Pain-related somatosensory evoked potentials in cortical reflex myoclonus

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Abstract
To elucidate the sensitivity to pain stimuli in patients with cortical reflex myoclonus, pain-related somatosensory evoked potentials (pain SEPs) following CO2 laser stimulation and conventional electrically-stimulated SEPs (electric SEPs) were compared in four patients with cortical reflex myoclonus. The P25 peak of electric SEPs was considerably enhanced but the P320 potential of pain SEPs was of normal amplitude in all patients. After medication, myoclonus was reduced and the amplitude of P25 was decreased, but P320 showed no change. In our previous study the scalp distribution in normal subjects, a subcortical site, probably the thalamus, was considered to be the generator source of P320. Because most pain stimuli do not reach the cortex, patients with cortical reflex myoclonus are not sensitive to pain stimuli and P320 in pain SEPs is not enhanced.

There is a general concept that cortical reflex myoclonus1 is induced mainly by muscle stretch, touch or pressure.2-5 This is compatible with the facts that cortical components of electrically-stimulated somatosensory evoked potentials (electric SEPs), which are generated in the sensorimotor cortex as a result of ascending signals mediated through large myelinated fibres, are considerably enhanced ("giant") in most patients with cortical reflex myoclonus.1-10 These patients might be sensitive to pain stimulation as well, but by using a pin or needle, it is difficult to give "pure" pain stimuli without causing excitation of cutaneous mechanoreceptors. A low power and long wavelength CO2 laser beam induces pain or heat sensation when applied to the skin. Recently, we have investigated pain-related SEPs (pain SEPs) by CO2 laser stimulation, and as a result of various studies involving ischaemic or anaesthetic conditions in normal subjects, its ascending signals were considered to be mediated through Aδ fibres.11 Broman and Treede using the microneurogram reached a similar conclusion.12

The object of this investigation was therefore to elucidate the degree of sensitivity to pain stimuli in cortical reflex myoclonus by analysing pain SEPs.

Materials and methods
Four patients with cortical reflex myoclonus, one with Ramsay Hunt syndrome, one with sialodysport type 2, and 2 with unclassified progressive myoclonic epilepsy, were selected according to the following three criteria: (1) the amplitude of the P25, the initial cortical positive potential recorded at or around the somatosensory hand area of the scalp following stimulation of the median nerve at the wrist, was larger than the mean +2 SD for normal subjects. (2) An enhanced long-loop reflex (C reflex13) recorded even at rest (without voluntary contraction of the corresponding muscles), and (3) the presence of cortical spikes preceding spontaneous myoclonic jerks using the jerk-locked back averaging method.18-14 The patients’ profiles are summarised in table 1. No neurological dysfunction other than myoclonus, cerebellar ataxia or generalised convulsion was found. Thirty normal subjects (10 females and 20 males, mean age 46 years, range 18 to 75) were also studied. All subjects gave informed consent.

In addition to using the conventional pin-prick method, pain sense was also evaluated by a specially made dolorimeter using a CO2 laser beam, to determine the exact strength of stimulus. Laser wavelength was 10.6 µm, and the diameter of the irradiated beam was approximately 2 mm. The stimulus was applied to the dorsum of the hand, with increasing power, once every 3 seconds. Subjects were requested to tell the examiner each time they felt mild touch (pre-pain threshold) and distinct sharp pain “like a pin-prick” (pain threshold). As the intensity above 20.5 mj/mm² was suspected to cause skin erythema, maximum power was set to that level. The test was repeated at least three times and the lowest threshold was adopted.

The electric stimulus was a constant voltage square-wave pulse of 0-2 ms duration delivered to the left median nerve at the wrist. The stimulus intensity was sufficient to produce a definite twitch of the thumb.

Stimulus intensity of approximately 17-20 mj/mm² elicited sharp pain that subjects tolerated without any discomfort and felt “like a pin-prick”. Stimulus duration was 10 ms. To avoid habituation, irradiated sites were changed slightly from stimulus to stimulus. A red helium-neon laser was combined with the CO2 laser to indicate the irradiated area. The temporal delay between laser stimulation and the onset of averaging was less than 1 ms. The detailed methods were described in our previous study.18
Recording was performed in a warm and quiet room. The patient was seated comfortably in a reclining arm-chair, and was encouraged to relax. Skin temperature of the stimulated area was measured by a thermometer. The skin was warmed by a heater when it was below 30°C. The patient was awake during the recording.

Silver disc recording electrodes were attached at 16 locations on the scalp, each of which corresponded to the midway between the conventional electrode locations of the international 10–20 system (fig 1). The reference used was the left earlobe for electric SEPs and linked earlobes for pain SEPs.

The analysis window of pain SEPs was 200 ms for recording short-latency components and 1500 ms for recording longer ones, and that of electric SEPs was from 10 ms before the stimuli to 90 ms after the stimuli. The frequency response of the amplifier was 1–1000 Hz (-3dB) for recording electric SEPs and short-latency pain SEPs, and 0.5–100 Hz for long-latency pain SEPs. The number of sampling points was 512 for each channel. Two hundred to 300 responses were averaged for electric SEPs and short-latency pain SEPs, and 30 to 100 for long-latency pain SEPs. At least two recordings were made for each stimulus condition. Relative positivity at grid 1 resulted in a downward deflection in all recordings. Amplitude was measured from the preceding peak of the opposite polarity wave.

The isopotential maps were drawn using the amplitude measured from baseline at each electrode at a particular time interval after the stimulus onset. The baseline was determined by averaging the 10 ms epoch before the stimuli for electric SEPs, and the 100 ms epoch after the stimuli for pain SEPs.

Long-loop reflex (C reflex) was recorded from a pair of surface electrodes placed on the thenar muscle of the stimulated side, while it was kept at rest throughout the recording. The frequency response of the amplifier was between 75 and 1000 Hz, and the analysis window was 100 ms following electrical stimulation of the median nerve and 1500 or 2500 ms following laser stimulation.

The recordings were carried out when the patients were not taking medication, and were performed again when they were on appropriate medication, to discover any drug effects.

**Results**

(1) **Pain threshold**

Pre-pain and pain thresholds in patients were not significantly different from those in normal subjects (table 2). No patient felt hyperalgesia or dysalgesia to laser stimuli, and myoclonus was not induced by laser stimuli.

(2) **Pain SEPs**

In normal subjects the N200-P320-N500 complex was clearly identified in pain SEPs, but no potential earlier than N200 could be found. As the P320 potential was the largest and most stable one with relatively small inter-individual differences, P320 was evaluated in this study. Although mean peak latency of P320 was 331.6 ms in the present study, it was termed P320 instead of P330, following the nomenclature used in our previous study.

As in the normal subjects, short-latency potential was not recorded in the patients. The P320 was clearly identified in all patients, and was of normal latency and amplitude (table 3 and fig 2A). It was maximal at the location 6 (midway between Fz and Cz) in cases 3 and 4, and at the location 11 (midway between Cz and Pz) in cases 1 and 2. P320 was widely distributed to the surrounding area, especially in the frontal region, with no significant asymmetry (fig 3A). No negative potential which appeared to show phase-reversal to P320 could be identified. Scalp topography of P320 was similar to that recorded in normal subjects.

Long-latency EMG response from the thenar muscle of the stimulated hand was not identified in any of the cases.

(3) **Electric SEPs**

P25 potential in electric SEPs was considerably enhanced in all cases compared with those in normal subjects (table 3 and fig 2B). The P25 was maximal around the somatosensory hand area, that is, at the location 12 (midway between C4 and P4) in cases 2–4 (fig 3B), and at the location 7 (midway between F4 and C4) in

Table 1  Clinical profiles of four cases of cortical reflex myoclonus

<table>
<thead>
<tr>
<th>Case</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
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<tbody>
<tr>
<td>Sex</td>
<td>F</td>
<td>F</td>
<td>M</td>
<td>M</td>
</tr>
<tr>
<td>Age (years)</td>
<td>19</td>
<td>71</td>
<td>54</td>
<td>52</td>
</tr>
<tr>
<td>Age at onset</td>
<td>10</td>
<td>24</td>
<td>30</td>
<td>45</td>
</tr>
<tr>
<td>Diagnosis</td>
<td>Ramsay Hunt syndrome</td>
<td>PME*</td>
<td>PME</td>
<td>Sialidosis type 2</td>
</tr>
<tr>
<td>Generalised convulsion</td>
<td>(+)</td>
<td>(+)</td>
<td>(+)</td>
<td>(-)</td>
</tr>
<tr>
<td>Cerebellar signs</td>
<td>(+)</td>
<td>(-)</td>
<td>(-)</td>
<td>(+)</td>
</tr>
</tbody>
</table>

*Unclassified progressive myoclonic epilepsy

Table 2  Pre-pain and pain thresholds judged by the dolorimeter using CO₂ laser.

<table>
<thead>
<tr>
<th>Threshold (mJ/mm²)</th>
<th>Pre-pain</th>
<th>Pain</th>
</tr>
</thead>
<tbody>
<tr>
<td>Controls mean (SD)</td>
<td>10.0 (1.5)</td>
<td>15.5 (1.5)</td>
</tr>
<tr>
<td>Case 1</td>
<td>10.0</td>
<td>13.0</td>
</tr>
<tr>
<td>Case 2</td>
<td>11.0</td>
<td>14.0</td>
</tr>
<tr>
<td>Case 3</td>
<td>11.0</td>
<td>14.0</td>
</tr>
<tr>
<td>Case 4</td>
<td>11.0</td>
<td>14.0</td>
</tr>
</tbody>
</table>

*Threshold of the dorsum of the left hand.

Figure 1  Electrode placements. Each location was midway between the conventional electrode locations of the 10–20 system. For example, location 6 was midway between Fz and Cz.
case 1. The negative component, N25, which could be identified in the frontal region, was also very large in all cases. Scalp topography of P25 was very similar to that in normal subjects. The following negative potential, N34, was also very large, particularly in cases 2 and 3 (fig 2B).

Clear C reflex was identified in all cases and its onset latency was between 44 and 49 ms. 

(4) Drug effects on SEPs

While patients were on an appropriate medication such as clonazepam, primidone and sodium valproate, myoclonus was remarkably reduced in all cases. Amplitude of P25 and N34 in electric SEPs was also significantly decreased, and C reflex could not be recorded any more in all cases. However, the P320 in pain SEPs showed no remarkable change in all cases (table 3 and fig 4).

Discussion

Several papers have described pain SEPs following CO2 laser stimulation in normal subjects, but this is the first report of pain SEPs in cortical reflex myoclonus, which is characterised by the so-called giant SEPs following electrical stimulation. Although generator mechanisms of the giant electric SEPs are not yet fully understood, hyperexcitability of or decreased inhibitory mechanisms of neurons in the sensorimotor cortex is believed to be a contributing factor. Therefore, the normal pain SEPs in cortical reflex myoclonus in this study suggest either that impulses arising from pain-temperature stimuli do not reach the cortex, or that neuronal excitability in response to pain stimuli is not enhanced in the sensory cortex. However, in view of the scalp distribution of P320 which was maximal around the vertex in our study, it is difficult to adopt the latter hypothesis.

In primates the primary sensory cortex (SI) can now be subdivided into four regions, corresponding to cortical areas 1, 2, 3a and 3b. Area 3a has been shown to be a receiving area for muscle spindle afferents, and is therefore assumed to be concerned with the processing of proprioceptive information. Area 2 has been found to be responsive to stimulation of “deep” (non-cutaneous) body tissues, and is also likely to be mainly concerned with proprioception. Units in areas 1 and 3b, however, respond mainly to cutaneous stimuli. In contrast, cortical columns or neurons that process temperature or noc-
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Figure 3. Scalp topography of the P320 of the pain SEP (A) and P25 of the electric SEP (B) in case 3. P320 was maximal at the mid-frontal area and widely distributed, and P25 was maximal at the right somatosensory hand area.

Figure 4. Drug effects on SEPs in case 4. Following medication, the P320 on pain SEPs showed no remarkable change (A), but the P25 in electric SEPs was much reduced (B). Electrode derivation is location 6-A1/2 in pain SEPs and location 12-A1 in electric SEPs.

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In our previous study of pain SEPs in normal subjects, we proposed the hypothesis that the P320 might be generated in the subcortical area, probably thalamus, as a result of ascending signals mediated via Aδ fibres. The anatomical findings described above and the present results in which pain SEPs were not enhanced even in cortical reflex myoclonus support our hypothesis and agree with the general concept that cortical reflex myoclonus is usually not induced by pure pain or thermal stimulation.

The generator source of the P25 in electric SEPs is generally considered, because of its scalp distribution, to be area 1 or 2, or 3b as a result of ascending signals mediated through large myelinated fibres. This hypothesis supports the fact that P25 is considerably enhanced in cortical reflex myoclonus as well as with the fact that cortical reflex myoclonus is generally induced by muscle stretch, touch or pressure.

Following medication, myoclonus was remarkably reduced and amplitude of P25 was markedly decreased, but P320 showed no significant change. This also supports the view that pain SEPs have little to do with excitability of the cortical neurons.

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