

Material-specific memory loss in probable Alzheimer's disease

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Abstract

This study extends previous work analysing functional dissociations occurring in patients with Alzheimer's disease (AD) by demonstrating that material-specific memory loss is common. The pattern of neuropsychological dysfunction in 191 patients with probable AD was examined and 13% presented with material-specific memory loss. Thirteen patients had impaired immediate verbal recall, but normal non verbal recall and 12 had impaired non verbal recall and normal verbal memory. These patterns appeared to be related to a specific memory deficit and were probably not secondary to associated cognitive impairments. These data confirm earlier observations that the memory defect in AD can be material-specific, and suggest that these patterns of impairment should be viewed as a focal sparing of function.

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The dementia associated with Alzheimer's disease (AD) must, by definition, involve two or more areas of cognitive function,^{1,2} but memory loss is generally the first and most pronounced of the symptoms and may exist in relative isolation.³ In spite of the extent of the cognitive impairment required for diagnosis, some patients with AD drawn from selective research samples have relative sparing of memory function for some types of information.⁴ Reduced verbal recall may be secondary to an impairment in lexical/semantic storage and retrieval,⁵ while a non verbal memory deficit (for example, complex figures and faces) may be due to a primary visuoconstructive⁴⁻⁵ or visuo-perceptual impairment.⁶ To date it has not been possible to determine whether the material-specific memory loss could be due to a primary memory defect, or whether it only occurred secondary to an associated cognitive dysfunction.⁷

There were two purposes to our study. First, we wanted to determine whether we could identify individuals with material-specific memory loss among a sample of patients with AD who were not selected based on their pattern of neuropsychological defects. Second, we wanted to determine the extent to which defects in other information processing systems might contribute to, or be responsible for, the observed pattern of memory loss.

Methods

Subjects

Data were taken from the baseline visit of 194 AD patients and 103 normal elderly controls participating in the University of Pittsburgh Alzheimer's Disease Research Program from March 1983 to April 1988. The subjects were given an extensive neurobehavioural evaluation which has been described in detail previously.^{8,9} All patients and controls received neurological, psychiatric, and neuropsychological examinations, including the relevant laboratory and neuroimaging studies. All patients met the NINCDS/ADRDA criteria for probable AD,² and none of the control subjects showed evidence of a progressive cognitive disorder. None of the patients with AD were referred to the programme because they had unusual patterns of cognitive loss. None of these patients had significant signs of cerebrovascular disease, and those with a score on the Hachinski Ischemic Scale¹⁰ greater than 4, or evidence of possible infarction in two or more contiguous cuts on the CT scan of the brain were excluded from the cohort, and thus from this study. Twenty five of the patients with AD have since died, and necropsies including studies of the brain were carried out in 15. Twelve of these patients had "definite" AD, which is consistent with reports from our centre¹¹ as well as others.¹² One of these three cases with AD was found to have Creutzfeldt-Jakob disease during the course of follow up which was confirmed at necropsy. A second case developed symptoms of progressive supranuclear palsy immediately before death, with accompanying pathological abnormalities. The third of these cases was found to have motor neuron disease without evidence of AD-like neuropathological abnormalities. The data from these three demented patients will not be considered in this report.

The control subjects were significantly younger ($p < 0.001$) and better educated ($p < 0.001$) than the patients with AD and were more likely to be men, although the latter difference was not significant ($p = 0.13$) (see table 1). The patients with AD performed worse on the Mini-Mental State (MMS)¹³ examination ($p < 0.001$), and the Blessed assessment of functional abilities¹⁴ ($p < 0.001$). There was no abnormal elevation in the Hachinski rating¹⁰ ($p = 0.681$).

Neuropsychological evaluation

The patients and controls were given an extensive battery of neuropsychological tests,

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Table 1 Characteristics of the study sample (mean SD)

	Normal Elderly (n = 103)	Alzheimer's Disease Patients (n = 191)
Age	63.84 (8.27)	71.14 (8.73)
Education (years)	14.33 (2.90)	12.30 (3.01)
Sex (M/F)	58/45	128/66
Mini-Mental State	28.98 (1.15)	19.16 (5.28)
Blessed ADL Scale (errors)	0.23 (1.11)	6.61 (4.23)
Hachinski Rating	1.56 (0.76)	1.62 (1.08)

and some of these data have been reported previously.^{8,9,15,16} Eleven neuropsychological measures assessing four cognitive domains were selected for analysis. They were: Memory: immediate and delayed recall of a story¹⁷ and a figure;^{15,18,19} Visuospatial: figure copy,^{15,18,19} visual form discrimination,²⁰ draw and copy figures;^{21,22} Lexical/Semantic: word generation,²³ Boston naming test,²² easy verbal paired associates (for example, rose-flower);²⁴ and Executive: verbal similarities,²¹ letter cancellation,²⁵ digit span.¹⁷ The latter three sets of tests were selected based on the results of our previously published factor analyses and subgroup identification among patients with AD.^{8,16} For this study, we focused on two measures of memory—immediate recall of a short story¹⁷ and a modified Rey-Osterreith figure.^{15,18,19} Measures of visuospatial, executive, and lexical/semantic functions were reduced to composite variables using procedures which we have described previously.^{8,9} The composite scores reflected an individual subject's deviation from their expected performance based on their age, education, and sex. The mean for the control subjects is approximately zero; that for the AD patients is negative.

Results

Baseline

Each patient with AD was classified on the basis of their immediate recall of the short story and the modified figure. The fifth percen-

Table 2 Classification of performance on memory tests

	Normal Controls	AD Patients
Both Tests Normal	92	14
Story Impaired/ Figure Normal	5	13
Story Normal/ Figure Impaired	5	12
Both Impaired	0	151

Table 3 Demographic information by patient subgroup mean (SD)

	AD patients				Normal Controls
	Verbal Impaired	Non-Verbal Impaired	Both Impaired	Both Normal	
Number	13	12	151	14	103
Age	62.34 (7.29)	70.30 (10.67)	72.05 (7.92)	67.76 (11.01)	63.61 (8.22)
Education	13.69 (3.33)	12.17 (3.35)	12.05 (2.78)	14.57 (3.88)	14.33 (2.90)
Sex (M/F)	3/10	11/1	105/46	6/8	58/45
Mini-Mental State	23.46 (4.99)	22.50 (3.90)	18.02 (4.54)	26.79 (2.08)	29.02 (1.09)

tile for immediate recall of the story (≤ 3.5) and the figure (≤ 14.0) by the control subjects was a cut-off for "abnormal" performance, based on the recommendation of McKhann, *et al.*² The resulting distribution of classification of the patients and controls is shown in table 2. Using these criteria, 25/191 (13.1%) of the patients with AD had material-specific memory loss: 13 with verbal impaired and non-verbal normal and 12 with nonverbal impaired and verbal normal. The characteristics of the patient subgroups are shown in table 3.

The performance of the patients and controls on the neuropsychological tests are shown in table 4. There were significant differences among the four patient groups on the four memory measures ($p < 0.001$). Subsequent one-way analysis of variance with Tukey-HSD tests between the individual pairs of groups revealed that the performance of the Verbal Impaired patients on the immediate story recall was not significantly different from the Both Impaired patients ($p > 0.05$), but was significantly worse than that of the other two groups ($p < 0.05$). At delayed recall, the two focal groups did not differ from one another ($p > 0.05$), but were significantly better than Both Impaired patients ($p < 0.05$). A similar pattern emerged when examining the recall of the figure. The Non Verbal Impaired patients did not differ from the Both Impaired group ($p > 0.05$), and were worse than either the Verbal Impaired or Both Normal groups ($p < 0.05$). At delayed recall, the Non Verbal Impaired patients were worse than the Verbal Impaired ($p < 0.05$), but better than the Both Impaired group ($p < 0.05$).

Analysis of the composite scores also revealed significant differences among the patient groups ($p < 0.001$). However, this was generally accounted for by the superior performance of the patients in the Both Normal group. In the case of the measures of Executive ($p > 0.05$), Lexical/Semantic ($p > 0.05$), and Visuospatial ($p > 0.05$) measures, there was no significant difference between the two focal impaired groups.

With both the Verbal Impaired and Non Verbal Impaired groups, there were no significant correlation between any of the composite variables and performance on the two immediate recall tasks. With the Verbal Impaired group, neither Executive ($r = 0.004$), Lexical/Semantic ($r = -0.08$), nor Visuospatial ($r = 0.35$) scores correlated significantly with recall of the story. Similarly, among the Non Verbal Impaired patients, none of the correlations with immediate figure recall were significant (Executive: $r = -0.08$; Lexical/Semantic: $r = 0.25$; Visuospatial: $r = 0.04$).

Follow up

One year after the initial evaluation, 127 AD patients were retested, and 94 were able to provide sufficient neuropsychological test data to allow them to be classified in terms of the pattern of their memory loss. Each patient's performance was compared with that of 56 normal control subjects who had also com-

Table 4 Neuropsychological Performance by Patient Subgroups mean (SD)

	AD patients				Normal Controls
	Verbal Impaired	Non Verbal Impaired	Both Impaired	Both Normal	
Memory tests					
Story:					
Immediate	1.65 (0.66)	5.50 (3.04)	1.22 (1.02)	5.57 (1.43)	7.43 (2.60)
Delayed	1.15 (0.94)	1.67 (2.1)	0.16 (0.50)	4.46 (2.18)	6.45 (2.81)
Figure:					
Immediate	17.46 (2.64)	5.58 (4.03)	4.68 (3.75)	17.43 (2.07)	19.95 (3.33)
Delayed	14.65 (6.87)	6.25 (5.16)	2.53 (3.39)	17.21 (2.15)	19.60 (3.35)
Visuospatial Tests					
Figure Copy	21.77 (2.65)	19.58 (4.40)	16.69 (7.16)	22.93 (1.33)	23.53 (0.94)
Form Discrimination	27.46 (3.76)	24.50 (3.37)	20.52 (8.70)	26.79 (3.33)	29.83 (2.21)
Block Construction	40.08 (3.90)	34.18 (10.99)	29.88 (15.09)	42.64 (1.39)	43.07 (2.08)
Draw & Copy	14.38 (1.54)	13.88 (2.09)	11.61 (3.14)	15.68 (1.64)	16.31 (1.31)
Composite	-1.42 (1.36)	-3.09 (2.93)	-5.25 (4.69)	-0.63 (0.79)	0.00 (0.58)
Lexical/Semantic Tests					
Word Generation	10.31 (5.86)	11.17 (3.88)	7.43 (4.10)	11.21 (5.18)	18.64 (4.31)
Naming	30.62 (8.56)	27.75 (8.51)	22.64 (9.04)	31.93 (7.72)	38.57 (2.76)
Easy Pairs*	11.62 (3.33)	12.17 (4.04)	16.67 (7.33)	9.93 (1.44)	9.35 (0.93)
Composite	-2.46 (2.29)	-2.64 (2.26)	-5.16 (3.46)	-1.53 (1.48)	0.00 (0.63)
*error score					
Executive Tests					
Similarities	5.85 (3.91)	6.92 (3.34)	4.96 (3.61)	8.71 (3.02)	11.29 (1.14)
Cancellation**	100.40 (25.9)	89.00 (35.17)	122.61 (53.88)	94.00 (41.04)	66.45 (16.83)
Digit Span					
Forward:	5.85 (1.41)	5.42 (1.08)	5.54 (1.06)	6.43 (1.34)	6.99 (1.15)
Backward	3.69 (1.32)	3.92 (1.38)	3.51 (1.24)	4.21 (1.42)	5.53 (1.49)
Ratio***	0.64 (2.0)	0.73 (0.21)	0.61 (0.28)	0.67 (0.21)	0.80 (0.20)
Composite	-2.32 (1.50)	-1.58 (1.37)	-2.82 (1.66)	-1.30 (1.40)	0.00 (0.44)

** Time in seconds

***Score used in composite.

pleted the second round of testing. A total of 14/25 of the focal patients provided data, and 10 were classified as "Both Impaired" at follow up: 3/5 of the Verbal Impaired, and 7/9 of the Non Verbal Impaired. Four patients who were focal at both baseline and follow up (2 verbal, 2 non-verbal) had been relatively mildly impaired at the initial visit (that is, MMS = 26.0) and did not decline significantly during the subsequent year (that is, MMS = 25.5). The patients who were classified as non focal at follow up, but who had been "focal" at baseline, had a 4 point decline in their MMS scores (such as, 21.2–17.2).

Of the 80 patients who had been classified as non focal at baseline and were re-evaluated one year later, six developed a material-specific pattern of memory loss—four were Verbal Impaired and two Non Verbal Impaired. At baseline, all six of these patients were relatively mildly affected (MMS = 24.34), and one year later there was little change (MMS = 23.84). However, in all cases, the performance on one, but not both, of the memory measures declined below the cut-off score.

Discussion

These data demonstrate a relatively large number of AD patients with material-specific memory loss, and extend previous work analysing functional dissociations within AD patients. Approximately 13% of the patients had significant episodic memory loss restricted to either the verbal or non verbal domain at study entry. These material-specific memory impairments were independent of other cognitive disorders which could have limited performance on the memory tasks. The impairment in non verbal recall was not associated with a profound visuospatial deficit. Performance on visuoconstructional (for example, block design) or visuo-perceptual

(such as, form discrimination) tasks was equally impaired in both focal memory groups. Similarly, the verbal memory loss was not secondary to selective or disproportionately severe defects in lexical/semantic access or retrieval. Although the ability of the Verbal Impaired to recall the short story was as poor as that of the Both Impaired group, word generation, for example, was as good as that of the Both Normal patients (although still impaired to controls). Thus restriction of the ability to copy or discriminate visual forms, or to produce verbal items rapidly, could account for the pattern of impairment in the two groups of "focal" patients.

Neuropsychological studies have demonstrated that verbal episodic memory in patients with AD differs quantitatively, but not qualitatively from that of normal elderly individuals,^{4 5 26–30} and have shown that patients with AD share several qualitative features with alcoholic amnesic syndromes.²⁶ The episodic memory deficits in AD result from varying degrees of interaction of at least two independent factors: one, the inability to consolidate information, and the other, the inability or diminished capacity to encode information.^{4 5 29–32} Similarly, non verbal memory in patients with AD has the same quantitative and qualitative pattern of impairment as verbal memory, when compared with normal controls and patients with amnesic syndromes.^{6 22 32 33} However, previous reports have suggested that the severity of language impairment,³² visuo-constructional⁴ and visuo-perceptual deficits⁶ can contribute to limiting the encoding of information to be remembered. In Martin's⁷ review of the data concerning subgroups of patients with AD, he noted that "patients with relatively focal cognitive impairment (for example, anomia) may have a material-specific learning deficit corresponding to their primary domain of cognitive dysfunction (such as

verbal material)". However, analysis of the changes in the pattern of impairment of five patients with focal word-finding difficulties suggested that deterioration of memory proceeded independently from that of other cognitive functions. While these information processing defects clearly limit patients' ability to remember, they are not the only factors involved in the memory defect in AD.

In this study, the material-specific memory loss noted was not primarily due to earlier processing impairments, but to a loss of memory functions. The patients were selected based on their memory task performance, and not their lexical/semantic or visuospatial abilities. Had they been identified based on these latter functions,⁶ then it would not have been possible to disentangle verbal skills from reduced verbal memory process (for example) as an explanation for a material-specific memory loss. However, because the patients were selected based on their memory performance, and because these patterns of impairment could not be explained by reduced verbal output or poor constructional skills, this strengthens our conclusion that these patterns reflect relatively spared/impaired memory functions.

The 29 patients (25 at baseline, 4 at follow up) identified here have profound episodic memory dysfunction restricted to either the verbal or nonverbal domains. These two subgroups of patients did not differ from one another in terms of either lexical/semantic or visual constructional skills or overall level of mental status. Their performance on the non-memory tasks was also impaired relative to that of the normal controls. Thus it may be more accurate to view these two subgroups of patients as having a relative sparing of function, rather than a focal impairment at this point in the disease process. Among those in whom the disease progressed, they developed equivalent dysfunction in the two modalities. Among those whose mental status did not change, the pattern of impairment remained the same. When a patient developed a focal pattern of memory loss, they did so by declining in one domain (for example, verbal) without change in the other (for example, nonverbal). These longitudinal aspects of performance are critical for two reasons. First, by examining baseline performance in isolation, we have only a "snapshot" of the natural history of the dementia, and the results could be due to Type I and Type II errors of classification. The fact that the longitudinal data are internally consistent means that these findings are not due to chance alone. Second, the consistency of the changes in overall level of impairment, as well as the specific changes in memory function suggests that the material-specific defects most likely reflect an underlying biological phenomena.

However, these focal patterns of impairment are probably not due to an underlying cerebrovascular disease. All of the patients were very carefully screened at baseline to eliminate those with either clinical or neuroradiological evidence of vascular lesions, and follow up

neurological examinations were also inconsistent with new vascular events. Further, our analysis of AD patients with periventricular white matter lucencies identified on CT scans did not uncover similar functional dissociation (Lopez *et al*, personal communication).

Ten of the patients identified with focal patterns of impairment at baseline developed difficulties in both domains one year later. This is consistent with previous reports⁴ and raises an important clinical issue. That is, in patients who would otherwise meet diagnostic criteria for AD by virtue of a progressive course and the presence of an additional cognitive impairment,² the finding of a material-specific memory loss should be sufficient to support the AD classification. It also suggests that when using the APA's DSM-III-R¹ criteria for Primary Degenerative Dementia the finding of a focal memory defect would be sufficient to meet the memory loss criteria.

This study has some limitations which may suggest direction for future research. First, the control subjects were younger and better educated than the patients. While this does not affect the composite variables since the ranges of age and education were similar in the two groups, and were accounted for in the regression model, it may have affected the identification of the focal patients. The cut-off scores were determined from the entire control sample, without regarding age or education, since the group was too small for all but the crudest breakdown. This may have resulted in an underestimation of focal impairment among the older and less educated patients. Thus estimates of the prevalence of these patterns of impairment, and conclusions about risk factors for exhibiting a focal impairment (such as, age) must be made with caution.

Furthermore, although we argue that the patterns of deficit seen here are due to material-specific defects (due to limitations in the test battery), we cannot differentiate this from a modality-specific impairment. Thus these impairments may be more accurately described as auditory-verbal and visual-non verbal, and further work must identify whether modality-specific defects can occur. Although conceptually we agree that a modality-specific impairment is possible in AD, we are unaware of any such cases, and suggest that what we report represents material-specific impairments. Clearly additional study is necessary.

Finally, as with all studies of AD, it is necessary to deal with the issue of the relationships among cognitive functions as the disease progresses. As the dementia worsened (as indicated by the MMS scores, for example), performance on the memory tests declined. However, as has been noted elsewhere,^{4 7 8 34} the decline in cognitive functions is not monolithic, as might be suggested if one only examined summary mental status scores; different cognitive skills decline at different rates depending on the initial pattern of presentation. The findings in this study are consistent with this previous work but a careful study of the inter-relationships between cognitive processes examined in relative isolation, and

overall verbal and cognitive functions would help to clarify the nature of the progression of the disease.

There is increasing agreement regarding the existence of subgroups of patients with AD characterised by their pattern of cognitive impairment.⁷ The AD patients with focal deficits in this study provide important elements to the understanding of both the dementia process and normal human cognition. Nevertheless, the study of subgroups of patients with AD enrolled in longitudinal studies presents a special problem. Because the clinical criteria for the diagnosis of AD require that at least two areas of cognition be affected,^{1,2} it is difficult to identify these patient subgroups early in their development. However, the present data suggest that it is possible to identify important patient subgroups, and this kind of analysis should be useful in understanding the information processing defect associated with AD, and perhaps, the pathophysiology of the disease.

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