**Supplementary figure.** Flow diagram illustrating the number of articles identified through database search and number of articles excluded at each stage

- Records identified through database search ($n = 3111$)
- Records after duplicates and foreign language articles removed ($n = 2943$)
- Title/abstract screens ($n = 2943$) → Articles excluded ($n = 1949$)
- Full text articles assessed ($n = 994$) → Articles excluded ($n = 924$)
- Articles included ($n = 70$)