Isolated middle cerebral artery disease: clinical and neuroradiological features depending on the pathogenesis

P H Lee, S H Oh, O Y Bang, I S Joo, K Huh

Background: Isolated atherosclerotic middle cerebral artery (MCA) disease is often difficult to differentiate from cardioembolic disease if intracranial atherosclerosis coexists with cardiac disease.

Objectives: To evaluate whether clinical and neuroradiological features of isolated MCA disease differ according to the underlying aetiology.

Methods: Isolated MCA disease was defined as a unilateral angiographically occlusive lesion of the MCA on the symptomatic side without lesions of other intracranial or extracranial vessels. Patients with isolated MCA disease were divided into atherosclerotic and potentially cardioembolic, and the clinical, laboratory, and neuroradiological data analysed.

Results: Among the 850 consecutive patients with acute ischaemic stroke or transient ischaemic attack, 107 (12.6%) met the criteria for isolated MCA disease (76 with atherosclerotic disease and 31 with a potential source of cardiac embolism). Total anterior circulation infarcts were more common and baseline NIHSS score was higher in potentially embolic occlusions than in atherosclerotic disease (each p<0.001).

While cortical infarcts and territorial infarcts were more common in the potential embolism group (p=0.028 and p<0.001, respectively), subcortical border zone infarcts were more common in the atherosclerotic group (p<0.001). Multiple regression analysis showed that border zone infarcts and mild stroke were independently associated with atherosclerotic MCA disease, while territorial and cortical infarcts were associated with potential cardiac embolic disease.

Conclusions: Clinical and neuroradiological characteristics can differentiate isolated atherosclerotic MCA disease from MCA disease associated with potential sources of cardiac embolism, and may reflect the differences in underlying pathogenesis.
infarcts regardless of their size or the clinical presentation of lacunes. Potential sources of cardiogenic embolism were as follows: recent myocardial infarction (less than three weeks before), known atrial fibrillation with or without mural thrombus, mitral stenosis or prosthetic valve, dilated cardiomyopathy, sick sinus syndrome, and acute bacterial endocarditis. For the sake of an exact aetiological classification, patients who did not have a full workup or those who had two or more aetiologies were excluded from the study. We also excluded patients with bilateral isolated MCA stenosis exceeding 50% (n = 18).

Magnetic resonance imaging (MRI) was done within one week of the onset of symptoms (mean 2.5 days; range 1 to 7). We undertook a comparative analysis to determine whether the clinical and radiological features of atherosclerotic MCA disease could be distinguished from those of MCA disease with a potential source of cardiac embolism.

We reviewed the medical history, neurological examination findings, and laboratory test results. According to the clinical stroke syndrome, we divided patients into lacunar, partial anterior circulation, and total anterior circulation infarcts. Hypertension was identified as follows: outpatient diastolic blood pressure >90 mm Hg, or diastolic blood pressure >95 mm Hg on admission;

diabetes mellitus: use of oral hypoglycaemic agents or glycosylated haemoglobin >6.4%;

hypercholesterolaemia: use of anti-hyperlipidaemic agents or serum cholesterol level >220 mg/dl;

smoking: any cigarette usage within the 28 days preceding

The vascular risk factors were identified as follows:

hypertension: use of antihypertensive agents, or systolic blood pressure >160 mm Hg, or diastolic blood pressure >95 mm Hg on admission;

diabetes mellitus: use of oral hypoglycaemic agents or glycosylated haemoglobin >6.4%;

hypercholesterolaemia: use of antihyperlipidaemic agents or serum cholesterol level >220 mg/dl;

smoking: any cigarette usage within the 28 days preceding

All patients underwent DWI. MRA was done on a 1.5 T machine (GE, Signa, Advantage). The diagnosis of infarcts on the MCA territory was made with the use of previously published templates (fig 1). MCA lesions on DWI were individually classified as subcortical, cortical (involvement of only one M2 branch of MCA), and territorial infarcts (involvement of more than one M2 branch of the MCA or MCA stem involvement). According to the topographical classification suggested by Bogousslavsky and Regli, subcortical infarcts were further subdivided into deep perforator (DP), border zone including either internal or external border zone infarcts, superficial perforator (SP), and combined subcortical (CS) infarcts. Using DWI, we also analysed spotty lesions in the cortical region concomitantly. Haemorrhagic transformation was assessed using baseline computed tomography (CT), with further CT or MRI within one week after symptom onset. Any areas of heterogeneous or homogenous hypointense signal within the infarct area on T2 weighted imaging or DWI, and heterogeneous or homogeneous high signal on non-contrast CT were defined as haemorrhagic transformation.

In addition, we recruited patients with acute MCA infarcts on DWI who had a potential source of cardioembolism without an occlusive MCA lesion on MRA, to determine whether the clinical and radiological features of MCA disease with a potential source of cardiac embolism could be distinguished from those of recanalised cardioembolic MCA infarcts. These patients were selected from the same study pool of isolated MCA disease and were defined as cases of potential cardioembolism without MCA disease.

We measured M1 stenosis on MRA or TFCA by previously suggested methods. The M1 stenosis was calculated according to the residual lumen diameter measured at the site of maximum narrowing and the diameter of the adjacent normal vessel, from which the percentage stenosis was calculated. The degree of stenosis was graded as follows: low degree of stenosis (50–74%); high degree of stenosis (75–99%); and occlusion. These measurements were made independently by two of us (LPF and OSH), using a hand held caliper; an acceptable level of interobserver agreement in interpreting angiographic stenosis was observed (κ = 0.853). Because of poor visualisation of the lenticulostriatal artery on MRA, the location of MCA disease was roughly divided into proximal and distal halves of M1.

Statistics

Statistical analyses were undertaken using a commercially available software package (SPSS, version 10.0). We used χ² and t tests to compare clinical features and stroke subtype with respect to aetiology when the variables were categorical and continuous, respectively. Variables were considered for multivariate analysis if they had a probability (p) value of <0.1 in univariate analysis. Logistic regression analysis using the backward stepwise method was applied to look for independent predictors of atherosclerotic MCA disease and MCA occlusion with a potential source of cardiac embolism. Independent variables were sex, age, risk factors, mild stroke (NIHSS score <6), severe stroke (NIHSS score >6), stroke syndrome, and neuroradiological topography. Results are given as odds ratios (OR) as estimates of relative risk with 95% confidence intervals (CI). A p value of less than 0.05 was used to determine a statistically significant difference.

RESULTS

Among the 850 consecutive patients with acute ischaemic stroke or transient ischaemic attacks, 107 (12.6%) met the criteria for isolated MCA disease. Among these 107 patients, 76 were classified as atherosclerotic and 31 as potentially cardioembolic. Of the latter, 20 had atrial fibrillation, five had valvar heart disease, three had recent myocardial infarction, two had dilated cardiomyopathy, and one had sick sinus syndrome. Details of the clinical features in the two groups are given in table 1. Twelve patients with atherosclerotic MCA disease (15.8%) and one with potentially cardioembolic MCA disease (3.2%) presented with a clinical diagnosis of transient ischaemic attacks (TIA).

Clinically, while total anterior circulation infarcts were more common in the potential cardiac embolism group (p<0.001), lacunar and partial anterior circulation infarcts were more often observed in the atherosclerotic group (p = 0.012 and 0.004, respectively). Patients with atherosclerotic MCA disease were younger (p = 0.006) and more often had hypertension and diabetes (p = 0.024 and 0.038, respectively) than patients with MCA disease with a potential source of cardiac embolism. Serum triglyceride was higher in the atherosclerotic group than in the potential embolism group (mean (SD): 2.00 (1.92) v 1.15 (0.55) mmol/l, p = 0.002). The degree of the initial neurological deficit, defined as baseline NIHSS score, was more severe in the potential embolism group than in the atherosclerotic group (mean (SD): 9.7 (4.7) v 4.6 (3.9), p<0.001). The potential embolism group arrived more rapidly at hospital and more often presented with a sudden onset of stroke than the atherosclerotic group (p = 0.002 and 0.001, respectively). No significant differences in sex, smoking, or other laboratory data (initial glucose, total cholesterol, low density lipoprotein cholesterol, high density lipoprotein cholesterol, packed cell volume) were detected between the two groups.

TFCA was done in 22 patients with atherosclerotic MCA disease (five with low degree stenosis, 10 with high degree stenosis, and seven with occlusion) and in three patients with potentially cardioembolic MCA disease (all had MCA occlusions). No patients with potentially cardioembolic MCA
**Figure 1**  Definition of topographic patterns using diffusion weighted magnetic resonance imaging. Territorial infarcts (A) showing involvement of more than one M2 branch of the middle cerebral artery (MCA), or MCA stem involvement and cortical infarcts (B), showing involvement of only one M2 branch of the MCA. Subcortical infarcts (C) are subdivided into deep perforator (DP) infarcts, border zone infarcts including either internal (IB) or external border zone (EB) infarcts, and superficial perforator (SP) infarcts.

### Table 1  Demographic features of patients with middle cerebral artery occlusions

<table>
<thead>
<tr>
<th>Variable</th>
<th>AS-MCA (n = 76)</th>
<th>p Value</th>
<th>PSCE-MCA (n = 31)</th>
<th>p Value</th>
<th>PSCE without MCA (n = 30)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male sex</td>
<td></td>
<td>NS</td>
<td></td>
<td>NS</td>
<td></td>
</tr>
<tr>
<td>Age (years)*</td>
<td>58 (13)</td>
<td>0.006†</td>
<td>66 (14)</td>
<td>NS</td>
<td>64 (11)</td>
</tr>
<tr>
<td>Risk factors</td>
<td></td>
<td></td>
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<tr>
<td>Hypertension</td>
<td>51 (61.8)</td>
<td>0.024†</td>
<td>13 (43.3)</td>
<td>NS</td>
<td>12 (40.0)</td>
</tr>
<tr>
<td>Diabetes</td>
<td>25 (33.3)</td>
<td>0.038‡</td>
<td>4 (13.3)</td>
<td>NS</td>
<td>5 (16.7)</td>
</tr>
<tr>
<td>Smoking</td>
<td>23 (35.9)</td>
<td>NS</td>
<td>9 (30.0)</td>
<td>NS</td>
<td>10 (33.3)</td>
</tr>
<tr>
<td>Blood glucose (mmol/l)*</td>
<td>8.73 (4.28)</td>
<td>NS</td>
<td>8.51 (3.42)</td>
<td>NS</td>
<td>8.73 (3.33)</td>
</tr>
<tr>
<td>Total serum cholesterol</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>LDL (mmol/l)*</td>
<td>2.86 (0.92)</td>
<td>NS</td>
<td>2.93 (0.87)</td>
<td>NS</td>
<td>2.62 (0.99)</td>
</tr>
<tr>
<td>HDL (mg/dl)*</td>
<td>1.19 (0.29)</td>
<td>NS</td>
<td>1.24 (0.24)</td>
<td>NS</td>
<td>1.28 (0.33)</td>
</tr>
<tr>
<td>TG (mg/dl)*</td>
<td>2.00 (1.92)</td>
<td>0.002†</td>
<td>1.15 (0.55)</td>
<td>NS</td>
<td>1.28 (0.47)</td>
</tr>
<tr>
<td>PCV (%)</td>
<td>39.8 (6.7)</td>
<td>NS</td>
<td>40.3 (5.8)</td>
<td>NS</td>
<td>41.6 (6.1)</td>
</tr>
<tr>
<td>Stroke syndrome</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lacuna</td>
<td>31 (48.4)</td>
<td>0.012‡</td>
<td>6 (20.0)</td>
<td>NS</td>
<td>2 (6.7)</td>
</tr>
<tr>
<td>Partial</td>
<td>25 (39.4)</td>
<td>0.004†</td>
<td>3 (10.0)</td>
<td>&lt;0.001‡</td>
<td>22 (72.3)</td>
</tr>
<tr>
<td>Total</td>
<td>8 (12.5)</td>
<td>&lt;0.001‡</td>
<td>21 (70.0)</td>
<td>&lt;0.001‡</td>
<td>5 (16.7)</td>
</tr>
<tr>
<td>Initial NIHSS score*</td>
<td>4.6 (3.9)</td>
<td>&lt;0.001†</td>
<td>9.7 (4.7)</td>
<td>&lt;0.001†</td>
<td>5.2 (3.6)</td>
</tr>
<tr>
<td>Time from onset to hospital (h)*</td>
<td>35 (40)</td>
<td>0.002†</td>
<td>14 (19)</td>
<td>NS</td>
<td>23 (32)</td>
</tr>
<tr>
<td>Abupt onest</td>
<td>37 (48.7)</td>
<td>0.001‡</td>
<td>26 (83.8)</td>
<td>NS</td>
<td>26 (86.6)</td>
</tr>
<tr>
<td>Site of MCA lesion</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proximal</td>
<td>59 (77.6)</td>
<td>0.008‡</td>
<td>16 (51.6)</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>Distal</td>
<td>17 (22.4)</td>
<td></td>
<td>15 (48.4)</td>
<td>–</td>
<td>–</td>
</tr>
</tbody>
</table>

| Degree of stenosis        |                 |          |                   |          |                           |
| Low degree                | 19 (25.0)       | NS       | 6 (19.4)          | –        | –                         |
| High degree               | 32 (42.1)       | NS       | 6 (19.4)          | –        | –                         |
| Occlusion                 | 25 (32.9)       | 0.007†   | 19 (61.2)         | –        | –                         |

Values are n (%) or *mean (SD).

AS-MCA, atherosclerotic middle cerebral artery disease; HDL, high density lipoprotein cholesterol; LDL, low density lipoprotein cholesterol; MCA, middle cerebral artery disease; NIHSS, National Institutes of Health stroke scale; Partial, partial anterior circulation infarct; PCV, packed cell volume; PSCE-MCA, middle cerebral artery disease with potential source of cardioembolism; TG, triglycerides; Total, total anterior circulation infarct.

†Mann–Whitney test; ‡Pearson χ² test; ††Fischer’s exact test.
In high degree stenosis, MCA disease with a potential source of cardiac embolism were related to cortical infarcts more often than atherosclerotic MCA disease (p = 0.04).

In a comparative analysis between the two groups of patients with potential sources of cardiac embolism (with and without occlusive MCA disease; tables 1 and 2), the group with MCA disease was more likely to have total anterior circulation infarcts and territorial infarcts (p<0.001 and p = 0.002, respectively), while the group without MCA disease was more likely to have partial anterior circulation infarcts and cortical infarcts (p<0.001 and p = 0.011, respectively). Among the patients with potential sources of cardiac embolism, the initial NIHSS score was higher in those with MCA occlusive disease than in those without (9.7 (4.7) and 3.2 (3.6); p<0.001); haemorrhagic transformation was more common in the group without MCA occlusive disease, but the difference was not statistically significant. The average time from onset of stroke to TFC or MRA was not significantly different between the two groups.

**DISCUSSION**

Studies on spontaneous recanalisation after cardioembolic stroke show that, although most MCA occlusions...
recanalise spontaneously in the first days, up to 30% remain occluded even up to seven days after the event.7 However, it is known that angiographic characteristics are unreliable in distinguishing between atherosclerotic and cardioembolic MCA lesions.10 In present study, about a half the patients with preserved cardioembolic infarcts in the MCA territory showed either MCA stenosis or occlusion on angiography, which mimicked the lesions of atherosclerotic MCA disease. As well as describing the vascular characteristics of spontaneous recanalisation, our study focused on certain clinical and neuroradiological characteristics that were helpful in differentiating between atherosclerotic and cardioembolic MCA disease.

Clinically, patients with potentially cardioembolic MCA disease were likely to have total anterior circulation infarcts, and to have a higher baseline NIHSS score than patients with atherosclerotic MCA disease. On the other hand, the atherosclerotic group presented with mild neurological deficits, such as lacunes or partial anterior circulation infarcts. This difference in neurological deficits between the two groups may explain the more rapid arrival in hospital of patients with potentially cardioembolic MCA disease. The increased prevalence of atrial fibrillation with age may account for the older mean age of patients with potentially cardioembolic MCA disease. On the basis of the topographic patterns, the atherosclerotic group was more likely to present with subcortical infarcts, while the potentially cardioembolic group was more likely to present with cortical or territorial infarcts, which were well correlated with the clinical presentation. These clinical and topographical features could be ascribed to differences in the adequacy of collateral perfusion between the two groups.21 There may be well developed collaterals in pre-existing and long standing atherosclerotic MCA disease, whereas collaterals tend to be inadequate in MCA occlusion caused by embolic disease.

In subgroup analysis of subcortical infarcts, although DP infarcts were often associated with atherosclerotic MCA disease—in accordance with our previous report that around 40% of deep striatocapsular infarcts were associated with atherosclerotic MCA disease22—border zone infarcts were the sole independent predictor of atherosclerotic MCA disease on multivariate analysis. Internal border zone (IB) infarcts accounted for about 75% of patients with border zone infarcts in the present study. In previous studies it was found that patients with IB infarcts had a higher frequency of severe carotid artery stenosis or occlusion,23 24 and a haemodynamic aetiology was suggested; this is indirectly supported by PET and SPECT studies.25 26 Angeloni et al reported that IB infarcts may result from isolated MCA occlusions,27 and our data show that IB infarcts can result from isolated atherosclerotic MCA disease without carotid artery stenosis or occlusion. IB infarcts may serve as a neuroradiological clue to differentiate isolated atherosclerotic MCA disease from potentially embolic MCA disease. On the other hand, the incidence of SP infarcts located in the most superficial part of the corona radiata and the long association fasciculi28 29 did not differ between the two groups. Although the mechanism of SP infarcts is not settled, Yonemura et al recently suggested that these infarcts are associated with both embolic and atherosclerotic disease, which explains why there was no difference in SP infarcts between the two groups in our study. This is further supported by the finding that the incidence of cortical spotty lesion detectable by DWI—known to be small embolic signals either from large arteries or the heart13—did not differ between the two groups.

On angiography, MCA lesions in the atherosclerotic group were located in the more proximal part of the artery, reflecting the similar mechanism in extracranial atherosclerosis, where the lesions are frequently observed in regions of arterial bifurcation. In our comparison between the degree of stenosis and neuroradiological topography, MCA occlusion or high degree stenosis had different clinical manifestation depending on the pathogenesis (fig 2); the atherosclerotic group often presented with border zone infarcts, whereas the potentially cardioembolic group mainly presented with cortical or territorial infarcts. These findings are in agreement with previous reports emphasising the importance of collateral circulatory pathways and collateral perfusion in determining infarct pattern and size.27 28 30 In our comparison of patients with potential sources of cardiac emboli who did and did not have occlusive MCA disease, the pattern of cortical involvement was similar in the two groups, suggesting that they shared the common underlying pathogenesis of cardioembolism; however, the patients with occlusive MCA disease had more severe neurological deficits and a radiologically more extensive infarct area, in agreement with previous reports that early recanalisation of embolic MCA occlusions has a favourable impact on infarct size and clinical outcome.7 8

The differentiation between cardioembolic and atherosclerotic MCA disease may have clinical implications for early anticoagulant treatment in cardioembolic stroke. Although this subject remains under debate, it is known that recurrent cardioembolic strokes mostly occur in the early stage after infarction.14 However, the mechanism of atherosclerotic MCA disease is known to be related to thromboembolism or haemodynamic compromise, and thus an individual strategy is required depending on the pathogenesis.

It may be unwise to extrapolate our findings relating to MCA disease associated with a potential source of cardiac embolism to definite cardioembolic MCA disease without acquiring data from repeated vascular neuroimaging. This reflects the controversy over cardioembolic embolism as a cause of subcortical infarcts. Despite the fact that the association of DP infarcts with cardioembolism is still under debate,35 36 recent reports suggest that the embolic contribution to the pathogenesis of border zone and SP infarcts is more common than expected.37 38 Furthermore, in our study one patient with potentially cardioembolic MCA disease who had DP infarcts showed complete recanalisation of the MCA at follow up angiography, suggesting a cardioembolic mechanism. To resolve this issue, further study with follow up vascular neuroimaging is warranted.

Conclusions

In this study, infarcts caused by underlying haemodynamic compromise were related to atherosclerotic middle cerebral artery disease, while tandem artery infarcts caused by large emboli were more common when there was MCA disease with potential sources of cardiac embolism. Our study also suggests that the clinic and neuroradiological characteristics of the cerebral lesions reflect the differences in underlying pathogenesis, and are helpful in differentiating between isolated atherosclerotic MCA disease and MCA disease with a potential source of cardiac embolism.

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