A marvellous collection of concise, concise essays in classical Neurology, it explores the present and seeks future evolution in understanding. It epitomizes Ben Johnson's remark in the Alchemist: "If his dream last he'll turn the age to gold."

JMS PEARCE


The authors, Consultants in spinal injuries in Salisbury, and accident and emergency in Weston-super-Mare have updated the first edition of these BMJ papers in a splendidly illustrated format. These important injuries affect 10 to 15 per million each year in the UK; and, 51% result from road accidents, 27% from domestic or industrial injuries, and 16% from sport. Mortality in those who get to hospital is 5% and for the survivors the death rate is doubled for incomplete paraplegia and tetraplegia, but increased three- to seven-fold for complete tetraplegia.

The papers deal in practical fashion with attention at the roadside, transfer to hospital, radiology, and early management in the resulting paralysis in the spinal injuries centre. Succeeding sections review medical, surgical, urological and nursing treatments and the details of rehabilitation and later the adaptation, social issues and complications after return home. These latter sections are written with social worker, occupational- and physio-therapists who add much to the solution of practical daily problems.

Neurologist may balk at the odd howler "... when the lesion is above the sacral segments-that is, when there is an upper motor neurone lesion" and perhaps at the persistent use of the obsolete MRC scales for motor power (developed for the 1947 polio epidemic), but overall the many issues are so clearly explicated that the articles or paperback deserve a wide readership. If the上面 are heeded, the harrowing lot of these courageous patients should be improved.

JMS PEARCE


This book derives from a conference held at the National Institute of Health in 1991. It is the first in a planned series reviewing topics of new knowledge in Alzheimer's Disease. The editors state their main aim is to present convenient summaries of topics that have not yet joined the mainstream of research. It is not therefore concerned with clinical material and many of the chapters are concerned with presenting the authors' "pure" research.

The book is divided into five sections, the first and unfortunately the shortest section deals briefly with current approaches to the treatment of Alzheimer's Disease. The second and third sections look at some new approaches to the development of drugs, particularly agents acting on neurotransmitter systems and the potential uses of neurotrophic factors. Section four examines the interesting theory that there is an anti-inflammatory component to Alzheimer's disease which may be treated effectively by aspirin! The final section of the book houses a variety of potential approaches to treatment. The possible prevention of Alzheimer's disease is discussed in a chapter dealing with the cell biological mechanisms underlying the processing of the amyloid precursor protein.

As with many multi-author reads, it is valuable. There are rather too many chapters presenting a plethora of research with an inadequate discussion of findings. Some of the more accessible chapters such as those discussing the current state of clinical trials and the last chapter on the possible role of Acetyl-L-Carnitine seem too short by comparison. In general the book is well produced and the figures of good quality.

Because of the rather prohibitive price it is more likely to be a library purchase. This book is not an easy read and probably has little in it to interest the clinician, but I would recommend it as one to be dipped into for anyone with an interest in Alzheimer's disease and the future of research in this field.

DEIRDRE BONNER


This volume reports the results of several research projects on Parkinson's disease which have in common a support grant from a Ministry of Education, Science and Culture of Japan between 1987 and 1989. The aim of the project was interdisciplinary research extending through molecular biology to clinical neurology. In fact, the net result is a series of 20 projects which only loosely interrelate. The studies in molecular biology stand rather distinctly apart from those in clinical medicine and, even within the separate domains, the extent of integration is not great. Despite these reservations, the book contains some very interesting studies. In fact, some of the findings, such as the 2-15 times greater relative risk of Parkinson's disease in individuals with particular cytochrome P450 genotype may not get the wide readership and recognition that would be the case if it were published in a refereed journal. The studies in molecular biology, form an interesting series of research papers although the clinical studies are rather selective. Although of interest in themselves, they do not clearly fulfill the wide remit of the publishers as "clinical topics which are essential for clinical neurologists to diagnose or treat patients with Parkinson's disease".

The book resembles more the proceedings of a symposium than a comprehensive text. Thus, it will gain a greater place as a reference source in a library than as a book for repeated personal use.

HJ SAGAR