Pattern of dopaminergic loss in the striatum of humans with MPTP induced parkinsonism

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Abstract

Objectives—To examine the distribution of striatal dopaminergic function in humans with parkinsonism induced by 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) to determine if there is a caudate-putamen gradient as is seen in idiopathic Parkinson's disease.

Methods—We scanned nine humans exposed to MPTP with parkinsonism ranging from minimal to severe using [18F]-fluorodopa (FD) and high resolution PET. The results were compared with those of 10 patients with Parkinson's disease and six normal subjects.

Results—In the MPTP group there was an equal degree of reduction of dopaminergic function in the caudate and putamen. This was different from the greater putaminal than caudate loss in Parkinson's disease (p<0.001).

Conclusions—Parkinson's disease is not caused by transient exposure to MPTP.

(J Neurol Neurosurg Psychiatry 2000;68:313–316)

Keywords: 1-Methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP); Parkinson's disease; positron emission tomography; fluorodopa

1-Methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) produces parkinsonism in both humans and animals. Clinically, the syndrome may be almost indistinguishable with bradykinesia, rigidity, impaired postural reflexes, sometimes tremor, and a neuropsychological deficit similar to Parkinson's disease. In some humans with parkinsonism induced by MPTP, the clinical deficit and the dopaminergic deficit as disclosed by PET, is also progressive over time. Aged monkeys treated chronically with MPTP have been reported to have inclusions in nigral dopaminergic neurons that are reminiscent of Lewy bodies.

A characteristic feature of Parkinson's disease is the striatal gradient of loss of indices of striatal dopaminergic function, with the greatest deficit being in the putamen. Experiments with MPTP in non-human primates have found different patterns of striatal dopamine deficit. Some studies have found the loss of caudate dopamine to be equal or greater than the dopamine loss from the putamen, and it has been suggested that this finding indicates that a substance similar to MPTP is unlikely to be the underlying cause of Parkinson's disease. By contrast with those findings, other workers have produced a caudate putamen gradient similar to that in Parkinson's disease using low doses or chronic administration of MPTP to primates. There is a similar variation in findings of the patterns of cell and dopamine loss in the substantia nigra. The postmortem distribution of the striatal dopaminergic deficit in human MPTP parkinsonism has not yet been described.

The regional variation of striatal dopamine loss in Parkinson's disease is clearly shown with [18F]-fluorodopa (FD) PET using high resolution tomographs. Our previous reports of FD PET in human parkinsonism induced by MPTP described scans performed on a PETT VI scanner with a resolution insufficient to discriminate caudate from putamen. We now present the results of FD PET of human MPTP parkinsonism on a high resolution scanner. We used these data to examine the pattern of the striatal dopaminergic loss in MPTP parkinsonism.

Methods

All assessments were performed at the University of British Columbia. Nine subjects were studied about 10 years after having been exposed to MPTP. Eight had mild parkinsonism (mean age 39.4, range 30–55, men/women 4/4, mean modified Columbia score (MCS) while off medication 6.4, range 2–16). Detailed descriptions of their clinical status and total striatal PET results have been presented recently. In addition, a severely affected woman aged 34 years with Hoehn and Yahr stage V parkinsonism and an MCS of 70 was scanned.

Two control groups were scanned. The first consisted of 10 patients with Parkinson's disease (mean age 53.6, range 33–74; four men, six women; mean MCS 22.9, range 4–44). The second consisted of six normal subjects (mean age 66.0, range 52–80; two women, four women).

This study was performed on patients who were being rescanned on a PETT VI scanner as part of our longitudinal study reported previously. That scanner does not have sufficient resolution to examine the putamen/caudate ratio. We therefore devised a protocol where we followed the PETT VI scan with a further scan on a high resolution scanner. By 2 hours after injection 18F has decayed for more than one half life. To deal with the reduced signal we scanned on an ECAT 953–31B scanner in 3D mode. This increases the number of recorded true coincidences by a factor of six, which more than compensates for the effect of radioactive decay. The ECAT scanner has a resolution of 5.6×5.6×5 mm, full width at half

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Received 28 July 1998 and in revised form 8 June 1999
Accepted 16 August 1999
maximum. Each image has 31 slices with a centre-centre separation of 3.375 mm. Each subject was given 100 mg carbidopa orally 1 hour before scanning. Before the PETT VI scan, the subjects were positioned in the ECAT camera using gantry mounted lasers so that the orbitomeatal line was parallel with the detector rings. An individually moulded thermoplastic face mask was then fitted to restrain head movement and to permit respositioning. Marks were made on the subject’s face mask, corresponding to the laser lines, to assist reposi- tioning for the emission scan. A transmission scan was performed using rotating rod sources. The subject was then transferred to the PETT VI camera for a 120 minute dynamic FD scan (dose of FD 2.5–3 mCi, injected while the subject was in the PETT VI scanner). At the end of the period on the PETT VI scanner, the subjects were returned to the ECAT scanner and scanned for 15 minutes with the septae removed (3D mode22). The 3D emission data were corrected for scatter using the algorithm of Bailey et al.23 The images were then reconstructed as a single image of 31 planes using the algorithm of Kinahan et al as implemented by Townsend et al.21 Regions of interest (ROIs) 8.8 mm in diameter were placed on each image—one ROI on each cau- date and three ROIs distributed along each putamen.24 The ROIs were placed manually on the five slices where the striata were best seen. The mean bilateral caudate and putamen values were then calculated and expressed as a ratio of putamen/caudate.

**Results**

All results are from the ECAT scanner. The images from the subjects with Parkinson’s disease showed marked putaminal loss of signal with a putamen/caudate ratio of 0.68 (SD 0.053) (figs 1 and 2). By contrast, the normal subjects had a homogeneous distribution of striatal radioactivity with a putamen/caudate ratio of 1.02 (SD 0.053). The MPTP parkinsonian subjects had varying degrees of loss of striatal signal with the most severe depletion in the clinically most affected patient (fig 1). The loss was always uniform; the putamen/caudate ratio was 1.01 (SD 0.050). The severely affected patient had a ratio of 0.98. The putamen/caudate ratios in the Parkinson’s disease group were significantly di- fferent from the MPTP exposed (p=1.9 E 10, unpaired, two tailed t test on the log of the ratios) and normal groups (p=2.03 E 8). There was no di- fference between the putamen/caudate ratios of the MPTP exposed and normal groups. In the MPTP exposed group, there was no significant correlation between the putamen/caudate ratio and the overall severity of the dopaminergic lesion, the MCS, or with the age of the subject. The asymmetry of the ratios expressed as a percentage of the subject’s uptake varied from 0–14% (mean 5%) in the MPTP exposed group. This was significantly less than the asymmetry in the Parkinson’s disease group, which varied from 2%-23% (mean 12%, p=0.016).
The mean age and mean Columbia scores of the Parkinson’s disease group were greater than those of the MPTP exposed group. Within the Parkinson’s disease group, however, there was no correlation between the putamen/caudate ratios and either the age or the Columbia score.

Discussion

We have shown that in human MPTP induced parkinsonism there is an equal loss of dopaminergic function from the caudate and putamen. This contrasts with the greater putaminal loss seen in Parkinson’s disease both in this study and other reports. Other forms of parkinsonism are associated with a uniform loss of striatal signal on FD PET. In particular, in progressive supranuclear palsy there is equal loss of caudate and putaminal signal, and progressive supranuclear palsy may be distinguished from Parkinson’s disease with a high degree of certainty on the basis of the pattern of striatal FD uptake. Cortical basal ganglionic degeneration and post-traumatic parkinsonism also have a uniform loss of striatal signal in PET studies. Multiple system atrophy has a variable pattern with both uniform loss and greater putaminal loss found with PET and pathological studies.

In non-human primates, there is no correlation between the putamen/caudate ratio and the neuronal loss in Parkinson’s disease. This finding indicates that Parkinson’s disease is not caused by transient MPTP exposure.

We thank the UBC/TRIUMF PET group, who helped with the PET scanning. This study was supported by the Medical Research Council of Canada, the National Parkinson Foundation, the Parkinson Foundation of Canada, the Movement Disorder Institute, Vancouver, and the Parkinson’s Institute, Sunnyvale California.


