

**Supplementary Table 1.** Data about non-use and abandonment of lower limb orthotics.

	Non-use*		Abandonment*	
	Non-users	Unused orthoses§	Abandoners	Orthoses abandoned§
A) Lower limb orthoses	35/185 (19%)	67/302 (22%)	47/150 (31%)	63/235 (27%)
Age	46.6 ± 13.4 (22-74)	/	47.2 ± 14.5 (22-77)	/
CMTES	10.4 ± 5.6 (0-27)	/	11.0 ± 6.4 (0-27)	/
• Shoe inserts	42/145 (29%)	34/137 (25%)	25/103 (24%)	25/103 (24%)
• Orthopaedic shoes	19/66 (29%)	13/66 (20%)	13/47 (28%)	15/53 (28%)
• AFOs	18/79 (23%)	19/90 (21%)	20/61 (33%)	22/71 (31%)
• Codivilla spring	11/40 (28%)	9/38 (24%)	12/29 (41%)	12/29 (41%)
• Toe-off	4/24 (17%)	1/21 (5%)	5/20 (25%)	5/20 (25%)
• Peromed	6/23 (26%)	3/20 (15%)	4/17 (24%)	4/17 (24%)
• Dyna-ankle	6/10 (60%)	4/8 (50%)	1/4 (25%)	1/4 (25%)
• Foot-up	3/4 (75%)	2/3 (67%)	0	0
• Knee orthosis	1/9 (11%)	1/9 (11%)	1/8 (13%)	1/8 (13%)

CMTES=CMT Examination Score

\* Mean ± standard deviation, (range) or n (%)

§ Some patients did not give complete information about their device.

**Supplementary Table 2.** Comparison between patients who were prescribed AFOs and those who were not prescribed any foot orthoses.

	Unprescribed patients (81 pts)*	Prescribed patients AFOs (79 pts)*	P value
Age	46.2 ± 11.8 (20-72)	50.6 ± 13.1 (20-77)	0.045
Disease duration	20.4 ± 17.2 (4-58)	30.4 ± 13.2 (3-57)	<0.001
CMTES	5.9 ± 4.5 (0-23)	12.2 ± 5.3 (3-27)	<0.001
Foot dorsiflexion (MRC)	4.2 ± 0.8 (1-5)	1.8 ± 1.6 (0-5)	<0.001
Foot plantar flexion (MRC)	4.8 ± 0.4 (3-5)	3.1 ± 1.8 (0-5)	<0.001
HADS-Anxiety	6.3 ± 4.8 (0-16)	7.4 ± 4.9 (0-19)	ns
HADS-Depression	3.5 ± 3.4 (0-13)	4.9 ± 3.9 (0-16)	0.043
HADS-Total	10 ± 7.6 (0-29)	12.3 ± 8.1 (0-29)	ns
MFIS-Physical	16.1 ± 9.5 (0-34)	22.8 ± 8.7 (2-36)	<0.001
MFIS-Cognitive	8.4 ± 7.9 (0-33)	11.4 ± 9.7 (0-39)	ns
MFIS-Total	26.9 ± 16.9 (0-65)	37.8 ± 17.4 (4-82)	<0.001

CMTES= CMT Examination Score; HADS= Hospital Anxiety and Depression Scale; MFIS= Modified Fatigue Impact Scale; MRC= Medical Research Council Scale for Muscle Strength; ns=not significant.

\* Mean ± standard deviation (range)

P values were calculated using the Mann-Whitney U Test.