LETTERS TO THE EDITOR

Postictal psychosis related regional cerebral hyperperfusion

Postictal psychosis is a known complication of complex partial seizure in particular temporal lobe epilepsy. It usually runs a benign and self-limited course. A postictal phenomenon with focal cerebral hypofunction (similar to Todd’s palsy), rather than ongoing seizure activity, has been postulated. Surface EEG is either normal or showing non-specific slow waves. Hence, antipsychotic medications are prescribed instead of antiepileptic drugs. Until recently, the pathogenic mechanisms have remained unknown. In this communication, we report on two patients with postictal psychosis, during which a cerebral SPECT study showed a hyperperfusion signal over the right temporal lobe and contralateral basal ganglion. As hyperperfusion in ictal cerebral SPECT is closely linked to epileptic activities, our findings support a contrary explanation for postictal psychosis.

Prolonged video-EEG telemetry study was performed in patients who underwent presurgical evaluation for epilepsy surgery. Antiepileptic drugs were withdrawn to facilitate seizure recording. A diagnosis of temporal lobe epilepsy was based on analysis of the electroclinical events and, if applicable, postoperative outcome after anterior temporal lobectomy. Psychosis was diagnosed according to the fourth edition of the diagnostics and statistical manual of mental disorders (DSM-IV) criteria of brief psychotic disorders without marked stressor. HMPAO-SPECT was performed during the psychotic period, which ranged from 2–4 days after the last seizure. Interictal cerebral SPECT, brain MRI, and a Wada test were performed as part of presurgical evaluation.

Patient 1 was a 34-year-old Chinese woman with complex partial seizures since the age of 18. Her seizure control was suboptimal on a combination of antiepileptic drugs. Brain MRI showed a small hippocampus on the right. Interictal EEG showed bilateral temporal sharp waves and ictal recordings confirmed a right temporal epileptogenic focus. A Wada test confirmed right hippocampal memory dysfunction. Six hours after her last secondary generalised tonic-clonic seizure after video-EEG telemetry, she began to develop emotional lability, talking nonsense, motor restlessness, and auditory hallucination. A cerebral SPECT study was performed at day 4 after her last seizure. Her psychotic features persisted although she was taking antipsychotic medication (pimozide). Cerebral SPECT showed a clear hyperperfusion signal over the right lateral temporal neocortex and contralateral basal ganglion. An interictal cerebral SPECT study was repeated at 4 weeks after postictal psychosis which showed a complete resolution of hyperperfusion signal in the right temporal lobe and basal ganglia. Anterior temporal lobectomy was performed and she became seizure free after surgery.

Patient 2 was a 44-year-old man with intractable complex partial seizures since the age of 30. His seizures were intractable to multiple antiepileptic drugs. Brain MRI showed left hippocampal sclerosis. Interictal cerebral SPECT showed a relative hyperperfusion area over the left hemisphere. Intercital surface EEG was non-lateralising but ictal EEG disclosed a right hemispheric onset. On withdrawal of antiepileptic drugs, seven complex partial seizures with secondary generalised tonic clonic seizures were recorded within a period of 72 hours. His usual antiepileptic drugs were then restarted. Thirty hours after his last secondary generalised tonic-clonic seizure, he began to develop emotional lability, talking nonsense, restlessness, auditory hallucination, persecutory delusion, and delusion of superstition. Cerebral SPECT study, performed 2 days later while his psychotic features persisted, showed two relative hyperperfused areas over the right temporal neocortex and contralateral basal ganglion in addition to the original hyperperfused area over the left hemisphere. An antipsychotic agent (thioridazine) was...
started after the cerebral SPECT. His psychotic symptoms resolved 2 weeks later with full recovery.

Cerebral SPECT performed during the interictal period (IP) and during postictal psychosis (PP) were analysed visually and a score of hyperperfusion was identified. Quantitative data at regions of interest (ROIs) were measured on coronal and axial slides containing basal ganglia (BG), mesial (MT), and lateral (LT) temporal lobe structures. Symmetry index (ASI) was calculated as (ROI focus−ROI contralateral)/ROI focus×ROI contralateral×100%. We set an arbitrary change of ASI >100% to be significant. As there were only two patients, statistical testing was not performed.

Both patients showed postictal psychosis and had a regional increase in rCBF over the right temporal neocortex and the left basal ganglia compared with their interictal study (figure). Quantitative analysis for patient 1 showed changes of ASI during IP and PP over right MT was +75% (−6.46476 to −1.65289); over the right LT was +116.78% (1.07527 to 12.55764); and over the left BG was +206.8% (−2.07373 to 2.21574). Quantitative analysis for patient 2 showed changes of ASI during IP and PP over right MT was +3.8% (13.14217 to 12.64158); over right LT was +178.6% (10.4696 to 18.70027); and over left BG was +155.9% (−5.85566 to 3.27522).

Postictal psychosis is a distinct clinical event associated with temporal lobe epilepsy. The diagnosis of postictal psychosis requires a close temporal relation between bouts of complex partial seizures and the onset of psychosis. The psychosis usually develops after a cluster of complex partial seizures and is partial in nature. The clinical course of postictal psychosis is usually benign and predictable.1 In our patients, the duration of psychotic disturbances lasted from 1 to 4 days, which is in keeping with the good prognosis. Antiepileptic drugs, such as haloperidol and fluphenazin are usually prescribed.1

The underlying mechanism of postictal psychosis is unknown. Postictal cerebral hypofunction has been postulated as an analogue to Todd’s paralysis after seizure.1 However, the presence of increased rCBF during postictal psychosis, may suggest an ongoing angiogenesis. We think that these changes are compatible with the hypofunction theory of Todd’s paralysis. We have previously shown that hyperperfusion areas are responsible for the postictal psychosis. Further serial studies with cerebral SPECT or PET may enhance our understanding on the mechanism of postictal psychosis.

Oncofetal matrix glycoproteins in cerebral arteriovenous malformations and neighbouring vessels

Cerebral arteriovenous malformations (AVMs) are thought to be congenital lesions exhibiting features of either mature vascular walls or embryonal anastomotic plexuses.1 It is generally assumed that changes in size are dependent on enlargement of the venous compartment, organisation in the setting of microhaemorrhages, and gliosis. However, recent findings are consistent with the hypothesis of ongoing angiogenesis.1 Previous research from our laboratory disclosed that peculiar isoforms of fibronectin (FN) and tenasin (TN) typically occur in fetal and neoplastic tissues.1,2 These isoforms are a blend of structurally different glycoproteins that result from alternative splicing of the primary transcript and are mainly expressed in the extracellular matrix. Their expression is undetectable in normal adult tissues, with the exception of the vessels in the regenerating endometrium. To gain further insight into the pathobiology of the AVMs, we sought to ascertain whether these lesions also express oncofetal FN and TN isoforms. Tissue samples were obtained after neurosurgical excisions of ruptured AVMs. All 10 patients had experienced an intracerebral haemorrhage as the first clinical manifestation of their disease. There was no drug history before bleeding. Control specimens from two right gyri recti and one cerebellar tonsil were obtained, respectively, from operations for ruptured aneurysms of the anterior communicating artery or for Arnold Chiari disease.

Immunohistochemical evaluations were performed on 5 μm thick cryostat sections using a protocol reported previously.1 Owing to the limited number of available material, only in a few cases was some fresh tissue retained to allow western blots. Distribution of FN and TN isoforms was investigated using three monoclonal antibodies (mAbs) or two Ab fragments, obtained by phage display technology, respectively. These Abs, prepared in our laboratory, were found to work on fresh frozen material. According to the previous characterisation the BC-1 mAb and the TN-12 Ab fragments are specific for isoforms occurring almost exclusively in fetal tissues and in tumours, with the recognised TN isoform being typically associated with anaplastic gliomas (table). These control sections were processed identically to the other specimens, but the primary antibody was substituted with a specific immunoglobulin of recombinant antibodies. The antibodies were blocked using the specific antigens. The antibodies were recombinant proteins containing the epitope produced in E. coli. For the mAb BC-1 we used the recombinant protein containing the type-III repeats 7B–8–9. For the mAb IST-4 we used the recombinant protein containing the type-III repeats 2–8. For the recombinant antibodies TN-11 and TN-12 the recombinant type-III repeat C and the recombinant fragment containing the BC-1 epitope, were used respectively.

All 10 AVMs were found to contain large amounts of FN and TN, as shown by intense immunostaining with the use of the IST-9 / IST-4 mAbs and the TN-12 Ab fragment. The staining was localised either in the endothelium or the subendothelial layer. A positive response was found in several artery-like vessels and in a few vessels with thinner walls, using the mAb BC-1. Strong staining was also observed in the TN-11 Ab fragment showed occurrence of type III repeat C TN isoform in the inner layers of the vascular components of the nidus, irrespective of their morphology. Six out of the 10 examined specimens were found to contain portions of cerebral tissue surrounding the anagamous nidus. In all these cases the wall of several vessels exhibited intense staining with the use of the TN-11 Ab fragment. Using the BC-1 mAb some of these vessels exhibited some staining (figure). In the control specimens (brain and cerebellum) both the FN isoform containing the ED-B sequence (ED-B+FN) and the type III repeat C TN isoform were absent, despite the widespread distribution of total FN and TN in the vascular walls.
Previous findings showed that ED-B+FN presents with conformational modifications in its central part and results from deregulation of FN pre-mRNA. The distribution of this isoform was found to be highly restricted in normal adult tissues. By contrast, ED-B+FN exhibited widespread distribution in the vasculature of fetal tissues, including brain, and of several types of malignancies. It was therefore regarded as a marker of angiogenesis.

Similarly, the type III repeat C TN isoform, recognised by the Ab fragment TN-11, was found to occur in the vascular walls of anaplastic gliomas. Northern blot analysis showed that the mRNA of this isoform was undetectable in normal tissues and some malignancies, but was present in large amounts in fetal tissues, including brain, and in glioblastomas.

Recent advances in the pathology of cerebral AVMs suggest that these lesions might not be static. Tyrosine kinase, an endothelial cell specific receptor upregulated in glioblastomas, was found to be highly expressed in both AVMs and in the vessels of cerebral tissue bordering the malformations, by contrast with the down regulation occurring in the vasculature of the normal brain. The pattern of distribution of structural proteins was consistent with the hypothesis of diffuse activation of angiogenesis, without specific relation to individual vessel types.

Furthermore, use of the cell proliferation marker MB-1 showed endothelial proliferation in arteries, venules, and capillaries of the cerebral tissue neighboring AVMs. The present findings indicate that a particular FN isoform, mainly expressed by the vasculature of fetal and tumorous tissues, as well as a TN isoform typically detected in the walls of vessels in anaplastic gliomas, also occur in AVMs and in vessels of adjacent cerebral tissue, but that both isoforms are absent in normal brain. This evidence provides further support to the hypothesis of ongoing angiogenesis in and around these lesions.

The presence of angiogenic features in AVMs might result from maintenance of proliferating and remodelling potentials, or from a specific response to haemodynamic stress in vascular structures subjected to increased blood flow and pressure. Occurrence of these features also in vessels lying in areas peripheral to the nidus might be related to recruitment of the neighbouring vasculature, possibly dependent on focal ischaemia in the setting of arteriovenous shunting. However, the presence in apparently normal vasculature of molecules typically occurring in fetal tissues and malignancies indicates that cerebral AVMs may not be static lesions. Further studies are needed to ascertain whether this phenomenon results merely from haemodynamic stress or actually reflects an intrinsic growth potential. Should this second be the case, current therapeutic strategies would possibly require revision.

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Hashimoto’s encephalopathy presenting as “myxoedematous madness”

The neuropsychiatric sequelae of hypothyroidism range from lethargy and mental slowing to the florid psychotic illness referred to as “myxoedematous madness”. The last condition is characterised by frank hypothyroidism accompanied by psychosis, and may respond completely to thyroxine. More recently described is a syndrome of subacute encephalopathy, associated with high titres of thyroid autoantibodies, raised CSF protein, EEG abnormalities, and perfusion deficits in the presence of normal structural neuroimaging. In most cases, the encephalopathy occurs without any gross change in circulating concentrations of thyroid hormones, suggesting that an inflammatory process is responsible for the cerebral dysfunction. In the absence of pathological data, the evidence for a specific pathogenetic mechanism is largely circumstantial: a small vessel vasculitis and immune complex deposition have both been suggested.

Although none of the published cases of Hashimoto’s encephalopathy has described psychosis as a primary feature, it is possible that “myxoedematous madness”, a condition first described in detail by Asher in 1949, lies in a range of encephalopathic phenomena mediated by autoimmune mechanisms. This suggestion would certainly be consistent with the range of clinical presentations of other autoimmune cerebral vasculitides. As autoimmune thyroiditis is the commonest cause of hypothyroid failure in this country, it is likely that cases have been present to at least some of Asher’s original 14 cases. Although most had florid myxoedematous features at psychiatric presentation, this may follow remission of diagnosing subclinical thyroid disease before rapid laboratory assays became widely available. Many features of the present case, however, favoured an endocrine rather than an inflammatory mechanism, suggesting that the condition of “myxoedematous madness”, though rare, remains a valid diagnostic entity. A 63 year old market stallholder without medical or psychiatric history was brought to a local psychiatric hospital by police. His business had been in decline for several months, and his family had noticed uncharacteristic emotional liability. In the weeks preceding admission he had experienced delusions and hallucinations, and appeared constantly fearful and withdrawn. On the day of admission he had made a bonfire in the garden and burned his wife’s clothes, family photographs, furniture, and business papers. When his wife and son tried to intervene he...
Table 1 Laboratory and neuropsychological results at presentation (A) and at 12 month follow up (B)

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<tr>
<th>Laboratory (units)</th>
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<td>18th percentile</td>
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<tr>
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<tr>
<td>WAIS-R (performance)</td>
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<td>Digit span forwards (&gt;5)</td>
<td>27th percentile</td>
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<tr>
<td>Rey-Osterreith complex figure (copy) (36)</td>
<td>10/30</td>
<td>16/30</td>
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<tr>
<td>Grade naming test (&gt;15)</td>
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<td>WAIS-R verbal</td>
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Alien hand sign in Creutzfeldt-Jakob disease

The clinical picture of Creutzfeldt-Jakob disease (CJD) includes various movement disorders such as myoclonus, parkinsonism, hemiballism, and dystonia. We report on a patient with CJD who manifested the alien hand sign. We suggest that CJD should be included in the differential diagnosis of diseases which present with an alien hand.

Creutzfeldt-Jakob disease, one of the human prion diseases, is characterised by rapidly progressive mental and motor deterioration. Involuntary movements occur in above 90% of the patients in the course of the disease, the most common being myoclonus. Other movement disorders range from tremor, akinetic/myoclonic, dystonia, and hemiballism. We report on a patient with CJD who presented with an alien hand.

Alien hand is a rare and striking phenomenon defined as “a patient’s failure to recognise the action of one of his hands as his own”. One of the patient’s hands acts as a stranger to the body and is uncooperative. Thus, there is a loss of feeling of ownership but not loss of sensation in the affected hand. Originally described in callosal tumours, the aetiology of alien hand also includes surgical callosotomy, infarction of the medial frontal cortex, occipitotemporal lobe, and thalamus, and corticobasal degeneration.

A 70 year old, right handed Jewish man born in Argentina, living in Israel for the past 20 years, was admitted to the Neurology Department. Until a month before admission, he was apparently healthy and helped in the accounting office of the village where he lived. His neurological illness had presented insidiously during the past month with unsteadiness of gait and frequent falls. He also manifested behavioural changes, became aggressive, and had visual hallucinations, perceiving insects and mice moving through his visual field. Often, he expressed his fear from seeing that the “ceiling was

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The literature seems to describe distinct forms of alien hand. All share the occurrence of involuntary movements contrary to the patient’s stated intent, but the types of movement differ. In the callosal form, there are purposeful movements of the non-dominant hand. In the BINSAN, there is grasping and utilisation behaviour of the dominant hand. In the corticobasal degeneration, there are aimless movements of either hand.1, 3 When a consequence of a neocortical or vascular pathology, alien hands can perform complex acts such as trying to tear clothes or undoing buttons. The description by MacGowan et al has characteristics of the callosal form (especially in patient 2). However, our case suggests that the alien hand sign in CJD may appear in a different type, performing less complex movements which resemble those reported by Riley et al in corticobasal degeneration.2 Those authors described the alien limb as “involuntarily rising and touching the mouth and eyes” (patient 1). The patient thought that she was powerless to stop this movement and when directed to stop responded “that’s right!”. Another patient’s left arm was at times “elevated in front of him”, while he was “unaware of this situation until his attention was called to it” (patient 10).

Another related phenomenon coined as “arm levitation” was reported in progressive supranuclear palsy. In these patients the arm involuntarily raised and performed semi-purposeful movements.

One common denominator between CJD, corticobasal degeneration, and progressive multifocal leukoencephalopathy, in which an alien hand sign has also been described, is multifocality. In corticobasal degeneration, it was proposed that more than one site is affected or that a “release” phenomenon occurs accounting for the aetiology of alien hand. In CJD, bilateral cortical damage to motor areas might be the origin of their subsequent isolation and disconnection.

We suggest that CJD should be added to the differential diagnosis of diseases presenting with an alien hand with or without myoclonus.

We are indebted to Professor Eran Zardel, Department of Physiology, University of California, Los Angeles, USA.

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Recurrent peripheral neuropathy in a girl with celiac disease

The involvement of the peripheral nervous system (PNS) in children with celiac disease is particularly rare. Furthermore, in both children and adults with celiac disease, neurological complications are chronic and progressive.1

We report on a 12 year old girl affected by celiac disease, who on two separate occasions presented with an acute peripheral neurological syndrome after accidental reintroduction of gluten in her diet. This patient was born uneventfully to healthy non-consanguineous parents with no family history of neurological or metabolic diseases. At the age of 6 months she was diagnosed as having celiac disease according to the European Society of Paediatric Gastroenterology and Nutrition (ESPGAN) criteria. Since then she was on a strict gluten free diet and was asymptomatic until the age of 10 years when severe diarrhoea, vomiting, and abdominal pain manifested 6 days after the intake of corn flakes erroneously thought to be gluten free. No previous infections had been noticed. One week after the onset of these symptoms she experienced acute weakness and pins and needles sensation confined to her legs. At that time her parents stopped her intake of corn flakes on the suspicion that these were responsible for the symptoms. Despite this, symptoms worsened during the next 2 days, confining her to bed.

At hospital admission, she was alert and mentally stable. Results of general physical examination were unremarkable. Neurological examination disclosed symmetric, predominantly distal, weakness of the leg; the knee jerks and ankle reflexes were depressed; plantar reflexes were flexor. Distal stocking glove decreased in pin prick and temperature with sparing of proprioception and light touch. Coordination tests were normal.

Laboratory investigations showed a white cell count of 9300/mm³. The results of the following investigations were within the normal limits: haemoglobin, erythrocyte sedimentation rate, serum urea, creatinine, uric acid, electrolytes, creatine, glucose, transaminase, bilirubin, immunoglobulins (Igs), lead, iron, copper, urinalysis, urinary porphyrin, folic acid, and vitamins A, B₁₂, B₆, and E. Antibodies to TSH, thyroperoxidase, antithyroglobulin, double stranded DNA, antiribosomal P protein, antinuclear antibodies, anti-gliadin, anti-gliadin antibodies, and antienzyme linked immunosorbent assay (ELISA) and immunofluorescence (IF) were also negative. Lumbar puncture was not performed. Antibodies against gangliosides GM₁ and GQ₁b, myelin associated glycoprotein and myelin
Electrophysiological study suggestive in both episodes of an acute demyelinating peripheral neuropathy confined to the lower limbs. Values were within normal limits as the upper limbs.

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<tr>
<th>Parameter</th>
<th>1st Episode</th>
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<tr>
<td>MCV (ms)</td>
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<td>DL (ms)</td>
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<td>SGV (ms)</td>
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Basic protein were not tested. Nerve conductions were studied with a predominantly motor demyelinating peripheral neuropathy (table). Her symptoms improved spontaneously and she was discharged home after 2 weeks. For 2 years she was asymptomatic on a gluten free diet.

At the age of 12 she presented acutely with severe abdominal pain 8 days after a weekly intake of bread meant to be gluten free. Two weeks later, due to persisting gastrointestinal symptoms, her parents excluded the bread from her diet. After 2 further weeks, while the abdominal pain was gradually improving, she had a new episode of acute weakness in the lower limbs and sensory abnormalities including burning paraphraesia. On neurological examination the legs showed marked diminishment in muscle power; absent deep tendon reflexes, and a reduction in pain and temperature; light touch, perception of position, and vibration were preserved. Walking was impaired and the patient was bedridden. Otherwise the examination was normal.

A haemogram showed white cell counts of 9700/mm³. Laboratory investigations were within normal values as in the past. IgA and IgG A,G,A, EMA, and IgA ABA assayed by ELISA and IF were again negative. Nerve conduction studies confirmed the presence of a predominantly motor demyelinating neuropathy (table). The parents refused consent for a lumbar puncture or nerve biopsy.

Over the next 2 weeks her neurological disabilities spontaneously improved until full recovery was complete. After 4 weeks, AGA, EMA, and ARA were still negative.

On her most recent admission, 1 year after the onset of her first neurological symptoms, she is still on a strict gluten free diet and has no residual symptoms or signs.

The natural history of celiac disease is well known and the typical celiac enteropathy is often associated with several other disorders. However, as celiac disease is a relatively common and lifelong condition, it is likely that some of these associations may occur by chance.

This patient, who was diagnosed as having frank celiac disease at the age of 6 months, experienced two episodes of acute peripheral neuropathy, at the age of 10 and 12 years, respectively. Two major pieces of evidence strongly support the assumption of a gluten derived disease: (1) the episodes occurred on both occasions when gluten was accidentally reintroduced in the diet; and (2) the response to a gluten free diet was reasonably rapid, occurring within weeks.

The present case, however, differs clinically from those with neurological involvement previously reported. In the paediatric age group, basic protein were not tested. Nerve conductions were studied with a predominantly motor demyelinating peripheral neuropathy (table). Her symptoms improved spontaneously and she was discharged home after 2 weeks. For 2 years she was asymptomatic on a gluten free diet.

In conclusion, this case shows two major issues: an acute polyneuropathy can be a complication of celiac disease in childhood and its benign course could help in the understanding of the underlying pathogenic mechanisms.

We are grateful to Professor Angela Vincent (Oxford) for her helpful suggestions in reviewing the manuscript.

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Frontal release signs in older people with peripheral vascular disease

A growing body of research examining neurological aspects of clinically “silent” cerebrovascular disease suggests that neurological signs indicative of generalised organic brain damage may occur in the absence of completed stroke. These soft signs include primitive reflexes (frontal release signs), representing an anatomical and functional deafferentation of cortical from subcortical structures. Primitive reflexes are known to occur in a wide variety of demetias, including Alzheimer’s disease and vascular dementia. It is likely that the presence of undetected cerebrovascular disease accompanying peripheral vascular disease is underestimated, as peripheral vascular disease is known to be a risk factor for transient ischaemic attacks. A study assessing 373 older patients with peripheral vascular disease found that 72 of the 144 patients who had not experienced a transient ischaemic attack or stroke were found to have a degree of carotid stenosis of between 60% and 99%.

In the present study, the prevalence of frontal release reflexes was assessed in a group of patients with peripheral vascular disease and a non-vascular control group. Independent predictors of these reflexes were also examined in peripheral vascular disease. Both groups were drawn from the same geographical area. All were interviewed and examined outside hospital by myself. Interviewees were community residents from the catchment area of an inner city London teaching hospital.

Twenty five consecutive non-acute patients on the waiting list for femoropopliteal bypass operation were compared with 25 postoperative patients who had undergone elective hip or knee replacement and a period of rehabilitation. All participants were aged 65 and over at the time of interview. Patients with peripheral vascular disease all had clinical and Doppler proved evidence of peripheral ischaemia. Controls were interviewed between 6 months and 1 year after their operation. Both groups had no history of stroke or transient ischaemic attack.

A more detailed description of instruments is provided elsewhere. All subjects were

**Table 1**

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examined using a rating scale for the examination of frontal release signs (FRSS), with nine operationally defined items, each on a seven-point semiquantitative scale. The nine reflexes were paratonia and palmenatal, hand grasp, foot grasp, glabellar, rooting, snout, and visual/tactile sucking reflexes. Neuropsychological measures included the assessment of frontal lobe function (trailmaking tests A and B, behavioural dyscontrol scale, and the controlled word association test) and generalised cognitive impairment (CAMCOG). Depression was assessed using the Hamilton rating scale for depression, 15 item geriatric depression scale, and diagnostic criteria for DSM IV major depressive disorder. Family history of depression, wish to die, and suicidal ideation within the past year were also recorded, as were blood pressure and a checklist for chronic physical illness.

Total FRSS scores and scores on FRSS subscales were compared between groups using the Mann-Whitney U test for independent samples. In the peripheral vascular disease group, a correlation matrix for total FRSS score against DSM IV major depressive disorder, CAMCOG score, behavioural dyscontrol scale score, verbal fluency score (total number of words beginning with F, A, and S) and trailmaking test times was examined using the Spearman correlation coefficient, corrected for ties. Age, sex, blood pressure, and chronic physical illness. Behavioural dyscontrol scale scores, trailmaking A/B test times, and verbal fluency scores were first converted into binary variables according to whether they were at/above or below the median value for the group. CAMCOG score was divided into subjects scoring 69 or above or less than 69. Those associations with a two tailed significance of 0.1 or less were then entered into a binary logistic regression using the stepwise method.

Patients with peripheral vascular disease had a higher mean score on the frontal release signs scale than controls (3.8 (SD 4.6) v 1.7 (SD 1.0); Mann-Whitney U = 144.500, Z = −3.33, two tailed p < 0.001), as well as on glabellar and rooting reflexes (table). Only one variable (trailmaking B test time) entered into the equation; this accounted for 23% of the variance in FRSS score (β = 4.6, 95% confidence interval (95% CI) (B 1.3–8.0, p < 0.01).

In peripheral vascular disease, there is limited information available concerning the involvement of cognitive and neurological sequelae of coexisting cerebrovascular disease. Phillips et al found greater impairment in psychomotor speed and abstract reasoning in patients with peripheral vascular disease than age/sex matched controls, with less significant differences between the groups in verbal fluency, concentration, abstract thought, perception, and constructional skills. Another study by the same group found poorer performance in patients with peripheral vascular disease than controls on visual memory, trailmaking B test, and visuospatial skills. Patients with peripheral vascular disease were also equally impaired in these areas compared with a matched group of stroke patients.

Small numbers of patients, which may also have obscured other significant findings between the two groups, limit the present study. However, there is some evidence that clinically relevant cerebrovascular disease may accompany peripheral vascular disease and that concomitant disruption of frontal/subcortical brain function may not present with hard neurological signs. As it is possible that silent brain infarction was present in patients with peripheral vascular disease, further studies incorporating brain imaging are required before there can be a clearer understanding of the relation between peripheral and central vascular pathology.

I thank Dr Robert Howard for supervision of this study and Professor G MacDonald and Mr Paul Baskerville for allowing me to interview patients under their care. The study was carried out as part of a University of London MD thesis.

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**Table 1** Primitive reflexes in patients with peripheral vascular disease (n=25) and controls (n=25)

<table>
<thead>
<tr>
<th>Reflex</th>
<th>U</th>
<th>pValue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hand grasp</td>
<td>274.0</td>
<td>0.15</td>
</tr>
<tr>
<td>Foot grasp</td>
<td>312.5</td>
<td>0.001*</td>
</tr>
<tr>
<td>Glabellar</td>
<td>199.5</td>
<td>0.21</td>
</tr>
<tr>
<td>Palmenatal</td>
<td>287.5</td>
<td>0.01*</td>
</tr>
<tr>
<td>Rooting</td>
<td>287.0</td>
<td>0.01*</td>
</tr>
<tr>
<td>Snout</td>
<td>235.5</td>
<td>0.44</td>
</tr>
<tr>
<td>Sucking (tactile)</td>
<td>287.5</td>
<td>0.08</td>
</tr>
<tr>
<td>Sucking (visual)</td>
<td>261.0</td>
<td>0.30</td>
</tr>
</tbody>
</table>

*Higher mean score in people with peripheral vascular disease.
A formal neuropsychological assessment performed in hospital documented impaired attention, concentration, and working memory, as well as several atypical calculation and spelling errors, the second involving unusual “near miss” letter substitutions or reversals (for example, “anxiety”, “executive”). The formal testing identified no evidence of visuospatial deficits or constructional apraxia. The findings were interpreted as inconsistent with the patient’s history but the possibility of a factitious aetiology (as had been suspected during his previous admission to hospital) although this cannot be definitively proved. The inability to copy line drawings or to draw a clock is, from a neurologist’s perspective, typically associated with parietal lobe dysfunction, usually of the non-dominant hemisphere, especially if associated with left hemiplegia/hemianesthesia. His seizure-like episodes at presentation are presumed to have been non-epileptic in origin (as had been suspected during his previous admission to hospital) although this cannot be definitively proved.

The mirror image distortion of the house was also very unusual and, furthermore, the mirror reversal itself is evidence of lack of clinical neglect. The distortion of the cube, however, could easily be misinterpreted as evidence of organic constructional impairment if seen in the absence of the other relevant clinical and laboratory information.

During follow up, the patient admitted to feeling tremendous occupation related stresses, and described how he had come to both fear and detest his job. Given the clear benefit to the patient of removal from his work environment, the relapse of his symptomatology just as he was scheduled for return to work after his first non-organic hemiplegic episode, and the intentionality required to feign poor clock drawing and constructional apraxia, there is much to support a diagnosis of malingering. Nevertheless, classification as a factitious disorder is at least as justifiable in view of the patient’s willingness to undergo medical investigations, including video monitoring.

It is unclear how or when the patient acquired the information needed to mimic a constructional apraxia. Previous bedside neuropsychological evaluations may have served to familiarise him with the format of such testing, acting as an impetus to research the issue of stroke and focal brain deficits (which might also have occurred after his father’s stroke), much in the same way he is now researching conversion disorder, thereby discovering what expected answers should look like. Despite repeated questioning, however, no evidence could be gathered from the patient to support this speculation.
appropriately. Neurological examination showed contralateral gaze preference, supra-nuclear vertical gaze palsy, difficulty converging, left sided flaccid hemiparesis, and dense, left sided hemianesthesia. Deep tendon reflexes were absent on the left and Babinski's reflex was present on the left. Visual extinction and neglect were present.

At the time of onset of right sided weakness the patient insisted that he was “fine,” and an ambulance was called over his objections. After being extubated, the patient acknowledged that he had had a stroke, but, despite his hemiparesis, insisted that he was ready to go home and go back to work. His belief in his ability to walk led to near falls, and he was moved closer to the nurses’ station for closer observation. He told the nurses that someone else’s arm was in his bed. On one occasion, holding up his left arm with his right, he told the nurse to, “take it away; it keeps scratching me.” That the left arm “smelled funny” was another reason he wanted the nurses to take it away.

Four weeks after the stroke he first acknowledged that his left arm belonged to him. He recognized it spontaneously and tolerated excellent energy and expansively publicly displayed a marked contralateral gaze preference, supranuclear vertical gaze palsy, difficulty converging, left sided flaccid hemiparesis, and dense, left sided hemianesthesia. Deep tendon reflexes were absent on the left and Babinski's reflex was present on the left. Visual extinction and neglect were present.

When he arrived on our ward 11 days after stroke he was flirtatious with female staff and boasted of having fathered 64 children. He managed to praise extravagantly the hospital staff, nurses, and food, and the nurses found him “talkative.” He showed contralateral gaze preference, supranuclear vertical gaze palsy, difficulty converging, left sided flaccid hemiparesis, and dense, left sided hemianesthesia. Deep tendon reflexes were absent on the left and Babinski's reflex was present on the left. Visual extinction and neglect were present.

His awareness of his hemiplegia fluctuated within an hour of making such statements the patient more consistently acknowledged that he was weak on the left side of his body. A request for disabled housing “so that I won’t be a burden to my family” was noted to praise extravagantly the hospital staff, nurses, and food, and the nurses found him “talkative.”

One week after the stroke he was noted to praise extravagantly the hospital staff, nurses, and food, and the nurses found him “talkative.” The patient, though not confused, was “a little overexcited,” and in a later paper he presented a case in which there was “a certain agitation, which expresses itself by exaggerated loquacity, a decrease in attention, and a tendency to erotic ideas.”

Epileptic cardiac asystole

A patient is reported on with habitual episodes of collapse and loss of consciousness associated with EEG evidence of focal epileptiform discharges. Simultaneous EEG recordings disclosed 25 seconds of cardiac ventricular asystole occurring 24 seconds after the onset of epileptiform seizure activity. After changes to antiepileptic medication and the insertion of a permanent pacemaker he has had no further episodes. In cases of epileptic cardiac dysrhythmia, isolated EEG or ECG recordings may prove insufficient and prolonged simultaneous EEG/ECG monitoring may be required.

Cardiac arrhythmias subsequent to epileptic seizures have been recognised for more than 90 years. They provoke diagnostic confusion and may be a mechanism of sudden unexplained death in epilepsy. Whereas sinus tachycardia was noted to accompany more than 90% of epileptic seizures, isolated bradycardia was seen much
less commonly (only 1 of 74 seizures recorded).\(^1\) A review in 1996 of the “ictal bradycardia syndrome” showed only 15 documented cases in the literature of either bradycardia or asystole associated with seizures.\(^2\) Most patients had temporal lobe seizures. The longest duration of asystole previously reported is in a 17 year old man with temporal lobe epilepsy who sustained a 22 second pause in cardiac output. More typically the asystolic periods in documented cases are in the region of 5–10 seconds.\(^3\) Shorter duration asystole may not compromise cerebral function sufficiently to cause loss of consciousness. Implantation of a cardiac pacemaker is advocated but does not ensure that lapses of consciousness are eliminated if these are directly related to the seizure rather than to the secondary asystole. We report on a patient with epileptic cardiac asystole of 25 seconds duration demonstrated by prolonged simultaneous EEG/ECG monitoring which responded well to pacemaker insertion.

A previously well 34 year old right handed builder was referred with a 1 year history of fortnightly episodes of loss of consciousness. There was no associated warning, aura, chest pain, or palpitations and the patient was only aware of the episode once consciousness was
restored and he found himself lying on the floor. On recovery there was no confusion, drowsiness, dysphasia, or diuresis. Often, however, he sustained soft tissue injuries to his face and scalp.

Witnesses reported that the patient would, without warning, suddenly collapse to the ground where he would remain unresponsive, inaccessible, and motionless for 90 to 120 seconds. On two occasions he appeared confused and disorientated immediately before a collapse. During the period of unconsciousness he would demonstrate no involuntary movements, orofacial automatisms, or cyano- sis but he would become pale and “ashen” while staring straight ahead with a glazed look in his eyes. One of the episode his heart rate would return to normal and within 2 minutes he would have fully recovered. Unusually during one reported episode of unconsciousness he was seen to briefly extend the fingers of both hands.

He was admitted to his local hospital and CT, MRI, interictal EEG, and 24 hour ECG were normal. No episodes were witnessed while he was an inpatient but they were thought to be epileptic in origin and therefore before he was started on phenytoin, with no benefit. Carbamazepine was added, again with mini- mal effect.

The patient was then referred to the Epilepsy Assessment Centre of The National Society for Epilepsy and National Hospital for Neurology and Neurosurgery for further investigation and management.

Cardiovascular and neurological examina- tion was normal as were MRI and routine interictal EEG. Sixteen channel ambulatory EEG using an Oxford Instruments digital EEG receiver was performed continuously for 340 hours before an episode was captured. Interictally rare spikes were seen over the right hand side, but not during the two occasions he appeared confused. A-v wave dissociation was noted on one occasion; on another he had a ventricular escape beat. It was suggested that an epileptic discharge in the insular cortex may result in cardiac arrhythmias.

Recurrent episodes of loss of consciousness are a common clinical problem. An accurate diagnosis relies principally on the patient’s and witnesses’ accounts of events. Further investigations are frequently required which are often normal unless an episode is captured during this period. Recording solely the EEG or the ECG may result in erroneous conclusions being drawn and insufficient or inappropriate therapy being instituted. Distinction between a primary cardiac arrhythmia and a secondary central arrhythmia is possible only with simultaneous EEG/ECG recordings.

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Respiratory insufficiency in a patient with hereditary neuropathy with liability to pressure palsy

Hereditary neuropathy with liability to pressure palsies (HNPP) is an autosomal domi- nant disorder, the molecular basis of which is a 1.5 mb deletion in chromosome 17p11.2 including the peripheral myelin protein-22 (PMP-22) gene. HNPP typically presents recurrent pressure palsies of peripheral nerves, such as the axillary, median, radial, ulnar, or peroneal nerves, at common entrapment sites. Respiratory muscle weakness has not been previously reported in HNPP. We describe a patient with HNPP in whom respiratory failure and proximal muscle weakness were prominent features.

The patient started to have dyspnea on exertion at the age of 44. At the age of 47, he noticed a slowly progressive weakness of the pelvic girdle and lower limbs. At the age of 57, he experienced difficulty in going up stairs. However, he was almost independent in daily life. At the age of 60, he was admitted to the Orange Red Cross Hospital as an emergency patient with a coma due to CO, narco- sis (PCO 2 117.6, PO 2 64.0). Responding to mechanical ventilatory support, he completely recovered consciousness within a day. His respiratory condition in the daytime improved to that previously. However, he needed mechanical ventilation during sleep because of nocturnal hyperventilation.

The patient had no history of diabetes mellitus, pulmonary or other medical problems. There was no familial history of neurological disorder, including entrapment neuropathies. After a few months, he noted that in his teens he had experienced some episodes of right peroneal and right axillary nerve palsies which resolved themselves over a few months.

In a neurological examination, the patient’s mental state and cranial nerves were normal. Evidence of muscular atrophy and weakness was noted in the lower limbs. Foramen magnum herniation was thought to be epileptic in origin and therefore before he was started on phenytoin, with no benefit. Carbamazepine was added, again with minimal effect.

The patient was then referred to the Epilepsy Assessment Centre of The National Society for Epilepsy and National Hospital for Neurology and Neurosurgery for further investigation and management.

Cardiovascular and neurological examination was normal as were MRI and routine interictal EEG. Sixteen channel ambulatory EEG using an Oxford Instruments digital EEG receiver was performed continuously for 340 hours before an episode was captured. Interictally rare spikes were seen over the right hand side, but not during the two occasions he appeared confused. A-v wave dissociation was noted on one occasion; on another he had a ventricular escape beat. It was suggested that an epileptic discharge in the insular cortex may result in cardiac arrhythmias. Recurrent episodes of loss of consciousness are a common clinical problem. An accurate diagnosis relies principally on the patient’s and witnesses’ accounts of events. Further investigations are frequently required which are often normal unless an episode is captured during this period. Recording solely the EEG or the ECG may result in erroneous conclusions being drawn and insufficient or inappropriate therapy being instituted. Distinction between a primary cardiac arrhythmia and a secondary central arrhythmia is possible only with simultaneous EEG/ECG recordings.
delayed (8.7 ms (normal<8.0)). Sensory nerve conduction studies showed a reduced amplitude of sensory nerve action potentials and conduction slowing in all the nerves tested. Electromyography carried out in the supraspinatus, deltoid, biceps, flexor carpi ulnaris, brachioradialis, quadriceps femoris, biceps femoris, tibialis anterior, and gastrocnemius muscles showed polyphasic motor unit potentials of long duration, but denervation potentials were rare. A left sural nerve biopsy showed scattered tomacula.

The weakness of the truncal muscles, including the respiratory accessory muscle, is a possible cause of respiratory failure in our patient. On the other hand, he had experienced hypoventilation in the supine posture and paradoxical movement of the abdomen, which suggested diaphragmatic weakness. Also, chest radiography showed poor movement of the diaphragm. Although the prolongation of distal latency in the phrenic nerve was mild considering the severity of respiratory failure, assessment of axonal loss is not possible with phrenic nerve stimulation. In fact, phrenic nerve latency is not necessarily associated with pulmonary dysfunction in HMSN.3 Diffuse proximal weakness in our patient is an uncommon finding as for HNPP. Mancardi et al reported on three patients with progressive sensory-motor polyneuropathy associated with 17p11.2 deletion, and the initial symptom of one patient was proximal weakness in one arm. We propose that our patient represents a clinical phenotypic variability among HNPP. It may be necessary to pay attention to respiratory function in HNPP.

We thank Dr. T. Yamamoto from the University of Occupational and Environmental Health for the gen analysis and Mr. T. Nagase from Chiba University for his technical help with the sural nerve biopsy.

**Spinal accessory neuropathy and internal jugular thrombosis after carotid endarterectomy**

Spinal accessory neuropathy is a rare complication of carotid endarterectomy (CEA).1 Internal jugular venous thrombosis after CEA has also been reported rarely, but is likely more common, as internal jugular
venous thrombosis is often asymptomatic, or presents with non-specific pain, it is probably unrecognised in many cases.6 Concurrent ipsilateral spinal accessory neuropathy and internal jugular venous thrombosis after CEA is expected to be rare, and this is underscored by the small number of reported cases. Despite this apparent rarity, a common pathogenetic mechanism for postoperative spinal accessory neuropathy and internal jugular venous thrombosis may well be present, at least in some cases, which may lead to the consideration of the possibility of both when either is discovered.

We report on a patient who developed right spinal accessory neuropathy and internal jugular venous thrombosis after right CEA. A 59 year old man underwent right CEA for possibly symptomatic stenosis. Angiography had shown 90% stenosis of the right internal carotid. The operation was done under general anaesthesia. The carotid bifurcation was unusually distal, necessitating a long dissection and high retraction. No immediate postoperative complications were evident. The next day, the patient complained of mild pain at the operative site, but he did not notice any weakness. The pain spread into his right shoulder within several days; at that time, he also noted difficulty raising his right arm. His symptoms worsened further a few weeks later, with the symptoms persisting and he presented for neurological evaluation 4 months after CEA. At that time, he had some induration along the incision site and a palpable cord within the right supracavicular region. There was moderate atrophy of the right sternocleidomastoid and trapezius, with right shoulder drooping and minor right scapular winging. Right arm abduction produced more prominent scapular winging and was limited to 90 degrees due to pain and weakness. Electrodagnostic studies were consistent with partial right accessory neuropathy with minor denervation of the right trapezius. Cervical ultrasonography and MRI demonstrated right internal jugular venous thrombosis. The patient was treated with a shoulder support, analgesics, and low dose aspirin. There was no significant clinical change 1 year after CEA. Repeat electrodagnostic studies were consistent with chronic right spinal accessory neuropathy, and repeat ultrasonography showed persistent right internal jugular venous thrombosis.

Common pathogenetic mechanisms for spinal accessory neuropathy and internal jugular venous thrombosis may include intraoperative nerve stretching or compression from retraction, and nerve ischemia. Peripheral nerve stretch results in axonal injury of the most proximal portion of the nerve, leading to axonal degeneration and regeneration. If postoperative scarring or inflammation lead to nerve compression, retraction, or ischemia, then the nerve may become symptomatic.

We report the first case of extensive cerebral infarct in a young sportsman consuming high doses of MaHuang extract and creatine monohydrate for body building.

Ischaemic stroke in a Sportsman who consumed MaHuang extract and creatine monohydrate for body building

We report the first case of extensive cerebral infarct in a young sportsman consuming high doses of MaHuang extract and creatine monohydrate for body building.

A 33 year old man had a severe aphasia on awakening in the morning of 23 January 1999. He did not complain of any headache or other symptoms. He was referred to our department on 26 January 1999. He had a Wernicke aphasia with a slight right sided face and arm weakness and a right Babinski sign. His blood pressure was 140/60 and his pulse 54 per minute. Brain CT showed signs of extensive left middle cerebral artery infarct. Cerebral ultrasound duplex scanning and cerebral angiography were normal. Cerebral CSF examination was normal. Leucocyte count and erythrocyte sedimentation rate were normal.

The patient had no vascular risk factors, in particular no tobacco use, and he was perfectly fit until his stroke. He was a sportsman with 2 hours daily intensive training for body building. He was working as a baggage handler in an international airline company. During a recent journey to Miami, Florida, he bought tablets of “energy pills” in a shopping store to enhance his physical performances. The first drug contained MaHuang extract (corresponding to 20 mg ephedra alkaloids), 200 mg caffeine, 100 mg L-carnitine, and 200 µg chromium per two capsules. The second drug contained 6000 mg creatine monohydrate, 1000 mg taurine, 100 mg inosine, and 5 mg coenzyme Q10 per scoop. He consumed 40-60 mg ephedra alkaloids, 400-600 mg creatine monohydrate daily for about 6 weeks before his stroke.

Although a paradoxical embolism through a patent foramen ovale in this patient cannot be ruled out as he regularly went on transatlantic air flight, there was no deep venous thrombosis and D-dimers were normal. However, ephedrine has an indirect sympathomimetic action, and may potentiate for arteriole vasoconstriction in addition to other catecholaminergic effects. Both ischaemic and haemorrhagic stroke associated with ephedrine use have been reported.1,2 Acute myocardial infarction and acute psychosis have also been reported after taking ephedrine and other sympathomimetic drugs.3 Ephedrine and its metabolites are natural products that are used in non-prescription medicines for multiple uses.4,5 In Europe, the best known antiasthmatic drug with an indication for arteriole vasoconstriction in addition to other catecholaminergic effects is theophylline.

In conclusion, we report the first case of extensive cerebral infarct in a young sportsman consuming high doses of MaHuang extract and creatine monohydrate for body building.


it remained in the normal range. Whether the use of high doses of caffeine can enhance the cardiovascular effect of ephedrine remains a possibility as stroke after taking a combination of caffeine and amphetamine has been reported.\\n\\nDrug addiction in sportsmen and sportswomen is becoming a major concern in our societies, involving both professionals and amateurs. As energy supplements, thought to enhance performance, are easily available in some countries without the need of medical prescription, everybody should be aware that these so called “benign” drugs may have major adverse effects.

This first case report of an extensive cerebral infarct in a young sportsman consuming high doses of MaHuang extract and creatine monohydrate should alert the sport community to this possible adverse effects of energy supplements, particularly when used in multiple combination.

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Petroclival meningioma as a cause of ipsilateral cervicofacial dyskinesias

Hyperkinetic movement disorders of facial and neck muscles such as blepharospasm, hemifacial spasm, facial myokimia, and cervical dystonia have rarely been associated with unilateral brainstem or posterior fossa pathologies. We report a case of unilateral cervicofacial dyskinesias due to an ipsilateral petroclival meningioma.

A 32 year old left handed woman complained about left sided facial dysaesthesia of the upper quadrant of her face for 1 year. In addition she had intermittent ipsilateral headache. A left sided facial palsy and hypogeusia developed. When progressive hearing loss and persistent ipsilateral tinnitus occurred she sought medical advice. She was referred to our department for further treatment after a large tumour in the left cerebellopontine angle had been demonstrated by MRI. On admission, the left corneal reflex was absent. There was marked hypoaesthesia of the first two divisions of the left trigeminal nerve and a mild left facial palsy. There was also hypogeusia of the left half of the tongue. Speech was slightly dysarthric. During examination dystonic and choreic movements of the left facial muscles were seen. The dystonic grimacing increased when the patient was being observed. There were also intermittent jerky dystonic head movements with turning of the head to the left, associated with slight elevation of the left shoulder. The facial movement disorder was clearly different from hemifacial spasm. There were no tonic or clonic synchronous contractions of facial muscles and no signs of involuntary coactivation. The patient barely noted the dyskinesias. Audiometry showed a hearing threshold at 30 Db on the left side and lack of stapedius reflex on the left side. Oculovestibular response to caloric stimulation was

(A) Axial T2 weighted SE MR images of a 32 year old woman with left sided cervicofacial dyskinesias show a large left petroclival meningioma compressing the brainstem. (B) Coronal inversion recovery MR scans demonstrate marked displacement and distortion of the brainstem due to the petroclival meningioma. (C) Gadolinium enhanced axial TI weighted SE MR scans 3 months postoperatively show complete removal of the tumour and normalisation of the displacement of the brain stem.
decreased on the left side. Furthermore, there was mild left dysdiadochokinesia. Neurography of the facial nerve was normal on both sides. Needle myography of the left frontalis and orbiculari oculi did not show signs of denervation.

An MRI study showed a large gadolinium enhancing tumour within the left cerebellar pontine angle extending to the cavum Meckeli with marked displacement of the brainstem to the contralateral side (figure A and B). Gadolinium angiography showed a discrete blush of the tumour as typically seen in meningiomas. The tumour was totally removed by a combined transpetrosal supratentorial and infratentorial presigmoidal approach. The postoperative course was uneventful and there were no new deficits. The facial palsy improved slightly as well as the trigeminal hypeaesthesia. Audiometry remained unchanged. Postoperative imaging showed no residual tumour and the displacement of the brain stem within the posterior fossa had resolved (figure C). Marked improvement of the left sided craniofacial dyskinesias occurred during the next weeks.

The postoperative improvement of the dystonic and choreic grimacing and the cervical dystonia indicates a causal association between the pterocaval meningioma and the segmental hyperkinetic movement disorders. Such a relation is supported also by the absence of a family history of movement disorders and the absence of previous exposure to neuroleptic medication. Hyperkinetic movement disorders due to tumours of the brainstem or of the posterior fossa have been reported only rarely. Asymmetric blepharospasm was recently found in a patient with an ipsilateral mesencephalic cyst.6 Hemifacial spasm was seen in patients with pontocerebellar and mesencephalic neurinomas, mesencephalic and epidural tumours of the cerebellopontine angle.7 Acoustic neurinomas and anaplastic pontocerebellar glioma can be associated with facial myokymia and spastic parietic facial contracture.8 Also, cervical dystonia due to tumours of the cerebellopontine angle have been reported recently.9

The pathophysiological mechanisms responsible for dystonic movement disorders caused by structural or functional lesions of the brainstem are not fully understood. The possibility of denervation supersensitivity of cranial nerve nuclei has been proposed previously.10 Alternatively, enhanced excitability of brainstem interneurons has been suggested. This pathophysiological mechanism is supported by the findings of blink reflex studies in patients with blepharospasm, spasmodic dysphonia, and cervical dystonia. Tolosa et al found significantly less inhibition of the test stimulus polysynaptic late response and marked enhancement of the recovery curve of the late response under such conditions compared with the response in healthy subjects.11

Our case provides further evidence that functional impairment by compression and distortion of the brain stem may cause hyperkinetic cervico-facial movement disorders. It is supported also by the knowledge that such movement disorders are accessible to surgical treatment of the underlying pathology. Therefore, patients with cranial or cervical dystonia or choreic dyskinesia should undergo MR imaging to rule out a surgically treatable cause.

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Acute multifocal cerebral white matter lesions during transfer factor therapy

Transfer factor is an active substance of unknown structure present in dialysable leukocyte extract which is assumed to transfer cell mediated immunity in an antigen specific fashion.1 The mechanisms of action of transfer factor are still far from clear; in vitro dialysable leukocyte extract increases macrophage activation and interleukin (IL) 1 production and enhances leukocyte chemotaxis and natural killer function. Transfer factor has been reported to stimulate the cell mediated antigen specific response in patients with various infections;12 therefore, treatment with transfer factor has been suggested in patients with selective deficits in cell mediated immunity such as some refractory neoplasms and chronic infections. Moreover, it has been used in the treatment of uveitis.13 Administration of dialysable leukocyte extract has seemed to be free of hypersensitivity, long lasting side effects, or complications, except for transitory hyperpyrexia.14

We report on a patient in whom multiple cerebral white matter lesions developed after taking dialysable leukocyte extract orally for uveitis. A 28 year old man was admitted to the hospital because of headache, mental confusion, and right hemiparesis. He had recurrent bilateral uveitis from the age of 12 to 14 with relapses to right eye. In January 1995 retinal vasculitis was diagnosed at fundoscopy and in July 1995 he started oral transfer factor as dialysable leukocyte extract twice a week. He complained of generalised weakness after the second dose and the referring symptoms developed after the third dose.

Neurological examination on admission showed mental confusion and severe right spastic hemiparesis with Babinski’s sign. No fever or meningismus were present.

Laboratory examinations on admission showed a slight increase in total serum protein (8.4 g/l, normal 6.0–8.0 g/l), although the serum protein fraction was normal, antistreptolysin titres (355 UI/ml). Two MR scans at 1 and 4 months after onset showed slightly increased deep tendon reflexes on the right side and was normal 40 days later; all laboratory analyses were normal except for antistreptolyisin tites (265 UI/ml). Two MR scans at 1 and 4 months after onset showed progressive reduction of the extension of cerebral white matter lesions, which did not show contrast enhancement. A final MR scan 20 months after onset showed further regression of lesions without contrast enhancement but a new large lesion in the left occipital white matter, which showed moderate contrast enhancement. At present, after 5 years, the patient is in a good state of health and neurological examination and laboratory tests are normal.

The close temporal relation between assumption of dialysable leukocyte extract therapy and appearance of cerebral white matter lesions in our patient supports the possibility that the association of the two events might not be causal. Despite the absence of biopsy, we reasonably excluded...
the diagnosis of vasculitis or neuro-Bechet's disease although in the absence of biopsy. In fact, the clinical, laboratory, and MRI findings were not typical and a low titre of anticyclodiolipin antibodies is found in 2% of healthy subjects.1

The occurrence at different time of focal cerebral white matter lesions highly supports the diagnosis of multiple sclerosis, but some clinical and laboratory findings in the patient are not typical for this condition. Mental confusion is not common at the onset of multiple sclerosis whereas it is often found in acute disseminated encephalitis.1 In addition, CSF without oligoclonal banding argues against a diagnosis of multiple sclerosis, whereas it is commonly found in acute disseminated encephalitis.1 On the other hand the possibility that acute disseminated encephalitis may recur has been accepted1 and on the basis of the patient's clinical picture and CSF, we favoured such a diagnosis.

The pathogenic mechanisms underlying the triggering, development, and duration of multiple sclerosis and acute disseminated encephalitis are still far from clear despite the progress made in unravelling them. Some findings suggest that acute disseminated encephalitis and multiple sclerosis lie at the two poles of an autoimmune range, in which autoantigen reactivity is only temporary and direct against a single antigen in acute disseminated encephalitis and multiple antigens in multiple sclerosis.

Although the hypothesis that dialysable leucocyte extract had triggered an autoimmune disorder in our patient cannot be proved, our finding is in line with the report of multiple cerebral lesions after therapy with IL-2 in patients with malignancies or HIV infections.3

On the other hand, the fact that acute disseminated encephalitis is often correlated with the administration of foreign proteins, such as during vaccinations or viral infections1 led us to postulate in this patient a cell mediated immunological mechanism. Therefore, an immunological cross reaction between viral antigens (or other foreign material contained in vaccines) and various parts of the nervous system resulting in acute disseminated encephalitis might have occurred. As already noted, dialysable leucocyte extract contains a multitude of immunostimulating or potentially activating substances so it is impossible to pinpoint which one could have been responsible for the demyelinating effect seen in our patient. This notwithstanding, our finding indicates that neurological surveillance is worthy in patients assuming dialysable leucocyte extract therapy.

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Fahr's disease and Asperger's syndrome in a patient with primary hypoparathyroidism

Abnormal calcium phosphate metabolism has not previously been associated with Asperger's syndrome, a form of pervasive developmental disorder. Nor have symmetric calcifications of the basal ganglia, dentate nuclei and cortex, or Fahr's disease—inherited or associated with hypoparathyroidism—previously been associated with this handicap. We present the case of a 24 year old man with Asperger's syndrome, primary hypoparathyroidism, and multifocal brain calcifications.

According to medical history, the patient's mother had received weekly injections of Depoprovera during pregnancy. A single child born after a normal term delivery, he underwent surgery for an inguinal hernia at 3 weeks. Developmental milestones were only moderately delayed. At 9 months, he rolled instead of crawling. He walked at 15 months, spoke at 2 years with poor articulation, and still speaks in short, unelaborated sentences. His social and language development lagged in grade school and he occasionally got into fights. In late adolescence, antisocial behaviour took the form of shoplifting and repeated long distance calls to pornographic hot lines. As an adult, his social adaptation remains poor: he currently lives with his mother and works irregularly as a dishwasher in a restaurant. He is indifferent, isolated, and resists novelty. He enjoys repetitive and solitary activities such as slot machine games and playing the piano.

Neurological examination showed bilateral hyperreflexia, mild impairment of fine finger movements, dysgraphaesthesia on sensory testing, and a manneristic gripping handshake. There were no extrapyramidal movements at di

Brain CT, axial section: dense calcific deposits in the basal ganglia, thalamus, and orbitofrontal cortex consistent with Fahr's disease.
sions. His IQ score was in the low range (WAIS-C=85 at the age of 13; Barbeau-Pinar=82 at the age of 17). He also presented an impairment on the Tower of London test, which measures executive function, and in a task assessing the understanding of others’ intentions. These two findings are reliably present in pervasive developmental disorders, in this IQ range. In addition, his performance on the Tower of Toronto test disclosed impaired performance in procedural learning. Psychiatric assessment showed scores above the cut off for autism according to the autism diagnostic interview (ADI),3 a standardised interview that requires specific training and those administering it to have a 0.90 reliability with other researchers. The subject was positive for the diagnosis of autism, being above cut off values in the three relevant areas of communication, social interactions, restricted interests, and repetitive behaviours. Nevertheless, he did not present delay in language acquisition or morphological atypicalities in language development, which corresponds to DSM-IV criteria for Asperger’s syndrome.

Brain CT showed dense calcium deposits in the basal ganglia, thalamus, cerebellar dentate nucleus, and orbitofrontal cortex, consistent with Fahr’s disease (figure). SPECT showed increased activity in basal ganglia relative to the cerebral cortex. A fine banded karyotype was normal. Serum calcium was 1.55 mM (normal 2.15–2.55 mM), phosphate 1.69 mM (normal 0.70–1.5 mM), ionised calcium was 0.80 mM/l at pH 7.4 (normal 1.19–1.34 mM/l); urinary calcium was 0.8 mM (normal 2.5–6.3 mM). Serum parathyroid hormone was below 0.6 (normal 1.0–6.55 µM/l), and a nuclear scan with ¢Tc was unremarkable. Magnetic resonance imaging showed a retro-odontoid extradural mass that was homogeneous and isointense on T1 weighted signal, deformed cranial nerve roots, and related to the upper cervical spinal cord (figure). The laboratory tests were normal, confirming the absence of rheumatoid arthritis, metabolic disease, or gout. Surgical removal via a transtoral approach with a minimal bony resection was direct and provided sufficient space to obtain spinal cord decompression. It was followed by a posterior C1-C2 fusion. Macroscopically, the lesion had no capsule and resembled a hypertrophic ligamentum flavum. Microscopically, it was non-inflammatory, hypocellular, and ligamentary pieces found within the mass appeared fibrous and almost disintegrated. The patient regained normal neurological function. Over a 3 year follow up period there was no recurrence.

We focus attention on hypertrophic atlantoaxial ligamentary disease as a degenerative disease that must be considered within the possible causes of high spinal cord compression.

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Hypertrophic atlantoaxial ligaments: an unusual cause of compression of the upper spinal cord

The craniovertebral junction can be affected by several pseudotumorous masses extradurally located, such as rheumatoid panus, hypertrophic non-union of odontoid fracture, post-traumatic cicatrix, synovial cysts, tumorous calcium pyrophosphate dihydrate crystal deposition, tophaceous gout, calcification of the posterior longitudinal ligament, synovial disease-like pigmented villonodular synovitis, and syndesmophyosis.1–5 Hypertrophy of the atlantoaxial ligaments as a consequence of degenerative disease was recently recognised as an individual entity. Only five previous cases have been published. We add another case to the short series available in the literature, emphasising that as the cause of the spinal cord compression is amenable to surgical removal, symptomatic patients should be diagnosed and treated without delay.

A 66 year old woman presented with a rapid development of progressive spastic tetraparesis and an unremarkable medical history. There was no osteolysis or instability on plain cervical radiography and C.T. A bone scan with ³¹³Tc was unremarkable. Magnetic resonance imaging showed a retro-odontoid extradural mass that was homogeneous and isointense on T1 weighted signal, deformed cranial nerve roots, and related to the upper cervical spinal cord (figure). The laboratory tests were normal, confirming the absence of rheumatoid arthritis, metabolic disease, or gout. Surgical removal via a transtoral approach with a minimal bony resection was direct and provided sufficient space to obtain spinal cord decompression. It was followed by a posterior C1-C2 fusion. Macroscopically, the lesion had no capsule and resembled a hypertrophic ligamentum flavum. Microscopically, it was non-inflammatory, hypocellular, and ligamentary pieces found within the mass appeared fibrous and almost disintegrated. The patient regained normal neurological function. Over a 3 year follow up period there was no recurrence.

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Selective hemihypesthesia due to tentorial coup injury against dorsolateral midbrain: potential cause of sensory impairment after closed head injury

A 63 year old woman who fell off her bicycle had a left temporal region head injury with evidence of initial loss of consciousness of 5 minutes and scalp excoriation of that area. On arrival at our hospital 30 minutes later she was alert and oriented. Cranial nerve functions, including extraocular motion and hearing function, were preserved. Pain and temperature sensations of the right side, including her face, showed a 70% decrease compared with the left side; however, position and vibration sensations were normal. Other neurological examinations, including motor function, coordination, and deep tendon reflexes, were normal. The patient’s only complaints were left temporal headache and right hemihypesthesia.

Brain CT on admission showed a discrete and linear high density at the left ambient cistern without other intracranial lesions. On the next day CT showed an obscure low density lesion at the dorsolateral midbrain in addition to the previous lesion (figure). Brain MRI, taken 3 days later, demonstrated an intraparenchymal lesion, at the surface of the left dorsolateral midbrain in high intensity on a T2 weighted image. The high intensity lesion corresponding to haematoma on CT was seen in the ambient cistern (figure). Taking both CT scans and MRI into consideration, this case was diagnosed as traumatic midbrain contusion.

The loss of pain and temperature sensation improved gradually and the patient was discharged 2 weeks later.

T2 weighted images 1 month later showed a more localised lesion in the same area. The coronal slices showed a high intensity lesion at the level of lower midbrain coinciding with the tentorium level, disclosed as a low line between the occipital lobe and the cerebellar hemisphere (figure). The neurological deficits almost disappeared 6 months later.

Somatosensory impairment including pain is one of the most common complaints among patients with craniocebral injury. Responsibly lesions for sensory impairment, detectable by neuroimaging studies, almost always accompany associated neurological deficits. To our knowledge, a selective injury at the spinothalamic or trigeminotinalLTE tracts due to the midbrain is not new. It usually accompanies various degrees of conscious disturbance and other long tract signs, sensory deficits as well as cerebellar and cranial nerve palsy due to the midbrain lesion or other associated intracranial lesions. The clinical manifestation of our patient may represent one of the mildest forms of the midbrain contusion. The lesion when we see a patient with post-traumatic sensory deficit, the possibility of this tentorial incisura, which may have been the case in our patient.

The concept of tentorial coup injury against the midbrain is not new. It usually accompanies various degrees of conscious disturbance and other long tract signs, sensory deficits as well as cerebellar and cranial nerve palsy due to the midbrain lesion or other associated intracranial lesions. The clinical manifestation of our patient may represent one of the mildest forms of the midbrain contusion. The lesion when we see a patient with post-traumatic sensory deficit, the possibility of this tentorial incisura, which may have been the case in our patient.

The MR images in our case showed a discrete lesion at the dorsolateral midbrain. Topographical study at this lower midbrain level showed that the lateral and ventral spinothalamic and ventral trigeminotinal tracts pass at the surface of this level by carrying a superficial somatosensory input. The lesion shown in our MR images seemed to be localised to these tracts. The medial lemniscus for the deep sensation and lateral lemniscus and nucleus of inferior colliculus associated with hearing function from ventral to dorsal to these tracts, respectively, which were seemingly spared in our patient. The topographical anatomy seemed to correspond to the neurological manifestations of our patient.

The mechanism of midbrain injury in our patient was speculated to be due to tentorial coup injury based on MR images. The location of contusion was at the lower dorsolateral midbrain, coinciding with the tentorial edge level. Initiation of injury was the surface of the midbrain; however, due to the proximity of the tentorial edge to the midbrain on the injured side, tentorial contact to the midbrain supposedly occurred more readily. Brain MRI findings support the anatomical features of this tentorial coup injury. This injury is not rare in patients with severe head injury, accompanied by other intracranial lesions, and is often caused by lateral displacement of the brain stem relative to the tentorium. It is influenced by congenital variation in the size and shape of the tentorial incisura. The brain stem of the patient with a narrow incisura is more vulnerable to the direct contusive effects than that of a patient with a wider incisura. Therefore, even in minor head injury, this mechanism may occur in patients preconditoned with narrow tentorial incisura, which may have been the case in our patient.

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Vdine, which progressively o and ataxia. He was rechallenged to amantadine, which resulted in relapse of the tremor month period. Postural tremor and ataxia completely over a 3 months period. Hydrochloride (100 mg twice daily) abolished a.

We read with interest the article by Miyagi et al in a recently described case, which showed remarkable clinical and iconographic similarities with that described by Miyagi et al: (a) long history of chronic tonalunaesthesia, (b) marked postural tremor, (c) progressive worsening of the symptoms despite abstinence from inhalant misuse, and (d) mild cerebral atrophy and marked low signal intensity in gilobus pallidi, thalami, red nuclei, and substantia nigrae on T2 weighted MRI. As our patient’s tremor was progressive, medical treatment with a dopamine agonist was considered. One particular agent (amantadine) caught our attention because it had proved successful in the treatment of postural tremor in a small series of heredodegenerative disorders in which the dentatorubro-olivary systems are involved. There is evidence that catecholaminergic pathways are also considered. One particular agent (amantadine) treatment with a dopamine agonist was

In addition, there is evidence that the natural history of these lesions in the general population of patients with tuberous sclerosis complex be understood well. We think that there are two problems with this study that should make the physician cautious about accepting the factors identified by Nabbout et al as a basis for a screening programme. The first is that this study was performed in a population that had been referred to a tertiary medical centre, and then had been further selected by virtue of having had at least 3 years tertiary centre follow up and needing two MR scans of the head. The prevalence of astrocytomas and risk factors, and hence the positive predictive value of any screening tool in a general population of patients with tuberous sclerosis complex is likely to be different from those described in the highly selected group studied in this paper. The second point is that the authors have made a potentially misleading decision to exclude more than half their study sample because they do not have lesions close to the foramen of Monro. It is not certain that all SEGAs arise from lesions close to the foramen. They may arise in the fourth ventricle. Furthermore, the late presentation of many lesions in the lateral ventricles has, in the past, precluded accurate determination of their point of origin. Our study selects 24 of 60 patients who had met their entry criteria but does not state how many of the excluded 36 patients had no subependymal nodules or nodules that were not “near the foramen of Monro”. Including this group is given for what constitutes proximity to the foramen. The authors were apparently not blinded at the point when they selected which patients had lesions near to the foramen and therefore there is an obvious issue of potential selection bias.

The consequence of excluding these patients may have been that false significance is given to their results. The data they present are fragile. Consider, for example, the consequence of introducing from these 36 nonselected patients a hypothetical single case that had a family history of tuberous sclerosis complex and a subependymal nodule which enhanced with gadolinium. The effect would be to remove the stated statistical significance (using Fisher’s exact test) between the outcome and both of these explanatory variables.

Identifying the risk factors that can tell us which subependymal lesions will become invasive is important. As subependymal nodules and SEGAs seem to be histologically identical it is unlikely that pathologists will provide an answer. The study of Nabbout et al suggests some new hypotheses and refutes others. However, the definitive answer will not be provided by studies of selected samples but by follow up of a population based sample of patients with tuberous sclerosis complex. In the absence of such a study we would be cautious about implementing screening programmes based on what may be misleading criteria.

**Toluene induced postural tremor**

We read with interest the article by Miyagi et al and comment on the medical treatment of toluene induced tremor. Microdialysis experiments in rats have shown that inhalation of toluene increases extracellular γ-aminobutyric acid (GABA) concentrations within the cerebellar cortex which probably explains why GABA agonists including benzodiazepines (for example, clonazepam) are not very effective in toluene induced tremor and ataxia. Rat experiments also showed a 50% reduction in brain catecholaminergic neurons. Degeneration of certain cerebellar pathways is probably responsible for the loss of this dopaminergic innervation. Dopamine agonists could therefore be of potential interest in the treatment of toluene induced tremor. This hypothesis was explored in a recently described case, which showed remarkable clinical and iconographic similarities with that described by Miyagi et al: (a) long history of chronic tonalunaesthesia, (b) marked postural tremor, (c) progressive worsening of the symptoms despite abstinence from inhalant misuse, and (d) mild cerebral atrophy and marked low signal intensity in gilobus pallidi, thalami, red nuclei, and substantia nigrae on T2 weighted MRI. As our patient’s tremor was progressive, medical treatment with a dopamine agonist was considered. One particular agent (amantadine) caught our attention because it had proved successful in the treatment of postural tremor in a small series of heredodegenerative disorders in which the dentatorubro-olivary systems are involved. There is evidence that catecholaminergic pathways are also involved in this type of ataxias, supported by loss of some of these neurotransmitters in the CSF of patients with heredodegenerative ataxias.

In our patient, amantadine hydrochloride (100 mg twice daily) abolished postural tremor and ataxia completely over a 3 months period. Subsequently, the treatment was discontinued, which resulted in relapse of the tremor and ataxia. He was rechallenged to amantadine, which progressively offered him the same clinical improvement as in the first 3 months. After 3 years the treatment was discontinued without any sign of relapse.

Although this finding needs confirmation, amantadine treatment could form a new approach in the medical treatment for toluene induced tremor and ataxia. Intractable cases would then justify a more aggressive approach such as ventirointermedius thalamotomy.

**Early diagnosis of subependymal giant cell astrocytoma in children with tuberous sclerosis**

Nabbout et al have attempted to identify the risk factors for the progression of subependymal nodules into giant cell astrocytomas (SEGAs) in tuberous sclerosis complex. In attempting to develop screening strategies that avoid iatrogenic morbidity, patient inconvenience, and excess cost, it is essential that the natural history of these lesions in the general population of patients with tuberous sclerosis complex be understood well. We think that there are two problems with this study that should make the physician cautious about accepting the factors identified by Nabbout et al as a basis for a screening programme. The first is that this study was performed in a population that had been referred to a tertiary medical centre, and then had been further selected by virtue of having had at least 3 years tertiary centre follow up and needing two MR scans of the head. The prevalence of astrocytomas and risk factors, and hence the positive predictive value of any screening tool in a general population of patients with tuberous sclerosis complex is likely to be different from those described in the highly selected group studied in this paper. The second point is that the authors have made a potentially misleading decision to exclude more than half their study sample because they do not have lesions close to the foramen of Monro. It is not certain that all SEGAs arise from lesions close to the foramen. They may arise in the fourth ventricle. Furthermore, the late presentation of many lesions in the lateral ventricles has, in the past, precluded accurate determination of their point of origin. Our study selects 24 of 60 patients who had met their entry criteria but does not state how many of the excluded 36 patients had no subependymal nodules or nodules that were not “near the foramen of Monro”. Including this group is given for what constitutes proximity to the foramen. The authors were apparently not blinded at the point when they selected which patients had lesions near to the foramen and therefore there is an obvious issue of potential selection bias.

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“man-in-the-barrel” syndrome has even been suggested.

Probably all these terms used to define this variation of ALS are synonymous for an older, well known condition, the scapulopulmonary form, or the chronic anterior poliomyelitis reported by Vulpian in 1886 and known in Franco-German literature as Vulpian-Bernhardt’s form of ALS.

At certain stages of the disease’s clinical course, it is probably difficult to differentiate it from progressive muscular atrophy (PMA). Some authors have said that PMA with late onset scapulopulmonary distribution (over 45 years of age) generally leads to ALS as a matter of course. 1

Be that as it may, the truth is that this atypical form of amyotrophic lateral sclerosis behaves differently from typical ALS. The comparative study with the rest of the ALS group supplied important clinical findings, such as little or no functional impairment of the bulbar muscles or legs. Hu et al also made four important statistical discoveries.

(1) The prevalence of this form of ALS constituted 10% of the ALS group as a whole (p < 0.05). (2) The age of onset of this form was similar to the rest of ALS. (3) There was a clear predominance among men (the male/female ratio was 9:1 in this form, compared with 1:5.1 in the total ALS group). (4) There was a lower median survival (a median survival of 57 months compared with 39 months in the ALS group).

Some of these patients have a long ALS clinical course, in that they usually preserve ambulatory ability, albeit with gait disorders, for more than 5 years after the onset of symptoms.

On a personal level, we also note two findings characteristic of these patients. In the initial stages of the illness, there is no effect on the diaphragm and the respiratory muscle failure occurs much later than in the typical form of ALS. This can be seen in the follow up of the results obtained in the respiratory function tests (FVC, PImax, and PEnmax).

We do not know the reason for either the characteristic distribution of weakness or muscle atrophy. A meticulous study shows that there is an atrophy of the deltoides (deltoides pars spinata) and a loss of strength in the external rotation of the shoulder (infraspinatus, supraspinatus, and teres minor). As a consequence, the upper limbs adopt a characteristic position, with the shoulders slumped, and the arms, forearms, and hands in pronation.

The atrophy and weakness of the infraspinatus and the supraspinatus, that act as an active ligament in scapulohumeral articulation, would explain the presence of subluxation of the shoulder joints in these patients.

Finally, we are in complete agreement that the peculiar distribution of the spondylosis and ALS can cause difficulty in diagnosis. The problem lies in the fact that cervical spondylosis is a common condition. It is found in 83.5% of men and 80.7% of women over the age of 55. The faster progressive deterioration of the symptoms, the appearance of bulbar signs, and the absence of sensory symptoms and signs would favour the diagnosis of ALS.1

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Sasaki replies: We thank Gamez et al for their interest in our article concerning the atypical form of amyotrophic lateral sclerosis (ALS).1

Over many years, several researchers have recognised this peculiar distribution of muscle atrophy in clinical practice. The clinical manifestations consist of the muscular atrophy confined to the shoulder girdle and the arms (proximally dominant), absence of deep tendon reflex in the arms, almost normal deep tendon reflex in the legs, and subluxation of the shoulder joints. Some patients progress to bulbar involvement as Gamez et al cite, many times have been coined to describe this peculiar pattern of the muscular atrophy such as dangling arm, orang utan sign, dead arm sign, suspended form, flail arm syndrome, amyotrophic bulbar diplegia syndrome, bibralchial palsy and man-in-the-barrel syndrome. Some researchers classified into a category of motor neuron disease (ALS or spinal progressive muscular atrophy). However, others could not exclude the possible cause of cervical diseases such as dissociated motor loss in the upper extremity.2 In fact, these patients had cervical abnormalities such as cervical myelopathy and ossification of posterior longitudinal ligament disclosed by MRI, or myelography. By contrast with clinical awareness of this peculiar pattern of muscular atrophy, no pathological confirmation had been made until we first reported necropsy cases in our articles.1, 3 Now, these patients with their peculiar pattern of muscular atrophy are considered to be ALS or a subtype of ALS. In my private opinion, “dangling arm syndrome” or “dead arm sign” seems to be the most suitable term depicting this type of motor neuron disease.

I agree with Hu et al reporting four important statistical discoveries in this form of ALS: the prevalence percentage of 10% of the whole ALS group, the similar age onset to the rest of ALS, a predominance among men (the male/female ratio was 9:1 in this form, compared with 1:5.1 in the total ALS group), and a longer median survival. It is clinically important to give wider publicity to the existence of this atypical form of ALS to avoid unnecessary surgical intervention for cervical abnormalities.

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Isolated dysarthria

We read with interest the article by Urban et al.1 Using transcranial magnetic stimulation, the authors demonstrated electrophysiological evidence for a central monoparesis of the tongue in patients with isolated dysarthria from stroke.2 As in their patients transcranial magnetic stimulation induced absent or delayed corticofugal responses at the tongue, the authors ascribed isolated dysarthria to interruption of the corticobulbar pathway, involving the thalamocortical and corticostriatal fibres as well as the corticobulbar fibres. In fact, lacunar infarcts around the internal capsule-corona radiata are likely to underlie these ascending and descending pathways.3

To assess corticopontocerebellar tract function, Urban et al investigated cerebellar blood flow in patients with isolated dysarthria using [15O]HMPAO-SPECT.4 They concluded that the corticopontocerebellar tract is preserved in isolated dysarthria because of no evidence for cerebellar diaschisis on SPECT. Their SPECT findings on cerebellar blood flow were similar to our results. However, we wonder whether cerebral cortical blood flow was preserved in their patients, because our SPECT study suggested frontal cortical dysfunction as an underlying mechanism of isolated dysarthria.5 Largely pathologic evidence is evident in three of seven patients reported by Urban et al and in two of 12 by us. This indicates that isolated dysarthria originates in incoordination of multiple organs necessary for speech output as well as language output and head movements.6

Although interruption of the corticobulbar pathways is a likely cause of isolated dysarthria, it should be borne in mind that damage to other descending and ascending projections may contribute to isolated dysarthria.7


Motor cortical excitability in Huntington’s disease

We read with great interest the paper of Hanajima et al. reporting that intracortical inhibition of the motor cortex is normal in patients with chorea of various origins. At variance with the results we previously found1 a reduced intracortical inhibition in a group of patients with genetically confirmed Huntington’s disease. Hanajima et al suggest that the discrepancies between the two studies may be due to methodological differences in patient selection as they included patients with early stage Huntington’s disease to “study the pathophysiology of chorea unaffected by other disorders movement.” They postulated that our cases, because of the reported correlation with a dyskinetic rating scale, had an advanced stage of the disease perhaps with coexisting dystonia or rigidity. These assertions deserve some comments.

The mean disease duration of our nine patients with Huntington’s disease was 6.2 (4.1) years which is actually shorter than the duration of the six patients reported by Hanajima et al. (8.3 (5.9) years). Most of our patients could be considered in an early stage of the disease, for instance, the Unified Huntington’s disease rating scale, and none presented dystonia, rigidity, or any other additional movement disorder. In this regard, however, it should be pointed out that bradykinesia is often associated with chorea in patients with Huntington’s disease1 and may even precede the appearance of choreic dyskinesias.2 Chorea itself is often reduced in the more advanced Huntington’s disease stages.3 It is unlikely, therefore, that any rinthrophysiological approach can test purely chorea even in the early Huntington’s disease stages. In addition, different mechanisms are involved in Huntington’s disease and other choreas as suggested by the lack of impairment of somatosensory evoked responses and long latency stretch reflexes in the second.4

We were not really surprised at the results of Hanajima et al. We do share their opinion that patients with Huntington’s disease may be characterised by large individual differences in the involvement of motor cortical areas. Actually, three patients in our study showed an amount of intracortical inhibition within the confidence limits of the control population. We also think that the impairment of intracortical inhibition is likely to develop during the progression as we did not find any change in four patients, two of them already reported, with positive DNA testing but completely asymptomatic.

The discrepancies between the two studies are more likely to be explained, at least in part, by some methodological differences. For instance, the amplitude of the control response was larger in our set (approximately 1.0 mV compared with 0.3 mV in the study of Hanajima et al.). This may induce a different sensitivity of the test, and the amount of intracortical inhibition in our normal controls is greater (see also4) than in the study of Hanajima et al.

When interpreting the results of studies with paired transcranial magnetic stimulation pathophysiologically it should be kept in mind that similar changes of intracortical inhibition have been shown in patients with various movement disorders (focal dystonia, myoclonus, parkinsonism, restless legs syndrome, Tourette’s disorder), but also in different diseases such as amyotrophic lateral sclerosis.5 We think, therefore, that the impairment of intracortical inhibition cannot be regarded as the marker of a specific pathophysiological mechanism, but is likely to reflect a non-specific imbalance of inhibitory and facilitatory circuits within the motor cortex.

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5 Verkerk AJ, De Hooge AA, Hadders-Algra M, Hadders-Algra A. The discrepancies between the two studies are more likely to be explained, at least in part, by some methodological differences. For instance, the amplitude of the control response was larger in our set (approximately 1.0 mV compared with 0.3 mV in the study of Hanajima et al.). This may induce a different sensitivity of the test, and the amount of intracortical inhibition in our normal controls is greater (see also4) than in the study of Hanajima et al.

6 We were not really surprised at the results of Hanajima et al. We do share their opinion that patients with Huntington’s disease may be characterised by large individual differences in the involvement of motor cortical areas. Actually, three patients in our study showed an amount of intracortical inhibition within the confidence limits of the control population. We also think that the impairment of intracortical inhibition is likely to develop during the progression as we did not find any change in four patients, two of them already reported, with positive DNA testing but completely asymptomatic.

7 The discrepancies between the two studies are more likely to be explained, at least in part, by some methodological differences. For instance, the amplitude of the control response was larger in our set (approximately 1.0 mV compared with 0.3 mV in the study of Hanajima et al.). This may induce a different sensitivity of the test, and the amount of intracortical inhibition in our normal controls is greater (see also4) than in the study of Hanajima et al.

8 When interpreting the results of studies with paired transcranial magnetic stimulation pathophysiologically it should be kept in mind that similar changes of intracortical inhibition have been shown in patients with various movement disorders (focal dystonia, myoclonus, parkinsonism, restless legs syndrome, Tourette’s disorder), but also in different diseases such as amyotrophic lateral sclerosis.5 We think, therefore, that the impairment of intracortical inhibition cannot be regarded as the marker of a specific pathophysiological mechanism, but is likely to reflect a non-specific imbalance of inhibitory and facilitatory circuits within the motor cortex.

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10 R MARCHESI

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The authors reply:

We were very grateful for the response of Abbruzzese et al to our paper. We completely agree with their opinions.

The discrepancy between the two studies may not be mainly due to the different stage of the disease between the two groups of patients. Although the duration of the disease is one factor to judge the disease stage, the severity of the disease (stage of the disease) is also positively correlated with CAG repeat number.

We may have to take CAG repeat number into consideration in comparisons. Unfortunately, however, we have no way to do such comparisons between these two studies. We could say, at least, that the intracortical inhibition was normal even at the same stage of the disease as that of the patients of Abbruzzese et al, if studied with our method.

We also consider that methodological differences are very important in paired magnetic stimulation. The results strongly depend on the intensities of both a conditioning and a test stimulus. Especially, the intensity of the conditioning stimulus is critical. We have no difficulty in showing normal inhibition, but have much difficulty in showing reduced or absent inhibition because of such marked dependence of the results on the intensities of stimuli. Therefore, we used the intensity of the conditioning stimulus before we confirmed inhibition in studies of patients. We used an intensity of 5% less than the active threshold as a conditioning stimulus, a facilitatory effect must often superimpose on the intracortical inhibition. This makes the interpretation difficult. Was the intensity of 80% of the resting threshold below the active threshold in their patients? In our experience, 80% of the resting threshold was sometimes above the active threshold. These factors must be considered in interpreting the results of paired magnetic stimulation.

Such a methodological problem is inherent in human studies because we have no direct way of detecting the threshold of the motor cortex. Our two results must be true. We may have two completely different interpretations of these results. (1) The intracortical inhibition is normal in Huntington’s disease. Abbruzzese et al showed the reduced inhibition because they used a high intensity conditioning stimulus with which the degree of the
intracortical inhibition is often decreased even in normal subjects. The 80% of the threshold for relaxed muscles must correspond to different values relative to the threshold for active muscles in patients from that in normal subjects. (2) The intracortical inhibition is disturbed in Huntington’s disease. This slight abnormality could be detected with their method but not with ours because their method has better sensitivity in detecting an abnormality than ours. Whether or not the intracortical inhibition must be normal or slightly disturbed in Huntington’s disease.

Critical closing pressure: a valid concept?

Czosnyka et al recently published a study investigating the clinical significance of critical closing pressure (CCP) estimates in patients with head injury. I see problems both with the theoretical foundation of their CCP concept and with the interpretation of their results. Firstly, the physiological meaning of both formulae of CCP presented (CCP1 and CCP2, respectively) is questionable. The implication of both presented equations is that the instantaneous value of cerebral blood flow velocity (FBV(t)) at a given moment is equal to the arterial blood pressure at the given time (ABP(t)) minus CCP divided by cerebrovascular resistance (CVR): FBV(t) = (ABP(t)−CCP)/CVR (1)

At the time of systolic and diastolic pressure values (ABPs, ABPd), respectively, it follows that systolic and diastolic flow (FBVs, FBVd) should be equal to (ABPs−CCP)/CVR and (ABPd−CCP)/CVR, respectively. However, it is well known that the vascular resistance valid for the static pressure/flow connection (CVR), meaning mean pressures and flows) is different from and in general much higher than resistances determining dynamic pressure/flow relations (CVR1) as in the case of pulsatile pressures. Therefore, equation 1 cannot be applied to describe dynamic flow. This can best be illustrated using the frequency domain approach (ABP=mean pressure, FBV=mean flow velocity; A1=amplitude of the pulsatile pressure wave; F1=amplitude of the pulsatile flow wave): FBV = (ABP−CCP)/CVR (2)

F1 = A1/CVR1 (3)

Inserting equations 2 and 3 into the frequency domain equation for CCP2 of the authors:

CCP2 = ABP−A1/F1×FBV (4)

leads to

CCP2 = ABP−CVR1/CVR0×(ABP−CPCP) = ABP−1×CVR1/CVR0+CVR1/CVR0×CCP (5)

Obviously CCP2 is only in the case of CVR1=CVR0 equal to CCP. Under the more realistic assumption that CVR1 is equal to about half of CVR0 it follows for CCP2:

CCP2 = 0.5×ABP+C×CCP (6)

With decreasing CVR1/CVR0 ratios, CCP2 becomes more and more dependent on ABP and independent of CCP. In any case, without exact knowledge of the CVR1/CVR0 ratio, equation 4 is useless for a valid CCP calculation.

The second criticism concerns the correlation of the calculation of CCP with ABP found by the authors (α=0.5, ρ<0.05). According to the original idea of Burton, CCP represents a certain average ABP value below which small vessels begin to collapse. CCP should, therefore, be a constant value independent of the actual ABP. On the other hand, this significant correlation can be explained by our equation 5, again indicating the missing physiological basis of the CCP concept of the authors.

Thirdly, it seems doubtful that CCP could be estimated using pressure and flow values from ABP ranges clearly above CCP and flow values clearly above zero flow, respectively. As long as small vessels do not collapse (ABP>CCP) it is not possible to decide whether their actual wall tension is determined more by transmural pressure or by active vasconstriction. However, the relative contribution of both effects is critical for the limit of CCP.

Finally, I would be interested in the authors’ explanation of negative diastolic flow values as seen in Doppler spectra of arteries with a high vascular resistance (peripheral arteries, middle cerebral artery during strong hypocapnia). In the case of ABP<CCP and a small vessel collapse according to the model of the authors, CVR should increase towards infinity and FV towards zero (equation 1). Negative flow values could, consequently, not occur.

I suggest that the relation between pulsatile pressure and flow should be better described using the concept of different static and dynamic resistances (CVR0 and CVR1). The driving pressure of the mean FV is more accurately given by cerebral perfusion pressure (CPP=ABP−ICP) than by ABP−CCP. Therefore, equation 2 changes to FV = (ABP−ICP)/CVR0 (6)

and equation 5 to CCP2 = ABP−1×CVR1/CVR0×CVR1/CVR0×ICP (7)

Equation 7 explains well the positive correlations found between CCP2 and ABP and between CCP2 and ICP, respectively, without assuming a connection between CCP2 and Burton’s concept of “critical closing pressure”.4

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4 Czosnyka et al reply. We thank Diehl very much for the interesting letter providing some mathematical considerations about cerebral haemodynamics.

We need to emphasise that our primary intention was to investigate Burton’s hypothesis in patients with head injury that critical closing pressure (CCP) may be represented by a sum of intracranial pressure (ICP) and the tension in the arterial walls.

CCP=ICP+active tension of arterial walls

Aaslid proposed the mathematical formula taken for calculations:

CCP=ABP−ABPpp/FVpp+ABP−ABPpp/FVpp (8)

(where ABP and FV are mean values of arterial pressure and MCA flow velocity, ABPpp and FVpp are systolic values, ABPpp and FVpp are peak to peak amplitudes). A graphical interpretation of this formula has been given in fig 1. CCP is an x intercept point of linear regression between subsequent systolic and diastolic values recorded within 6 second intervals of flow velocity (along y axis) and arterial pressure (along x axis).

In fact, the formula proposed by Michel et al is very similar. The only difference is that instead of the original waveforms of FV and ABP, first (fundamental) harmonic components were taken for the same graphical construction—that is:

CCP=ABP−A1/F1×FV

In our paper we confirmed empirically that both CCP1 and CCP2 produced the same values in a group of patients after head injury, therefore the mathematical consideration of Dichl (equations 1–5) must contain an error! First of all we cannot see how equation (1) from Diehl’s letter can be derived from any of our formulae. Everyone who has tried to plot momentary values from ABP pulse waveform against momentary values of FV waveform knows that it never plots a straight line (equation (1) implies). Diehl’s “clouds” of systolic and diastolic values of ABP and FV waveforms (fig 1 in) one can rather see an ellipsoidal shape which is very seldom regular enough to be approximated by a straight section. Therefore, equation (1) in Diehl’s letter is not correct. In fact, CVR is a frequency dependent variable (represents vascular impedance) and if a linear theory can be applied, division in (1) should be substituted by a convolution with an inverse Fourier transform of “cerebrovascular admittance”.

Definition of CVR0 as FV/(ABP−CCP) is completely artificial and lacks a physiological basis. It is rather taken from the geometrical interpretation of figure 1 in. In our material equivalent of parameter CVR0 (as defined by Diehl) is 1.007 (SD 0.31) and CVR1 0.972 (SD 0.29), the difference being not statistically significant. Therefore, the suggestion that the CVR1/CVR0 ratio is 0.5 is not incorrect. Real CVR0 should be calculated as (ABP−ICP)/FV. We fully agree that equation (5) proposed by Diehl is “useless for valid CCP calculation”. We have not used it and have never suggested anyone could do so.

The second criticism was that our CCP positively correlated with ABP. It should not be a surprise. When ABP decreases, vasodilatation occurs and arterial wall tension decreases. Therefore presuming ICP was constant, CCP should decrease. A rather weak (though significant) correlation suggested that not all of our patients were pressure reactive or ICP was not always constant.

The final issue concerning negative flow velocities is a trap Diehl has prepared for himself. We never suggested that any factor interpretable as cerebrovascular resistance (CVR0 or CVR1) should be involved in the concept of critical closing pressure. From the definition, closing is a strongly non-linear phenomenon, therefore supplying linear theory here is very
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mal patterns of neuronal firing in the globus
Levodopa induced dyskinesias are currently
thalamic nucleus leading to diminished exci-
Reduction in the neuronal activity of the sub-
disease
Subthalamic nucleus and levodopa
High frequency stimulation of the

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Nitrergic in acute ischemic stroke

The pivotal role of nitric oxide (NO) in cerebral ischemia has been elegantly highlighted in the recent editorial by O'Mahony and Kendall. Although studies of neuroprotective agents have been largely disappointing, pharmacological manipulation of NO may represent a novel means of protecting the brain from ischemic insult. One area not discussed in the recent review is the neuroprotective effect of 3-hydroxy-3-methylglutarate (HMG-CoA) reductase inhibitors or “statins” in cerebral ischemia. Preliminary studies have shown that statins modulate brain nitrergic sympathetic nerves and nitrergic activity in a neuroprotective manner. Data from a murine model of ischemic stroke demonstrate that prophylactic statin therapy reduces infarct size by about 30%, and improves neurological outcome in normocholesterolemic animals. In this investigation, statin therapy directly regulated endothelial NO in the brain without altering expression of neuronal NO. Recent findings also suggest that statin therapy inhibits the inflammation of inducing NO and NO synthase. Lovastatin has been shown to inhibit cytokine mediated upregulation of inducible NO synthase and production of NO in rat astrocytes and macrophages, and this inhibition may represent a neuroprotective effect. The data from this study demonstrates that statins may represent a novel means of protecting the brain in a neuroprotective manner.

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BOOK REVIEWS


That neuroimmunology has come of age is demonstrated by the profusion of volumes published on the subject in recent years. This volume focuses on the central nervous system, and aims to satisfy the curiosity of both the clinician focused on the diagnosis and treatment of the diseases discussed in the book, and the experimentalist interested in the clinical relevance of such conditions. The book is divided into two parts, with a first part focused on the neurobiology of multiple sclerosis, and a second part focused on the biology of inflammatory diseases. The first part of the book is focused on the neurobiology of multiple sclerosis, and provides a comprehensive overview of the current knowledge on the disease. The second part of the book is focused on the biology of inflammatory diseases, and provides an overview of the current knowledge on the biology of these diseases.

The intrusive authorial voice fell into disfavour in literary circles around the turn of the century because it was thought that calling attention to the act of narrating might detract from realistic illusion, so reducing the emotional intensity of what was being represented. It is a device much favoured by postmodern writers, who use it to imbue their fictional constructs with a sense of authenticity. The intrusive medical author never dropped out of fashion, although in these days of evidence based prejudice, authorial omniscience might be considered suspect. The authors of this volume are intrusively in a guiding conversational manner that makes this book by far the most readable of the neuroimmunological texts.

The book opens with a highly accessible chapter on immunology and the immune system. There follows a chapter that integrates the neurobiology of multiple sclerosis with contemporary issues of aetiology, cell injury, and repair. Next, a chapter on inflammatory demyelinating diseases, and a chapter on the syndromes of isolated demyelination, acute disseminated encephalomyelitis and allied conditions, and some of the syndromes of demyelination that are now accepted as part of the range of multiple sclerosis. The chapters on demyelinating disease are drawn to a close by a discussion of existing and experimental therapies for multiple sclerosis.

The book continues with chapters on para-neoplastic disorders of the CNS, stiff man syndrome, neurological complications of...
connective tissue disorders, organ specific autoimmune, sarcoidosis, and cerebral vasculitis.

Each chapter is an appropriate length and well referenced; the wood is always clearly visible between the trees. This book is sufficiently readable and small to be recommended as holiday reading. Its only drawback is that in making erudition so readily available, one risks being outshined yet again by one's registrar.

JON SUGSSMAN


As Alzheimer’s disease becomes of increasing importance to society, basic science research in this field needs to provide the building blocks for both therapeutic interventions and accurate diagnosis. This publication is a collection of papers presented at an international Alzheimer’s disease research meeting in Leipzig in 1997. This conference aimed to bring together both clinical and basic science disciplines and this is reflected in the papers selected for this book. There are 31 papers included, covering topics from early symptomatology and cognitive features to immunobiology and theoretical neuronal treatment strategies. The contributors to this book are some of the most authoritative in their field, predominantly based in Europe.

Covering all aspects of Alzheimer’s disease research from the correct diagnosis to basic science approaches of treatment is ambitious to the general reader. Although, as expected, the volume is divided into five sections covering the historical concepts of vascular and Alzheimer’s dementias, the arguments for a pure vascular dementia, the role of Alzheimer’s disease in the genetics of dementia after stroke, the connection of white matter changes on neuroimaging to dementia, and finally a short section examining practical questions such as the management of stroke in patients with dementia.

Although commendable, the authors having their own right, stroke and Alzheimer’s disease do seem to cross paths more often than would be expected by chance alone, and more often than can be explained by the presence of unexplained angiopathy and recurrent lobar haemorrhages. Perhaps common genetic factors are responsible and here the ApoE alleles are discussed. The comprehensive section on deep white matter lesions seeks to explain the connection further—and convinces the reader that there is still a lot which is not well understood. It is in this section particularly that illustrations are greatly missed. Brief mention is made of other conditions which may produce white matter changes and dementia such as CAGASIL, cerebral lupus, and the primary antiphospholipid syndrome.

Some typographical errors and mistranslations detract a little further from a book which seems unlikely to appeal to most neurologists, although it will no doubt be a source of reference to those working in the field of cognitive disorders, particularly vascular dementias.

PETER MARTIN


Evolutionary biologists would probably tell us that the enchancement of stories is due to survival having been dependent on the passing of oral culture from one generation to the next. Information put in narrative form not only delights, but is easily recalled. Stories also construct meaning in the form of observation, inference, motive, and consequence in a fashion that informs future action. Our experience of the world is constructed around such narratives. They define us as individuals, family members, professionals, and cultural groups.

This book is a series of essays on psychotherapy, psychiatry, and also medicine that sees the awareness and use of narrative in clinical practice as a construct that can both...
deliver effective care as well as act as a conceptual bridge between the different disciplines. One of the great pleasures of being a doctor has always been listening to patient's stories, but the editors of this book fear that this essential art can be overtaken by dull scientific pragmatism. But the most outstanding chapter, writes a lucid and well reasoned account of the need to search for and maintain narrative meaning in treating psychosis. This attitude in treating psychosis has a useful for all psychiatric trainees. The rest of this book is of variable quality. There is a rather prosaic essay on gender issues, and there is repetition in various chapters concerning attachment theory, a useful but over worked paradigm. However, there are two very fine accounts of narrative in psychotherapy by James Phillips and Jeremy Holmes. The book is essentially a collection of monographs of heterogeneous content and style and the result, perhaps not surprisingly, is that some of the component parts are better than the sum. The clinically oriented section will clearly be of particular interest to those who treat children and their families. The chapters on infantile spasms and Lennox-Gastaut syndrome are informative and provide some new but speculative insights into the pathogenesis of spasms. However, it was surprising that severe myoclonic epilepsy of infancy did not merit a specific chapter in view of the unique electro-clinical evolution and natural history of this syndrome. The crucial issue of the cognitive and behavioural sequelae of early and frequent seizures on the immature brain, which is probably of most concern to both clinicians and families, is succinctly addressed in two chapters—although a clear and consistent cause and effect relation remains to be established. The chapters covering basic neuropathology, (and neurology), and neuropsychology, are erudite and fascinating but at times are barely comprehensible. Further work is needed, including answering the fundamental question—why does the first seizure occur—before the clinician and basic scientist are able to talk the same language—for the benefit of the patient with epilepsy.

The concept of Childhood Epilepsies and Brain Development is innovative and commendable and although a number of the monographs are interesting and informative, the overall impression is that the individual parts (the chapters) are better than the whole (the book). The lack of an index is a strange omission, perhaps including a prolonged editorial atypical absence, and although this militates against it becoming a well-thumbed reference text, the book is an erudite addition to the mossy fibre-like sprouting of the epileptological literature.

RICHARD E APPLETON


Difficult clinical problems in psychiatry come in many forms. Diagnosis often causes difficulty, particularly in cases which demand some assessment of the role of physical illness in symptom formation. Perhaps for most psychiatrists practising in community settings risk assessment comes high on their list of concerns. Unsurprisingly, given the psychopharmacological expertise of the editors, this book is particularly interested in treatment resistance. The first 6 chapters give excellent reviews of the management of clinically relevant topics—for example, refractory schizophrenia or the difficult panic patient. The emphasis is very much on pharmacological management.

The second half of the book is more of a mixed bag, both in terms of the areas covered and the quality of the chapters. Two excellent chapters covering all aspects of the assessment and management of anorexia nervosa and chronic fatigue are followed by a thorough review of the pharmacological management of substance misuse. Then come two weak chapters on behavioural disturbances in old age and the violent patient in the community. This last chapter will be of particular interest to community psychiatrists. If there is one chapter that I would recommend because some aspects of the practical management of violence are missing—for example, a documented risk-benefit analysis, good failsafe communication, or deciding when to detain. One of the last chapters is a very good account of the management of hyperactivity in childhood, with good practical advice on the use of methyphenidate.

Apart from the chapters on chronic fatigue and the treatment of tardive dyskinesia there is little in this book which is of immediate interest to neurologists. However general psychiatrists wishing to improve their prescribing skills will find this book useful.

SIMON FLEMINGER


The Maudsley prescribing guidelines are produced each year for a local readership, but this, the fifth edition, is the first to go public. The authors and principal contributors, a mixture of pharmacists and psychiatrists with an interest and background in clinical psychopharmacology, are to be complimented on producing a guide of manageable size and ready accessibility.

The book is divided into sections dealing with the treatment of broad groups of clinical disorders—for example, psychosis—special patient populations—for example, elderly people, with further sections on the management of emergencies and the adverse effects of psychotropic drugs. Much of the information is laid out in tabular form. It could become an indispensable resource for a busy on call senior house officer (the dimensions would fit comfortably into the pocket of a clinical white coat, were they still to be worn) but more senior clinicians will find plenty of use for it in the clinic. It does not aim at great erudition, but provides a useful list of references.

There are a few cavils. The section on treatment of anxiety is skimpy (one and a half pages) compared with the treatment of affective illness (22 pages) or schizophrenia (39 pages). The brevity is only partly explained by the undeveloped state of that particular area of psychopharmacology. Sections on contraindications to and indications for lumbar puncture and indications for EEG seem to have been displaced from some other primer for busy junior doctors. There is no index.

These quibbles apart, prescribing guidelines can be wholeheartedly recommended.