SHORT REPORT

Rest tremor and extrapyramidal symptoms after midbrain haemorrhage: clinical and $^{18}$F-dopa PET evaluation

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Abstract

A 25 year old man had an acute subarachnoid haemorrhage due to the rupture of a right peduncular subthalamic arteriovenous malformation. Seven months later he developed a left rest tremor associated with mild bilateral extrapyramidal symptoms and responsive to levodopa treatment. Surface EMG recording showed synchronous activity of agonist and antagonist muscles in the left limbs. A PET $^{18}$F-dopa study showed a large decrease of the Ki value in the right striatum. One year after the stroke a persistent postural component developed in the tremor.

Case report

A 25 year old man, without peculiar medical history, presented with a severe headache immediately followed by a left hemiplegia associated with a paresis of the right cranial nerve III. These symptoms were related to a subarachnoid haemorrhage due to rupture of an arteriovenous malformation, shown by angiography to be located within the right peduncular subthalamic and thalamic areas. The patient's neurological state improved, allowing him to start working again. Seven months after his stroke, however, he complained of a worsening left tremor. Examination found slight left pyramidal symptoms and a rest tremor on the left side. This tremor was regular, of large amplitude, and exacerbated by the patient's use of arithmetic. Occasionally he was able to stop it. No tremor occurred during sleep. The tremor was distal and more prominent in the leg, with a movement of flexion-extension of the foot while the patient was seated. During voluntary movement the tremor in the left arm disappeared. The patient was able to take a pen in front of him slowly between the thumb and forefinger without any tremor. Examination disclosed slight bradykinesia and bilateral extrapyramidal rigidity, prevailing on the left side and increased by contralateral voluntary movement; there was no palatal tremor.

Surface EMG recording showed no resting tremor in the left proximal muscles. Tremor recording disclosed synchronous activity of agonist and antagonist muscles in the arm and leg (fig 1). The greatest amplitude was found in the tibialis anterior of the lower limb and in the triceps brachii of the upper limb. Tremor was slightly slower in the arm than in the leg ($3.5$ Hz vs $4$ Hz). No tremor was detected when the patient stretched out his
living. At this time the patient was treated by multibeam radiation for his arteriovenous malformation and since then the tremor has not changed.

**Discussion**

Most descriptions of midbrain tremors are related to post-traumatic lesions, often haemorrhagic. Post-traumatic tremors are mainly postural and action tremors, although in three of the eight patients described by Andrew et al an associated rest component was found that disappeared after thalamotomy. Findley and Gresty described a 51 year old male patient who had a subarachnoid haemorrhage related to an arteriovenous malformation arising from the tip of basilar artery. Six weeks later he developed a severe tremor at rest that persisted and increased during voluntary movement and posture. This tremor was greatly improved by levodopa treatment. Fahn et al reported a 54 year old woman who developed a tremor of the right arm two months after acute right hemiparesis. The tremor was variable in its amplitude at rest and severely exaggerated by postural holding of the arm and the finger to finger manoeuvre. MRI showed a haemorrhage in the left subthalamic area and rostral lateral part of the red nucleus. Levodopa had no effect and lorazepam led to some improvement of the movement disorder.

In our patient a tremor at rest occurred seven months after his stroke. It is interesting that there was a delay between midbrain injury and the occurrence of a tremor in all cases of traumatic and non-traumatic midbrain tremor. This delay was variable but could be compared to the occurrence of delayed dystonia after hemiplegia associated with lesions in the basal ganglia. In primates motor impairments were found in the postoperative period after unilateral 6-hydroxydopamine lesion of the substantia nigra. Specifically, significant increases in reaction time and movement time in the contralateral hand were seen from the 10th day and they were maximum between the 20th and 30th days after the lesion. Direct comparison between such experimental studies and clinical data is difficult. It is interesting, however, that an acute and precise limited chemical lesion of the substantia nigra is able to induce a delayed movement modification that is related to a persistent dopaminergic deficit. We suggest, therefore, that our patient's diffuse midbrain lesion (haemorrhage not limited to the substantia nigra) was not able to induce immediate extrapyramidal symptoms but that the dopaminergic neuron loss was sufficient to induce delayed parkinsonian manifestations.

The rest tremor had the clinical characteristics of parkinsonian tremor, and was improved by levodopa treatment and piribedil. The clinical efficiency of levodopa on posthaemorrhagic midbrain tremors has been reported. In most cases, however, this kind of treatment was not tried. After five
months of evolution the tremor changed in appearance with the occurrence of a postural component. Levodopa treatment was efficient, however at lessening both resting and postural components of the tremor.

Clinical features make parkinsonian rest tremor and postural cerebellar tremor clearly distinct. In both conditions EMG recordings, however, classically show alternating muscle activity. Although our patient had initially a pure rest tremor, EMG recording showed a simultaneous agonist-antagonist muscle activity. Other workers have found that the pattern of EMG activity in parkinsonian patients could be either synchronous or alternating in both postural and resting tremors. Few papers have reported the results of EMG study in postural cerebellar tremor after midbrain injury, but by contrast with our case a rhythmical alternating activity was found. Therefore midbrain tremor cannot be defined simply by a schematic clinical and EMG presentation.

As well as the resting tremor our patient had mild bilateral extrapyramidal symptoms. MRI showed no lesion of the left substantia nigra (fig 2) and PET data were within the normal range for the left striatum. Crossed nigrostriatal connections have been found in monkeys and rats. Moreover, bilateral interactions between basal ganglia motor systems are now well established. These data could provide an explanation for the bilateral extrapyramidal symptoms in our patient.

In the discussion of the case of Fahn et al., Koller underlines that “if the resting tremor component is due to nigrostriatal damage, this hypothesis could be tested by a PET quantifying striatal dopamine function.” In our patient the PET 18F-dopa study showed a normal decrease in the Ki value in the right striatum. Few reports have described such an investigation after midbrain lesions. Leenders et al. showed a decrease of 18F-dopa uptake in the contralateral striatum of a patient with a progressive right hemidystonia and parkinsonism due to a calcified rostral brainstem-thalamic lesion. Recently De Recondo et al. reported similar PET results in a young woman who developed a postural tremor increased during voluntary movement, associated with a rest component, two months after a right midbrain post-traumatic haematoma. The PET study in our patient strongly suggests that rest tremor related to midbrain lesions is associated with a contralateral decrease in striatum 18F-dopa uptake, whatever the aetiology of the tremor.

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