Letter

Ischaemic stroke as a presenting feature of ChAdOx1 nCoV-19 vaccine-induced immune thrombotic thrombocytopenia

A syndrome of vaccine-induced immune thrombotic thrombocytopenia (VITT) has recently been reported following the ChAdOx1 nCoV-19 (Oxford–AstraZeneca) recombinant adenoviral vector vaccine encoding the spike glycoprotein of SARS-CoV-2.1–4 Previously described patients developed thrombosis, mainly affecting cerebral venous sinuses, with thrombocytopenia and antibodies to platelet factor 4 (PF4), but the characteristics of VITT with arterial thrombosis have not previously been described. Here, we report three patients with VITT who presented with ischaemic stroke.

Patient 1, a 35-year-old Asian woman, developed episodic right temporal and periorbital headache 6 days after receiving the ChAdOx1 nCoV-19 vaccine. Five days later, she awoke with left face, arm and leg weakness, right gaze preference and drowsiness. Non-contrast CT and CT angiography (CTA) revealed occlusion of the right middle cerebral artery (MCA) distal M1 segment with extensive ischaemia and haemorrhagic transformation (figure 1A-C). Subsequent imaging revealed right portal vein thrombosis. The platelet count was 64 x 10⁹/L (reference range 150–400 x 10⁹/L); D-dimer was raised at 11 220 µg/L (reference range 0–550); and the Asserachrom HPIA IgG assay for anti-PF4 antibodies was positive (76.1%). The patient underwent urgent decompressive hemicraniectomy (figure 1D). The platelet count increased after intravenous immune globulin and plasmapheresis. She received anticoagulation with intermediate dose fondaparinux. Fourteen days after presentation, her conscious level suddenly dropped; CT head showed extensive haemorrhagic transformation of the left MCA infarct with mass effect and herniation of the brain through the decompressive hemicraniectomy. Brainstem death was subsequently confirmed.

Patient 2, a 37-year-old White female, presented 12 days after receiving the ChAdOx1 nCoV-19 vaccine with diffuse headache, left visual field loss, confusion and left arm weakness. CTA showed occlusion of both internal carotid arteries (figure 1E) and left transverse sinus thrombosis (figure 1F); diffusion-weighted MRI showed bilateral acute infarcts in a borderzone distribution (figure 1G,H).

Figure 1  Patient 1: (A–D) non-enhanced CT (A) shows hypodense clot in the distal right M1 segment (arrow), which corresponds to site of the occlusion demonstrated on the CT angiogram (B, arrow). The non-enhanced CT at the level of the basal ganglia (C) shows a large acute right middle cerebral artery infarct with loss of grey–white matter differentiation (arrows) and early haemorrhagic transformation (short arrow). A non-enhanced CT following emergency craniectomy (D) demonstrates swelling of the right hemisphere and extension of the haemorrhagic transformation (short arrow). Patient 2: (E–H) the extracranial CT angiogram (E) shows occlusion of both internal carotid arteries (arrows), the right being occluded from its postbulbar portion and the left at its origin. The intracranial CT angiography (F) demonstrates patent middle cerebral arteries bilaterally (arrows), which fill via collaterals predominantly from the posterior communicating arteries. There is also a lack of filling of the mid-portions and distal portions of the left transverse sinus (short arrow), suspicious of a thrombosis, later confirmed with a dedicated CT venogram. Magnetic resonance diffusion-weighted images (G,H) reveal several acute infarcts in the right occipital lobe (arrow in G) and centrum semiovale bilaterally (arrows in H), corresponding to cortical as well as deep and superficial arterial borderzone territories.
The platelet count was 9 x 10^9/L; D-dimer was raised at 24 000 µg/L; and the anti-PF4 antibody assay was positive (99.7%). The platelet count increased following treatment with fondaparinux and remained clinically stable. He was treated with platelet transfusion, intravenous immune globulin and fondaparinux and remains clinically stable.

Our observations suggest that, in addition to venous thrombosis, the neurological spectrum of VITT can include arterial occlusion. Young patients presenting with ischaemic stroke after receiving the ChAdOx1 nCoV-19 vaccine should urgently be evaluated for VITT with laboratory tests (including platelet count, D-dimers, fibrinogen and anti-PF4 antibodies) and assessment for co-existing venous thromboses; they should be managed by a multidisciplinary team (haematology, neurology, stroke, neurosurgery and neuroradiology) for rapid access to treatments including intravenous immune globulin, methylprednisolone, plasmapheresis and non-heparin anticoagulants, for example fondaparinux, argatroban, or direct oral anticoagulants. Endovascular therapy or decompressive hemicraniectomy may also be indicated in carefully selected patients. 3 4 5

Talal Al-Mayhani,1 Sadia Saber,1 Matthew J Stubbs,2 Nicholas A Losseff,1 Richard J Perry,1,3 Robert J Simister,1,3 David Gull,1 Hans Rolf Jäger,3,5 Marie A Scully,2 David J Werring1,3

1Comprehensive Stroke Service, National Hospital for Neurology and Neurosurgery, University College London Hospitals NHS Foundation Trust, London, UK
2Department of Haematology, University College London Hospitals NHS Foundation Trust, London, UK
3Stroke Research Centre, UCL Queen Square Institute of Neurology, London, UK
4Stroke Service, Sandwell and West Birmingham Hospitals NHS Trust, Birmingham, UK
5Academic Neuroradiological Unit, UCL Queen Square Institute of Neurology, London, UK

Correspondence to Professor David J Werring, Stroke Research Centre, UCL Queen Square Institute of Neurology, London, UK; d.werring@ucl.ac.uk

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