

Supplementary Table 1. Data about non-use and abandonment of lower limb orthotics.

	Non-use*		Abandonment*	
	Non-users	Unused orthoses§	Abandoners	Orthoses abandoned§
A) Lower limb orthoses	35/185 (19%)	67/302 (22%)	47/150 (31%)	63/235 (27%)
Age	46.6 ± 13.4 (22-74)	/	47.2 ± 14.5 (22-77)	/
CMTES	10.4 ± 5.6 (0-27)	/	11.0 ± 6.4 (0-27)	/
• Shoe inserts	42/145 (29%)	34/137 (25%)	25/103 (24%)	25/103 (24%)
• Orthopaedic shoes	19/66 (29%)	13/66 (20%)	13/47 (28%)	15/53 (28%)
• AFOs	18/79 (23%)	19/90 (21%)	20/61 (33%)	22/71 (31%)
• Codivilla spring	11/40 (28%)	9/38 (24%)	12/29 (41%)	12/29 (41%)
• Toe-off	4/24 (17%)	1/21 (5%)	5/20 (25%)	5/20 (25%)
• Peromed	6/23 (26%)	3/20 (15%)	4/17 (24%)	4/17 (24%)
• Dyna-ankle	6/10 (60%)	4/8 (50%)	1/4 (25%)	1/4 (25%)
• Foot-up	3/4 (75%)	2/3 (67%)	0	0
• Knee orthosis	1/9 (11%)	1/9 (11%)	1/8 (13%)	1/8 (13%)

CMTES=CMT Examination Score

* Mean ± standard deviation, (range) or n (%)

§ Some patients did not give complete information about their device.

Supplementary Table 2. Comparison between patients who were prescribed AFOs and those who were not prescribed any foot orthoses.

	Unprescribed patients (81 pts)*	Prescribed patients AFOs (79 pts)*	P value
Age	46.2 ± 11.8 (20-72)	50.6 ± 13.1 (20-77)	0.045
Disease duration	20.4 ± 17.2 (4-58)	30.4 ± 13.2 (3-57)	<0.001
CMTES	5.9 ± 4.5 (0-23)	12.2 ± 5.3 (3-27)	<0.001
Foot dorsiflexion (MRC)	4.2 ± 0.8 (1-5)	1.8 ± 1.6 (0-5)	<0.001
Foot plantar flexion (MRC)	4.8 ± 0.4 (3-5)	3.1 ± 1.8 (0-5)	<0.001
HADS-Anxiety	6.3 ± 4.8 (0-16)	7.4 ± 4.9 (0-19)	ns
HADS-Depression	3.5 ± 3.4 (0-13)	4.9 ± 3.9 (0-16)	0.043
HADS-Total	10 ± 7.6 (0-29)	12.3 ± 8.1 (0-29)	ns
MFIS-Physical	16.1 ± 9.5 (0-34)	22.8 ± 8.7 (2-36)	<0.001
MFIS-Cognitive	8.4 ± 7.9 (0-33)	11.4 ± 9.7 (0-39)	ns
MFIS-Total	26.9 ± 16.9 (0-65)	37.8 ± 17.4 (4-82)	<0.001

CMTES= CMT Examination Score; HADS= Hospital Anxiety and Depression Scale; MFIS= Modified Fatigue Impact Scale; MRC= Medical Research Council Scale for Muscle Strength; ns=not significant.

* Mean ± standard deviation (range)

P values were calculated using the Mann-Whitney U Test.