Changes in sensation after nerve injury or amputation: the role of central factors

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Abstract
Dynamic changes in somatosensory cortical maps are known to occur in experimental animals subjected to peripheral nerve transection or amputation. To study the sensory effects of central nervous system adaptation to temporary or permanent loss of input from a part of the hand, multimodality quantitative sensory tests were carried out in 11 patients with complete traumatic division and repair of the median or ulnar nerves and in six patients who had undergone amputation of one or more digits. As expected, vibration, two point discrimination, and tactile thresholds were raised in the territory of the injured nerve in a graded fashion, sensitivity being poorest in the patients with the most recent injuries. Surprisingly, localisation was better in the tips than at the base of the hypoaesthetic fingers, suggesting a central attentional gradient. Stimulus-response curves conformed to a power function whose exponent was higher in denervated than in normal skin. Changes in psychophysical functions were also discernible in the intact hand. There was no hyperaesthesia in the territory of the nerve adjacent to the injured one or in the stump in the case of amputees. Central factors contribute to the sensory changes seen after nerve injury, but the functional effects of the cortical reorganisation that follows partial deafferentation are more subtle than a simple heightening of sensitivity in the surrounding skin.

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The body surface is represented somatotopically in the mammalian somatosensory cortex. It has been shown, however, that cortical maps in rodents and monkeys can change during adult life in response to deafferentation. Within weeks or months of upper limb nerve transection the region of cortex serving the area of denervated skin, which initially falls silent, is taken over by inputs from other parts of the hand (for a review see Wall). There is a wealth of information on the sensory events that follow nerve injury and regeneration in humans. Much less is known about the relative contribution of peripheral and central factors to functional recovery of sensation. It is self evident that unless the skin is reinnervated it will remain anaesthetic. As nerve fibres grow back to the skin from the site of injury, possibly with some contribution from collateral sprouting, the patient’s sensory experience will be determined by the number and type of axons that establish functional connections with cutaneous receptors, by changes in the encoding properties of regenerated fibres, and by the brain’s response to the initial sensory deprivation and subsequent return of afferent activity.

If a similar reorganisation in cortical maps occurs in humans as in animals after partial deafferentation, information from newly reinnervated cutaneous receptors might not be processed normally because their original cortical representation had been “taken over” by inputs arising elsewhere. In addition, cutaneous sensibility in the area surrounding the anaesthetic skin might be altered by its increased representation in the somatosensory cortex. The principal aim of our study was to assess the functional sensory effects of central nervous system adaptation to temporary (nerve injury) or permanent (amputation) loss of input from a part of the hand.

Materials and methods
PATIENTS
Patients who had suffered a traumatic upper limb nerve transection or finger amputation and had been treated in the department of plastic surgery at Withington Hospital were approached for participation in this study. Their informed consent was obtained in accordance with the Declaration of Helsinki.

Nerve injury
We studied 11 patients (6 men) with 12 microsurgically repaired nerve injuries. Their mean age was 35 years (range 17–73 years). The median nerve was affected in six patients, the ulnar nerve in five, and in one case both nerves had been divided. All lesions were at the wrist, with the exception of one patient whose ulnar nerve had been damaged in the distal third of the forearm. The left side was affected in seven patients and the right in five, the damaged limb being the dominant one in half.

In nine patients the injury was caused by accidental cuts from glass, one was due to damage by industrial machinery, and one was self inflicted with a knife. Surgical exposure confirmed total transection of the nerve in question in all cases. Epineural repair was carried out in nine instances and fascicular...
repair in three, performed within 24 hours of injury except for one patient whose nerve was not repaired until two months later. The median interval between nerve injury and testing for the study was 10 (5–66) months. Patients were divided into those whose injury was less than a year old (8 nerves; median 9–3 months) and those whose injury was more than a year old (4 nerves; median 17–8 months). None of them had received formal sensory rehabilitation.

**Amputation**

In addition, we studied six patients who had undergone amputation of one (4 cases) or two digits (2 cases). They were all male, with a mean age of 35 (17–53) years. Three of the six fingers tested had been completely amputated; in the other three the proximal phalanx remained. Machine accidents were responsible in four patients. In the two others surgery was performed electively, namely for removal of a lump in one and for a chronic pain syndrome after a crush injury in the other. The dominant hand was affected in four patients, the non-dominant hand in two. During the operation the surgeon had stretched the digital nerve endings and thermocoagulated the distal 1–2 cm to prevent neuroma formation. The median interval between amputation and testing was 7–3 (5–6–58) months.

**Methods**

A history of the nerve injury and its consequences was obtained in accordance with a set protocol. The affected limb was examined in detail and the area of sensory deficit was carefully mapped. Additional information about the initial clinical picture, the degree of nerve division, the operative technique, and the postoperative course was gained from the patient’s notes.

Multimodal quantitative sensory tests were undertaken with the patient comfortably seated and the tested hand resting on a sandbag. The right hand was always tested first. Three areas were defined and tested separately, corresponding in nerve injury patients to maximally affected, partly numb, and unaffected skin.

**Area A**—In patients with nerve injuries the area of maximal numbness consisted of the pulp of the index or the little finger, depending on whether the median or the ulnar nerve had been divided. For amputees area A was located on the stump.

**Area B**—In patients with nerve injuries the area of partial numbness tested was on the volar aspect of the proximal phalanx of the same finger as for area A or, if the maximal sensory deficit extended to the base of the digit, on the thenar or hypothenar eminence. For amputees area B was at the base of the affected finger or, if digital amputation was complete, on the thenar or hypothenar eminence.

**Area C**—For patients with nerve injuries the area of unaffected skin tested was on the pulp of the little finger for median nerve lesions and on the pulp of the index for ulnar nerve lesions. For amputees area C was always on the pulp of the little finger, as all amputated digits were in the territory of the median nerve.

In both groups of patients all tests were repeated at the same sites in the unaffected hand (areas CA, CB, and CC), so that each patient served as his or her own control. Some tests included additional locations, as described below.

**Thermal and pain thresholds**

Warmth, cold, heat pain, and cold pain thresholds were determined by the Marstock thermod and a thermod with a surface area of 12·5 cm² was applied on the thenar or hypothenar eminence, depending on the affected nerve. A weight of 240 g was placed on the thermod to ensure good contact. The baseline temperature was set at 31°C, which the subjects perceived as thermally indifferent. The stimulating surface was then warmed 1°C a second until the subjects first perceived warmth, when they pressed a switch, thus returning the thermod temperature to baseline. The procedure was repeated a minimum of four times with intervals of about 10 seconds between them. The thermod was then cooled and the same sequence was used to obtain a cold threshold.

Thermal pain thresholds were measured with the same equipment, using a rate of change of 2°C/s for heat pain and 3°C/s for cold pain. Subjects were instructed to press the switch when they felt the thermod to have become painfully hot or cold, depending on the direction of the current. Five values were usually obtained for each thermal threshold and the mean of the last three was calculated.

**Vibration thresholds**

A vibrometer (Somedic AB) was used to measure vibration thresholds in the pulp of the little and index fingers. The device delivers a sine wave at 100 Hz through a hand held probe applied with a constant force, which was monitored by the investigator. The amplitude of the sine wave was slowly increased until vibration was first perceived; it was then reduced to obtain the vibration disappearance threshold. The mean of three perception and disappearance thresholds was used as a measure of sensitivity to vibration at each testing site.

**Tactile thresholds**

Tactile thresholds were obtained with a set of Semmes-Weinstein monofilaments, a variant of von Frey hairs. They were recalibrated in our laboratory, the maximum force exerted being given in millinewtons (0·06–230 mN). The filaments were applied perpendicularly to the skin in areas A, B, and C. The threshold was considered as the force required to obtain a correct response in four out of five trials.

**Stimulus-response curves**

The relation between subjective sensory magnitude and stimulus intensity was studied fur-
Changes in sensation after nerve injury or amputation: the role of central factors

Changes after injury

PATIENTS

Results

for

data

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between

Comparisons

were

stimuli

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prodding

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skin

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The

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Two point discrimination

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Locognosia

The

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Subjects

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They

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Data analysis

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limb.

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Wilcoxon’s

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package.

Results

PATIENTS WITH NERVE INJURY

Clinical state

All patients had regained some degree of feeling in the territory of the affected nerve. A Tinel sign could be evoked over the scar in seven patients. Only one patient had spontaneous shooting pain from the site of injury to the fingers supplied by the damaged nerve. Dysesthesia on gentle touch or spontaneous paraesthesia in the hypoesthetic area, or both, was recorded in seven patients. Motor deficits in the affected hand ranged from MRC grades 2–3 in five cases to grades 3–4 in three cases and grades 4–5 in four cases.

With regard to autonomic function, one half of the patients reported higher sensitivity to cold, leading to stiffness, occasional pain, and a colder feeling than in the unaffected hand. Sweating was subjectively increased in the territory of the damaged nerve in two cases.

Nerve conduction studies

Orthodromic motor and sensory nerve conduction studies were performed in 11 of the 12 injured nerves under investigation. Motor action potentials were obtainable in all but one, but sensory potentials could be recorded in only three. By comparison with the values obtained in the contralateral unaffected nerves, the mean distal latency of the motor action potentials was delayed by a factor of 1.82, the mean distal and proximal amplitudes were reduced to 26% and 30%, respectively, and the mean nerve conduction velocity in the forearm segment was slowed to 82%. The mean distal latency of the three sensory action potentials obtainable was delayed by a factor of 1.4, while the mean amplitudes were only 24% of the values on the contralateral side.

Sensory thresholds

In the patient group as a whole, thermal thresholds and pain sensitivity were not altered at the sites tested (the thenar eminence for median nerve injuries and the hypothenar area for ulnar lesions), which were hypoesthetic for tactile stimuli. The median difference in thresholds between right and left hands was <1°C for warmth, cold, and heat pain, and 1-6°C for cold pain. The subgroup of patients whose injury was less than 12 months old were hypersensitive to painful thermal stimuli on the affected side: the median difference with the healthy side was -2.1°C for heat pain (range -4.1 to -1°C; p < 0.05) and -5.3°C for cold pain (-6.0 to -3.8°C; p = 0.05).

Vibration thresholds were higher in area A (the zone of maximal numbness) than at the corresponding site CA in the opposite hand (median 1.1 μm in area A and 0.57 μm in area CA; p = 0.033). Tactile sensitivity showed the greatest alteration. The median tactile thresholds at the fingertip (area A) and at the base of the finger (area B) were 18.6 and 2.2 mN, respectively, both of which were significantly higher than the median values at homologous sites CA and CB in the sound limb (table 1). The highest values were observed in patients whose nerve injuries were recent (table 2).

Two point discrimination was not recordable from area A in seven patients and from area B in four patients. In the remainder,
median discrimination was significantly increased in sites A and B by comparison with their counterparts in the unaffected hand (table 1). For two point discrimination, as for vibration and tactile thresholds, the median right-left difference for area C was zero.

The ability to localise tactile stimuli (locognosia) was impaired in the middle and proximal phalanges of the fingers supplied by the injured nerve. The largest error in localisation was 31 mm. Misreferrals tended to be in a longitudinal direction and did not extend to the cutaneous territory of a neighbouring nerve. There were no differences between the values obtained on the medial and lateral aspects of the ring finger. Surprisingly, locognosia was virtually normal in the tips of the fingers supplied by the injured nerve. The median difference between affected and unaffected sides at this location was 1 mm, with a narrower range of values than at any of the other sites tested (fig 1). Misreferrals were of the same order in the two subgroups of patients for the distal and middle phalanges. For the proximal phalanx locognosia was better in those whose repairs had been carried out more than 12 months earlier (table 2).

**Stimulus-response curves**

The stimulus-response curves resulting from plotting the patient’s subjective rating of the intensity of a range of tactile stimuli against stimulus force were best described as a power function conforming to a straight line on log-log coordinates (fig 2). The slope of this line (the exponent of the power function) was significantly steeper in the pulp of the fingers supplied by the injured nerve (area A) than at the same location in the other hand (area CA) (median 0.68 <r 0.38; p = 0.003). For area B the difference in slopes between injured and healthy hands was less but still significant (0.39 <r 0.27; p = 0.045).

The slopes of the stimulus-response curves at the tip and base of the fingers in the normal hand also differed, being significantly steeper at CA (0.38) than CB (0.27; p = 0.005). The median slopes tended to be lower in the group of patients whose injuries were more than 12 months old than those under 12 months (A, 0.39 <r 0.74; B, 0.40 <r 0.62; CA, 0.28 <r 0.44; CB, 0.26 <r 0.34), but these differences were not statistically significant.

In a group of seven age matched controls there were no differences between the slopes of stimulus-response curves at the same locations (median slopes 0.41 at A, 0.40 at CA, 0.44 at B, and 0.37 at CB).

**Patients with amputated fingers**

Sensitivity in the stump (A) or the adjacent skin (B) was not significantly different from sensitivity in the corresponding sites in the other hand (CA, CB), though small numbers made meaningful statistical analysis difficult. Acuity for any of these tests was not improved in the skin of the stump. Indeed, thresholds tended to be somewhat higher in the affected hand (median tactile thresholds 0.62 mN in A v 0.06 mN in CA and 0.6 mN in B v 0.3 mN in CB; median two point discrimination 10.5 mm in A v 4.5 mm in CA and 9.0 mm in B v 7.0 mm in CB). Locognosia was moderately impaired in the palm a few centimetres proximal to the stump (location B; median 7.5 mm v 3 mm in the intact limb). Vibration, thermal, and pain thresholds were similar in both hands.

The slopes of the stimulus-response curves obtained in the same way as for patients with nerve injuries did not show any side to side differences. The slopes in areas A (0.49) and CA (0.48) were steeper than those in B (0.32) and CB (0.30), but these differences did not reach statistical significance.

### Table 1

Comparison between the affected and the non-affected limb for tactile and vibration thresholds, two point discrimination and locognosia in 11 patients with 12 nerve injuries

<table>
<thead>
<tr>
<th>Modality</th>
<th>Affected site</th>
<th>Median (range)</th>
<th>Control site</th>
<th>Median (range)</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tactile threshold (mN)</td>
<td>Area A</td>
<td>18.6 (9.1-146)</td>
<td>Area CA</td>
<td>0.06 (0.06-19)</td>
<td>0.002</td>
</tr>
<tr>
<td>Area B</td>
<td>2.2 (0.06-146)</td>
<td></td>
<td>Area CB</td>
<td>0.06 (0.06-07)</td>
<td>0.011</td>
</tr>
<tr>
<td>Vibration threshold (μm)</td>
<td>Area C</td>
<td>0.06 (0.06-05)</td>
<td>Area CC</td>
<td>0.3 (0.06-05)</td>
<td>NS</td>
</tr>
<tr>
<td>Two point discrimination (mm)</td>
<td>Area A*</td>
<td>17.0 (10-29)</td>
<td>Area CA</td>
<td>4.0 (2-9)</td>
<td>0.043</td>
</tr>
<tr>
<td>Area B*</td>
<td>15.5 (14-42)</td>
<td></td>
<td>Area CB</td>
<td>7.5 (4-14)</td>
<td>0.035</td>
</tr>
<tr>
<td>Locognosia (mm)</td>
<td>Area C</td>
<td>5.5 (2-13)</td>
<td>Area CC</td>
<td>4.0 (2-17)</td>
<td>NS</td>
</tr>
<tr>
<td>DP</td>
<td>3 (5-3)</td>
<td></td>
<td>CDP</td>
<td>4.0 (1-10)</td>
<td>NS</td>
</tr>
<tr>
<td>MP</td>
<td>9.5 (4-29)</td>
<td></td>
<td>CMP</td>
<td>6.0 (2-11)</td>
<td>0.032</td>
</tr>
<tr>
<td>PP</td>
<td>11.5 (5-31)</td>
<td></td>
<td>CFP</td>
<td>5.0 (0-12)</td>
<td>0.023</td>
</tr>
<tr>
<td>T</td>
<td>8.0 (6-13)</td>
<td></td>
<td>CT</td>
<td>6.0 (0-13)</td>
<td>NS</td>
</tr>
</tbody>
</table>

**Note:**
- DP = distal phalanges
- MP = middle phalanges
- PP = proximal phalanges
- T = thenar or hypothenar eminences
- *Not recordable in 7 patients.
- !Not recordable in 4 patients.

### Table 2

Differences in threshold between affected and unaeffected limb for patients whose nerve injuries were less or more than a year old

<table>
<thead>
<tr>
<th>Modality</th>
<th>Site compared</th>
<th>Median (range) difference in threshold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tactile threshold (mN)</td>
<td>A-CA</td>
<td>49.0 (1.8-144)</td>
</tr>
<tr>
<td></td>
<td>B-CA</td>
<td>8.9 (0-147)</td>
</tr>
<tr>
<td>Vibration threshold (μm)</td>
<td>A-CA</td>
<td>3.7 (0-2-24)</td>
</tr>
<tr>
<td></td>
<td>B-CA</td>
<td>0 (0-4-5)</td>
</tr>
<tr>
<td>Two point discrimination (mm)</td>
<td>A-CA*</td>
<td>21.5 (21-22)</td>
</tr>
<tr>
<td></td>
<td>B-CA*</td>
<td>10.5 (8-13)</td>
</tr>
<tr>
<td>Locognosia (mm)</td>
<td>B-CA*</td>
<td>1 (0-35)</td>
</tr>
<tr>
<td>DP</td>
<td>0 (4-2)</td>
<td></td>
</tr>
<tr>
<td>MP</td>
<td>0 (2-8)</td>
<td></td>
</tr>
<tr>
<td>PP</td>
<td>8.3 (2.23)</td>
<td></td>
</tr>
<tr>
<td>T</td>
<td>2 (7-6)</td>
<td></td>
</tr>
</tbody>
</table>

**Note:**
- DP = distal phalanges
- MP = middle phalanges
- PP = proximal phalanges
- T = thenar or hypothenar eminences
- *Not recordable in 5 patients.
- !Not recordable in 3 patients.
Changes in sensation after nerve injury or amputation: the role of central factors

Figure 1  Median thresholds and quartiles for touch, vibration, two point discrimination, and locognosia at different sites in the hand after peripheral nerve regeneration.

Discussion

We studied 11 patients with 12 complete, microsurgically repaired median or ulnar nerve transections. The interval between nerve injury and testing of sensibility averaged 10 months, so it can be assumed that some regeneration had occurred. To observe the effect of permanent deprivation of sensory input we also studied six patients who had undergone amputation of one or more fingers. Standard methods were used to assess sensibility. All techniques of quantitative sensory testing have the inherent problem of inrasubject and intersubject variability, so it was reassuring to find in our patients that for healthy skin the median right-left difference in touch, two point discrimination, and vibration thresholds was exactly zero. There was thus no effect on these results of dominance or order of testing.

Some of the findings in area A (area of maximal numbness) and area B (partial numbness) in our patients with nerve injuries can be ascribed to peripheral factors. As expected, touch was impaired in areas A and B in a graded fashion. Similar proximo-distal gradation in mechanical thresholds after nerve suture has been noted by many authors. It is of interest that sensitivity was better in the group of patients whose lesions were over a year old, indicating ongoing regeneration of nerve fibres and establishment of adequate connections with cutaneous receptors.

Vibration thresholds were also raised in area A, though less so than tactile thresholds, probably because of propagation of the stimulus outside the hypoesthetic zone. Pacinian corpuscles, which are responsible for encoding high frequency vibration, are known to have very low firing thresholds and large receptive fields. Deep afferents (for instance, those in the interossei in the case of median nerve lesions) may also have been activated by the vibratory stimulus. It is unlikely that reinnervated cutaneous Pacinian corpuscles contributed much to vibration sensitivity in our patients, as few if any units of these corpuscles make successful connections with receptors of this class, though there may be some cross reinnervation of Pacinian receptors by sensory axons previously specialised differently. In a recently published case of forearm amputation and replantation, where propagation of the stimulus to the intact skin cannot have occurred, vibration sensitivity was the only submodality to be totally absent three and a half years after the accident.

Thermal thresholds were not altered in our patients, perhaps because they were tested in the palm of the hand 5–6 months after nerve repair, by which time large numbers of regenerating unmyelinated and small myelinated fibres should have covered the short distance between the site of injury and the thenar or hypothenar eminence. However, hyperalgesia persisted in these areas during the first 12 months, a phenomenon described by Head and Sherren in 1905 and subsequently confirmed by others. It has variably been thought to be due to central release from inhibitory influences, lowered thresholds in regenerating polymodal nociceptors, or ectopic discharges generated in the injured nerve.

Two point discrimination is one of the oldest tests of cutaneous sensibility. It has the drawback of being static, whereas tactile recognition usually involves exploration by the moving finger. Nevertheless, defective two point discrimination is a useful pointer to imperfect reinnervation at a time when ordinary threshold tests may have normal-
ised, in our patients with nerve repair. It was unrecordable in over half (undoubtedly so since most injuries were relatively recent) and was impaired at sites A and B in the remainder. We also found somewhat defective discrimination and a trend in peripheral stump of patients who had undergone amputation of a finger. This is probably explained by distortion of the normal anatomical relationships between the skin flaps used to cover the stump, though central factors may also be involved.

Localisation of touch (locogno~sia) is a more functional task than threshold tests and may be a better predictor of outcome after nerve injury than two point discrimination. Tactile stimuli are misinterpreted long after nerve fibre regeneration has occurred, possibly because of misdirection of outgrowing axons, with persisting abnormalities in the topographic organisation of the central nervous system. It was thus unexpected to find normal locogno~sia in the fingertips of our nerve injured patients, although elsewhere in the finger localisation was significantly impaired. Dyck et al reported normal primary localisation when testing the fingers of patients several years after median nerve injury, but the perceptual territory was increased. Other authors have not tested several areas of skin systematically with punctate stimuli. The fact that in our patients the fingertips were the first to recover normal localisational capacity, when they should be the least endowed with reinnervated mechanoreceptors, indicates that central factors are at play. For the purpose of localising a tactile stimulus, preferential attention is paid to information from the fingertips, however scanty, because of its greater relevance in active touch. It has been shown that in the fingertips of healthy subjects input from a single mechanoreceptive unit may suffice for accurate point localisation.

We did not observe any misreferred of tactile sensations from the healthy skin to the cutaneous territory of the injured nerve, for instance in the ring finger. This might have been expected if collateral sprouting of nerve fibres from adjacent normally innervated skin had occurred. However, such sprouting is restricted in experimental animals to high threshold afferents, which mediate perception of pain and temperature. Our thermal stimulator could be used only in the palm and was too large to carry out thermal localisation tests.

The subject's rating of the intensity of various tactile stimuli is a psychophysical function that depends on the recruitment of sensory units but probably also on central factors. Our findings indicate that temporary or permanent deprivation of peripheral input causes the power function to become steeper—that is, sensory magnitude grows more rapidly with increasing stimulus force: stimulus-response curves in our patients were steeper in the hypoaesthetic fingers (areas A and B) than in the healthy skin of the opposite hand (areas CA and CB), and they trended to be steeper in the first 12 months after injury than later on, when presumably innervation was richer. Similar findings were reported by Franzen and Lindblom. It is as if the central nervous system was trying to compensate for this loss of peripheral input by assigning higher intensity ratings to suprathreshold stimuli. Our normal controls showed no difference in the slope of the stimulus-response function between tip and base of the fingers.

Another finding that cannot be explained on a peripheral basis is the steeper slope of the psychophysical intensity function in the fingertip than the finger base in the normal hand of our nerve injured patients. In addition, our data in amputees showed a trend towards steeper slopes both in the stump and at the corresponding contralateral location, in the absence of tactile threshold changes. This may indicate a general resetting of the responsiveness of the brain to suprathreshold tactile cutaneous stimuli, even those from the other side of the body, when there is loss of input from one finger.

Nevertheless, the brain does not respond by heightening the sensitivity of the skin to just noticeable stimuli in the territory of the nerve adjacent to the injured one or in the stump in amputees. Multimodality thresholds in these areas were not significantly different from those at corresponding sites in the intact limb. This is in contrast with Haber's finding of improved tactile acuity in stumps of above elbow amputations. The different amount of amputated tissue may account for the difference between Haber's and our results.

In conclusion, our findings support the role of central factors in certain judgments of intensity and localisation of a cutaneous tactile stimulus after sensory deprivation. The cortical reorganisation that follows digit amputation or nerve section in monkeys might be anticipated to cause hypersensitivity in the adjacent skin, owing to the improved "prain" of its somatosensory representation. This is probably too simplistic a view of the central nervous system's adaptation to loss of afferent input. Subtle changes taking place at cortical or subcortical level may be aimed at making the best use of the sparse or distorted input from the partially deafferentated area of skin. Dynamic changes in the central nervous system after nerve repair and regeneration may form the basis for successful sensory rehabilitation in such patients.