**Supplementary Figure 2:** Framework to support the identification, investigation and management of suspected balance disorders in adults with mitochondrial disease

* If positive head thrust test, refer for neuro-otological investigations
* Refer for vestibular rehabilitation
* Manage migraine
* Refer for vestibular rehabilitation (as required)
* Positional tests and repositioning manoeuvres
* Refer for vestibular rehabilitation (as required)
* Refer for neuro-otological investigations
* Refer for vestibular rehabilitation

**Management:**

**Potential cause of balance disorder:**

Peripheral vestibular disorder

Migraine

Visual dependence

BPPV

* Dizziness or blurry vision when moving head or body?
* Bobbing vision when walking?
* Imbalance?
* Head or neck pain?
* Visual aura?
* Light/sound sensitivity?
* Nausea?
* Dizzy on turning over in bed?
* Dizzy/loss of balance bending or moving head down or up?
* Imbalance in the dark?
* Dizzy or imbalance in crowds, escalators, supermarkets?

**Patient reported symptoms:**

Dizziness, light-headedness, loss of balance, unsteadiness, falls, hearing loss

**Additional questions:**