reported by Fenichel and Shy (1963), Brody and Engel (1964), Fenichel (1966), Brownell et al. (1972), and Oosterhuis and Bethlem (1973) and was seen in one patient in the brachial biceps muscle in this study. Others have attributed a shortened duration of voluntarily (Oosterhuis et al., 1972) or electrically evoked (Ballantyne and Hansen, 1974 a,b) motor unit potentials to degeneration of distal nerve branches or to block of end plates. The latter could be reversed by edrophonium. My finding that the action potential increased after tetanus and after edrophonium also indicates block of some muscle fibres in the rested muscle. The contraction time in the platysma was prolonged, consistent with the type II (fast) fibre activities.
atrophy reported in myasthenic muscle by Engel and McFarlin (1966), Brooke and Engel (1969), and Oosterhuis and Bethlem (1973). One patient in my material showed type A fibre atrophy in the brachial biceps muscle.

Slomič et al. (1968) assumed impairment of the excitation-contraction coupling in addition to neuromuscular block because the staircase was diminished or absent in two-thirds of their patients even after correction for block. Desmedt et al. (1973) contested this interpretation, because a relative potentiation of the twitch was present during the staircase of curarised normal muscle (Reinhold et al., 1970), and was similar to that in myasthenia gravis (Desmedt et al., 1973).

Potentiation was less than normal in the platysma and in the ADP in 30–35% of the patients after correction for block of fibres. In the ADP of three patients (without signs of myopathy) this was the case even when there was no decrement in the action potential. The abnormal staircase would be consistent with the structural disorganisation in the sarcoplasmic reticulum and T-tubules, described in muscles of patients with myasthenia gravis by Bergman et al. (1971).

Desmedt et al. (1973), on the other hand, assumed excitation-contraction coupling to be normal in myasthenia gravis because the twitch was potentiated after a train of stimuli that produced a staircase in normal subjects. In the platysma, potentiation after the staircase was much less than normal, the diminution being three to four times more than could be accounted for by the fibre block that persisted after the staircase. The diminution may, however, be due to block of fibres during the staircase, only those fibres being potentiated that were activated during

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Fig. 4: Post-tetanic facilitation of the action potential (AP, ●) and post-tetanic potentiation of twitch tension (M, ○) in the platysma (left) and in the ADP (right) as a function of time after tetanus (50 stimuli per second for 1.5 seconds) in per cent of pretetanic responses in patients with myasthenia gravis. The hatched area denotes findings in normal subjects ± mean error. The vertical bars denote the mean error.

Fig. 5: Changes in the negative phase of the action potential and twitch tension during the staircase in per cent of the first response in the platysma (1 and 2s⁻¹ for 90 seconds) and in the ADP (2s⁻¹ for 90 seconds) in patients with moderate or severe (solid symbols) and mild myasthenia gravis (open symbols). The hatched areas denote the lower 95% range of normal.
most of the staircase. This interpretation is consistent with the greater potentiation after the \(1s^{-1}\) than after the \(2s^{-1}\) staircase, the latter frequency causing more fibres to be blocked in moderate and severe myasthenia.

The post-tetanic increase in twitch tension in myasthenia gravis is due to (1) PTF—that is, activation of previously blocked fibres, associated with an increase in the muscle action potential, and (2) to persistent PTP—that is, increased tension in the individual muscle fibre, which is lower than normal, either because of a defect in excitation-contraction coupling or because of block of fibres during tetanus that are therefore not potentiated. The initial steep slope of the decrease in twitch tension after tetanus reflects PTF and the later flatter slope reflects PTP.

The increase in twitch: tetanus ratio and in the rate of relative force development, and the decrease in tetanic tension in myasthenia gravis may be due to block of muscle fibres. This is reflected in the large decrement in the action potential early in tetanus, and does not necessarily indicate a lesion in the contractile mechanism assumed in the ADP, because the increased twitch:tetanus ratio and the decreased tetanic tension were also present in the directly stimulated ADP (Slomič et al., 1968). Thus, in the platysma, block in neuromuscular transmission can explain the low poststaircase potentiation, the low PTP, the low tetanic tension, and the increased twitch:tetanus ratio and rate of relative force development. It cannot explain the diminished staircase found when correction was made for fibre block, indicating that excitation-contraction coup-

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**Fig. 6** Changes in electrical \((\bigcirc, \bullet)\) and mechanical \((\triangle, \blacksquare)\) responses in per cent during the staircase (dashed line), open symbols: \(2s^{-1}\) for 90 seconds; full line, solid symbols: \(1s^{-1}\) for 90 seconds), in the platysma and in the ADP in normal subjects and in patients with myasthenia gravis. The vertical bars denote the mean error.

**Fig. 7** Increase in action potential amplitude \((AP, \bigcirc, \bullet)\) and twitch tension \((M, \triangle, \blacksquare)\) after the staircase in per cent of the amplitude before the staircase \((1s^{-1} \text{ and } 2s^{-1} \text{ for } 90 \text{ seconds})\) in patients with moderate and severe (open symbols) and mild myasthenia gravis (solid symbols). The hatched area indicates findings in normal subjects \(\pm\) mean error.
ling was involved in some cases of myasthenia gravis, at variance with the assumption of Desmedt et al. (1973).

In patients with mild myasthenia gravis there was usually no block of fibres in the rested muscle, suggested by the absent PTF in the platysma, whereas the action potential was decreased in one-third of the patients after a 50s⁻¹ tetanus, probably due to persisting block of fibres. In moderate and severe myasthenia gravis the persisting block was counteracted by PTF and was seen in the subsequent transient decrease within the first minute after tetanus. The persisting block was more evident in moderate and severe myasthenia gravis two seconds after 10 and 20s⁻¹ stimuli, because facilitation of neuromuscular transmission was less easily elicited.

In the platysma but not in the ADP the facilitation caused by a preceding tetanus related to the size of the action potential evoked by single stimuli after application of edrophonium. With one exception the prejunctional facilitation after tetanus was greater than the postjunctional facilitation by edrophonium (Fig. 8).

**DIAGNOSTIC YIELD**

This study confirms earlier findings in facial muscles of patients with myasthenia gravis, that there was often more decrement in the action potential evoked by repetitive stimuli than in a distal muscle (Botelho et al., 1952; Goddé-Jolly and Marteret, 1964; Borenstein and Desmedt, 1973). Six of my patients had abnormalities solely in the platysma. The abnormalities were more pronounced in the platysma than in the ADP in 10 patients, the same in five, and more in the ADP than in the platysma in three patients.

The largest diagnostic yield was found with 2–10s⁻¹ stimuli, in agreement with Johns et al. (1956), Lambert et al. (1961), and Desmedt (1966). Twenty patients had abnormalities in the platysma and 12 in the ADP at these frequencies. Abnormalities in the platysma were confirmed in most patients by prolonged stimulation, but the staircase phenomenon was abnormal in the ADP in three patients, whereas there was no decrement in brief trains at 3s⁻¹. Pretetanic decrement during 3s⁻¹ trains was borderline in the platysma in four patients and in one in the ADP whereas post-tetanic decrement was clearly abnormal. Post-tetanic block of the action potential in the platysma was the only abnormality in one patient. The one patient in complete remission showed PTF and an absent staircase in the ADP, but in the platysma it was normal. The patient had moderate myasthenia when examined by Slomić et al. (1968) (patient XVII).

Abnormalities in the platysma were found in 22 patients, in the ADP in 18. All 24 patients showed abnormalities in one muscle or the other.

My thanks are due to Professor F. Buchthal for his unfailing help, criticism, and inspiration, since he started this work as a medical student, to Dr Z. Kamieniecka for evaluating the muscle biopsies, and to the following Departments of Neurology for referring patients under their care: Rigshospital, Copenhagen, Community Hospital, Gentofte County Hospital, Bispebjerg Hospital, Frederiksberg Hospital, and Aalborg, Community Hospital. The work was supported by grants from the Muscular Dystrophy Associations of America, Inc., and the Michaelсен Foundation, Copenhagen.

**References**


