Prefrontal cortical blood flow and cognitive function in Huntington’s disease

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SUMMARY To examine the relationship between cortical physiology and dementia in Huntington’s disease, rCBF during three different behavioural conditions, one of which emphasised prefrontal cognition, was determined by xenon-133 inhalation in 14 patients with Huntington’s disease and in matched controls. Cortical rCBF was not reduced in Huntington’s disease patients even while they manifested overt prefrontal-type cognitive deficits. Caudate atrophy on CT and rCBF were significantly correlated, but only during the prefrontal behaviour where the correlation was positive. These results suggest a qualification of the subcortical dementia concept as applied to Huntington’s disease and implicate an interaction between pathology that is subcortical and cognitive function that is cortical.

Intellectual deterioration is a hallmark of Huntington’s disease that in some patients predates the development of chorea. While dementia in advanced cases is attributable to widespread degenerative changes in the brain, especially the frontal cortex, the pathophysiology of intellectual changes seen in the early stages of the illness is unclear. Neuropathological and neurochemical changes in the cortex of early cases are usually mild and occasionally absent. Evidence of frontal atrophy on CT scan does not reliably predict degree of dementia. Moreover, and perhaps most surprising of all, studies of brain glucose metabolism using positron emission tomography (PET) have found that frontal cortex metabolic rates tend to be normal in other than advanced cases.

In spite of this lack of direct neuropathological data, the concept of the dementia of Huntington’s disease being a frontal lobe type dementia has a long history and is supported by considerable indirect evidence. Two of Huntington’s original case descriptions include references to social inappropriateness and poor judgement suggestive of prefrontal dysfunction. More recently, studies of the behavioural changes and the pattern of deficits on formal neuropsychological testing seen in this illness have stressed the similarity of the results to findings in patients with unequivocal frontal lobe disease.

An alternative and increasingly popular view is that the dementia of Huntington’s disease is a so-called “subcortical dementia” linked directly to pathology of the basal ganglia. This view implies that certain intellectual functions are processed in the basal ganglia or at least that they are fundamentally dependent on the integrity of the basal ganglia. The “subcortical” dementia concept is controversial and primarily theoretical. There are little direct experimental data to support it. While some studies have shown a relationship between caudate atrophy on CT and intellectual function, others have not. Likewise, despite consistent PET findings of reduced caudate glucose metabolism, the magnitude of the reduction has not consistently predicted the degree of dementia.

In this report we describe a potentially more informative approach to exploring the pathophysiology of the dementia of Huntington’s disease. It involves the simultaneous assessment of prefrontal cortical blood flow and prefrontal cognitive function. Information about how these parameters are related in Huntington’s disease may help clarify the pathophysiology of the cognitive impairment. The findings suggest that prefrontal type cognitive deficits are not the result of
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intrinsic prefrontal disease or dysfunction but reflect the impact of caudate pathology on normal prefrontal physiology.

Methods

Subjects Fourteen patients with adult onset Huntington's disease (seven men, seven women) ages 25 to 61 (mean 41.9) participated in the study. Diagnosis was made on the basis of a positive family history, the presence of chorea, deterioration in cognitive function, and in most cases (see below) presence of caudate atrophy on CT scan. Complete neurological examinations, automated blood chemistry analyses, thyroid function tests, and peripheral blood smears were not suggestive of other aetiologies of the abnormal movements. The onset of chorea as determined by historical accounts ranged from 1 to 19 years (mean 6.4), and the diagnosis had been made from 1 month to 10 years (mean 3.7) before the study. According to the staging criteria of Shoulson and Fahn,27 three patients were stage I, seven were stage II, three were stage III, and one was stage IV. Two patients required institutional care and were taking haloperidol 5 mg per day. The rest of the group were outpatients and were medication-free.

Fourteen age and sex matched normal volunteers (seven men, seven women, mean age 42.7, range 22 to 68) comprised the control group. These individuals had no history of neurological, psychiatric, or systemic medical illness. There were no significant differences between patients and controls in age, handedness (all right handed), height, weight, resting pulse, and blood pressure. The controls had completed more than 5 years of education (mean ± S.D.: 16.1 ± 2.8 v. 13.3 ± 3.5, p < 0.05; t test).

rCBF Technique rCBF was determined by the xenon-133 inhalation method developed by Obrist et al28 and modified by Deshmukh and Meyer.29 We have instituted several further modifications in the practical application of this technique which are detailed elsewhere.30 They involve primarily a method for reproducible placement of extracranial radiation detectors to facilitate repeat studies, having subjects in a seated position, and the use of a snorkel-like mouthpiece and soft nose clamp. In addition, we have adapted a topographic mapping technique for pictorial display of the data that is described elsewhere.30 The rCBF data presented here consist of initial slope (IS) values derived from clearance curves for 32 cortical areas surveyed by 32 extracranial radiation detectors. This unelim, index measure has been defined and validated by Obrist and Wilkinson as indicative of grey matter blood flow.31 The approximate region of cortex monitored by each detector has been previously determined by their relationship to standard international 10-20 EEG lead placements.30

rCBF test conditions Each subject underwent three consecutive rCBF procedures separated by at least 30 minutes and carried out in either a morning or afternoon session. The testing took place in a dimly lit and quiet room. The first condition was the “resting state” in which they were told to remain awake, motionless, and to keep their eyes closed.

The second and third rCBF procedures, each performed after correction for background radioactivity, were administered during the performance of mental activation tasks which were presented in counterbalanced sequence to control for the possibility of an order effect.33 34 These tasks are described in greater detail elsewhere.30 The activation paradigms began approximately 1 minute before xenon inhalation and continued throughout the entire 12 minute rCBF measurement period.

One paradigm was an automated version of the Wisconsin Card Sorting Test (WCS), an abstract reasoning, problem-solving test that involves achieving abstract sets, then maintaining and changing these sets when appropriate as determined by feedback. The test procedure and method for scoring are as described by Heaton.35 This test was used because it is a relatively well validated measure of prefrontal cortical cognitive function.36-39 Patients with focal lesions involving particularly dorsolateral prefrontal cortex (DLPFC) consistently do worse on this test than patients with cortical lesions elsewhere. Furthermore, we have shown in a large sample of normal individuals that performance on the WCS is associated with an increase in rCBF that is greatest in dorsolateral prefrontal cortex.30 While it is unusual for normal individuals to have difficulty with this test, patients with Huntington's disease typically do poorly on it.7 19

The other task was a simple automated number matching (NM) procedure performed on the identical apparatus as in the WCS. This task served two purposes: it was a nonprefrontally specific and simple mental activity that patients with Huntington's disease could complete without obvious difficulty; and it served as an active baseline state against which rCBF during the WCS could be compared. In keeping with this latter purpose, the NM was conceived as an individualised control for aspects of the WCS-rCBF experience other than DLPFC-specific cognitive function. These included the minimal finger movement involved in pressing a switch to make a response, the eye scanning and visual stimulation involved, and the emotional and psychological experience of taking a test during which rCBF is measured. In theory, these factors remained relatively constant from one task to another. We have previously found that by examining differences in rCBF between the NM and the WCS, those aspects of the WCS rCBF that are specific to the WCS may be better isolated.30

Computed tomography High resolution CT scans that had been performed within 6 months of the rCBF procedure were available for 10 patients. Caudate atrophy was assessed using the frontal horn-caudate ratio (FCR).40 A measure that varies inversely with degree of caudate atrophy (that is, lower ratios correspond to more atrophy). One patient had a frontal-caudate ratio of 2:1; the only value that fell within the normal range.9 40 The other patients had values ranging from 1:2 to 1:6.

Peripheral physiological data Several peripheral physiological measures were continuously monitored on a polygraph during each rCBF procedure, including pulse rate, respiratory rate, skin conductance (GSR), and end expiratory partial pressure of carbon dioxide (PCO2). The autonomic measures were used to evaluate a possible effect of nonspecific arousal and anxiety on rCBF data. Polygraphic recordings were scored as previously described.30
Statistical analyses Each rCBF test condition was analysed separately. Three types of analyses were performed.

(1) Regional analysis A region-by-region analysis of absolute rCBF involved collapsing the 32 individual grey matter (IS) values into five functionally meaningful regions: prefrontal, precentral, temporal, parietal, and parieto-occipital. To keep the number of variables appropriate for the sample sizes, the regions were not subdivided according to hemisphere. The rCBF value for each region was the mean of the individual detector values comprising the region. Across group analysis was done by a conservative multivariate analysis of variance (MANOVA) no repeated measures design with the five regional values as the variables and by univariate ANOVA for each region independently.

The interpretation of absolute rCBF data is complicated by the effect of blood pCO2. Since rCBF varies directly with pCO2, it is possible that group rCBF differences could be an artifact of ventilatory differences. One approach to this problem has been to apply a correction factor, but the magnitude of this factor is controversial. Furthermore, while it is clear that acute changes in pCO2 alter rCBF, the impact of chronic changes is less certain. To further complicate this issue, pCO2 values in expired air may not accurately reflect arterial pCO2, because any leakage involved in gas delivery will result in lower expired air pCO2 values. For these reasons, the role of pCO2 values in this study is problematic. We have chosen to present both pCO2 corrected and uncorrected data. Where pCO2 cor-

Fig 1 Topographic gray-matter group mean rCBF maps of left and right hemispheres showing lateral view of cortex with frontal pole pointing to left. Colour scale is keyed to initial slope values except in (d) where it indicates percentage change relative to NM baseline. Note that colour scales are anchored to different values for controls and Huntington's disease patients. However, the scales are identical for each subject group regardless of behavioural condition. rCBF values are pCO2 corrected. Three behavioural conditions are shown: (a) is during resting; (b) on following pages (b) upper right is during the number matching (NM) test; (c) is during the Wisconsin Card Sorting Test (WCS). (d) shows percent change in rCBF during WCS as compared with during NM.
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(2) Relative distribution analysis
One approach to reduce the variance in rCBF data and to obviate the pCO2 problem is to normalise regional rCBF values to a reference value for each brain. In the present study, each absolute rCBF value was converted into a percent of the hemisphere mean blood flow and then the 32 percentage measures were collapsed into regional percent flows as described in the regional analysis above. Statistical analysis was by MANOVA for all the regions together and by ANOVA for individual regions.

(3) Specific activation analysis
Because the NM condition involved many of the nonspecific activating aspects of the WCS (for example, visual stimulation, motor responses, attention, idiosyncratic emotional reactions to the test environment), an analysis of where rCBF during these two tasks differs has the greatest potential for highlighting cognitively specific cortical activation. We have previously found that this approach has an advantageous “signal-to-noise ratio” for demonstrating a relationship between rCBF changes and cognitive function. Furthermore, since there were no pCO2 differences between the WCS and the NM within either group, this approach offers a means of making absolute rCBF comparisons that are not vulnerable to pCO2 effects or to other artifacts associated with the xenon rCBF technique (such as variations in blood volume, partition coefficients, pulmonary function). After dividing the WCS rCBF values by the NM values, in a sense “zeroing” the WCS values to the NM values, the quotient was converted to a percent and treated to the same statistical analysis as described in the regional analysis above. Statistical analyses were carried out on a mainframe computer using Statistical Analysis Systems packages (SAS 82). General linear model routines were used for MANOVA and ANOVA and correlations were examined by Pearson's product-moment test unless stated otherwise.

Results
rCBF results
Resting state
During the resting state, the pattern of
rCBF was similar in both groups (fig 1a). Regional analysis showed no significant group differences by MANOVA and no individual region was significantly different by univariate ANOVA, though Huntington's disease patients had slightly lower mean rCBF in each region. There was, however, a significant difference in respiratory rate and in mean end-expiratory pCO2 (patients, 37.1 ± 1.4 mmHg; controls, 46.2 ± 0.9, p < 0.0001, t test). pCO2 correction resulted in elevating rCBF in the Huntington's disease patients to values slightly above those of the controls, and MANOVA analysis revealed a significant overall group effect (Wilks' Lambda = 0.61, F(5, 22) = 2.77, p < 0.05), but no significant individual region differences (fig 2a). Relative distribution analysis, as shown in fig 3a, revealed a trend towards an overall group effect (Wilks' Lambda = 0.63, F(5, 22) = 2.55, p < 0.06), with Huntington's disease patients having greater relative flows to prefrontal and temporal regions.

**NM Condition** During the NM condition, the rCBF pattern was again similar in both groups (fig 1b). There was no overall group effect or individual region differences in the region analysis. Despite significant differences in pCO2 (patients, 36.2 ± 1.5; controls, 42.5 ± 0.9, p < 0.01), pCO2 correction did not change the results of the analyses (fig 2b). Relative distribution analysis also showed no group differences (fig 3b).

**WCS Condition** During the WCS test, both groups again demonstrated similar rCBF patterns (fig 1c, d). There were no group differences by any of the analyses (figs 2c, 3c).

As depicted in fig 1d, rCBF increased in both groups during the WCS as compared with during the NM, and the increases tended to be greatest in prefrontal cortex. The results of the specific activation analysis are shown in table 1. Despite somewhat greater mean activation in all regions in controls,
there was no overall group effect by MANOVA and in none of the individual regions was activation significantly different across groups by univariate ANOVA.

rCBF—CT correlations
In both the resting state and NM condition, there were no correlations between rCBF in any cortical area and frontal-caudate ratio (FCR) on CT scan. During the WCS, however, degree of caudate atrophy correlated directly with rCBF, that is, FCR and rCBF were inversely correlated (fig 4). It should be noted that the two patients with the lowest rCBF in fig 4 were unmedicated. Furthermore, degree of specific activation, that is percent increase in rCBF during WCS as compared with NM, also correlated significantly and inversely with FCR. Table 2 lists the magnitude of these correlations for the frontal regions. Similar correlations were found for the temporal and parietal areas. Neither rCBF during WCS nor percent activation for any cortical area correlated with age, with duration of illness, with stage of illness, or with measures of arousal that is, pCO₂, pulse rate or CSF. Therefore, this behaviourally specific relationship between cortical physiology and subcortical pathology did not appear to be an artifact or epiphenomenon of differences in motor activity or in emotional experience.

WCS performance correlations
Patients performed much more poorly than did controls on the WCS (table 3). While neither rCBF during the WCS nor FCR on CT predicted cognitive performance on this test, the degree of activation over baseline showed a trend towards an inverse correlation with some measures of performance (see table 2). Performance was also correlated with independent living skills as measured by the Shoulson and Fahn scale (Spearman rho = 0·61, p < 0·02). Performance and years of education were not related. There were no group differences in pulse rate or GSR during any of the test conditions.
Fig 2  rCBF (mean ± SEM) in Huntington’s disease patients (N = 14) and controls (N = 14) during three behavioural conditions: resting, a number matching task (NM), and the Wisconsin Card Sort Test (WCS). Regional blood flow values are pCO₂ corrected.

Fig 3  rCBF in Huntington’s disease patients and controls expressed as a percentage of mean brain blood flow. Bars represent mean ± SEM. *p < 0.05 by univariate (region) ANOVA across groups.
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Table 1  Comparison of percent cortical activation (WCS/NM × 100) (mean ± S.E.M.)

<table>
<thead>
<tr>
<th>Region</th>
<th>Controls (N = 14)</th>
<th>Patients* (N = 14)</th>
<th>ANOVA F</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prefrontal</td>
<td>9.0 ± 3.1</td>
<td>4.4 ± 3.0</td>
<td>1.1</td>
<td>0.3</td>
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<tr>
<td>Precordental</td>
<td>7.2 ± 3.0</td>
<td>2.5 ± 1.8</td>
<td>1.9</td>
<td>0.19</td>
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<tr>
<td>Temporal</td>
<td>6.6 ± 3.0</td>
<td>3.4 ± 3.9</td>
<td>0.4</td>
<td>0.5</td>
</tr>
<tr>
<td>Parietal</td>
<td>7.0 ± 3.1</td>
<td>3.6 ± 3.0</td>
<td>0.6</td>
<td>0.4</td>
</tr>
<tr>
<td>Parieto-occipital</td>
<td>7.4 ± 2.8</td>
<td>3.9 ± 2.9</td>
<td>0.8</td>
<td>0.4</td>
</tr>
</tbody>
</table>

WCS represents Wisconsin Card Sorting Test. NM represents Number Matching Task. *MANOVA NS

Table 2  Frontal cortex rCBF correlations

<table>
<thead>
<tr>
<th></th>
<th>FCR on CT (N = 10)</th>
<th>WCS performance (N = 14)</th>
<th>Items completed</th>
<th>Categories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prefrontal rCBF during WCS</td>
<td>r = -0.63</td>
<td>N.S.</td>
<td>N.S.</td>
<td></td>
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<tr>
<td>Precordental rCBF during WCS</td>
<td>r = -0.62</td>
<td>N.S.</td>
<td>N.S.</td>
<td></td>
</tr>
<tr>
<td>% prefrontal activation</td>
<td>-0.62</td>
<td>-0.49</td>
<td>-0.44</td>
<td></td>
</tr>
<tr>
<td>% precentral activation</td>
<td>-0.06</td>
<td>0.07</td>
<td>0.12</td>
<td></td>
</tr>
<tr>
<td>% perseverative activation</td>
<td>-0.71</td>
<td>-0.57</td>
<td>-0.43</td>
<td></td>
</tr>
</tbody>
</table>

FCR is frontal horn-caudate ratio
% activation refers to WSC-rCBF × 100

Table 3  WCS performance results (mean ± S.E.M.)

<table>
<thead>
<tr>
<th></th>
<th>No of items completed</th>
<th>No of categories</th>
<th>% perseverative error</th>
</tr>
</thead>
<tbody>
<tr>
<td>Controls (N = 14)</td>
<td>104 ± 6.2</td>
<td>6.7 ± 0.8</td>
<td>12.3 ± 3.6</td>
</tr>
<tr>
<td>Huntington’s disease patients* (N = 14)</td>
<td>71 ± 3.7</td>
<td>1.4 ± 0.5</td>
<td>38.6 ± 6.0</td>
</tr>
</tbody>
</table>

*All comparisons significant at p < 0.01.

Discussion

The results of this study confirm and extend earlier reports of quantitatively normal cortical metabolism in patients with mild to moderately advanced Huntington's disease. Consistent with most studies of glucose metabolism using PET,10-13 we found that cortical rCBF during the so-called “resting state” was not diminished in patients with this illness. In contrast to previous reports, we also studied Huntington's disease patients while they were engaged in a reasoning task and found that even when manifesting overt cognitive impairment, they had normal cortical rCBF and presumably cortical metabolism.

Because the “resting state” is poorly controlled in terms of patient behaviour and psychological experience and may be physiologically variable,51 52 interpretation of resting brain metabolism and rCBF data in the context of studying mental function is problematic.51 We have attempted to reduce interindividual variance (“noise”) in rCBF data by engaging patients in explicit behaviours during the procedure and by having each subject serve as his or her own control. In the present study, one of the behaviours was selected because it appears to be mediated by cortical neuronal systems implicated in Huntington’s disease and because it is usually impaired in patients with this illness.7 19 This was the Wisconsin Card Sorting Test (WCS), a task that places a premium on dorsolateral prefrontal cortical function. It was hypothesised that by examining cortical rCBF during cognition specifically keyed to prefrontal cortex, the relationship of prefrontal physiology to prefrontal-type cognitive deficits in Huntington’s disease could be more directly appreciated.

The other explicit behaviour was a simple number matching test that posed no difficulties for Hunt-

Fig 4  Correlation of prefrontal rCBF with frontal-caudate ratio on CT scan. During the NM behavioural condition, the correlation was not significant (r < 0.2, p > 0.5).
In Huntington's disease patients and that served as an rCBF baseline for comparison with rCBF during the WCS. We have previously found that by comparing rCBF during a regionally specific cognitive task with rCBF during an active baseline, many of the nonspecific physiological correlates of the primary task are eliminated, and rCBF that is specifically related to this task is highlighted.\(^{30}\)\(^{48}\)\(^{50}\)

Despite these efforts to isolate prefrontal physiology and to place prefrontal cortex under a selective functional "load", we could not demonstrate a reduction in prefrontal or other regional cortical activity in this Huntington's disease sample. rCBF did not differ between patients and controls during either of the explicit behavioural conditions. Furthermore, although patients did not tend to activate prefrontal cortex during the WCS over that during the NM quite as much as did the controls, this difference also was not statistically significant. These data suggest, therefore, that not only the limitation of the xenon rCBF technique, prefrontal-type cognitive deficits in early Huntington's disease are the result of some mechanism other than a physiological abnormality intrinsic to prefrontal cortex.

Prefrontal-type cognitive deficits such as those typified by poor performance on the WCS are not illness specific, as they are associated with many disorders, including Alzheimer's disease,\(^{53}\) Parkinson's disease,\(^{53}\)\(^{54}\) progressive supranuclear palsy,\(^{53}\)\(^{55}\) multiple sclerosis,\(^{56}\) schizophrenia,\(^{30}\) as well as normal aging.\(^{55}\) It is unlikely that the pathophysiological mechanisms underlying this behavioural abnormality are the same in these pathologically and aetiologically diverse conditions. The results of in vivo brain metabolism studies may help define the various mechanisms involved. For example, in Alzheimer's disease, frontal cortex glucose metabolism and rCBF are typically reduced both at rest\(^{57}\)\(^{59}\) and during mental activation.\(^{50}\) This hypometabolic pattern is not surprising in light of findings in Alzheimer's disease of neuronal degeneration in prefrontal cortex. The results suggest that the mechanism of prefrontal-type cognitive deficits in this illness is direct impairment of intrinsic cortical processing systems.

There is also evidence from in vivo brain metabolism and rCBF studies of prefrontal metabolic abnormalities in patients with Parkinson's disease,\(^{61}\)\(^{63}\) progressive supranuclear palsy,\(^{64}\) multiple sclerosis,\(^{65}\) and schizophrenia.\(^{30}\)\(^{66}\) though this evidence is less consistent that in Alzheimer's disease. It has been proposed that a different mechanism, namely prefrontal deafferentation, accounts for the prefrontal hypometabolism seen in Parkinson's disease.\(^{37}\)\(^{38}\) in progressive supranuclear palsy,\(^{64}\) and in schizophrenia.\(^{30}\) In a study of Parkinson's disease using a paradigm identical to the present study, the results were clearly distinct from those of Huntington's disease; we found a strong positive correlation between prefrontal rCBF and performance on the WCS.\(^{49}\) It is interesting to note that a similar finding emerged in a study of patients with schizophrenia.\(^{30}\) Whether this direct clinical-pathophysiological correlation suggests a deafferentation mechanism for the prefrontal-type cognitive deficits seen in these disorders or not, it does suggest a different mechanism from the one implicated in this study of Huntington's disease.

Although we did not find a strong relationship between prefrontal rCBF and cognitive function in Huntington's disease, prefrontal rCBF (as well as blood flow in other cortical areas) did correlate with the degree of caudate atrophy. There were two important features of this correlation. First of all, it was behaviourally specific, occurring only during the WCS condition. This novel finding suggests that the effect of caudate degeneration on cortical function is most pronounced during mental activity in which there is heightened demand for prefrontal function. Since most of the cortical input to the head of the caudate comes from prefrontal association cortex,\(^{67}\)\(^{68}\) it is, perhaps, not surprising that caudate pathology preferentially disrupts the "downstream" processing of information from this source. One clinical implication of this is that patients with early Huntington's disease, who tend to have degenerative neuro-pathological changes confined to the head of the caudate,\(^{45}\) may evince only minimal behavioural abnormalities unless specifically engaged in mental activities that place a premium on prefrontal function, such as exercising critical judgement, planning for the future, solving complex problems, etc. This may also explain why family members and employers are often the first to perceive subtle behavioural changes.

The second feature of the relationship between caudate pathology and rCBF is that they were directly correlated. The greater the caudate atrophy, the more cortical rCBF was found during the WCS and the more it increased over the NM baseline. While this correlation may at first seem paradoxical, it may also represent direct physiological evidence of the mechanism of the failure of prefrontal cognitive function in Huntington's disease. It is tempting to interpret this finding as indicative of the normal physiological response of a normal prefrontal cortex to downstream blockade at the head of the caudate, the primary first order corticofugal projection site. In other words, prefrontal cortex metabolism and presumably functional output increased in proportion to the degree of its "decoupling" with caudate, as if attempting to compensate for or to get through an outflow block. The tendency for poorer performance on the WCS to be associated with greater cortical...
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activation can be viewed as consistent with this interpretation.

It should be noted that while the relationship between cortical rCBF and subcortical pathology was found only during the prefrontal behavioural condition, this relationship was not confined to rCBF only in frontal cortex. The correlations with temporal and parietal rCBF are more difficult to interpret in light of the limited projections of these regions to head of caudate and also considering that these areas are not directly implicated in performing the WCS. One possibility is that changes in metabolic activity in these non-frontal association areas during the WCS is secondary to changes in prefrontal activity, an interpretation consistent with the intracortical connectivities of prefrontal cortex and with data from PET and rCBF studies indicating that metabolic activity among cortical regions is highly intercorrelated.69

Finally, while these results may be interpreted as evidence in support of the "subcortical dementia" concept, they also suggest a qualification of this concept. In the original descriptions of the "subcortical dementia" syndrome, it was conceded that the cognitive deficits were indistinguishable from those associated with frontal lobe disease.21 22 In the present study, the dementia involved a cognitive function thought to be mediated by neuronal systems intrinsic to prefrontal cortex. There is no compelling reason to believe that the dementia itself is subcortical simply because the primary pathology is located there. The data presented here suggest that the dementia represents a loss of neocortical (particularly prefrontal) function and that the role of subcortical pathology is in determining the pathophysiological mechanism by which this function is lost.

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