

# University College London Hospitals

NHS Foundation Trust



The National Hospital for Neurology and Neurosurgery  
Neuro Rehabilitation OnLine (N-ROL)

## Neuro-Rehabilitation OnLine Outcome Measure

Name: Date: Timepoint: Pre/post

Reviewer to establish two facts before starting the scoring:

1. What was the cause of your acute brain injury?
2. Do you have a carer/family member who lives with you and who would be willing to answer two additional questions (NB: should be done when the patient is not able to hear their responses).

In the context of living with your brain injury/stroke in the pandemic, please tell us how much you agree or disagree with the following statements (then go through the 5 response options)

### Questions for the patient

Q1: I understand why I suffered a stroke/brain injury

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
5	4	3	2	1

Q2: My day has a clear structure to it

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
5	4	3	2	1

Q3: I have a good understanding of what I can do to continue to make progress

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
5	4	3	2	1

Q4: I am motivated to work on things that are hard for me to do after my stroke/brain injury

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
5	4	3	2	1

Q5: Other stroke/brain injury survivors have helped me understand my own stroke/brain injury

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
5	4	3	2	1

Q6: My stroke/brain injury has isolated me from others

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
5	4	3	2	1

Q7: I no longer know who I am after my stroke/brain injury

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
5	4	3	2	1

TOTAL:

### Questions for the Carer

Q8: [my partner's/the patient's] condition makes me feel isolated

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
5	4	3	2	1

Q9: I know what I need to do to help [my partner, the patient]

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
5	4	3	2	1

TOTAL:

DISCLAIMER This service is not a replacement of community telehealth services. This service will aim to deliver content aimed at different levels of ability: If a stroke survivor feels any content will put them at risk of harm (such as falling) we will ask them to self-limit and skip content as required. Stroke survivors will be asked to contact their local services: GP, Community Team, Social Worker regarding their individual care needs as we will not be able to provide individual support. V2 20\_04\_2020