LETTERS TO THE EDITOR

Cerebral metabolism during vegetative state and after recovery to consciousness

One way to approach the study of consciousness is to explore lesional cases in which impairment of consciousness is the prominent clinical sign. Vegetative state is such a condition wherein awareness is abolished whereas arousal persists. It can be diagnosed clinically soon after a brain injury and may be reversible (as in the following case report) or progress to a persistent vegetative state or death. The distinction between vegetative state and persistent vegetative state is that the second is defined as a vegetative state that has continued or endured for at least 1 month. 1 We present a patient who developed a vegetative state after carbon monoxide poisoning and in whom we had the opportunity to measure brain glucose metabolism during the vegetative state and after recovery to consciousness. Using [(18)F]fluorodeoxyglucose (FDG) PET and statistical parametric mapping (SPM) we compared both patient’s sets to a normal control population. Our findings offer an insight into the neural correlates of “awareness”, pointing to a critical role for posterior associative cortices in consciousness.

A 40 year old right handed woman attempted suicide through CO intoxication and was found unconscious. She was treated with hyperbaric oxygen but evolved to a vegetative state diagnosed according to the following criteria: (1) spontaneous eye opening without evidence of awareness of the environment; (2) no evidence of reproducible voluntary behavioural responses to any stimuli; (3) no evidence of language comprehension or expression; (4) intermittent wakefulness and behaviourally assessed sleep-wake cycles; (5) normal cardiorespiratory function and blood pressure control; (6) preserved pupillary, oculocephalic, corneal, and vestibuloocular reflexes. Brain MRI performed 14 days after admission was normal. Electroencephalography showed a 6 Hz basal activity with more pronounced slowing on the left parietal regions. Auditory evoked potentials were normal. Somaesthetic evoked potentials of the median nerve showed normal latency and amplitude of P14 and N20 potentials without any late cortical components. After remaining in a vegetative state for 19 days the patient regained consciousness. Her sequelae consisted of a bilateral spastic paresis of upper and lower limbs. Neuropsychological assessment 1 month after admission showed an attention deficit with moderate impairment of short term memory. One year after the accident she showed a spastic gait with altered fine motor function, most prominent on the right, a slurred speech, and minor short term memory disturbances. FDG-PET was performed during the vegetative state (day 15 after admission) and after recovery to consciousness (day 57).

The control population consisted of 48 drug free, healthy volunteers, aged from 18 to 76 years (mean: 42 (SD 21) years). The study was approved by the ethics committee of the University of Liège. Informed consent was obtained by the husband of the patient and for all control subjects. Five to 10 mCi FDG was injected intravenously; PET data were obtained on a Siemens CTI 951 R 16/31 scanner in bidimensional mode. Arterial blood samples were drawn during the whole procedure and cerebral metabolic glucose rates (CMRGlu) were calculated for all subjects. PET data were analysed using SPM software (SPM96 version; Welcome Department of Cognitive Neurology, Institute of Neurology, London, UK). 2 The use of SPM to assess between subject (rather than within subject) variability is unlikely to alter the relevance of our results given their high degree of significance. Data from each subject were normalised to a standard stereotactic space and then smoothed with a 16 mm full width half maximum isotropic kernel. The analysis identified brain regions where glucose metabolism was significantly lower in each patient scan compared with the control group. The resulting foci were characterised in terms of peak height over the entire volume analysed at a threshold of corrected p<0.05. 3

During the vegetative state, average grey matter glucose metabolism was 36% lower than in controls (4.5 ± 7.3 (SD 1.4) mg/100 g/min). No substantial change in mean CMRGlu was found after recovery (4.7 ± 100 g/min). During the vegetative state, significant regional CMRGlu decreases were found in the left and right superior parietal lobule; the left inferior parietal lobule; the precuneus; the left superior occipital, superior and middle temporal gyri; and the premotor and postcentral and precentral cortex (figure, yellow colour). After recovery, metabolic impairment was confined to the left and right precentral and postcentral gyri and premotor cortices (figure, blue colour).

This case report offers an insight into the neural correlates of human consciousness (at least, external awareness as it can be assessed at the patient’s bedside). Given that global glucose utilisation levels remained essentially the same, the recovery of consciousness seems related to a modification of the regional distribution of brain function rather than to the global resumption of cerebral metabolism. The main decreases in metabolism seen during the vegetative state but not after recovery were found in parietal areas, including the precuneus. This is in agreement with postmortem findings in persistent vegetative state, in which involvement of the association cortices is reported as a critical neuroanatomical substrate 4 and with PET studies in postanoxic syndrome, in which the parieto-occipital cortex showed the most consistent impairment. 5 The functions of these areas are manifold: lateral parietal areas are involved in spatial perception and attention, working memory, mental imagery, and language, whereas the precuneus is activated in episodic memory retrieval, modulation of visual perception by mental imagery, and attention. 6 Our data point to a critical role for these posterior associative cortices in the emergence of conscious experience.

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Electrical inexcitability of nerves and muscles in severe infantile spinal muscular atrophy

Spinal muscular atrophy (SMA) is one of the most common fatal autosomal recessive disorders, characterised by progressive degeneration of anterior horn cells. Before the advent of genetic testing, the diagnosis of SMA was based on clinical, histopathological, and electrophysiological features. In 1992, the International SMA Consortium defined diagnostic criteria of proximal SMA based on clinical findings. In SMA type I (severe; Werdnig-Hoffmann disease), affected persons have onset of symptoms before 6 months of age and are never able to sit without support. Electromyography demonstrates denervation features. In early 1995, the candidate gene, the survival motor neuron (SMN) gene, was identified, making the confirmation of SMA by DNA analysis possible.

With the availability of a genetic test for SMA, many investigators are refining the diagnostic criteria published by the Consortium. Studies involving hundreds of patients with SMA have disclosed a subset of patients who fulfill at least one exclusion criterion defined by the Consortium. We identified an infant with severe SMA who fulfilled two exclusion criteria and also showed abnormal SNAPs in nerves as well as muscles. This report will further delineate the wide range of phenotypes for this particular gene mutation.

A 20-year-old male infant was born at term. First fetal movements were noted at 13 weeks of gestation. Chorionic villus sampling at 10 weeks of gestation disclosed normal chromosomal decreases. Decreased fetal movement and polyhydramnios were noted at about 34 weeks of gestation. At delivery, the infant was cyanotic with no respiratory effort and was subsequently intubated. On physical examination, the infant had no spontaneous movements. He opened his eyes with brief fixation but no following. Tongue fasciculations were present. Other cranial nerves seemed intact. Mild flexion contractures of both elbows, knees, and ankles were noted. Tone was flaccid. He had no sucking and no rooting. There was no movement response to painful stimuli. Deep tendon reflexes were absent.

Brain MRI disclosed mild diffuse cortical atrophy. His EMG was severely abnormal, with widespread fibrillations and absent voluntary motor units except in the genioglossus, where mildly neurogenic motor units with decreased recruitment were seen. Stimulation of the median, ulnar, tibial, and peroneal nerves with a maximal stimulus resulted in no clinical or electrical response. The biceps brachii and rectus femoris muscles were electrically inexcitable by direct needle stimulation. Median, ulnar, and sural sensory potentials were not obtainable. DNA testing showed a homozygous deletion of exons 7 and 8 of the telomeric SMN gene, all three siblings showed a large deletion in the region that includes all alleles of the copy markers Ag1-CA and C212, localised at the 5′ end of the two SMN gene copies. It has been postulated that the severity of disease may be correlated with the extent of a deletion involving the SMN gene and the multicyclop markers. The infant in our report with SMA type I showed electrical inexcitability of motor nerves as well as the characteristic alteration of the SMN gene. Although it has been known for some time that histological studies that sensory systems are involved in SMA, electrophysiological sensory findings have been previously reported only once. Sensory nerve conduction velocity was tested in an infant with severe SMA and showed no recordable potential, but the infant in our report also exhibited universal absence of sensory potentials. In both cases, DNA analysis disclosed the 5q deletion. It is unclear whether this finding represents a distinct entity or merely the severe end of classic Werdnig-Hoffmann disease. The diagnostic criteria produced by the International SMA Consortium currently lists “absence of normal sensory nerve action potentials” as an exclusion criterion. Our finding of absent sensory potentials in a 5q deletion established case of SMA indicates further need for revision of the Consortium criteria. Studies involving larger numbers of patients with SMA have identified cases of SMA variants. These patients were diagnosed as infantile SMA by the presence of proximal weakness and atrophy, hypotonia, and evidence of neurogenic alterations in EMG and muscle biopsy. In addition, these patients also exhibited one of the exclusion criteria defined by the Consortium—for example, diaphragmatic weakness, involvement of the CNS, or arthrogryposis. Although these patients did not show the typical SMA deletion and were therefore probably not linked to chromosome 5q, they could have had point mutations. The infant in our report showed no respiratory effort after birth, indicating diaphragmatic weakness. He did, however, pass the characteristic SMN gene alterations. This finding suggests that diaphragmatic weakness should be reconsidered as an exclusion criterion by the Consortium.

Review of literature disclosed no previous reports of electrically inexcitable muscles in SMA. This phenomenon is known to occur in a few other neuromuscular conditions such as periodic paralysis and critical illness polyneuropathy. Fibrillations, as seen in the infant in our report, are commonly seen in acute denervation and are thought to be caused by perturbation of the sarcocellular membrane, rendering it unstable. One possibility may be that severe acute denervation in SMA type I can result in abnormal function of the membrane to make it electrically inexcitable. Further electrophysiological studies at the cellular level are required to delineate this interesting finding.

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Acute overdosage and intoxication with carbidopa/levodopa can be detected in the subacute stage by measurement of 3-0-methylpyridine

Although the effects of a chronic overdose with levodopa are well known, few cases of acute intoxication have been described. In addition to a homozygous deletion of 5q, they could have had point mutations. The therefore probably not linked to chromosome 5q, they could have had point mutations. The infant in our report showed no respiratory effort after birth, indicating diaphragmatic weakness. He did, however, possess the character-
noradrenaline, which stimulates the peripheral conversion of levodopa into dopamine. It can be assumed that the effect is caused by the breakdown of dopamine. The time course of the concentrations of levodopa and 3-0-methyldopa are shown in the figure.

After 24 hours the patient was moved from the intensive care unit to a normal medical ward. At this point no neuropsychiatric signs of levodopa intoxication could be detected. Clinically, the most prominent symptoms of levodopa overdose are confusion, agitation, sleeplessness, and excessive motor activity. The initial levodopa concentration in our patient was 66 763 ng/ml, the concentrations of DOPAC, homovanillic acid, noradrenaline, adrenaline, and dopamine were raised 2.5 hours after ingestion and rapidly returned to normal. A very noticeable feature of this case was the maximal bilateral mydriasis, with absent light reaction, at the time of the maximal intoxication with a 30-fold increase in plasma levodopa concentration. To our knowledge there is no association of a levodopa intoxication with maximally dilated, light unresponsive pupils and without signs of dyskinesia has not previously been reported. It can be shown that the effect is caused by the peripheral conversion of levodopa into noradrenaline, which stimulates α-adrenergic receptors in the dilator iridis. There is no indication from animal experiments of a specific activation of dopamine receptors. The arterial hypertonus measured initially can also be attributed to the high systemic concentrations of noradrenaline, and the tachycardia to the raised concentrations of adrenaline and dopamine. As seen in the figure, the only indicator which can show a levodopa intoxication in the subacute stage is the concentration of 3-0-methyldopa. The metabolite 3-0-methyldopa results from the oxidative deamination of levodopa, which explains the delayed peak of the 3-0-methyldopa concentration. The half-life of 3-0-methyldopa in plasma was calculated at 16.7 hours in this patient. On the other hand, the plasma half life of levodopa was 111 minutes; this is slightly longer than normal, and can be explained by assuming a rate limited metabolism of levodopa when the substrate concentration for the enzymes metabolising it is raised.

Distribution into muscles rather than metabolism may lastly determine the plasma half life of levodopa and explain why this was only slightly altered with overdose. The measured peak concentration of 66 763 ng/ml is about 30 times higher than the peak concentration of levodopa observed after taking one tablet of carbidopa/levodopa (50 mg/200 mg). It is apparent that the 30 tablets did not interfere with absorption or lead to a gastrointestinal paralysis due to the high dose of levodopa; the relation between ambient ingestion and plasma concentration seems to be linear, at least in this dose range.

We conclude from these findings that in cases of suspected levodopa intoxication, by some hours previously, it could be important to measure the concentration of 3-0-methyldopa, so as not to overlook an overdose with levodopa, which may be due to a suicide attempt. In addition to the diagnostic uncertainty in relation to the immediate treatment of the patient, this would also have an effect on further psychiatric and psychological therapy.

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The use of olanzapine for movement disorder in Huntington’s disease: a first case report

Movement disorder is a prominent feature of Huntington’s disease and consists of involuntary and voluntary components as well as associated bradykinesia. Pharmacological treatment is problematic because of the side effects of the drugs used, which may further compromise cognitive functioning and mobility. Patients are often not subjectively aware of their movements but can be considerably disabled by them and carers are often distressed and enquire about treatment options. If drug treatment is considered it is important to achieve the maximum improvement in movements with the minimum of negative side effects. This paper describes the effect of olanzapine on movements when other treatment options had been ineffective or limited by side effects.

Huntington’s disease is a hereditary progressive neurodegenerative disorder. It consists of a triad of symptoms comprising motor, psychological, and cognitive abnormalities. The motor component consists of involuntary choreiform movements and increasing difficulties with voluntary movement. The degree of the involuntary movements is variable but in some patients can be very marked. Progression over time of the movement disorder in Huntington’s disease can be monitored using the quantitative neurological examination (QNE). This measure has three subscales, an eye movement scale, a motor impairment scale (MIS) quantifying voluntary movement, and a chorea scale measuring involuntary movement.1 2

Pharmacological control of the symptoms has been shown to be effective with dopamine antagonists,3 4 but their use is limited because of the side effects. Clinically the most problematic of these are sedation, cognitive slowing, increased mobility problems, and hypotension. The inability of traditional dopamine antagonists to improve functional capacity, despite amenability, is probably due to suppression of voluntary motor activity.4 Tardive dyskinesia has occasionally been reported in patients with Huntington’s disease treated with these drugs.5 The atypical antipsychotic clozapine has been shown to be effective in improving the movement disorder. However, in a double blind randomised trial of clozapine which included patients who were already receiving traditional antipsychotic medication,6 a group who had not received drug treatments for their movement disorder, chorea was reduced in those who were antipsychotic naive only and the authors concluded that clozapine was of little added advantage in Huntington’s disease.7 Olanzapine is a new atypical antipsychotic drug. It is a thienobenzodiazepine structurally very similar to clozapine. Unlike clozapine it is not associated with the potentially serious side effects of agranulocytosis and therefore frequent blood monitoring is not necessary.

This report describes the progress of a man who has Huntington’s disease. He developed a marked movement disorder and was unable to tolerate both sulpiride and risperidone but had symptomatic improvement when treated with olanzapine.

He is a man in his early 50s who had a confirmed genetic test for Huntington’s disease in 1994, after the development of clinically obvious motor symptoms. It is likely that the onset of symptoms had occurred a few years previously as he had experienced difficulties in concentration and work, attributed at the time to stress, leading to the loss of employment. In addition his family, watching family videos of a few years earlier thought that there was a problem with involuntary movements, which may have been the early signs of his movement disorder. However there was no known family history of Huntington’s disease which might have led to an earlier diagnosis. By May 1995 his involuntary movements were becoming more noticeable, although control of voluntary movement was good. A trial of sulpiride commencing at 200 mg twice daily and increasing over 1 week to 800 mg daily was undertaken with a subsequent decrease in the frequency and extent of involuntary movement recorded in case notes; unfortunately the QNE was not repeated at this time. However, the patient experienced a subjective slowing of his cognitive processes, concurrently became depressed, and decided to stop the treatment within 3 weeks. Paroxetine, a selective serotonin reuptake inhibitor antidepressant, was started at a dose of 20 mg a day, which led to an improvement in his low mood. His involuntary movements continued to cause difficulties in his daily living. He was unable to sit comfortably in a chair and when out he felt that he was disturbing others by knocking into them. He agreed to a trial of
risperidone. This was started at a dose of 1 mg twice daily, increasing to a dose of 1 mg four times a day over a period of 2 weeks, stopped after a brief period. He developed hypertension (blood pressure 100/60 mm Hg), complaining of dizziness after the initial dose. His blood pressure remained stable, although low, after this and as there was improvement in his movements the drug was continued. However, he decided to stop the risperidone after 4 months because of his subjective experience of slowed thinking and occasional dizziness. A repeated trial of sulpiride was carried out in March 1997. Sulpiride was started at a dose of 200 mg twice a day and increased to a total daily dose of 1000 mg over 2 weeks. He was on sulpiride for 4 weeks with no improvement in his movements, so it was discontinued. The patient continued to experience low mood and after the discontinuation of sulpiride, his antidepressant drug was changed to lofepramine commencing at 10 mg at night and 20 mg in the mornings; 06/97: 5 mg olanzapine at night, 140 mg lofepramine daily.

In the absence of a cure for Huntington's disease, it is very important that any interventions considered enhance the quality of life of the patient and improve overall functioning. It may not always be in the best interests of the patient to use drug treatments for the movement disorder. In those patients who have severe movements, however, a trial of treatment may be appropriate and continued if a clear benefit has been achieved. Neurological monitoring and the patient’s own perception of the effect of the drug must be taken into account.

The mechanism by which olanzapine may have beneficial effects is unclear. Olanzapine has been shown to have high affinity for a large number of receptors including D1, D2, D4, 5HT2A, 5HT2C, 5 HT3, α-1-adrenergic, histamine H1, and 5 muscarinic receptors. This binding profile is similar to clozapine, another atypical antipsychotic drug, but substantially different to the conventional antipsychotic haloperidol.

Preferential loss of D2 projection neurons which are involved in a feedback loop normally active in the suppression of involuntary movements is thought to be the pathological basis of chorea in patients with Huntington’s disease. The D2 antagonist properties of olanzapine may explain its possible benefits in the improvement of chorea. However, the effect at other receptors such as D4 may also be important, as D4 receptor density has been shown to be raised in Huntington’s disease, therefore the D4/D2 ratio of activity may also be relevant. Differences in binding profile across a range of receptors may explain clinical differences in outcome when comparing different antipsychotic drugs.

This case report indicates that olanzapine may be a useful addition to the treatments for movement disorder, for some patients, and controlled trials of its use in Huntington’s disease would be welcome.

**Patient characteristics**

<table>
<thead>
<tr>
<th>Patient</th>
<th>Age at surgery</th>
<th>Sex</th>
<th>Years with PD</th>
<th>H and Y*</th>
<th>UPDRS off</th>
<th>PD</th>
<th>PD off</th>
<th>Motor dys-</th>
<th>Pallidotomy side</th>
<th>Transient side effects</th>
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<tr>
<td>1</td>
<td>66</td>
<td>M</td>
<td>8</td>
<td>2/5</td>
<td>57/57</td>
<td>R</td>
<td>L</td>
<td>Facial paresis</td>
<td>128/128</td>
<td>Tryptophol, temazepam, alprazolam, apomorphine</td>
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<td>43</td>
<td>F</td>
<td>7</td>
<td>2/2/5</td>
<td>22/22</td>
<td>R</td>
<td>L</td>
<td>Facial paresis</td>
<td>128/128</td>
<td>Trihexifenidyl</td>
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<td>3</td>
<td>48</td>
<td>M</td>
<td>13</td>
<td>2/3</td>
<td>55/55</td>
<td>L</td>
<td>L</td>
<td>Facial paresis</td>
<td>128/128</td>
<td>Pergolide, amantadine</td>
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<td>4</td>
<td>50</td>
<td>M</td>
<td>12</td>
<td>2/2</td>
<td>45/45</td>
<td>L</td>
<td>L</td>
<td>Facial paresis</td>
<td>128/128</td>
<td>Pergolide, selegeline</td>
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<td>6</td>
<td>58</td>
<td>M</td>
<td>13</td>
<td>2/3/3</td>
<td>48/48</td>
<td>L</td>
<td>L</td>
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<td>128/128</td>
<td>Clozapine, temazepam, cisapride</td>
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<td>128/128</td>
<td>Clozapine, selegeline</td>
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*H and Y=Hoehn and Yahr; †UPDRS off=unified Parkinson’s disease rating scale part 3 (motor examination), in a standardised off state, 12 hours without antiparkinson medication; NP=not performed.*

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localisation. Patients started with a short schedule of corticosteroids (5 days) the night before surgery.

The hiccups started immediately after the operation or the next day, were intermittent, and the bouts of hiccup of six patients, with a duration of hours, resolved within 3 days after the procedure. One patient complained of yawning more often and frequent bouts of hiccup for 6 months.

Five patients were men. All patients were right handed. The mean age at surgery was 54 years and the mean duration of Parkinson’s disease was 12 years. All patients were taking levodopa. In four patients the hiccups appeared after a left sided pallidotomy. Patient 2 had a right sided thalamotomy 4 years before the pallidotomy. Patient 5 underwent a left sided pallidotomy 10 months before the right sided pallidotomy which caused the hiccups. The pallidotomies improved parkinsonism in the “off” state (table), contralateral dyskinesias, and pain accompanying Parkinson’s disease. Six patients had transient adverse events: four patients had a transient facial paresis postoperatively and two a slight transient dysarthria (table). Two patients had choreatic movements after the pallidotomy at the contralateral side which resolved spontaneously within 2 hours and is associated with a favourable surgical outcome.

Postoperative MR scans were obtained in the first six patients, and showed that in five patients the lesions were located in the posterior part of the globus pallidus pars externa (GPe) and interna (figure). In patient 5 the lesion was situated slightly more anterior in the GPe and putamen. In patient 3 there was a small separate lesion more dorsal, probably an infarct.

We never encountered hiccups in 150 other stereotactic procedures for Parkinson’s disease, such as thalamotomies or deep brain stimulation electrode implantation in the thalamus and therefore it is unlikely that medication or positive contrast medium were involved in triggering hiccups. The possible cause for the transient hiccups could be the lesion in the ventral medial segment of the globus pallidus or pressure due to oedema, on an adjacent structure like the internal capsule or putamen. We could not find other reports of hiccups as an adverse event after functional stereotactic surgical interventions, nor after lesions of other aetiology involving the striatum. Based on our experience we hypothesise that the globus pallidus or a neighbouring structure may be involved in a supramedullary system involved in triggering hiccups.

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5 Bathia KP, Marsden CD. The behavioural and motor consequences of local lesions of the basal ganglia in man. Brain 1994;117:859–76.
Comparison of stroke survivors with and without emotionalism, assessed in hospital 1 month after stroke

<table>
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<td>GHQ-12*</td>
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<td>(4.8±4.7)</td>
<td>(4.1±3.5)</td>
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<tr>
<td>Impact of events scale intrusion subscale**</td>
<td>(4.7±6.6)</td>
<td>(4.5±6.1)</td>
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<tr>
<td>MASS Fighting spirit subscale</td>
<td>(4.9±4.6)</td>
<td>(4.1±4.2)</td>
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<tr>
<td>MASS Anxious preoccupation subscale</td>
<td>(4.6±4.4)</td>
<td>(3.2±2.2)</td>
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<tr>
<td>MASS Mass hallucinations subscale**</td>
<td>(2.9±2.0)</td>
<td>(2.1±2.0)</td>
</tr>
<tr>
<td>MASS Avoidance subscale</td>
<td>(1.7±0.8)</td>
<td>(1.9±0.8)</td>
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<td>MASS Helplessness/hopelessness subscale**</td>
<td>(10.9±2.5)</td>
<td>(14.1±3.5)</td>
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</table>

MASS = Mental adjustment to stroke scale.
*p<0.05; **p<0.01, t tests.

We thank those patients who participated in the study and the staff of local hospitals and the Leeds Stroke Database for their invaluable help. We also thank Dr Louise Dye for her statistical advice. This study was completed as part of work for the degree of DClinPsychol at Leeds University (SE).

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Paraneoplastic stiff limb syndrome

Stiff man syndrome (SMS) is a rare, severe progressive motor disorder characterised by painful spasms, symmetric axial muscle rigidity, and uncontrollable contractions leading to distorted posturing. The disorder has been associated with the autoantigens, glutamic acid decarboxylase (GAD), and amphiphysin, which are cytoplasmic proteins in neurons of the CNS. A large series of patients with SMS found that most have autoantibodies against GAD, whereas amphiphysin is presumably the predominant autoantigen in paraneoplastic SMS. Recently, Bloodworth et al presented four patients with a stiff leg syndrome marked by progressive rigidity and spasms of the lower extremities. This group of patients tested negative for anti-GAD antibody by immunoprecipitation and demonstrated distinct electrophysiologic features. By contrast, another report described two patients with stiff leg syndrome who tested positive for anti-GAD antibody.

Finally, in presenting a group of 13 patients, Barker et al proposed that the nomenclature "stiff limb syndrome" refers to the focal form of SMS when one or more distal limbs are involved; two of their patients were also anti-GAD antibody positive, but none were tested for antibodies to amphiphysin or identified as having an underlying neoplasm. We present a patient clinically consistent with the stiff limb syndrome who was found to have autoantibody to GAD and breast cancer. A 68 year old woman presented with a 1 month history of painful spasms in her legs. Cramps were associated with tactile stimuli and emotional upset. Within weeks, inversion began at the left then right ankle, making ambulation difficult. Her medical history was significant for Graves' disease treated with thyroxin and radioiodine therapy, and hyperlipidaemia. She was a chronic smoker. General examination was noteworthy for lymphadenopathy in the right axilla. Her mental status was worse during periods of lower extremity spasms, during which she became anxious, diaphoretic, and tachycardic. Cranial nerve and motor evaluations were unremarkable, but assessment of the left leg, due to painful spasms elicited by light touch, was difficult. Inversion and plantar flexion were essentially fixed at the left ankle but could be overcome on the right. Deep tendon reflexes were 3+ in the upper and lower extremities, with sustained clonus at the right ankle. Sensor examination showed the exception of hyperaesthesia in the distal lower extremities, and coordination testing were grossly normal. No hyperlordosis or myoclonus was noted. Gait was limited due to ankle posturing.

The laboratory evaluation was noteworthy for a CSF with increased IgG indices (2.5, 3.4; normal, 0.2–0.8) and oligoclonal bands (5, 5) but no pleocytosis. Serological testing for anti-Hu, anti-Yo, and anti-Ri antibodies was unremarkable, and the haemoglobin A1C was 6.6 (5.6–7.7)% Skin biopsy at three sites on the patient's leg showed diminished epidermal nerve fibre density and terminal axonal swelling distally, consistent with a small fibre sensory neuropathy. The patient would not tolerate EMG. Magnetic resonance images of the brain and the entire spinal cord were normal. Fine needle aspiration of a tissue sample yielded no evidence of metastatic adenocarcinoma. On an open surgical procedure, infiltrating duct carcinoma of the breast was identified. Anti-GAD autoantibodies were not detected by immunocytochemistry, immunoprecipitation, or western blotting (Dr P De Camilli, Yale University).

Ongoing therapy with clonazepam and a trial of oral dexamethasone did not improve the lower extremity symptoms. The patient's ankle posturing continued a slow progression to marked inversion, with spontaneous extension of hallucis longus. The patient died 18 months after symptom onset. Gross necropsy attributed the cause of death to aspiration pneumonia. Neuropathological examination showed a grossly normal spinal cord. Microscopically, the lumbar cord had mild reactive gliosis in the anterior horns but no evidence of inflammation. Sections of the frontal cortex, pons, and medulla showed mild diffuse reactive astrogliosis.

Stiff man syndrome is increasingly recognised as a heterogeneous disorder. Other case reports have documented patients with "focal" disease involving either lower or upper extremity posturing, which contrast...
with the "diffuse" axial and subsequent proximal muscle distribution of the classic disorder. Our patient differs from those reported with stiff leg syndrome in that an occult malignancy was present. Unfortunately, we were unable to obtain electrophysiological studies for comparison. The search for a paraneoplastic process was based on the findings of auxiliary lymphadenopathy and an abnormal CSF. Our patient is only the second reported patient with paraneoplastic SMS associated with anti-GAD antibody; the other reported patient with paraneoplastic SMS for a paraneoplastic process was based on the neurological studies for comparison. The search

Papillary areflexia

Letters, Correspondence, Book reviews, Correction

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Tetroditoxin intoxication in a uraemic patient

Tetroditoxin intoxication results from ingesting puffer fish or other animals containing the toxin. Clinical presentation is mainly acute motor weakness and respiratory paralysis. Death is common in the worst affected victims. Although the severity of the symptoms generally depends on the amount of toxin ingested, it may be influenced by the victim's medical condition, as described in this report. The patient was a 52 year old uraemic woman. The uraemia was of undefined aetiology. Over the past 3 years she has received regular haemodialysis. One day both she and her husband, a healthy 55 year old man, ate a fish soup. About 3 hours after the meal she developed a headache and a lingual and circumoral tingling sensation and numbness at the distal parts of all four limbs. She was dizzy and unsteady, had difficulty in swallowing, and became very weak. She was taken to the emergency service and was placed on machine assisted ventilation as respiratory distress and cyanosis developed. Her husband remained asymptomatic throughout this time.

The patient's condition kept on deteriorating, developing eventually into a comatous-like state with no spontaneous or reflexive eye opening or limb movement within 30 minutes of intubation. On neurological examination, the pupillary light reflex was absent and oculocephalic manoeuvre elicited no ocular movements. All four limbs were areflexic and Babinski’s signs were absent. Brain CT and laboratory studies of arterial blood gas (under assisted ventilation), electrolytes, liver function, blood glucose, and CSF study were unremarkable. An examination of renal function indicated chronic renal insufficiency with mild azotaemia (urea nitrogen 70 mg/dl, creatinine 9.1 mg/dl). An EEG, recorded 18 hours after the onset of symptoms when the neurological condition was unchanged, showed posterior dominant alpha waves intermixing with trains of short duration, diffuse theta waves. When brief noxious stimuli were applied to the sternum, they were replaced transiently by beta activities. The findings suggested that the profound neurological dysfunction might be peripheral in origin. The patient was given a course of haemodialysis according to the set schedule for uraemia at 21 hours after onset of the symptoms. Her condition improved dramati-

Changes in the symptoms of poisoning in relation to each course of haemodialysis. Scales in the vertical axis represent the arbitrary measurements of severity of each symptom; the numbers indicating day(s) after onset: ↓ = haemodialysis.

Acroparaesthesia

Orolingual numbness

Respiratory paralysis

Proximal weakness

Distal weakness

Bulbar weakness

Ophthalmoparesis and ptosis

Papillary areflexia

Depressed tendon reflex

Letters, Correspondence, Book reviews, Correction

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Tetroditoxin intoxication results from ingesting puffer fish or other animals containing the toxin. Clinical presentation is mainly acute motor weakness and respiratory paralysis. Death is common in the worst affected victims. Although the severity of the symptoms generally depends on the amount of toxin ingested, it may be influenced by the victim’s medical condition, as described in this report. The patient was a 52 year old uraemic woman. The uraemia was of undefined aetiology. Over the past 3 years she has received regular haemodialysis. One day both she and her husband, a healthy 55 year old man, ate a fish soup. About 3 hours after the meal she developed a headache and a lingual and circumoral tingling sensation and numbness at the distal parts of all four limbs. She was dizzy and unsteady, had difficulty in swallowing, and became very weak. She was taken to the emergency service and was placed on machine assisted ventilation as respiratory distress and cyanosis developed. Her husband remained asymptomatic throughout this time.

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ally within an hour. She could open her eyes and she communicated and answered questions correctly by blinking. Pupillary reflex recovered and voluntary eye movements were limited only at the extreme lateral gaze. Muscle power was grade 3 and 4 in the proximal and distal parts of the four limbs. Tendon reflexes were still absent. She was taken off mechanical ventilation the next day. Her clinical condition continued to improve and her symptoms subsided in a stepwise pattern, in response to each course of haemodialysis (figure). When recalling, she could remember certain events such as the recording of the EEG, but was “too weak to move” at that time. She regained her initial strength by the time she was discharged on day 16.

When analysing the remains of the cooked fish (identified as *Oncorhynchus keta*) tetradotoxin was demonstrated by thin layer chromatography, high performance liquid chromatography, and cellulose acetate membrane electrophoresis. Toxicity was assayed by using Institute of Cancer Research strain male mice and the toxicity score was 25 mouse units (MU)/g in fish muscle (1 MU = 0.01 mg) in the TCR strain mice.

Tetradotoxin exerts its effect through binding with and blocking the voltage dependent sodium channel. The voltage clamp experiments showed that tetrodotoxin diminished sodium inward current response responsible for the depolarisation of excitation membrane. The gating properties of the sodium channel, such as the activation and inactivation mechanism, are not altered—that is, the sodium channel is not permanently damaged and its function recovers when the bound toxin is released. In uraemia, ion conductance through the sodium channel is also impaired. Sodium permeability through excitatory membranes is reduced and small inward sodium current and reduced action potential amplitudes are noted in experimental uraemic neuropathy. By contrast with the effects of tetrodotoxin, uraemia changes the basic property of the sodium channel by an increased inactivation and an impaired activation mechanism. The excitability of peripheral nerves will be more significantly depressed when these two conditions coexist. If the synergistic effect of uraemia and tetrodotoxin is obvious in this incident in which the patient and her husband ingested roughly an equal amount of toxin (about 200 μg, calculated from toxic score times the weight of ingested fish).

The amount is about 10% of the estimated lethal dose in humans—2200 μg/60 kg body weight (body weights of the patient and her husband were 54.5 and 62 kg respectively)—and caused no clinical evidence of poisoning in the healthy person. It was of interest that the CNS was relatively spared from the toxicity as the EEG showed a posterior dominant, promptly reactive alpha rhythm and the patient retained consciousness when the symptoms were at their most severe. One of the most striking clinical features in our patient was the response to haemodialysis. Despite a small amount of toxin ingested, the dramatic improvement of her clinical condition was most likely attributed to the rapid elimination of absorbed toxin in the course of haemodialysis, rather than spontaneous recovery. The physical and chemical properties of tetrodotoxin are also supportive to this hypothesis. It has a low molecular weight (C_20H_32N_2O_9), is water soluble, and not significantly bound to protein—all these features are often found in toxins amenable to haemodialysis. Traditionally, the management of tetrodotoxin intoxication is mainly supportive, such as gastric lavage to remove unabsorbed toxin and machine assisted ventilation when respiration is severely affected. We suggest that haemodialysis may be an effective method in the treatment of tetrodotoxin intoxication.

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Relation between critical illness polyneuropathy and axonal Guillain-Barré syndrome

The clinical entity critical illness polyneuropathy occurs almost exclusively in patients in critical care units and has been characterised as a complication of sepsis and multiple organ failure. Critical illness polyneuropathy may be a common cause of the difficulty in weaning patients from the ventilator, particularly those who show intractable ventilator dependence. All the measures used to prevent ventilator dependence of multiple organ failure are the main methods now used to deal with critical illness polyneuropathy. Knowledge of this type of polyneuropathy is of help in making decisions about respiratory techniques, nursing care, prognosis, and overall management. Moreover, recognition of critical illness polyneuropathy indicates the need for physiotherapy, rehabilitation, and other supportive measures as the patient recovers. Bolton et al have made an important positive contribution to the care of patients with critical illness polyneuropathy. The actual aetiology, however, has yet to be determined. The pathogenesis needs to be clarified to treat patients more effectively.

Critical illness polyneuropathy invariably occurs at the peak of critical illness and sepsis, but in Guillain-Barré syndrome there is a brief period of recovery after a relatively minor illness or inoculation. Except for differences in the predisposing causes, as Bolton et al reported, it is difficult to distinguish critical illness polyneuropathy from Guillain-Barré syndrome on purely clinical grounds. In both, polyneuropathy runs a pattern of Guillain-Barré syndrome described by Feasby et al. The condition is caused by the gram negative bacterium *Campylobacter jejuni*, a leading cause of four limbs, occasional involvement of facial muscles and frequent involvement of the muscles of respiration, the depression or absence of deep tendon reflexes, and some evidence of distal sensory loss. Feasby et al determined exact aetiology was to differentiate critical illness polyneuropathy from Guillain-Barré syndrome. In reviewing the patients with critical illness polyneuropathy and Guillain-Barré syndrome who were studied in their EMG laboratory, they found marked differences between the two types of polyneuropathy. Patients with Guillain-Barré syndrome had greater slowing of the speed of impulse conduction, and, in the initial stages, abnormal spontaneous activity in the muscle was absent, indicative of a predominantly demyelinating polyneuropathy. The CSF was only mildly increased in patients with critical illness polyneuropathy, but it was much increased in patients with Guillain-Barré syndrome. Comprehensive studies done at necropsy and nerve biopsy of patients with critical illness polyneuropathy showed the presence of primary axonal degeneration of the motor and sensory fibres, mainly distally, with no evidence of inflammation. Zochodne et al (excluding Bolton) therefore concluded that the two types of polyneuropathies most probably are separate entities.

Guillain and colleagues enumerated the clinical and spinal fluid features of presumptively critical illness polyneuropathy without regard for the underlying pathology or physiology. Classic pathological studies of Guillain-Barré syndrome, however, have identified prominent demyelination and inflammatory infiltrates in the spinal roots and nerves. Guillain-Barré syndrome often has been considered to be synonymous with the pathological designation of acute inflammatory demyelinating polyneuropathy, and pathoanatomical findings consistent with demyelination have been taken as supportive evidence for the diagnosis of Guillain-Barré syndrome. Feasby et al (excluding Bolton) therefore called attention to patients who were clinically considered as having Guillain-Barré syndrome, but who were characterised electrophysiologically as having early axonal degeneration of the motor and sensory nerve fibres. The evidence included a rapid fall in compound muscle action potentials and sensory nerve action potentials, and no evidence of demyelination. Such patients often had severe paralysis and made a slow recovery, presumably reflecting the need to regenerate axons rather than remyelinate. Pathological findings are consistent with axonal degeneration without demyelination. Feasby et al termed this pattern axonal Guillain-Barré syndrome and suggested that there is a fundamental difference in the underlying pathophysiology, resulting in primary axonal damage rather than demyelination. Griffin et al then confirmed the existence of the acute motor-sensory axonal neuropathy (AMSAN) pattern of Guillain-Barré syndrome described by Feasby et al. Infection caused by the gram negative bacterium *Campylobacter jejuni*, a leading cause

Critical illness polyneuropathy

Axonal Guillain-Barré syndrome
Repetitive transcranial magnetic stimulation in the treatment of chronic negative schizophrenia: a pilot study

Recently, a new technology known as repetitive transcranial magnetic stimulation (RTMS) has been developed. In 1994, the use of magnetic stimulation in clinical psychiatry was suggested. Since then, it has been used in the study or treatment of obsessive-compulsive disorder, conversion disorder, schizophrenia, and particularly, depression.

Our pilot study aimed to assess the possible adverse effects of this treatment in chronic schizophrenic patients with severe negative symptoms; to evaluate if direct RTMS of the prefrontal cortex might improve negative symptoms or cognitive impairments in patients with chronic schizophrenia; and thirdly, to note if RTMS might modify the deficit in prefrontal cortical activity, often referred to as hypofrontality, and be established in schizophrenia, specially under conditions of task activation.

Six right-handed patients with chronic schizophrenia were identified at the outpatient psychiatric service of the Hospital Clinic of Barcelona. There were two men and four women (mean age 39).

Exclusion criteria included alcohol or substance abuse dependence disorder in the past 5 years, focal neurological findings, systemic neurological illness, taking cerebral metabolic activator or vasodilator medications, electroconvulsive therapy within 6 months, and significant abnormal findings on laboratory examination.

All patients were taking neuroleptic drugs, but a stable dose for at least 3 months was required. All patients were studied off benzodiazepines for at least 1 week before beginning the treatment. During the RTMS, psychotropic medications were continued at the initial dosage.

All patients were admitted to hospital. Inpatients underwent the UKU scale side effects,7 the positive and negative syndrome scale (PANSS), and a neuropsychological battery, the day before beginning the treatment and at the end of the treatment. The UKU scale was also administered after each session.

An equivalent neuropsychological battery was used on both occasions, which consisted of the blocks test of the Wechsler adult intelligence scale, the trail making tests A and B, the FAS verbal fluency test, and two subtests of the Wechsler memory scale (the visual memory reproduction and the verbal paired associates subtests).

A brain SPECT study was performed using a rotating dual head gamma camera, fitted with high resolution fanbeam collimators. Two %^{99mTc}-HMIPAO SPECT scans with cognitive activation, such as the Wisconsin card sorting test (WCST), were performed on each patient (24 hours before the beginning of the treatment and 24 hours after the last session).

RTMS was given with a Mag Pro magnetic stimulator, 5 days a week, during 2 weeks, at the last session.

An important finding of this study was that RTMS may be given to stable schizophrenic patients without exacerbating their psychoses. All patients tolerated the RTMS well, with minimal side effects (mild headache and tinnitus).

Brain SPECT of one patient was reported to be normal, showing no evidence of hypofrontality. The remainder of the patients showed hypofrontality on the initial neuropsychological assessment. The results after RTMS indicated no change in the hypofrontality.

Negative symptoms showed a general decrease for all patients (table). Significance (p<0.02) was noted on the PANSS negative symptoms subscale. These patients seemed to be more sociable than when originally seen. Nevertheless, clinical effects of the RTMS were subtle and difficult to distinguish from those derived from the supportive environment of the psychiatric ward.

With regard to the neuropsychological battery, we found a general improvement in all post-treatment scores (table), but only delayed visual memory achieved significance (p<0.05). This feature might be basically explained by improved attention, specifically of the maintenance of attention, which allows the correct function of the working memory. There are no methodological limitations regarding the power of our conclusions; it is certain that there has been an improvement in the attentional capacity.

We found that all patients (except one, who was always within the normal range) diminished their number of perseverative answers and errors on WCST (items characteristically altered in schizophrenia) after the RTMS. However, significance was not achieved on any WCST scores.

Two patients who initially did not perform any categories on WCST, after the treatment, achieved one category, a possible indication of improvement of their abstract thinking. This change leads us to consider a research strategy previously reported in which the WCST is used as a screening test for selecting schizophrenic patients. Those initially achieving low category scores would be compared to higher category scorers in an effort to identify a subgroup most likely to benefit from RTMS.
CORRESPONDENCE

Sensory alien hand syndrome

The case report by Ay et al. of alien hand syndrome and review of the literature neglected the intriguing issue of why in every case so far reported the patient seems to be terrified of the alien limb. Not believing that you are any more in control of a limb is not likely to be a pleasant experience.

Those with alien hand syndrome seem to jump to extremely negative conclusions concerning the intent of the limb. Typically, in the report of Ay et al. at least, the common belief is that the limb has deeply malevolent intentions towards the victim.

It is this aspect of alien hand syndrome that I suggest also needs incorporating into its neurological explanations, and which provides a clue as to why our everyday experience of being in charge of our bodies, and so initiating all personal action, itself has a neurological basis. In other words, while the brain is the seat of consciousness and experiences, there is also a part of our nervous system which is responsible for our belief that we have free will over our behaviour. Patients with alien hand syndrome think that they are no longer in control of a limb because the part of the brain that gives us the sensation of control over our bodies has been damaged. When that happens, our limbs seem to act independently of us.

Research conducted in the 1980s has found that the same electrical brain wave changes that characteristically precede all limb movements, occur several 100 ms before we seem to consciously decide to move a limb. If our conscious decision to act is preceded by brain changes that anticipate action, then our “decision” to choose how to behave or “freedom”, as in free will, is in fact illusory. Our choices have in a sense been decided beforehand by our brains.

Spence’s evidence appears to suggest that the alienation of a limb is due to an abnormality of the part of the brain that normally works to make us think that we have conscious freedom of will. They develop the experience, therefore, of becoming mere remote spectators to the actions of their bodies.

Defenders of human “free will” argue what happens before the brain itself decides to act is still unknown, and there may be a role for our own autonomy there. But even these free will guardians concede the neurological research indicates that whatever happens before the brain is roused, must occur below our conscious awareness.

Yet in alien hand syndrome the patient thinks that the hand has hostile motivations; it is invariably the case that the patient not only thinks that the limb is “not self” but finds that the limb behaves towards the self in a destructive and aggressive manner. This could be explained by the assumption—thereby giving us the sense of conscious voluntary control over our bodies, our minds have to come up with an explanation for the location of action of our movements. We decide that if ourselves are not in control, then someone or something else must be; therefore, we no longer have a sense of the limb belonging to us.

Because to lose control over our bodies is one of the most terrifying experiences, our attempt to explain this finding occurs in the context of fear. It may be that our apprehension leads us to misinterpret innocent reflexive acts of our hands, such as scratching or rubbing, as malevolently inspired. Plus it could be that our interpretation of spurious possession in turn inspires the phenomenon, only this is beyond our conscious awareness.

It may therefore be that we need to believe in our own free will and personal control over our actions, because if we did not, the experience of our bodies acting as if we merely came along for the ride, too frightening. Also, we may no longer believe that our bodies or its relevant parts belong to us. All neurologists who have reported alien hand syndrome remark on how psychologically disturbing the symptom is for the patient. Psychiatrists would be interested in the parallels between alien hand syndrome and the accessibility phobia. So the fact that every case, plus the fact that the two diseases may share corpus callosum pathology, could go some way to explaining why schizophrenia symptoms are frightening to the patient. So it seems we are no longer in control of our limbs because they obey us. When they seem to stop responding to our wills, we conclude that our limbs are no longer our own, and try to fend them off. Hence it would seem that one of the prices we had to pay for gaining awareness of ourselves to evolve as a function of the brain, is the delusion that we are responsible for all our actions. If we had conscious awareness of ourselves, but no sense of free will, our bodies would feel alien to us.

The philosophical importance of alien hand syndrome is that it shows emphatically via neurology that it is possible to drive a wedge between consciousness and the experience of free will. The brain had to develop the sensation of free will after developing consciousness, because being without the sensation of free will produces extremely negative emotional experiences. So the fact that every case, so far reported of alien hand syndrome imputes negative intent to the alien limb might not be an incidental finding, but a core aspect of the disorder.

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The authors reply:
We appreciate Persaud’s comments regarding the alien hand syndrome, “the perceived malevolence of the affected limb towards its victim, and the question of whether with loss of the conscious sense of voluntary control over our bodies, our minds...decide that if ourselves are not in control then someone or something else must be”. We would offer that the value of our particular case is that it was due to a central deafferentation—therefore the term “sensory alien hand syndrome”. As
Vasomotor reactivity is exhausted in transient ischaemic attacks with limb shaking

The article of Baumgartner and Baumgartner entitled “Vasomotor reactivity is exhausted in transient ischaemic attacks with limb shaking” provides interesting new information regarding whether an involuntary limb movements contralateral to haemodynamic failure from severe carotid artery occlusive disease. The authors evoke an “exhausted cerebral vasoreactivity in the hemispheres opposite the involuntary limb movements”. In their report, involuntary movements affected only the limbs, and displayed no tonic contraction, tonic-clonic jerking, or Jacksonian march and no epileptic activity during attacks. These findings led the authors to strongly argue against seizures as the cause of limb shaking in these transient ischaemic events.

In contradistinction, a 72 year old right handed man admitted to our hospital with a 3 month history of episodic weakness and numbness of the right arm. The patient then had six discrete stereotypic episodes of right arm weakness and clumsiness that were also associated with sensory weakness in speaking.

Several episodes of dysphoria, numbness and weakness of the right arm and leg (MRC grade 4/5) were seen, unrelated to posture, some of which occurred when the patient was supine. Most of these episodes were characterised by slight tremulousness and asterixis-like movements of the outstretched right arm. There was a return to baseline functioning between events. Video/EEG monitoring, however, showed low voltage spikes in the left central-parietal region contralateral to the facial twitching and the right arm and right leg weakness. Although ongoing clinical and EEG seizure activity stopped after 2 mg intravenous lorazepam, they reoccurred after loading with phenytoin. Because angiography disclosed a greater than 95% stenosis of the left internal carotid artery (while the patient was treated with phenytoin at a concentration of 16.5 mg/L), the patient was anticoagulated with heparin, but episodes continued. It was only after a left carotid endarterectomy that all episodes of weakness, tremulousness, and EEG epileptiform activity stopped. They did not recur over the past 5 years.

The literature includes several cases of focal motor inhibitory seizures causing weakness. Although it is impossible to prove a negative, it could be argued that although no epileptiform or other evidence of seizure activity is present in a particular case, the abolition of ongoing clinical and EEG evidence of inhibitory motor activity by intravenous diazepam argues in favour, at least part, of an ictal contribution. The fact that in virtually all reported cases, abnormal movements are more definitively resolved by carotid endarterectomy argues for an underlying ischaemic aetiology that induces focal seizures. There are few reports that clearly delineate the interaction and association of inhibitory focal motor seizures and transient ischaemic attacks as, there are few sequential trials of antidepressors drugs or anticoagulation (under EEG monitoring) and finally carotid endarterectomy. Several authors support the concept of an inhibition of motor function in parietal and secondary somatosensory re-

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BOOK REVIEWS


To the MRCP candidate neurology is one of the more daunting specialties. The unfamiliar nerve conduction study and the frankly mysterious EEG can distress an otherwise well rounded and secure house officer. Despite the fact that much of neurology is commonly seen on a general medical ward—strokes, dementia and so forth—the general perception is of an unimaginable list of eponymous syndromes and obscure signs. Rather than dwell on the last, in this book Dr Smith tries to address the commoner complaints as examination style questions each with a “simple clinical les-

The “grey case” section, for instance, includes questions on multiple sclerosis, cluster headache, and HSV encephalitis, while broadening the topics to include postinfective demyelination, chronic hemic-


This monograph is the latest to be produced by the American Association of Neurological Surgeons as part of its Neurosurgical Topics series. It begins by tracing the history of cal-

The clinical section covers the examination technique, normal reference values, the main categories of cerebrovascular disease, and also contains chapters on areas which may be less immediately suitable for ultrasound study. For example, the findings in head trauma, tumours, psychiatric disorders, and movement disorders are the subject of separate chapters. Although I have no problem with enthusiasm for this technique a little pragmatism would not go amiss. A more balanced discussion of the limitations as well as potentialities of the technique could have been applied.


This book, after a short introduction to some of the fundamental features of the disease, goes on to provide some 117 illustrations of aspects of the disease from Cruveihier’s plates to histopathological specimens and also a heavy leaning to imaging particularly magnetic resonance scanning, as might be expected. There is no doubting the aesthetic impact of this short book. In addition, the fact that these illustrations emanate from a well established figure in the multiple sclerosis world and are likely to be a representative set of personal teaching slides from a successful academic career all vouch for the provenance and informative nature of the atlas. However the place of such a book within a neurologist’s library has to be questioned. There are a plethora of high quality textbooks devoted to all aspects of multiple sclerosis, all well illus-


Transcranial colour duplex sonography is an ultrasonic technique which is becoming increasingly available for the non-invasive imaging of intracranial structures particularly the basal cerebral arteries. There are now four principal components to the technique: B mode ultrasound which can be used to image the brain parenchyma; colour coded Doppler which provides a colour image of the basal vessels; spectral analysis of pulsed wave Doppler which is used to derive blood flow velocities; and latterly “power” Doppler which is also used in conjunction with the flow analysis of the ultrasound beam. In addition, echocardiographic agents are now available which can increase the signal to noise ratio and thus help in the understanding of the detrimental acoustic effects of the skull.

This volume of 400 pages and liberal colour diagrams and prints is edited by three exponents of the technique. Thirty one chapters contain diagrams on areas which may be topics from the history of transcranial ultra-


This is volume 47 of a series entitled Neurological Disease and Therapy, series editor W C Koller. This volume is edited by two American surgeons and two British neuro-

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introduction setting the scene for the five main disease sections covering developmental/genetic disease, spinal injury, infection, tumour, and the effect of neurological and systemic disease on the spinal cord. This chapter covers a wide area from multiple sclerosis to motor neuron disease to vascular disease to metabolic diseases. Then follows a section on investigation considering imaging, neurophysiology, and urodynamics. Finally, there is a miscellaneous section covering clinically important entities such as pain, sexual problems, and terminal care associated with spinal cord disease but also including a highly specialised chapter on the role of oncological care in spinal cord injury.

This is an ambitious attempt at being comprehensive. The editors themselves worry that the emphasis favours surgical conditions. Although this might be the case, many surgical conditions are not necessarily surgical. Care for spinal disease often falling between several specialties. Therefore, it is of benefit to the clinician to have all aspects of spinal disease in one volume. The standard and style of the individual chapters varies, that on motor neuron disease being up to date and topical, malignancies being covered in depth. That on sexual problems associated with spinal cord disease is excellent. We need this book to be practical and useful for both doctors dealing with spinal disease and for patients themselves who are often uninformed (our fault, not theirs). The chapter on depression will be food for thought for many doctors who enjoy recreational diving, for although studies have not yet shown adverse effects on the quality of life in those who dive frequently but without incident, there is increasing evidence for cumulative neurological damage from neurophysiological, imaging, and pathological studies is compelling.

The quality of illustration is high. Perhaps not surprisingly, this is particularly evident in the imaging section (where there is a rather spectacular sagittal T2 weighted MRI of a intramedullary arteriovenous malformation). In addition to imaging many of the chapters also make good use of schematic diagrams and line drawings to enhance the text.

Drs Engler, Cole, and Merton end their preface by commenting that “Our main hope, however, is that the chapters will read as a series of views on the spinal cord and its disease, so that a surgeon may learn about current practice as well as the wide range of conditions affecting the cord that are outside the field of surgery”. While I agree that educating surgeons is an admirable aim, I think that the authors rather undersell themselves and that this book’s main strength, as I have said above, is that it will appeal to all disciplines that deal with spinal cord disease, bringing together neurological, rheumatological, and surgical disease that is often covered in separate textbooks.

GILLIAN HALL


This is the second time that I have been asked to review a book on this topic. The first time I approached the task with some scepticism—were neurological diseases in women really so different from those in men that they warranted their own text book? But I rapidly became a convert to the cause, being reminded that there are issues specific to females that influence both disease, investigation, and treatment (pregnancy, breast feeding, menopause, to name the most obvious) and that not all neurological diseases attack the sexes equally. There are also wider socioeconomic and legal issues that play a part in the complete disease picture which many of us neglect too often but which this book is careful to address (see below). Leaving content aside for a moment, this is a beautifully presented book; clearly headed and with wide use of well constructed tables. It encourages one to read on. It seems up to date and well referenced.

The contributors (40 in total) are exclusively American, and east coast American at that with only occasional forays westward. The text is divided into three sections. The first, entitled General Disease in Women includes an anatomical chapter considering the sex differences of regional brain structure and function. More novel for this type of text, it contains two thoughtful chapters considering women’s health within the context of their lifestyles and women’s health and its relation with the law. This chapter considers issues such as coercive approaches to preventing foetal harm, those relating to informed consent to medical treatment, and difficult choices with neurological implications. The law and the case examples are exclusively American but the issues are universal. This opening section leaves no doubt that this is a book that has taken female issues extremely seriously.

The second section looks at neurological diseases as they affect females at different life stages, from birth through menarche, pregnancy, and menopause, to the elderly woman. As well as considering genetic diseases that strike at a particular age, these chapters consider the influence of changing physiology and hormonal balance on neurological disease. The third section is the most conventional. Each chapter considers a neurological disease representing these diseases with emphasis on their effect on women and there is, by necessity, some overlap between this and the previous section. As a non-American, I would feel more comfortable to believe that the high number of female patients with peripheral nerve injuries secondary to physical beatings, knife wounds, or gunshot wounds reflected the country of origin of this book!

If pushed to criticise, the indexing could be more complete and certain conditions considered in more detail, in particular, paraplegic conditions associated with breast and gynaecological malignancies. However, that aside, I think this a rather special book and not only a good addition to any neurological library but a useful purchase for anyone interested in female medical issues.

GILLIAN HALL

The reader may be interested in the following:


CORRECTION

Hanna PA, Jankovic J, Vincent A. Comparison of mouse bioassay and immunoprecipitation assay for botulinum toxin antibodies. J Neurol Neurosurg Psychiatry 1999;66:612–16. During the editorial process the descriptions of the histograms in figure 4 (p 614) were wrongly ascribed. The corrected figure is reproduced below.

Figure 4 Correlation of clinical response (grade 0 or 1 response indicates non-responders; grade 2 response indicates reduced response; and grade 3 or 4 are responders) with response to test injections.

No response to test injection
Good response to test injection

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