Unilateral left paramedian infarction of thalamus and midbrain: a clinico-pathological study

J BOGOUSSLAVSKY,‡ J MIKLOSSY,† J P DERUAZ,† F REGLI,‡ G ASSAL‡

From the Department of Neurology,  ‡ Division of Neuropathology, † and Centre of Neuropsychology, ‡ Centre Hospitalier Universitaire Vaudois, Lausanne, Switzerland

SUMMARY In a patient with a unilateral embolic infarct in the left posterior thalamo-subthalamic paramedian artery territory, neuropathological studies showed involvement of the intralaminar, dorsomedial, and internal part of the ventral posterior nuclei of the thalamus, of the rostral part of the mesencephalic reticular formation, and of the posterior commissure. The patient showed upgaze palsy for voluntary saccades, smooth pursuit and vestibulo-ocular movements, sustained downgaze, right-sided motor hemineglect and facio-brachial hypesthesia, motor transcortical aphasia and anterograde amnesia. This case confirms that unilateral destruction of the posterior commissure, rostral interstitial nucleus of the MLF and interstitial nucleus of Cajal produces a non-dissociated upgaze palsy. Involvement of the nucleus of Cajal probably produced the sustained downward deviation of the eye, by causing predominance of downward vestibulo-ocular inputs. This case also shows that thalamic aphasia and anterograde amnesia may be related to a paramedian lesion of the thalamus, with special reference to involvement of the dorsomedial nucleus, in the absence of lesion of the pulvinar and mamillo-thalamic tract and of conspicuous involvement of the ventral lateral nucleus. Selective hemineglect for motor tasks may occur in infarction of the dominant thalamus, involving the intralaminar nuclei.

Unilateral infarct of the thalamus and/or midbrain is unusual and pathologically proven cases are uncommon in the literature.1–13 In these reports, clinical data are often lacking and in many cases, it is difficult to establish clinico-anatomic correlations. We have studied a patient with complex disturbances of vertical movements and neuropsychological impairment, who died 2 weeks after onset of the symptoms. At necropsy, there was a recent unilateral infarct involving the paramedian part of the thalamus and upper midbrain on the left side.

Case report

A 72-year-old right-handed housewife was admitted after she suddenly experienced right-sided weakness and speech disturbances. Seven years before, she had a right mammectomy for a breast cancer, and 6 months before admission she suffered an inferolateral myocardial infarct. On admission, the patient was slightly drowsy, disorientated in time and place, and showed the speech disturbances described below. On cranial nerves examination, except the oculomotor disturbances, the patient showed tactile and thermo-algesic hypesthesia of the right side of the face, and a moderate right central facial paresis. The visual fields were complete, with no visual neglect on simultaneous presentation of visual stimuli in the temporal fields. A slight proximal paresis of the right upper and lower limbs was present, without hyperactive tendon reflexes or Babinski's sign. The patient did not spontaneously use her limbs on the right side, although she could move them perfectly under sustained verbal stimulation. Withdrawal to pain was absent on that side, although the patient reported that she could feel a painful sensation (despite the slight decrease of superficial sensation in this side of the body). Also, she did not maintain the right arm extended more than 4–5 seconds, and did not adequately place this arm when resting in bed, leaving it aside in inappropriate and uncomfortable positions. A slight decrease of tactile and algesic sensation was present in the right upper limb and trunk down to D10, without sensory extinction on simultaneous tactile stimulation of both sides of the body. Postural and vibratory sensation was normal. The gait was not evaluated. The blood pressure was 180/120 mmHg, with pulsations of 84/minute. General examination was normal.

Oculomotor findings In primary position, the patient showed sustained conjugate downward deviations of the
eyes, with a very slight inward deviation. A very slow elevation of the eyes was possible from this downward position, on voluntary and smooth pursuit movements, but with a maximal amplitude of 10°–15°. No upward saccade could be elicited. No movement was produced on vertical oculocephalic manoeuvre (with Frenzel glasses). Caloric testing was not performed. Abduction of the right eye was limited on voluntary and smooth pursuit movements (with diplopia), but a full range deviation could be obtained on horizontal oculocephalic manoeuvre. Vertical optokinetic responses were elicited (optokinetic drum, 20°–40°/s). Horizontal optokinetic responses were normal. Convergence could not be elicited voluntarily or on pursuit attempts. The right pupil showed a relative miosis (1.5 mm, vs 2 mm), with weak direct and consensual reactions on both sides. These findings did not change before the patient died.

**Neuropsychological findings**  Only a partial assessment was realised, because the patient died unexpectedly 2 weeks after admission. On admission, the patient was disoriented in time and place. Her speech was reduced, non-fluent, with frequent pauses and decreased volume of the voice. She made semantic and less often phonemic paraphasias. Repetition of words, non-words and sentences (up to 15 words) was preserved. Verbal comprehension was normal for simple orders but was impaired for complex orders (Pierre Marie’s three papers). No buccolingual apraxia was noted. The motor neglect of the right upper and lower limbs has been described with the neurologic findings. Thirteen days later, the patient underwent a more detailed neuropsychological examination. She was slightly aphasic but not drowsy and she could ambulate well but was still disoriented in time and place. Spontaneous speech was still reduced and the sentences were very rarely formed by more than three to four words. No echolalia was present. Verbal comprehension was good even for complex orders (Pierre Marie’s three papers, Token test), but the patient frequently interrupted the execution of a task before its completion. Repetition of words (1–8 phonemes), non-words and sentences (3–15 words) was normal. Verbal automatic series (weekdays, months) were correctly realised anterogrady, but retrograde naming showed perseverations. Naming was deficient on Boston Naming test (21 correct answers/76), with either anomia or semantic paraphasias. The reading of letters was good, but the patient was unable to read a text, because of diplopia and production of semantic paralexias. She could perfectly transpose into sentences a text spelled by the examiner. Spelling showed numerous errors. The patient was not able to write or draw, because she did not initiate the movement of the right hand. Oral calculation was impossible because of difficulties in recalling the numbers. Visuo-spatial recognition was impaired (Glanz: 29 correct answers/36, Poppeleuter 1/4, inadequate geographic orientation on a map). The patient was unable to recall any events which had happened to her after the onset of her stroke, and she could not recall what she had been doing minutes, hours, or days before the examination. Events that had happened a few months or years before were adequately recalled despite the speech disturbances. Learning of series of 3–10 words was impossible: the patient recalled none or only one of the words even after five trials. Sometimes, perseveration of one word from a preceding series occurred. These marked difficulties for verbal learning were confirmed on Hebb’s recurring digits (maximal span: 2, failure of span + 1 learning). A similar impairment of visual learning was also observed on Corsi’s block-tapping (maximal span of 3, failure of span + 1 learning). During these tests, the patient remained attentive and did not show distractibility.

**Laboratory findings**  Chest radiographs, standard blood and urine tests were normal (except a thrombocytosis of 600 × 10^9/l). ECG showed widespread ischaemic changes and signs of the ancient inferolateral infarct. An EEG made 10 days after admission was normal, except for episodic theta waves in the left premotor region. Two CT scans showed a paramedian hypodens area in the left thalamus, with slight enhancement after intravenous injection of contrast medium, and with normal ventricular size. CSF was normal, with a pressure (lumbar) of 13 mm H₂O. Doppler ultrasoundography with spectrum frequency analysis did not show extracranial stenosis. Somatosensory evoked potentials were normal bilaterally (median nerve stimulation).

**Evolution**  The patient was put on intravenous heparin therapy (30,000 U/24 h). After 10 days, this therapy was replaced by subcutaneous heparin (2 × 5000 U/24 h) and acetysalicylic acid by mouth (1 g/24 h). Fourteen days after admission, while resting in bed, the patient suddenly fell in deep coma, with intermittent apnea and unmeasurable blood pressure. She could not be resuscitated and died after 10 minutes.

**Pathological findings**  Necropsy showed generalised atherosclerosis, multiple recent and old myocardial infarcts without intracardiac thrombus, thrombosis of the left femoral vein, and pulmonary emboli (the probable cause of death). The liver con-
tained many metastases from the breast carcinoma operated 7 years before. Gross examination of the brain (weight 1230 g) showed only mild atherosclerosis of the circle of Willis.

The sections of the brain showed an isolated macroscopical finding: a paramedian infarct in the left thalamus and in the subthalamic region (1.7 × 0.8 cm), extending from the level of the mamillo-thalamic tract to the periaqueductal gray matter (fig 1). This partly haemorrhagic infarct was situated in the territory of the posterior thalamo-subthalamic paramedian artery. Fragments of the brain were submitted for microscopic examination of the right central circonvolution, left central circonvolution, left inferior parietal circonvolution, left superior parietal and left supramarginal circonvolution, right parietal region, left parieto-occipital region, and medulla oblongata. The blocks were embedded in paraffin and cut at 10 μm sections. They were stained with haematoxylin-eosin, crezyl violet, Loyez and van Gieson luxol fast blue (myelin stain), Holzer stain and PTAH, van Gieson elastin, Perl’s prussian blue, periodic acid Schiff, Congo Red. Blocks comprising thalami, subthalamic regions, midbrain and pons were studied in 312 serial sections and stained alternatively with haematoxylin and eosin and Loyez stain. Further frozen sections (after passage in sucrose) of blocks from the right and left pre and postcentral gyrus were stained with crezyl violet, Bodian and Gieson stain (for axons) and Schroeder stain (myelin stain). Microscopic study of the left thalamo-mesencephalic infarct showed several haemosiderin-laden macrophages, astrocytic gliosis, neovessels and axonal swellings. Some small vessels within the infarct were occluded by emboli.

The rostral extremity of the softening was situated at the level of the mamillo-thalamic tract, where two areas of infarction in the dorsomedial nucleus were present, without involvement of the mamillo-thalamic tract (fig 2). The infarct destroyed the medial rostral part of the cerebral peduncle and fibres of the mamillo-temposal tract near their origin. The serial sections revealed a well delineated infarction in the dorsal part of dorsomedial nucleus, the centromedian nucleus, parafascicular, paracentral nuclei, the nucleus reuniens, the ventral posteromedial nucleus (VPM), the medial part of the ventral posterolateral nucleus (VPL), a small part of the posterior portion of the ventral lateral nucleus (VL), and a large part of the subthalamic nucleus (table 1, fig 2). More caudally the medial-rostral part of the red nucleus and the central gray matter of the third ventricle at the level of the rostral interstitial nucleus of MLF were involved. The fasciculus retroflexus and the fibres of the central tegmental tract were also destroyed, as the field H of..
Forel, the thalamic fascicle and fibres of the ansa lenticularis. Caudally, the infarct involved the left part of the posterior commissure, sparing some ventrocaudally crossing fibres. The pulvinar was not involved. The caudal end of the lesion was situated at the level of the posterior commissure (PC): the whole rostral interstitial nucleus of MLF (riMLF), the rostral half of the interstitial nucleus of Cajal (iC) and of the nucleus of Darkschewitsch (nD) were involved (fig 3), as well as the most rostral fibres of the left MLF. The oculomotor nuclei, their roots, and the remainder of the brainstem were intact. The right thalamus did not show any significant lesion (an area of focal demyelination of a few μm was demonstrated in the parafascicular nucleus). Rare minute recent infarcts measuring a few μm, probably secondary to emboli, were seen in the central region of both hemispheres. In order to detect any axonal degeneration in layer IV and a possible neuronal loss or degeneration in layer VI (the lamina of origin of most cortico-thalamic fibres) in the somatosensory cortex due to lesions in the VPM, serial sections of small tissue blocks, taken in areas 4, 3, 1 and 2 of both hemispheres, were examined with special techniques, and showed degenerated fibres.

**Discussion**

The thalamos-mesencephalic infarct was related to proven emboli in the posterior thalamo-subthalamic paramedian artery. These emboli probably arose from the heart, which showed recent myocardial infarcts.

The slight right-sided weakness probably corresponded to involvement of the ansa lenticularis, and the decrease of superficial sensation in the right upper part of the body down to D10 was related to involvement of the ventral posteromedial nucleus (face) and of the internal part of the ventral posterolateral nucleus (upper limbs, upper trunk).

A non-dissociated upgaze palsy was present, with permanent downward deviation of the eyes. In the midbrain, the infarct was strictly unilateral and involved the riMLF iC, nD, PC, as well as the red nucleus, zona incerta, tegmental H field and fasciculus retroflexus tract. Classically, bilateral lesions in the

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**Fig 2** Camera lucida drawings of transverse coronal sections through the thalamus. CC = corpus callosum, c = caudate nucleus, MB = mamillary body, MTh = mamillo-thalamic tract, Mte = mamillo-tegmental tract, Lf = lenticular fascicle, III V = third ventricle, CrC = crus cerebri, AN = anterior nucleus, DM = dorsomedial nucleus, CM = centromedian nucleus, Pf = parafascicular nucleus, LD = lateral dorsal nucleus, LPF = lateral posterior nucleus, VL = ventral lateral nucleus, VPL = ventral posterolateral nucleus, VPM = ventral postero medial nucleus, Sth = subthalamic nucleus, RN = red nucleus, SN = substantia nigra, MGB = medial geniculate body, LGB = lateral geniculate body, III N = oculomotor nuclei, PC = posterior commissure.
upper midbrain have been reported in vertical gaze palsy. However, upgaze palsy, which was initially described by Henoch and Parinaud has been associated with a presumed or proven unilateral mesencephalic lesion in a few cases. The cases of upgaze palsy with a proven unilateral infarct of the upper midbrain are summarised in Table 2. The iC and nD were involved in the four reported cases and in our case. In the first three cases, the iMLF was not described, but it appears from the pathologic studies that it was very probably damaged; it was involved in another case.

Table 2  Cases with upgaze palsy from a proven unilateral midbrain infarct

<table>
<thead>
<tr>
<th>Lesion (midbrain)</th>
<th>downw ard deviation</th>
<th>Vertical oculocephalic manoeuvre</th>
</tr>
</thead>
<tbody>
<tr>
<td>nD, iC, FR</td>
<td>preserved</td>
<td>vertical deviations</td>
</tr>
<tr>
<td>sparing of PC</td>
<td>—</td>
<td>no deviation</td>
</tr>
<tr>
<td>nD, iC, degeneration of PC</td>
<td>—</td>
<td>?</td>
</tr>
<tr>
<td>&quot;from the superior colliculus into the pretectum post the PC and caused demyelination to it&quot;</td>
<td>intermittent</td>
<td>preserved</td>
</tr>
<tr>
<td>nD, iC, FR, upper MLF</td>
<td>sustained</td>
<td>no response from downward deviations</td>
</tr>
<tr>
<td>nD, iC, FR, nMLF, PC</td>
<td>—</td>
<td>—</td>
</tr>
</tbody>
</table>

nD: nucleus of Darkschewitsch; iC: nucleus interstitialis of Cajal, nMLF: rostral interstitial nucleus of the MLF, PC: posterior commissure, FR: fasciculus retroflexus.

In the 3 first cases the iMLF was not described.

Table 3  Cases with proven left unilateral paramedian infarct of the thalamus

<table>
<thead>
<tr>
<th>Involvement of paramedian nuclei</th>
<th>Involvement of other thalamic nuclei or connections</th>
<th>Associated lesions</th>
<th>Neuropsychological disturbances</th>
</tr>
</thead>
<tbody>
<tr>
<td>pf, dm</td>
<td>—</td>
<td>midbrain (left),</td>
<td>somnolence</td>
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<tr>
<td></td>
<td></td>
<td>pyramidal tracts in the brainstem</td>
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<td></td>
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<td>subthalamic area, cerebellar peduncle</td>
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<td></td>
<td></td>
<td>hippocampus, frontal cortex</td>
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<tr>
<td></td>
<td></td>
<td>midbrain (left), scattered lesions in the right cerebral hemisphere</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>midbrain (bilateral), cerebral hemispheres</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>mesencephalic tegmentum and red nucleus (left) cerebral hemispheres</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>midbrain (left), lenticular nuclei, cerebral hemispheres</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>'sudden coma'</td>
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<td></td>
<td></td>
<td>not mentioned</td>
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<tr>
<td></td>
<td></td>
<td>verbal perseverations, literal and verbal paraphasias, alexia, agraphia</td>
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<td></td>
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<td>not mentioned</td>
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<tr>
<td></td>
<td></td>
<td>agitation, incoherence, confusion, disorientation in time and place</td>
<td></td>
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<tr>
<td></td>
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<td>somnolence, dysarthria, reduced speech, initial somnolence, semantic paraphasias, perseverations initial somnolence and disorientation, anterograde amnesia, non-fluent and reduced speech, semantic (and phonemic) paraphasias and paralexias, anosmia, impairment of verbal memory, apathy</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>known</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>unknown</td>
<td></td>
</tr>
</tbody>
</table>

pf = parafascicular nucleus, cm = centromedian nucleus, dm = dorsomedial nucleus, pu = pulvinar, Tmth = mamillo-thalamic tract (Vioq d'Azyr), vlo = ventral lateral nucleus—oral part, vlm = ventral lateral nucleus—medial part, vlc = ventral lateral nucleus—caudal part, vp = ventral posterior nucleus.
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and in our patient. The PC was directly involved by the infarct in one reported case and in our patient; degenerated or demyelinated in two cases; and appeared spared in one case. However, in the latter case, the efferent fibres that converge to the midline to form the PC were very probably involved as in cases with tumours apparently sparing the PC. The inputs involved in upgaze decussate in the PC, so that a unilateral lesion involving the PC and its laterally spreading fibres can probably give rise to an upgaze palsy, as in experiments in the monkey. However, no proven lesion limited to the PC has ever been reported in man.

The upgaze palsy did not spare the vestibular response. Involvement of the PC does not abolish the vestibular-induced upward movements, because the vestibular inputs involved in upgaze do not follow the PC and reach the oculomotor and trochlear nuclei, either directly from the vestibular nuclei, or indirectly from a descending pathway probably originating in the iC. The absence of upward deviation on oculocephalic manoeuvre thus probably corresponded to involvement of the iC, as destruction of the fibres of the PC do not alter vestibulo-ocular reflexes and because no lesion of the ascending vestibulo-oculomotor fibres was present.

The eyes were permanently deviated downward. Sustained or intermittent downgaze has been reported in diffuse encephalopathies and in intracranial hypertension. Patients with a unilateral or bilateral thalamic haemorrhage may also show a downward deviation of the eyes, but they also show intracranial hypertension. There is no report of sustained downgaze from a midbrain lesion without intracranial hypertension. In one case, an intermittent downward deviation of the eyes was reported. It was proposed that this intermittent deviation could have been due to transient firing of neurons in the riMLF and iC, from an interruption of ascending vestibulo-mesencephalic or descending corticomesencephalic inhibiting pathways. In our case, no significant lesion of the ascending vestibulo-oculomotor pathways was present. The riMLF and iC were involved, and these structures are thought to be major supranuclear centres involved in tonic vertical vestibular reflexes. Especially, the iC seems to have some importance in the vertical semicircular canal vestibulo-ocular reflex and upward vestibulo-ocular movements. Involvement of this nucleus may have caused an imbalance in vestibulo-oculomotor regulation at the origin of the sustained downward deviation of gaze. Involvement of corticomesencephalic fibres, with imbalance in the tonic inputs that regulate vertical smooth pursuit seems more improbable. The localisation of these fibres is not known, and in the case 4 of Pierrot-Deseilligny et al., where upgaze palsy was limited to smooth pursuit movements, no downward deviation was present.

Our patient showed aphasic disturbances with reduction of speech, decreased verbal fluency, naming difficulties, perseverations, semantic and less often phonemic paraphasias, semantic paralexias and disturbed spelling. Repetition was spared. Comprehension was only slightly impaired. The unilateral left thalamic infarct involved the intralaminar, dorsomedial, and ventral posterior nuclei of the thalamus, as well as the mamillo-territorial tract, and a small portion of the posterior part of the ventral lateral nucleus. The cerebral hemispheres showed only scarce minute lesions in the central regions, which could not be responsible for the symptoms. The role of the thalamus in linguistic activities was initially discussed in stimulation and electro-coagulation of the left thalamus, with emphasis placed on the ventral lateral nucleus and the pulvinar. Language disturbances have been reported in thalamic tumors and haemorrhages with delineation of clinical syndromes suggesting motor, sensory, or mixed transcortical aphasia. In thalamic infarction, detailed aphasiological studies have been made with CT correlations. Reduction of speech, anomia, perseverations and semantic paraphasias were the most frequent alterations. Involvement of the ventral lateral nucleus and pulvinar has been usually suggested, and could be related to connections with the prerolandic (ventral lateral nucleus) and postrolandic (pulvinar) cortical speech areas.

We have found 11 cases of infarction of the paramedian part of the left thalamus with pathologic confirmation in the literature (see table 3), either without mesencephalic infarction or with unilateral or bilateral midbrain involvement. Among these cases, neuropsychological disturbances were mentioned only in three, being either a confusional state, or aphasic symptoms very similar to those showed by our patient. Involvement of the ventral lateral and dorsomedial nucleus with sparing of the pulvinar was present in one of the cases with speech disturbances, and no detailed topographical analysis was provided in the other. Our case suggests that destruction of the pulvinar and ventral lateral nucleus may not be necessary. Among the nuclei of the medial and intralaminar formations, the dorsomedial nucleus might be incriminated, because of connections with Broca's area, Wernicke's area, and the gyrus supramarginalis. Disturbances of verbal memory have also been attributed to involvement of the left dorsomedial nucleus.

Although an extensive assessment of memory was not realised, the findings in our patient suggested a
marked anterograde amnesia, with inability to recall any recent event. Older events were better recalled. There were no confabulations. Amnesic syndromes from thalamic infarcts have initially been studied in cases with bilateral lesions,76-78 most often in the context of “thalamic dementia”12 65 77 78. In necropsied cases, involvement of the dorsomedial nuclei or of the mamillo-thalamic tract of Vicq d’Azyr has been emphasized,71 78 but to our knowledge, there is no report of a case with a unilateral thalamic infarct and amnesia, which was pathologically studied. In cases with CT study, involvement of the dorsomedial nucleus,65 73 75 ventral lateral nucleus,65 73 75 or of the anterior formation and mamillo-thalamic tract65 has been suggested. In the 11 cases with a proven left paramedian infarction of the thalamus (see table 3), the memory was not studied. In our case, in the absence of lesion of the mamillo-thalamic tract and of the anterior formation the amnesic disturbances were probably caused by severe lesion of the dorsomedial nucleus.

Marked underutilisation of the right side of the body, with no spontaneous movement, abnormal placement of the upper limb, poor withdrawal to pain, and motor impersistence were present, suggesting motor hemineglect.79 Motor neglect from a thalamic lesion has been attributed to involvement of the ventral lateral nucleus,80 81 of the centromedian and parafascicular nuclei,82 or of the posterior part of the thalamus and pulvinar.83 No pathologic confirmation was provided in the latter two reports. A case with a right thalamic haemorrhage was necropsied,84 but detailed anatomical data were not provided. Our case may favour the theory of Watson et al82 because the centromedian and parafascicular nuclei were destroyed, whereas the ventral lateral nucleus showed only minor changes and the pulvinar was spared. The motor neglect may have been due to global dysfunction of hemispheric activation, related to involvement of these nuclei and of inputs from the mesencephalic reticular formation.82 Except in one report,86 all series showed that thalamic neglect is more frequently caused by right than by left-sided lesions. However, our case shows that involvement of the left intralaminar formation may cause motor neglect on the right side of the body. Involvement of the mesencephalic reticular formation has also been suggested in some forms of unilateral neglect.86 However, in our case, the unimodal aspect of the neglect suggests that the lesion of the upper mesencephalic reticular formation was not responsible.

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References


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