Lower motor neuron degeneration and familial predisposition to colonic neoplasia in two adult siblings

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Abstract
A previously unreported association between a familial predisposition to colonic neoplasia and familial adult onset lower motor neuron (LMN) degeneration is reported. Two brothers presented at the ages of 53 and 44 years with multiple colonic adenomata and invasive colonic carcinoma respectively. Subsequently both developed a virtually identical pattern of motor neuron disease of progressive muscular atrophy type. At presentation both had LMN weakness affecting predominantly the upper limb and neck muscles. The disease progressed rapidly to involve the lower limb and bulbar musculature and both brothers died after a 15 month course. Necropsy was performed on one brother and showed pathological changes confined to the LMNs with no evidence of involvement of the pyramidal tracts or motor cortex. The combination of these diseases in two brothers may be of importance in the search for genes responsible for familial motor neuron disorders. It is suggested that a genomic search should be directed initially to the vicinity of known colon neoplasia genes, particularly 5q, 17q and 18q.

The existence of the familial form of adult motor neuron disease (MND) and its probable genetic basis has only been widely recognised since the report of Kurland and Mulder in 1955. Individuals with familial disease may represent 5-10% of cases. It is likely, however, that the incidence of familial MND is underestimated when the diagnosis is based on routine clinical history. The late onset, short duration, low incidence and reduced penetrance of MND means that familial aggregation may be difficult to document and that some familial cases may appear sporadic. Many or even most cases of MND may have a genetic basis. Adult onset familial MND is usually inherited as an autosomal dominant trait, often with reduced penetrance. Occasional cases of possible autosomal recessive inheritance, which may represent examples of gonadal mosaicism, have also been described.

The presence of genetically-determined cases of MND suggest that one or more biochemical defects may permit clinical expression of MND or alternatively that there may be an inherited susceptibility to an environmental cause of motor neuron injury. Identification of the genetic defect in familial MND may lead to elucidation of molecular mechanisms of motor neuron degeneration common to both the familial and sporadic forms of the disease.

It has recently been reported that the genetic defect responsible for both chronic and acute childhood-onset spinal muscular atrophy (SMA) maps to the chromosome region 5q11.2-14 in close proximity to the gene coding for hexosaminidase B. The important question as to whether adult-onset cases of familial anterior horn cell disease may similarly map to chromosome 5q clearly needs to be addressed.

The genetic defect responsible for familial adenomatous polyposis coli (APC) has been localised to the q21-22 region of chromosome 5. More recently Leppert et al have shown that mutations at the genetic locus for APC may be the cause of other, more subtle syndromes involving an inherited susceptibility to colonic adenomatous polyps or colorectal cancer. Members of the kindred described in the latter report were characterised by a relatively small number of adenomatous polyps and by a susceptibility to early-onset colonic cancer. The authors suggest that there is a diversity of APC alleles resulting in a variable predisposition to colonic neoplasia.

We describe two brothers who had a virtually identical pattern of the progressive muscular atrophy (PMA) type of MND and also a familial predisposition to colonic neoplasia.

Case reports
Case 1
A 58 year old man presented in 1988 with a 12 month history of progressive wasting and weakness of both upper limbs, the right side being affected to a greater extent. For three months he had noticed difficulty in holding his head upright and mild proximal weakness in the lower limbs. In his past history he had developed hypertension at the age of 40 years, for which he was treated with atenolol. Between 1981-85 endoscopic polypectomies were performed on three occasions for adenomatous polyps of the colon and rectum. On the first occasion a benign tubular adenoma of the rectum was removed. In 1983 a moderate sized
adenomatosus polyp was removed from the ascending colon. In 1985 a further adenomatosus polyp was removed from the rectum. Sigmoidoscopy at that time showed no other lesions in the rectum or sigmoid colon, but the more proximal colon was not examined.

General medical examination was unremarkable. On neurological examination widespread wasting and fasciculations were observed in the limb muscles. The trunk and neck muscles were moderately weak. In the upper limbs there was global weakness, more marked on the right than the left, and affecting the proximal more than the distal muscles. There were no sensory abnormalities, the tendon reflexes were normal and both plantar responses were flexor.

No upper motor neuron features were noted and the clinical diagnosis was of motor neuron disease (progressive muscular atrophy type).

Routine haematological and biochemical investigations were normal except for a creatine kinase level of 398u/l (normal < 175u/l). Borrelia titres and serum lead levels were normal. Detailed neurophysiological testing showed changes consistent with diffuse anterior horn cell dysfunction. The CSF contained 6 WBC/ul and a protein level of 0.56g/l (0.2-0.5g/l).

The patient’s condition inexorably deteriorated and he died of respiratory failure 15 months after presentation. The relatives refused permission for necropsy examination. It is therefore uncertain whether any further colonic pathology developed between 1985 and the patient’s death in 1989.

**Case 2**

The older brother of case 1 presented at the age of 61 years, nine months after his brother had been diagnosed as having motor neuron degeneration. His presenting history was almost identical to that of his brother. There was a 12 month history of progressive weakness and wasting of the right arm. For three months he had been aware of weakness of the left arm and the neck extensors. He was troubled by painful cramps affecting all the muscles. In the past, he had been treated with nifedipine for one year for hypertension. In 1971, at the age of 44 years, he had had a sigmoid colectomy for a Duke’s grade C adenocarcinoma of the colon.

General examination was unremarkable except for mild hypertension. On neurological examination he was unable to extend the neck and there was mild bilateral facial and tongue weakness. There was widespread wasting and fasciculations in the limbs. There was global severe weakness in the upper limbs affecting the right side more than the left. In the lower limbs there was mild weakness of knee flexion bilaterally. The upper limb reflexes were depressed and the ankle jerks were absent. The plantar responses were flexor.

Routine haematological and biochemical investigations were normal except for elevation of the creatine kinase 424u/l (< 175u/l). Autoantibodies, immunoglobulins, serum protein electrophoresis, plasma hexosaminidase A and B levels, plasma and urinary amino acids, plasma lead and Borrelia titres were all normal. The CSF was normal apart from minimal elevation of the protein level at 0.57g/l (0.2-0.5g/l). Neurophysiological testing showed evidence of diffuse anterior horn cell dysfunction with the upper limb muscles being most severely affected.

The patient’s neurological course was one of rapidly progressive deterioration and he died of respiratory failure 15 months after presentation.

Necropsy examination showed evidence of mild coronary and aortic atheroma. There was no evidence of recurrent carcinoma of the colon or colonic polyposis. Generalised limb muscle atrophy and thinning of the spinal anterior roots were observed. Significant grouped atrophy was found in limb, diaphragm and pharyngeal muscles. The external ocular muscles were normal. Sections of the motor cortex, other neocortical areas, hippocampus, cerebellum and midbrain showed no significant changes with conventional staining or ubiquitin immuno-cytochemistry (ICC). In the lower brainstem there was mild depletion of motor neurons in the facial and hypoglossal nuclei. There was marked depletion of lower motor neurons throughout the spinal cord (fig 1).

Chromatolysis was observed in occasional neurons in the L4 and S1 segments. The neurons in the intermediolateral nucleus, Clarke’s column and Onuf’s nucleus appeared normal in number and morphology. An extensive study of multiple sections throughout the

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**Figure 1** Negative image of the C6 section of the spinal cord of: A) A neurologically normal control case and B) case 2. In the control case there is a normal population of lower motor neurons in the ventral horns (arrowed). In case 2 there is marked depletion of the ventral horn lower motor neuron population with an absence of pathological change in the corticospinal tracts. (Cresyl violet, Luxol fast blue. Bar = 4mm).
Figure 2 Available information in the family tree of our patients.

spinal cord using ubiquitin ICC showed no positive staining for LMN inclusion bodies in residual neurons. There were no significant white matter changes in the spinal cord and the corticospinal tract appeared normal at all levels.

Chromosomal analysis from both brothers showed no cytogenetic abnormality. In particular, the Giemsa band pattern of the long arm of chromosome 5 showed no evidence of deletion or paracentric inversion.

Family history
The family history was interesting in that four male siblings (three older and one younger than the patients) had all died between 1922-32, within the first few weeks of life. A review of the death certificates of these infants showed that no precise cause of death was established. All died at home and necropsies were not performed. In addition a male cousin on the maternal side had required surgery for carcinoma of the colon. The father of the two brothers died at the age of 76 of bronchopneumonia and the mother died at the age of 80 of uncertain cause. The two brothers have between them a total of seven children and to date no neurological or gastro-intestinal problems have developed in this generation. The family tree is shown in fig 2.

Discussion
An association between a familial predisposition to colonic neoplasia and a familial form of adult onset lower motor neuron degeneration has not previously been reported. The coexistence of the two diseases may represent a chance association, but there remains the possibility of genetic linkage between the two disorders. Whether any of the four infantile sibling deaths in this family resulted from genetic abnormalities remains unknown.

Interestingly, these two brothers had a purely LMN degenerative disorder, with no abnormalities in the motor cortex or pyramidal tracts. The neurological features in this family resemble previously reported cases of familial MND with only LMN involvement and a rapidly progressive clinical course.10 In our case at necropsy an atypical pathological finding was the absence of ubiquitinated inclusions in surviving motor neurons.11 In this regard the anterior horn cell pathology is more akin to childhood SMA than typical adult onset MND. It is possible that the familial adult onset motor neuron degeneration in our patients may represent a mild allelic variant of the earlier onset SMA syndromes, and may also be due to a defect on the long arm of chromosome 5. Attention is further directed to this chromosomal region by the occurrence of a familial tendency to colonic neoplasia in these two brothers, a defect which may represent a forme fruste of familial adenomatous polyposis coli which maps to the long arm of chromosome 5.

There have been several previous reports of associations between sporadic MND and gastro-intestinal neoplasia. Wechsler et al described a man of 42 years who developed amyotrophic lateral sclerosis (ALS) shortly after surgery for carcinoma of the colon and rectum.12 Lawyer and Netsky, in a report describing associated medical conditions in 53 MND cases, found malignant disease of the sigmoid colon in one case.13 Brain et al described 11 cases of MND occurring in the context of malignant disease, of whom two had carcinoma of the stomach and one had rectum cell sarcoma of the ileum.14 Levy made the observation that parents of patients with MND exhibited a significantly higher incidence of carcinoma of the gastrointestinal (GI) tract compared with parents of controls.15 This observation, however, was not confirmed by Veijajura et al who observed that 5-5% of parents of MND cases and a similar percentage of parents of consecutive medical admissions died of GI cancer.16

Linkage analysis studies in familial adult-onset MND have been few. Such studies pose difficulties because the late age of onset, combined with the short duration and usually fatal outcome of the disease, preclude the availability of multiple generations of affected individuals for testing. Siddique et al used 39 expressed and DNA markers and found no evidence of genetic linkage in six multigenerational ALS families.17 Chromosome 5 markers were not used in this study. The gene for X-linked adult onset SMA has been mapped to the proximal long-arm of the X chromosome with significant linkage to the marker DXYS1.18

In the absence of recognised motor neuron pathology in other generations of this family at present, it is difficult to determine whether the mode of inheritance is autosomal dominant with reduced penetrance, new mutation autosomal dominant with gonadal mosaicism or autosomal recessive. The clinical features were not those of X-linked bulbospinal neuronopathy.4

Three hypotheses may explain the association of the two diseases in this sibling pair. 1) The association of the LMN degenerative disorder with colonic neoplasia may represent the chance concurrence of two unlinked genetic disorders. 2) A single gene defect may have precipitated both disease processes. 3) The
The combination of these diseases in two brothers suggests that linkage studies in familial adult-onset LMN degeneration should be directed initially to the vicinity of known colon neoplasia genes. In addition to the APC locus on chromosome 5q, other candidate regions would include 17p13 where the gene p53 has been implicated in the development of colorectal cancer and 18q21 which is the site of the DCC (deleted in colon cancer) gene. 

Cell lines have been established from this sibling pair so that candidate genes may be evaluated in the future.

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