

Letters

Moersch's and Woltman's⁴ Iowa farmer (case 1) had a Nonne-positive CSF suggesting an increased autochthonous IgG production. Abnormal CCT findings were seen in one patient with the "jerkings stiff man syndrome",⁵ but not in a second one,⁶ and in one typical case,³ comprising marked cerebellar atrophy and an enlarged fourth ventricle or enlarged basal cisterns, hypodense areas in the temporal lobes, and dilatation of the interhemispherical fissure.³

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The Miller Fisher syndrome following campylobacter enteritis: a report of two cases

The Miller Fisher syndrome is a rare variant of post infectious polyneuritis in which ophthalmoplegia, areflexia and ataxia occur. We report two cases associated with campylobacter infection.

A 37 year old man had a 2 day history of diarrhoea 7 days after returning from hol-

iday in Tenerife. A week later he noted paraesthesiae in his hands and feet, followed over the next 5 days by diplopia, nasal regurgitation of fluids and difficulty in walking. There was no relevant past history. Systems enquiry was unhelpful. On examination he was apyrexial. The pulse rate was 80 per minute, the blood pressure 130/80 mmHg. There was complete bilateral external ophthalmoplegia. The pupils were dilated with a sluggish response to light and accommodation; the fundi were normal. Bilateral lower motor neuron facial nerve palsies, absent gag reflexes, paralysis of the soft palate and bulbar dysarthria were noted. Muscle bulk, tone and power were normal apart from minimal weakness in the long extensors of his fingers. All deep tendon reflexes were absent with flexor plantar responses. The abdominal reflexes were retained. There was no sensory abnormality; proprioception and vibration were normal. Formal tests of coordination in the limbs were well performed but he demonstrated considerable ataxia of stance and gait. There were no other signs. Haematological and biochemical investigations were normal. There were no cells in the cerebrospinal fluid; the protein concentration was 0.54 g/l and the glucose 4 mM/l (73 mg/dl). Nerve conduction studies and computed tomography of his posterior fossa were normal. *Campylobacter jejuni*, sensitive to erythromycin, was grown from his stool. There was no other evidence of infection. A 5 day course of erythromycin cleared his stool of the organism. He required nasogastric feeding but did not suffer any respiratory embarrassment. His neurological disability remained static for 10 to 14 days and thereafter rapidly improved. No definitive treatment other than the antibiotic was employed. Three months later he has returned to normal with no residual signs.

A 28 year old man had a 3 day episode of diarrhoea on holiday in Portugal. Ten days later he developed diplopia and paraesthesiae over the anterior chest. His past history was unremarkable. On examination he was apyrexial. The pulse rate was 76 per minute, blood pressure 120/80 mmHg. There were bilateral sixth nerve palsies and impaired upward gaze. There were no other cranial nerve abnormalities. Muscle bulk and tone were normal. There was grade 4+/5 weakness of shoulder abduction, wrist movements and finger extension bilaterally. Deep tendon reflexes in the arms were absent. Both knee and ankle jerks were present with flexor plantar responses. No sensory abnormality was detected; proprioception and vibration were preserved. No

formal limb ataxia could be demonstrated, but he had ataxia of tandem gait. The rest of the examination was normal. Haematological and biochemical investigations were normal. The cerebrospinal fluid protein concentration was 0.36 g/l, the glucose 3.5 mM/l (64 mg/dl); there were no cells on microscopy. Stool culture grew *Campylobacter jejuni*. Campylobacter antibody titres were 1/64 (IgG 2.9 units, IgM 4.1 units of optical density) indicating a recent infection.² Titres to parainfluenza fell from 1/128 to 1/64 in 7 days. There was no other evidence of infection. Nerve conduction studies (including "F" waves), electroencephalography and computed tomography of his posterior fossa were normal. His condition improved over a period of 10 days without specific treatment. There were no respiratory or bulbar symptoms at any time. He remains well 18 months later.

There has been one report of Miller Fisher syndrome presenting with campylobacter enteritis.³ We report a further two cases associated with this organism. The neurological illness in these patients was preceded by a short episode of diarrhoea but there were no symptoms of enteritis at presentation. One patient received antibiotic therapy but both made full recoveries with no other specific treatment. Retrospective evidence of campylobacter infection has been demonstrated in over a third of a recent series of patients with Guillain-Barré syndrome.⁴ A history of diarrhoeal illness should be sought and asymptomatic campylobacter infection considered in patients presenting with these conditions. No comment can be made, however, on the possible efficacy of clearing the organism from the stool. There remains debate about the exact site of the lesions in Miller Fisher syndrome.⁵ The cranial nerve palsies and ataxia indicate brainstem pathology but the areflexia points to a peripheral component as well. The recognition of this syndrome is important as in spite of its alarming nature the course and outcome warrant an optimistic outlook.

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Paranglioma of the cauda equina

Sir: Paranglioma of the cauda equina is a rare tumour which was first described in 1972.¹ Recently Anderson and Gullan² reported the occurrence of this tumour in a 63 year old woman and commented on the small number of reported cases. We would like to document 2 more cases of paranglioma of the cauda equina.

Case A was a 50 year old man who was referred to the University Hospital of Wales, with an 8 year history of back pain. In the year prior to admission the pain had become associated with paraesthesiae in the buttocks and legs, and he had developed hesitancy of micturition. The only positive physical signs on examination were absent tendon reflexes, and pain on movement of the lumbar spine. A radiculogram revealed a complete block to the downward flow of contrast at the L3 level. At operation a vascular tumour occupied most of the lumbar spinal canal. The tumour was adherent to the roots of the cauda equina. The tumour was excised except for a small amount of capsule adherent to the nerve roots. Post-operatively he was given a course of local radiotherapy. He was last seen 2 years after surgery, and was well with no further back pain.

Case B was a 38 year old man, who presented at the Dundee Royal Infirmary with a 6 month history of back pain, which radiated down the back of the thighs. The only abnormal physical signs were a positive bilateral femoral nerve stretch test, and mild weakness of the left quadriceps. A myelogram showed a rounded intradural mass at the L1 level. At operation the dura was opened to reveal a vascular mass mea-

suring about 2 cm, which was lightly adherent to the roots of the cauda equina. The tumour was completely excised. Post operatively he made a good recovery. He was last seen 6 months after surgery, and was well with no further back pain, and no neurological deficit.

Histological examination of the tumour from Case A included examination of a smear preparation at the time of operation. The smear revealed separate groups of round to oval nuclei with eosinophilic cytoplasm, and occasional rosette formation. The appearances were quite similar to smear preparations of an ependymoma. Paraffin sections of the tumours revealed a vascular stroma, with nests and sheets of round to oval nuclei, with eosinophilic cytoplasm. A very occasional mitosis was evident in Case A, and there was no mitotic activity seen in Case B. A Grimelius stain demonstrated numerous neurosecretory granules within the cellular cytoplasm in both cases. Using a peroxidase labelled antibody system both tumours showed a strong positive reaction for neuron specific enolase. Electronmicroscopic examination revealed the presence of cytoplasmic membrane bound granules which measured between 800-1500 Å. The diagnosis of paranglioma was made in both cases.

There have been few descriptions of smear preparations of these tumours, and it is of interest that the smear preparation from our Case A, and of that reported by Gaffney, Doorly and Din³ resembled an ependymoma. In this respect Anderson and Gullan emphasised the importance of making the correct diagnosis with regard to both prognosis and treatment. We have found 18 reported cases in the literature,¹⁻¹⁷ which with the addition of our two cases brings the total to 20. We observe that all of these cases appear to have followed a benign course, but documentation and follow up remains important in furthering our knowledge of the long term behaviour of paranglioma of the cauda equina. Male predominance is suggested for these tumours, since 14 of these cases were males.

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Does the peripheral blood leukocyte count predict the risk of transient ischaemic attack and strokes?

Sir: The peripheral blood leukocyte count has been shown to be a predictor of myo-