Anticipation in familial amyotrophic lateral sclerosis with SOD1-G93S mutation

A myotrophic lateral sclerosis (ALS) is a neurodegenerative disease characterised by the degeneration of motor neurons in the spinal cord, brain stem, and motor cortex, resulting in paralysis of limb, bulbar, and respiratory muscles. About 10% of ALS show a familial trait, and up to 20% of familial ALS is caused by missense mutations of Cu/Zn superoxide dismutase (SOD1). More than 70 mutations have been reported, including a mutation hotspot at codon 93.1 Mice expressing human mutant SOD1 develop age dependent ALS-like neurological symptoms and pathological features of motor neuron degeneration and cytoplasmic inclusions consisting of mutant SOD1. Patients with SOD1 mutations represent divergent phenotypes, including age of onset, duration of disease, and clinical symptoms, mostly depending on the nature of SOD1 mutation. Acceleration of the age of onset in successive generations called anticipation has been reported in the missense mutations at codon 84 (L84F and L84V) in the family with SOD1 mutations in Japan, Switzerland, and Italy.2 We experienced anticipation of age at onset in Japanese families with SOD1-G93S mutation. In the families with the G93S mutation, age of onset became younger in the patients of successive generations, exhibiting anticipation (fig 1). We estimated the degree of anticipation of onset age in nine parent-offspring pairs from four Japanese families with G93S mutation of SOD1 (fig 1). The mean age of onset was 64.4 (SD 6.30) years in the parents, against 44.8 (SD 12.1) years in the offspring in the patients. The mean difference in age of onset in the parent-offspring pairs was 19.6 (SD 10.4) years in the G93S families, showing a statistical significance (p=0.0005 by paired t test and p=0.0077 by Wilcoxon test; fig 1). Thus, the age of onset accelerated in successive generations in the patients with G93S mutation. In addition, the duration of diseases with G93S mutation was slightly longer in the children than in the parents, although the difference was not significant (fig 1). Six amino acid substitutions (Ser [S], Val [V], Asp [D], Ala [A], Cys [C], and Arg [R]) have been known at glycine 93 of SOD1. Position 93 is located at the apex of a β hairpin joining two β strands of the SOD1 monomer, and it is critical for the stability of the backbone conformation of SOD1. These substitutions are all of the possible single base changes in codon 93, as the changes in the third position of the codon conserve its coding for glycine. However, the age of onset of patients with other mutations at codon 93 such as G93A mutation remained uniform.3 The patients with G93S mutation present a relatively late onset with a long clinical course, compared with those with G93A mutation; G93S v G93A: 51.9 (SD 14.9) and 43.1 (SD 16.6) years in onset age; and 7.1 (SD 3.1) and 2.4 (SD 1.4) years in disease duration.4 The present results imply that different amino acid substitution at codon 93 resulted in different phenotypes, but anticipation could be a unique feature in familial ALS with G93S mutation. It is still possible that anticipation is due to observer bias in that one does not know whether other offspring are going to get the disease later but are not affected at this stage. Although the mutation testing in all unaffected members is necessary to completely solve this issue, this is somewhat difficult because of ethical problems. At least the eldest sisters in families 1 and 3 (fig 1), who are alive without any symptoms over the age of onset of their parents, are shown to have no mutation of SOD1, further supporting the present view and alleviating the observer bias. Although anticipation has been reported in several neurodegenerative diseases, including most of the polyglutamine diseases, familial amyloidotic polyneuropathy (FAP) with V30M mutation of transthyretin and Creutzfeld-Jakob disease (CJD) with E200K mutation of prion, the molecular basis for anticipation is understood only in the polyglutamine diseases with instability of the target proteins in FAP and CJD, as well as in familial ALS, suggesting the presence of genetic background, which interacts with particular codon mutations. The G93S mutation was reported almost exclusively in Japan, whereas other glycine 93 mutations were demonstrated elsewhere. It would be of interest to compare our results with the G93S mutation in other countries. Factors that generate anticipation of the G93S mutation might be related to the ethnic genetic determinants in addition to the difference of amino acid substitution at position 93, exacerbating the conformational abnormality of mutant SOD1 between successive generations.

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Figure 1 Pedigrees and anticipation of familial ALS with SOD1-G93S mutation. The nine parent-offspring pairs in four families (A, B, C, and D) were subjected to statistical analysis. The left and right sided numbers indicate age at onset and years of disease duration. The probands are indicated by arrows. Age differences at disease onset and duration between the parent and offspring generation [E] are calculated for the four families including the family (D) data1 (reprinted from J Neurol Sci with permission from Elsevier Science), and expressed as mean (SD, SEM). *Paired t test; †Wilcoxon test.
Apolipoprotein E4 in the temporal variant of frontotemporal dementia

Although the apolipoprotein E4 (apoE4) allele has consistently been associated with Alzheimer’s disease and other types of dementia, its association with frontotemporal dementia (FTD) is controversial. After our report in 1997 of increased apoE4 allele frequencies in sporadic FTD and its effect on the age at onset,1 other studies of cases of FTD with pathological confirmation or tau mutations did not confirm this effect.2 However, recently it has been shown that semantic dementia, the temporal variant of FTD, is associated with higher frequencies of the apoE4 allele.3 Therefore, we have genotyped apoE in our expanded FTD patient population and have assessed whether patients with predominance of temporal atrophy have higher frequencies of the apoE4 allele.

Patients were ascertained through a clinic-coepidemiological survey of patients with FTD in The Netherlands.4 We identified 111 patients with the diagnosis of probable FTD, established according to the Lund and Manchester criteria. Thirteen of the patients had an autosomal dominant form (defined as at least three affected family members in two generations) of FTD, with tau mutations identified in 10 (P301L, G272V, R406W, and R406Q) in the overall group, nor in the subgroup.

Our results show that the apoE4 allele frequency is increased in patients with the temporal variant of FTD compared with non-demented controls. Through a biological hypothesis justifying such an association is still lacking, the effect of the apoE4 allele on the age at onset of temporal atrophy compared with frontotemporal atrophy has been observed in patients with Alzheimer’s disease.5 To verify the association between the apoE4 allele and the temporal variant of FTD, a large study with pathological confirmation of the clinical diagnosis of FTD is required to exclude admixture of patients with Alzheimer’s disease. However, in all 17 patients who were necropsied in our series, including five patients with temporal lobe atrophy, the clinical diagnosis was neuropathologically confirmed. This shows that the clinical criteria according to the Lund and Manchester groups, when combined with neuromaging and psychometric evaluation, are highly accurate. We conclude that the association we previously found between the apoE4 allele and sporadic FTD may be due to a selective increase of this allele in patients with the temporal variant of FTD.

Transferrin C2 allele, haemochromatosis gene mutations, and risk for Alzheimer’s disease

Alzheimer’s disease is a neurodegenerative disease characterised pathologically by the presence of neurofibrillary tangles, senile plaques, and selective loss of neurons. Numerous hypotheses have been suggested for the aetiology and pathogenesis of Alzheimer’s disease and one that has gained considerable

### Table 1 Frequency of apoE genotypes and E4 alleles in different groups

<table>
<thead>
<tr>
<th>Group</th>
<th>Genotype†</th>
<th>Alleles</th>
<th>E4/E4</th>
<th>E4/E3</th>
<th>E4/E2</th>
<th>E4/No E4</th>
<th>E4</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-demented controls</td>
<td>561</td>
<td>2.3%</td>
<td>26.0%</td>
<td>71.7%</td>
<td>15.3</td>
<td>Reference</td>
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<td></td>
</tr>
<tr>
<td>Sporadic FTD</td>
<td>98</td>
<td>6.1%</td>
<td>31.6%</td>
<td>62.3%</td>
<td>21.9</td>
<td>0.02</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Temporal lobe atrophy</td>
<td>33</td>
<td>9.7%</td>
<td>38.7%</td>
<td>51.6%</td>
<td>21.9</td>
<td>0.004</td>
<td></td>
<td></td>
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<tr>
<td>Frontal lobe atrophy</td>
<td>67</td>
<td>4.5%</td>
<td>28.4%</td>
<td>67.1%</td>
<td>18.7</td>
<td>0.3</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

†E4/E4, E4 homozygotes; E4/E3, E4 heterozygotes; No E4, all other genotypes.

### References

attention is the disruption of the brain iron metabolism in Alzheimer's disease that could lead to an oxidative stress and neuronal damage. An increased iron deposition has been found in the Alzheimer's disease brain, especially in the regions containing more senile plaques and neurofibrillary tangles. Tissue iron can promote oxidative damage through an increase of free radical formation that can lead to subsequent oxidative stress. Among genetic risk factors associated with Alzheimer's disease, the APOE genotype is the major genetic risk factor for sporadic and familial late onset disease. Recently, two genetic risk factors involved in iron metabolism have been associated with an increased risk for Alzheimer's disease. The first one is the allele C2 of the transferrin (Tf) gene, an iron transporting protein detected in senile plaques. In another study performed on a small group of patients, mutations in the haemochromatosis associated gene (HFE) were overrepresented in Alzheimer's disease compared with controls. We postulated that if these genetic defects in iron metabolism were indeed involved in the pathogenesis of Alzheimer's disease they should be detected in independent populations. Thus, in the present work we tested whether the C2 allele of the Tf gene or the two common HFE mutations were involved in the pathogenesis or were a disease modifying factor in our Alzheimer's disease population.

We included in this study 108 patients with Alzheimer's disease (80 woman) recruited from both community (n=37) and clinic (n=71) sources. The control sample consisted of 110 unrelated subjects (68 woman) recruited from both community (n=44) and clinic sources (n=66). All control subjects underwent a complete neurological and neuropsychological examination to exclude medical illness and cognitive impairment. All patients were fully evaluated and met the conventional NINCDS-ADRA criteria for probable Alzheimer's disease. After informed consent a blood sample was obtained from patients and controls.

The Tf polymorphism (codon 570) was determined after polymerase chain reaction (PCR) amplification using the mismatched sense primer 3'-GCTGTGCCTT GATGGTACC and antisense primer 5'-GGG CGGA AGTCTCTATCT-3' as described. The product was digested with BstEII, separated in a 6% polyacrylamide gel, and stained with silver nitrate. After digestion the C1 allele was converted to a 89 bp fragment while the C2 allele remained 110 bp long. We also genotyped the two common mutations (H63D and C282Y) involved in hereditary haemochromatosis, APOE genotyping was performed through PCR amplification and HhaI restriction enzyme digestion. Allelic and genotypic distributions were analyzed by the χ² test with the SPSS (version 10.0) statistical package.

Mean age for patients and controls was 78.8 (range 61 to 93) and 73.6 years (range 45 to 92) respectively. Both populations were in Hardy-Weinberg equilibrium for all the polymorphisms. The HFE mutation frequencies in the control group was consistent with the frequency of the Spanish population. The frequencies were not affected by the presence of the Tf C2 allele, and C282Y and H63D genotypes among patients with Alzheimer's disease and controls is given in Table 1. We did not find associations between Tf C2 allele, H63D, and C282Y mutation frequencies and Alzheimer's disease. Stratification for sex yielded a trend toward an increase in the H63D mutation frequency among male patients with Alzheimer's disease (53.6%) compared with male controls (33.3%, p=0.09). Stratification for age or APOE status did not yield any significant difference. As expected APOE e4 was increased in the group of patients (47.2% at least one e4 allele) compared with controls (11.8%, p<0.0001).

In this study we did not find any significant association between the Tf C2 allele or the two common mutations in the HFE gene (H63D and C282Y) and Alzheimer's disease. However, this is by contrast with several studies that have indicated that there is a disruption of brain iron metabolism in Alzheimer's disease. The two common mutations in Alzheimer's disease, especially in regions containing abundant neurofibrillary tangles and senile plaques such as the hippocampus and amygdala. In particular, selective accumulation of iron has been found within the neurofibrillary tangles and senile plaques in the Alzheimer's disease brain. It is of interest that iron is specifically localised to cells surrounding senile plaques, which contain abundant iron binding proteins. Thus, the accumulation of iron in the Alzheimer's disease brain and the growing reports implicating oxidative stress, lead us to hypothesise that genetic factors involved in iron metabolism, such as the C2 allele of Tf gene and HFE mutations, could act as a risk factor for the disease. In fact, the C2 allele of the transferrin gene has been associated with an increased risk for Alzheimer's disease in some studies. Furthermore, the two mutations of the HFE gene involved in hereditary haemochromatosis, have also been associated with an increased risk for other diseases, such as dialated cardiomyopathy, myocardial infarction, and type 2 diabetes, which are common complications of iron overload. There is only one study assessing HFE mutations in Alzheimer's disease. In this study, which was performed in 26 patients with familial Alzheimer's disease, HFE mutations were overrepresented in the group of patients compared with controls.

However, our study is the first assessing HFE mutations in Alzheimer's disease using a large sample. Based on our results neither the C2 allele of the Tf gene nor the HFE mutations were associated with an increased risk for Alzheimer's disease. Thus, the effect of the C2 allele of the Tf gene seems to be lower than previously reported. However, our study can not address the influence of these genetic factors on iron deposition. Resolving this point deserves further studies evaluating iron quantification in vivo using MRI or at neuropathological examination.

Acknowledgements

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References


REM sleep behaviour disorder associated with a neuromina of the left pontocerebellar angle

REM sleep behaviour disorder (RBD) is a type of parasomnia described by Schenck et al. It is manifested by vigorous body movements, vocalisation, and sometimes injurious behaviour occurring during vivid and violent dreams. Polysomnographic recordings show abnormal abolition of the generalised muscle atonia that occurs during REM sleep, and concurrent bursts of muscle twitching in the

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absence of epileptic activity. There is experimental evidence that the area of the brain stem, and especially the pontine tegmentum, is involved in the pathogenesis of the disorder. We report a patient who presented with RBD and was diagnosed and treated for a brain stem neurinoma.

The patient is a 59 year old man, an ex-sailor, who was referred to our clinic because of vivid dreams accompanied by violent behaviour during sleep. He described dreams during which he was trying to defend himself while he was threatened by strangers or attacked by animals. Enacting his dreams, he swore at his enemies, and punched and kicked his bed partner. He had repeatedly injured himself crashing into objects or falling out of bed. This aberrant behaviour had been recurring nightly over a period of six years. One year before the onset of his sleep disturbance, he had noticed impaired hearing on the left, which gradually progressed to almost complete left sided deafness.

On admission, neurological examination was unremarkable except for deafness on the left side. Routine laboratory work-up including a full blood count, electrolytes, immunoglobulins, ANA, ds-DNA, and renal, hepatic, and thyroid tests was normal. Blood glucose was 7.65 mmol/l and serum VDRL was 2+. Brain stem auditory evoked potentials showed a mild delay of waves III-V on the left compared with the right (2.35 ms and 1.96 ms, respectively). The electroencephalogram, including 24 hour EEG monitoring, was within normal limits. Psychiatric and neuropsychological evaluations did not reveal any major psychopathology. Magnetic resonance imaging (MRI) of the brain revealed a 2.3 cm tumour in the left pontocerebellar angle compatible with a neurinoma (fig 1). Cerebrospinal fluid examination showed four white blood cells, an increased protein of 78 mg/dl (normal range 15-45), FTA-Abs 4+, FTA-Abs IgM negative, IgG 4+ and TPHA positive in a dilution of 1:640. Because the patient had never been treated for syphilis, which presumably had been latent for an unknown period of time, 30 million units of a penicillin G were given daily intravenously for 10 days. A polysomnogram coupled with videotaping was performed during the night for eight hours to evaluate the patient's sleep disorder. This showed lack of muscle atonia during most REM periods and bursts of muscle twitching of the arms and legs recorded electromyographically, in the absence of epileptic activity. These polysomnographic findings, along with the videotaped body movements, were considered pathognomonic of RBD.

The RBD was initially treated symptomatically with 1 mg clonazepam at bedtime. This resulted in a remarkable clinical improvement, beginning on the third day of treatment. About three weeks later, the tumour was surgically removed and the diagnosis of neurinoma was confirmed histologically. Following surgery, RBD manifestations completely disappeared. Subsequently, clonazepam was gradually discontinued over a one month period. At a six month follow up, the patient reported no aberrant behaviour during sleep.

The syndrome of RBD can be idiopathic or it can be a symptom of various neurological diseases. It usually affects middle aged men. Cases of symptomatic RBD are most often associated with Parkinson's disease, multiple system atrophy, primary dementia, olivopontocerebellar degeneration, and Lewy body dementia. In some of these conditions, RBD may precede other symptoms by years. To our knowledge, there has only been one previous mention of RBD being associated with tumours of the brain stem. Our patient had a neurinoma of the left pontocerebellar angle which obviously caused his typical RBD episodes by interfering with the brain stem neuronal circuitry. As this circuitry extends bilaterally, the lesion must have affected the pontine region on both sides to cause RBD, perhaps through local oedema.

An unexpected finding in our patient was his latent syphilis, which raised the possibility of an alternative cause for RBD. Syphilis could have affected the brain stem network involved in the pathogenesis of RBD. However, we ruled out this possibility for the following reasons: first, the patient did not present with active infection, as indicated by the relevant serological and CSF findings (negative FTA-Abs IgM antibodies); second, he did not have any obvious residual clinical signs or symptoms of CNS syphilis; third, his RBD had remained relatively stable over the previous six years; moreover, the development of the tumour obviously preceded the occurrence of the abnormal sleep behaviour by at least a year, as evidenced by the presence of impaired hearing since that time; and finally, the complete remission of RBD following surgical removal of the neurinoma and the absence of any relapse during a six month follow up provides direct evidence for the aetiological association between the two conditions.

In conclusion, RBD may be symptomatic of an underlying brain stem tumour. Thus clinicians should consider the possibility of structural brain stem lesions whenever aberrant behaviour during sleep is present, even in the absence of other prominent neurological signs. A polysomnographic recording in conjunction with brain imaging studies should be performed to investigate the possibility of the coexistence of a brain tumour and RBD. Should that be the case, neurosurgical treatment is clearly indicated.

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References
Mexiteline on segmental hyperhidrosis

Ishibashi et al. reported the excellent efficacy of mexiletine for the treatment of segmental hyperhidrosis in two patients (who had syringomyelia and cavernous haemangioma of the spinal cord, respectively). They presented the decrement in the patients’ sweat rate by oral administration of mexiletine.

Previously we performed a clinical study focusing on sweating and identified 10 patients with segmental hyperhidrosis among 30 patients with syringomyelia. We followed up the patients with hyperhidrosis for 1–10 (mean 5.0) years. The amount of sweating did not change in any of them during the follow up period, although we did not perform a quantitative analysis. Consequently, we speculated that hyperhidrosis persists for at least a year. It is possible that the course of the disease in the cases reported by Ishibashi et al. were modified by the growth or activity of spinal cord lesions. We consider it imperative that these authors describe any spinal cord lesions and how they may have shifted. However, although they did not mention the duration and time courses of the improvement in their patients, we suppose that the duration of the follow up for each patient would not have exceeded several months, judging from how the authors described their experience. In addition, even though they did not test the effects of mexiletine on control subjects or on other parts of the body in the same patients, we can be assured that the improvement in hyperhidrosis was due to the oral administration of mexiletine, on the assumption that the spinal cord tumour could not have changed in such a short time. We consider that it would be informative for clinicians if Ishibashi et al. were to disclose the drug dosage and the time course of its effects and to describe the features of the spinal cord lesions.

We administered 200 mg/day mexiletine or 400 mg/day carbamazepine to our patients. Both patients noticed their hyperhidrosis was relieved within two days after administration. Although we did not perform a quantitative analysis several months after treatment, the clinical improvement of hyperhidrosis persisted. In addition, the magnetic resonance images of spinal cord lesions (syringomyelia and cavernous haemangioma) in both patients were followed up for two years. During the follow up period, the spinal cord lesions did not change their size, position, and intensity on magnetic resonance imaging. Therefore, the natural course of the spinal cord lesions could not explain the improvement of hyperhidrosis during the treatment and quantitative analysis in our patients.

The sweat rate of the area of observed hyperhidrosis was decreased without a change of the ratio of the sweat rate on the healthy side after oral administration of mexiletine. We calculated the ratio of the sweat rate on the affected side to that on the healthy side—the ratio was 2.13 before treatment and decreased to 0.97 on day 7 after the treatment. We therefore consider that the mexiletine had an excellent effect on only the area with hyperhidrosis. Although we did not test the effects of mexiletine on control subjects, we think that the result on a healthy side of each patient was an appropriate internal control for the evaluation of the drug’s effect on hyperhidrosis.

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Patent foramen ovale, cerebrovascular risk, and complement

Nedeltchev et al. report that the presence of a patent foramen ovale (PFO) is a significant risk factor for recurrent cerebrovascular events, the risk being higher in patients with more than one previous embolic event. They highlight the absence of a current proven medical treatment or prevention regimen. Cardiac right to left shunting is present in a quarter of the population. It is thus worth drawing attention to a particular subgroup of patients with PFO that may be at an even more increased risk than the authors report—sport divers, most of whom fall within the age range of the above study.

Neurological sequelae constitute 80% of decompression sickness. Not only has neuroimaging shown an increased cerebral brain ischaemic lesion in divers, but also multiple such ischaemic lesions have been found specifically in sport divers with PFO. While PFO may be a risk factor that necessitates habit modification, often the radiological lesions do not correspond well to the neurological deficits of experienced divers.

This point, coupled with the increased risk of arteriovenous fistulae and the paradoxical nature of bubble genesis, suggest that a PFO is a risk factor in this subgroup for the development of neurovascular disease. Unknown is the added risk with age that remains to former divers. A poorly understood mechanism of bubble induced complement activation in the pathogenesis of the neurological sequelae in decompression sickness has been suggested. Similarity of such symptoms to the postcorony bypass syndrome (support in hope) to complement based neuroprotective strategy options for the future.

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References

Authors’ reply

We thank Dr Demetriades for his comments on our study. While the average person with a patent foramen ovale (PFO) may not be at increased risk for neurological events, there seem to be subgroups of patients at increased risk. PFOs with large diameters, right to left shunting at rest, or high membrane mobility and PFOs associated with atrial septal aneurysms have been identified as “dangerous PFOs” by several investigators. In addition, coagulation abnormalities may promote paradoxical embolism in patients with PFO. To this list, Dr Demetriades adds special occupations or sports that may be dangerous in people with PFOs, specifically divers. Playing wind instruments has also been mentioned previously. However, many problems related to PFO remain unresolved. Even in groups that are believed to be at high risk for neurological events, deciding whether and how to treat a PFO cannot be derived from evidence based medicine. Deciding how to proceed depends on the opinion of the attending physician and is not based on data from randomized studies.

The PICSS (PFO in cryptogenic stroke study) showed that secondary prevention of cryptogenic stroke in patients with PFO by using warfarin or aspirin does not result in any difference. The PC-trial is an ongoing randomised trial we initiated to compare

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References

Authors’ reply

We are grateful Sudo et al, as they allow us to clarify our point of view that was not discussed in the paper recently published in this journal. They asked about the possibility of natural remission and the non-specific effect of mexiletine on sweating.
Demyelination in the brain as a paraneoplastic disorder: candidates include some cases of seminoma and central nervous system lymphoma

We read with interest the report of Ayuso-Peralta et al., which describes a 58 year old woman who presented with several neurological symptoms. Brain imaging was consistent with leukoencephalopathy, and analysis of blood and cerebral spinal fluid was unrevealing. A few months later the patient experienced further neurological deterioration and an open brain biopsy showed central nervous system (CNS) lymphoma, together with diffuse demyelination.

The authors observed that the presentation of cerebral lymphoma as a diffuse leukoencephalopathy is not frequent and they discuss possible aetiologies of the predominant demyelination in their case. They do not mention the possibility of a paraneoplastic aetiology.

The authors reference a similar case previously reported in the Journal. That report also does not acknowledge a possible paraneoplastic aetiology for diffuse brain demyelination preceding the discovery of CNS lymphoma. Two other recent reports in the Journal described focal tumour-like lesions of demyelination confined to cerebral white matter. Two other reports elsewhere have described biopsy confirmation of large focal demyelinating lesions in the brain associated with seminoma. Of these three reports all strongly considered the possibility of a paraneoplastic aetiology for brain demyelination associated with seminoma, probably because the temporal association was close and the spatial association demonstrated.

The associations between brain demyelination and CNS lymphoma have been close, both temporally and spatially, making considerations of aetiology more complex. Taken together, the seminoma reports and the CNS lymphoma reports have many similarities in their patterns of associated brain demyelination, raising the possibility of similar mechanisms. Many questions concerning aetiology remain unanswered. Given the information available, we suspect a paraneoplastic aetiology in all of these cases. We feel that future reports of brain demyelination associated with CNS lymphoma should consider this possibility in their data collection and in their discussion of results.

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References

Genotype predisposition to leukoaraiosis

Leukoaraiosis, which can cause symptoms ranging from a mild cognitive impairment to severe subcortical dementia, is a significant public health problem. One quarter of subjects aged 65 years or over are affected by some degree of leukoaraiosis. The ACE D/D genotype proved to be the most significant risk factor. A number of genetic susceptibility factors for leukoaraiosis have been put forward, with the assumption of polygenic aetiology. We were pleased to read the excellent article by Hassan et al in this journal. The authors stated that the angiotensin converting enzyme insertion/deletion (ACE I/D) polymorphism in D/D genotype was an independent predictor for leukoaraiosis in patients presenting with classic lacunar syndromes. We earlier conducted large prospective studies in which we also examined the importance of the ACE D allele and other common mutations in the development of small vessel infarction and leukoaraiosis. Our results were consistent with the findings of Hassan et al and support their results from several other aspects. (1) Our stoke study confirmed the genetic heterogeneity of ischaemic stroke in that the ACE D/D genotype proved a significant susceptibility genotype for small vessel brain infarction, as did the Leiden V mutation for large brain infarction. (2) In our leukoaraiosis study, the ACE D/D genotype was found to be a significant risk factor for leukoaraiosis in combination with brain infarction. (3) We also reported that clustering of the homozygous MTHFR 677TT and ACE D/D genotypes in one person can mean a moderate (about fivefold) risk, but highly significant (p<0.0005) risk of leukoaraiosis without infarction. These data from our approaches reconfirm the possible aetiological role of the ACE D/D genotype in leukoaraiosis relating to small vessel brain disease. The genotype differences may explain why some patients who are exposed to clinical risk factors such as hypertension, exhibit a much higher susceptibility to leukoaraiosis than other subjects with the same clinical risk factors. Besides the classic clinical risk factors, the consistently growing knowledge of the genetic background of leukoaraiosis may permit the recognition of a large population at high risk of a new type of white matter damage, and hence this may lead to a more effective prevention.

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References
Neurochemistry of consciousness: neurotransmitters in mind


Consciousness is a portmanteau word, full of rich and different meanings: contrast Marxism, Freudian, and anaesthetists’ use of the term. In recent years it has also become a fashionable hunting ground for neuroscientists, who are rarely troubled by such complexities. For them, consciousness is being awake rather than asleep, being reducible to awareness. Sweeping aside centuries of philosophical debate, they ponder over whether “it” resides in specific anatomical brain structures, in microtubules, in patterns of neurotransmitters, hence the subtitle. However, the concern with “mind” ceases at that point; this elusive phenomenon finds no place in the book’s index. The central question for the editors is whether the acetylcholine or the dopaminergic system is the likely substrate for conscious awareness. This reductionism characterises most of the chapters. That on memory, for instance, abandons even animal memory for a discussion of a physiological phenomenon called long term potentiation, and even the psychoanalyst Mark Solms, on dreams, who surely ought to have a broader perspective, confines himself to contrasting cholinergic and dopaminergic hypotheses. However, the authors are clearly writing to an editorial brief: each chapter, in a book ranging from discussions of attention and motivation through psychotropic drug mechanisms to mental retardation and autism, following a brief nod to marginally progressive MS. Their contributions summarise the disease ranging from epidemiology and genetics to pathology and treatments. It is unusual, therefore, to find a lacuna in this niche but this book seems to have found one.

Primary progressive multiple sclerosis


The field of multiple sclerosis (MS) is awash with literature on every aspect of the disease ranging from epidemiology and genetics to pathology and treatments. It is unusual, therefore, to find a lacuna in this niche but this book seems to have found one.

Primary progressive multiple sclerosis is written to encapsulate the latest evidence on aspects of this condition, which until recently was not regarded as important in understanding demyelinating disease. Filippi and Comi have brought together all the important players in the study of primary progressive MS. Their contributions summarise the latest information on the epidemiology, genetics, immunology, pathology, imaging, and clinical trials and therapies in primary progressive MS. This book is meant to be a useful guide to the subject and does not profess to be an authoritative account. However, it occasionally is a little too brief in its explanations and definitely lacks pictures, tables, and diagrams in the early parts of the book. This makes it a rather bland and dry account initially. When the diagrams and scanned images do appear in the latter parts of the book, many of them lack definition and it is not always easy to see the details that are being referred to.

Valerie Stevenson

Multiple sclerosis: a guide for the newly diagnosed, 2nd edn


This book is an invaluable guide for patients with multiple sclerosis (MS), as well as their friends and families. The fact that a second edition has become necessary is extremely encouraging for those involved with MS and highlights the recent therapeutic advances for this still devastating diagnosis. Most people who develop MS are desperate for information about their new disease and many turn to the internet to find this. Unfortunately, they are then faced with misleading or simply incorrect information, which can leave patients confused or disillusioned.

The authors present detailed information in the first two chapters covering the pathological processes causing the symptoms of MS and the diagnostic tests in use. Uncertainties in both these fields are explained. The next two chapters deal with treatments, including conventional and alternative or complementary therapies; the text is clear about the lack of a cure for MS but discusses all the options including steroids for acute attacks, disease modifying drugs, and symptomatic treatments. There is a whole chapter on the important issues of lifestyle—diet, rest, sexual function, pregnancy, etc—that help patients to control their condition. A further chapter concentrates on the psychological impact of a diagnosis of MS and its effect on relationships. Employment issues are deservedly dealt with on their own, with practical advice on when and how to disclose the diagnosis and the legal implications of disclosure both at work and on application forms such as those for health and life insurance.

The latter part of the book deals with clinical and research trials in MS that will help patients to understand how trials are designed and why treatments are offered to patients with specific disease types. The many fields in which MS research is ongoing are described and the questions being asked by investigators are well presented.

The book ends with more practical advice on how to get further information about specific topics; however, this is predominantly aimed at the North American readership with specific topics; however, this is predominantly aimed at the North American readership with emphasis on the MS societies of the United States and Canada.

In summary, this is an excellent book, which presents all the facts in a straightforward but sympathetic way. As well as the medical facts about the disease, it is full of practical advice covering all life topics, areas that are often neglected by busy physicians. It is highly recommended to all those whose lives have been affected by this disease.
Disordered mind and brain: the neural basis of mental symptoms


The premise of this book is that the key to understanding the neural basis of the major mental disorders is an understanding of the origin of five symptom clusters or dimensions common to these disorders. These are reality distortion (hallucinations and delusions); disorganisation (of thought and behaviour); psychomotor poverty and excitation; depression and elation; and anxiety. Thus, there are five chapters each devoted to a description of a specific dimension and an exposition of how it is correlated with cognitive abnormalities derived from the dysfunction of specific neural processes.

These central chapters are preceded by five chapters describing the neuroscience of brain systems thought to be involved in generating the various symptom clusters. These are brief and the literature reviews are in no way comprehensive. Nevertheless, they serve the purpose of informing the reader of the basic neuroanatomical and neurophysiological concepts that underpin Professor Liddle’s approach to understanding mental illness.

The final four chapters summarise the current evidence regarding the neurobiology of schizophrenia, bipolar affective disorder, obsessive compulsive disorder, and psychopathy.

Each ends with a synthesis that integrates this with the previous account of how the symptom clusters arise.

The explanatory power of Professor Liddle’s thesis concerning the neural basis of mental symptoms is stronger for some symptom dimensions, such as reality distortion, than others, such as distortion. But it is the general unifying approach that is the major strength of this book—the detail will certainly be honed over the next decade. Another strength is that this is a self contained book! It assumes no neuroscientific or medical knowledge other than the most basic. There are many excellent colour illustrations. Therefore, this book can be highly recommended to anybody interested in the disordered mind and brain.

Eileen Joyce

CORRECTIONS


Due to the style used in house for listing authors affiliations in the Letters section of the journal, the author’s names have been incorrectly listed. The correct order should read as follows:


Aarsland D et al. Donepezil for cognitive impairment in Parkinson’s disease: a randomised controlled study. J Neurol Neurosurg Psychiatry 2002;72:708–12. An error occurred in the production process in which the codes of the two lines were erroneously interchanged. The correct figure appears below:

Figure 2 Change in mini mental state examination (MMSE) score from baseline over the two treatment sequences. Values are mean (SE).

This also applies to: